



CHEEZ-IT

baked snack crackers

ORIGINAL

Nutrition Facts

Serving Size 27 Crackers (30g)
Servings Per Container About 11

Amount Per Serving

Calories 150 **Calories from Fat** 70

% Daily Value*

Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 17g	6%
Dietary Fiber less than 1g	3%
Sugars 0g	
Protein 3g	

Vitamin A 2% • Vitamin C 0% • Calcium 4% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B₁], RIBOFLAVIN [VITAMIN B₂], FOLIC ACID), VEGETABLE OIL (SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS), CHEESE MADE WITH SKIM MILK (SKIM MILK, WHEY PROTEIN, CHEESE CULTURES, SALT, ENZYMES, ANNATTO EXTRACT FOR COLOR), CONTAINS TWO PERCENT OR LESS OF SALT, PAPRIKA, YEAST, PAPRIKA OLEORESIN FOR COLOR, SOY LECITHIN.

CONTAINS WHEAT, MILK AND SOY INGREDIENTS.

Distributed by Sunshine Biscuits, LLC,
Elmhurst, IL 60126
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Produced with Genetic Engineering.

Questions or Comments?

Visit: Cheez-It.com

Call: 1-877-453-5837
(Se Habla Español)

PROVIDE PRODUCTION CODE ON PACKAGE.