M.Sc. Thesis Master of Science in Engineering



Development of a game for hand- and eye coordination in children rehabilitation.

Analysis, implementation and testing.

Anna Maria Walach (s121540)



DTU Compute

Department of Applied Mathematics and Computer Science

Technical University of Denmark

Matematiktorvet
Building 303B
2800 Kongens Lyngby, Denmark
Phone +45 4525 3031
compute@compute.dtu.dk
www.compute.dtu.dk

### Summary

Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

## Contents

| Su       | mmary   |    |
|----------|---|----|
| Contents |   |    |
| То       | do list   | ٧  |
| 1        | Introduction           1.1 Torquent Arcu            1.2 Luctus            1.3 Sollicitudin vestibulum | 4  |
| 2        | Analysis of game requirements 2.1 Cerebral Palsy  | 7  |
| 3        | Heading on Level 0 (chapter)         3.1 Heading on Level 1 (section)                                 |    |
| 4        | Conclusion  | 15 |
| Α        | An Appendix   | 17 |
| Bik      | liography   | 19 |

### Todo list

| 1.0 (1) Make a cake   | 1 |
|---|---|
| 1.0 (2) Do it now   | 1 |
| Figure: 1.0 (3) This is some text that is with the todo and in the figure | 2 |
| Figure: 1.1 (4) This is some text that is with the todo and in the figure | 3 |
| Figure: 1.1 (5) This is some text that is with the todo and in the figure | 3 |
| Figure: 1.2 (6) This is some text that is with the todo and in the figure | 5 |

### CHAPTER

### Introduction

- Upright shape
- Italic shape
- Slanted shape
- Small Caps shape
- Medium series
- Bold sereies
- Roman family
- Sans serif family
- Typewriter family

I love to write special characters like øæå indside my T<sub>E</sub>X document. Also á, à, ü, û, ë, ê, î, ï could be nice. So waht about the " " chracter. What about ° é ® † ¥ ü | œ '@öä¬ ‹«©f ß a  $\Omega$  ... ç  $\sqrt{~}$  ñ  $\mu$  , ·; "£  $\infty$  TM [] ± '.

Some dashes ---, and the latex form ---

$$x=\mathtt{x},\mathtt{x},x,x_{1_{2_{3_{4}}}}^{1^{2^{3^{4}}}}\cdot hello*$$
hello world  
my world  
ůthird world  
t

Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud 1.0 (1) Mal exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

a cake

Mauris id quam non magna fermentum malesuada id mattis lorem. In a dapibus neque. Etiam lacus dui, malesuada ac eleifend imperdiet, imperdiet ut ipsum. Vestibulum id ultricies est. Phasellus augue mauris, semper a luctus vel, faucibus in risus. Fusce commodo augue quis elit sagittis non viverra turpis bibendum. Nunc placerat sem non sapien malesuada malesuada ullamcorper orci luctusMorbi pharetra ligula integer mollis mi nec neque ultrices vitae volutpat leo ullamcorper. In at tellus magna.

it now

2 1 Introduction

Curabitur quis posuere purus. Cum sociis natoque penatibus et magnis dis parturient montes, nascetur ridiculus mus. Suspendisse tristique placerat feugiat. Aliquam vitae est at enim auctor ultrices eleifend a urna. Donec non tincidunt felis. Maecenas at suscipit orci. See Figure 1.1.

Fusce id suscipit sem. Aliquam venenatis nibh nec nisl luctus vel consectetur neque dapibus. Nulla feugiat egestas turpis, ac viverra eros cursus sit amet. Cras tincidunt felis vel tellus ultrices condimentum. Quisque vehicula, arcu vitae interdum dignissim, purus tortor cursus libero, sit amet accumsan quam magna in neque. Phasellus luctus leo odio. Aliquam ultricies, arcu quis tempor rhoncus, tellus nisl tempus justo, condimentum tempor erat odio ac purus. Integer quis ipsum felis. Aliquam volutpat, leo ac consequat egestas, lectus lacus adipiscing quam, id iaculis dolor quam in erat. Phasellus tempor interdum arcu quis vestibulum. Pellentesque sit amet augue purus. See Table 1.1.

#### 1.1 Torquent Arcu

Curabitur condimentum suscipit arcu, sit amet convallis urna pellentesque ac. Quisque fringilla tincidunt risus nec accumsan. Curabitur vel sagittis ante. Integer eget placerat leo. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos. Vestibulum quis risus in nulla fermentum pellentesque dictum

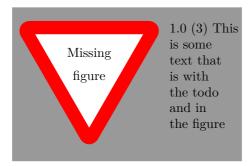


Figure 1.1: This is my special figure. Aliquam ultricies, arcu quis tempor rhoncus, tellus nisl tempus justo, condimentum tempor erat odio ac purus. Integer quis ipsum felis. Aliquam volutpat, leo ac consequat egestas, lectus lacus adipiscing quam, id iaculis dolor quam in erat. Phasellus tempor interdum arcu quis vestibulum.

