```
for i in range(1, rows + 1):
    # Print increasing numbers on the left side
    for j in range(1, i + 1):
        print(i, end=")

# Print spaces between the left and right sides
    for k in range(2 * (rows - i)):
        print("", end=" ')

# Print decreasing numbers on the right side
    for l in range(i, 0, -1):
        print(l, end=")

# Move to the next line after each row
    print()
```