

## 11. Expander mixing lemma, random walks on expanders

## 11.1 Introduction

In this lecture, we will complete the proof of expander mixing lemma and prove bounds on random walks on expanders.

## 11.2 Expander mixing lemma

**Lemma 11.1** (Expander mixing lemma). *Let  $G$  be a  $d$ -regular  $n$ -vertex digraph with spectral expansion  $1 - \lambda$ . Then for all sets of vertices  $S$  and  $T$  of densities  $\alpha = |S|/n$  and  $\beta = |T|/n$ , we have*

$$\left| \frac{|E(S, T)|}{nd} - \alpha\beta \right| \leq \lambda \sqrt{\alpha(1-\alpha)\beta(1-\beta)} \leq \lambda \sqrt{\alpha\beta} \leq \lambda.$$

In the last lecture we saw that

$$\begin{aligned} \left| \frac{|E(S, T)|}{nd} - \alpha\beta \right| &= \frac{1}{n} \left| \chi_S^\perp A (\chi_T^\perp)^t \right| \\ &\leq \frac{1}{n} \|\chi_S^\perp A\| \|\chi_T^\perp\| \leq \frac{1}{n} \lambda \|\chi_S^\perp\| \|\chi_T^\perp\|. \end{aligned}$$

So it is sufficient to bound the norms  $\|\chi_S^\perp\|$  and  $\|\chi_T^\perp\|$ . Now,  $\|\chi_S\|^2 = \|\chi_S^\parallel\|^2 + \|\chi_S^\perp\|^2 = \|\alpha n u\|^2 + \|\chi_S^\perp\|^2 = \alpha^2 n + \|\chi_S^\perp\|^2$ . Since  $\|\chi_S\|^2 = \alpha n$ , we have  $\|\chi_S^\perp\| = \sqrt{n\alpha(1-\alpha)}$ . Similarly,  $\|\chi_T^\perp\| = \sqrt{n\beta(1-\beta)}$ . This completes the proof of the expander mixing lemma.

## 11.3 Random walks on expanders

We will now show that random walks on expanders never get concentrated on any small set of vertices. This gives a natural way to reduce the error of one-sided error randomized algorithms. The theorem we will prove is the following.

**Theorem 11.2.** *Let  $G$  be a regular digraph on  $n$  vertices, and let  $B$  be a set of vertices of cardinality  $\mu n$ . Let  $v_1, v_2, \dots, v_t$  be a random walk on  $G$  where  $v_1$  is chosen uniformly from  $G$ . Then we have the following.*

$$\Pr \left[ \bigwedge_{i=1}^t v_i \in B \right] \leq (\mu + \lambda(1-\mu))^t$$

Let  $P$  be an  $n \times n$  diagonal matrix defined as follows:  $P(i, i) = 1$  if  $i \in B$ , else  $P(i, i) = 0$ . The probability that a random vertex chosen from  $G$  is in  $B$  is given by  $|uP|_1$  where  $u$  is the uniform distribution vector and  $|v|_1 = \sum |v_i|$ . Conditioned on the first vertex being in  $B$  the probability that one step of the random walk stays in  $B$  is given by  $|uPAP|_1$ . Using induction we can prove the following.

**Lemma 11.3.** *Let  $G$  be a regular digraph on  $n$  vertices, and let  $B$  be a set of vertices of cardinality  $\mu n$ . Let  $v_1, v_2, \dots, v_t$  be a random walk on  $G$  where  $v_1$  is chosen uniformly from  $G$ . Then we have the following.*

$$\Pr \left[ \bigwedge_{i=1}^t v_i \in B \right] \leq |uP(AP)^t|_1$$

To prove an upper bound on the  $\ell_1$  norm, we are going to use a matrix decomposition of the random walk matrix  $A$ . First we need the notion of spectral norm.

**Definition 11.4.** *Let  $A$  be any matrix over  $\mathbb{R}$ . The spectral norm of  $A$  is defined as*

$$\|A\| = \max_{x \in \mathbb{R}^n} \frac{\|xA\|}{\|x\|}$$

We use the following lemma for the matrix decomposition.

**Lemma 11.5.** *Let  $G$  be a regular digraph on  $n$  vertices with a random walk matrix  $A$ . Then  $G$  has spectral expansion  $\gamma = 1 - \lambda$  iff  $A = \gamma J + \lambda E$ , where  $J$  is the  $n \times n$  matrix with all entries  $1/n$  and  $\|E\| \leq 1$ .*

*Proof.* Let  $E = (A - \gamma J)/\lambda$ . In the forward direction, suppose  $G$  has spectral expansion  $\gamma = 1 - \lambda$ . Then, we need to show that  $\|E\| \leq 1$ . For  $u$ , we have  $uE = \frac{1}{\lambda}uA - \frac{\gamma}{\lambda}uJ$ . Now, both  $uA$  and  $uJ$  is  $u$  since they are both random walk matrices. Therefore,  $\|uE\| = \|u\|$ . Now for any  $v \perp u$ , we have  $vE = \frac{1}{\lambda}vA - \frac{\gamma}{\lambda}vJ$ . Since  $v \perp u$ ,  $vJ = 0$ . Therefore  $\|vE\| = \frac{1}{\lambda}\|vA\| \leq \|v\|$ .

To prove the other direction, let  $v \perp u$  be any vector. Then  $vA = v(\gamma J + \lambda E)$ . Since  $v \perp u$ ,  $vJ = 0$ . Therefore,  $\|vA\| = \lambda\|vE\| \leq \lambda\|v\|$ .  $\square$

Since  $P$  is a diagonal matrix,  $P^2 = P$ , therefore, we can rewrite  $uP(AP)^t$  as  $u(PAP)^t$ . Also since it is easier to work with  $\ell_2$  norm, we will bound the spectral norm of  $PAP$  first.

**Claim 11.6.**  $\|PAP\| \leq \mu + \lambda(1 - \mu)$ .

*Proof.* Write  $PAP = P(\gamma J + \lambda E)P = \gamma PJP + \lambda PEP$ . Now,  $\|PAP\| \leq \|\gamma PJP\| + \|\lambda PEP\| \leq \gamma\|PJP\| + \lambda$ .

Let  $x \in \mathbb{R}^n$ . Then we have  $xPJP = yJP$  where  $y = xP$ . Now,  $\|xPJP\| = \|yJP\|$ . This can be rewritten as  $\|xPJP\| = \|(\sum y_i)uP\| \leq |\sum y_i| \|uP\|$ . Since  $y$  has at most  $|B|$  many non-zero entries, we can use the Cauchy-Schwarz inequality to write  $\|xPJP\| \leq \sqrt{\mu n} \|y\| \sqrt{\mu/n}$ . Therefore  $\|xPJP\| \leq \mu \|x\|$ . Therefore,  $\|PAP\| \leq \gamma\mu + \lambda = \mu + \lambda(1 - \mu)$ .  $\square$