**Table 1.1:** This is a caption to the table.

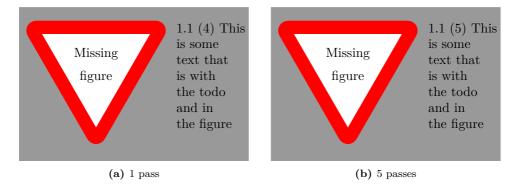
1.1 Torquent Arcu 3

et erat. Nulla vel pretium nunc. Integer tortor lorem, suscipit sit amet ultricies non, porta at metus. Sed pharetra, ante facilisis interdum porta, mi dolor fringilla quam, ac porttitor urna dolor quis massa. Proin viverra semper tincidunt. Vivamus pulvinar pharetra condimentum. Pellentesque rutrum mollis tellus ac scelerisque.

#### 1.1.1 Vestibulum

Mauris luctus sollicitudin vestibulum. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos Figure 1.2(b). Duis eu nisl nec turpis porttitor bibendum eget sed orci. Aliquam consequat lorem a dui viverra porta facilisis augue rutrum. Cras luctus tellus in lectus egestas eu consequat magna cursus. Aenean aliquam neque a nibh elementum ornare. Integer eleifend imperdiet commodo. Morbi auctor, dui vel laoreet congue, purus est accumsan augue, sit amet feugiat neque nisl vel lorem. Curabitur ante sem, lacinia id adipiscing quis, viverra tristique nulla. Pellentesque ullamcorper pellentesque metus varius facilisis. Cras ac dui id odio tempor scelerisque. Curabitur a egestas risus. Pellentesque quis velit in sapien accumsan auctor. Phasellus aliquam, sapien eget lobortis volutpat, libero metus porttitor nisl, sed hendrerit urna dolor nec mi. See Listing 1.1.

```
# This is a comment
import easy
str = "I am a string"
str2 = "Now i have an awsome string with ''' `` which are not TeX'ed"
str3 = "What about awsome unicode characters? Like ", , ", Ω, ç. \" This"
def fib(n):
    if n == 0:
        return 0
elif n == 1:
        return 1
else:
```



**Figure 1.2:** loop performance comparison.

4 1 Introduction

```
return fib(n-1) + fib(n-2)

str4 = "Yes it is possible with 80 charactes. Which this string proves. Wiiii."

str5 = "It adjusts according to the spine"
```

Listing 1.1: Fibonacci.

#### 1.2 Luctus

Praesent et pellentesque arcu. Phasellus venenatis mi eu lorem convallis et iaculis ante aliquet. Aenean rhoncus placerat metus, vel convallis leo suscipit eu. Integer dapibus venenatis commodo. Cras laoreet faucibus sem nec luctus. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos. Cras consectetur lacinia dolor at gravida. Phasellus ipsum arcu, vulputate fermentum ultricies eget, tempor eu odio. Aenean accumsan vestibulum risus a mattis. See it on Algorithm 1.

#### **Algorithm 1** Modified mini-batch K-means

```
1: Given: K, mini-batch size B, iterations T, dataset X, correlation matrix P.
 2: Initialize C = \{\mathbf{c}^{(1)}, \mathbf{c}^{(2)}, \dots, \mathbf{c}^{(K)}\} with random \mathbf{x}'es picked from X.
 3: A \leftarrow B \cdot T sorted random indexes to X, denoted a_1, a_2, \ldots, a_{B \cdot T}.
 4: X' \leftarrow \{\mathbf{x}^{(a_1)}, \mathbf{x}^{(a_2)}, \dots, \mathbf{x}^{(a_{B \cdot T})}\}
                                                                                                       ▷ Cache all points
 5: \mathbf{size} \leftarrow 0
     for i = 1 to T do
          M \leftarrow B examples picked randomly from X'
 8:
          for \mathbf{x} \in M do
                                                                                                      \triangleright Assignment step
                \mathbf{d}[\mathbf{x}] \leftarrow f(C, \mathbf{x}, P)
                                                                                                g.
          end for
10:
          for \mathbf{x} \in M do
                                                                                                             \triangleright Update step
11:
                \mathbf{c} \leftarrow \mathbf{d}[\mathbf{x}]
                                                                              \triangleright Get cached center for current x
12:
                size[c] \leftarrow size[c] + 1
                                                                                                  ▷ Update cluster size
13:
                                                                                                     ▶ Get learning rate
14:
               \eta \leftarrow \frac{1}{\text{size}[\mathbf{c}]}
                \mathbf{c} \leftarrow (1 - \eta)\mathbf{c} + \eta\mathbf{x}

    ▶ Take gradient step

15:
16:
          end for
17: end for
18: return C, size
```

Fusce id suscipit sem. Aliquam venenatis nibh nec nisl luctus vel consectetur neque dapibus. Nulla feugiat egestas turpis, ac viverra eros cursus sit amet. Cras tincidunt felis vel tellus ultrices condimentum. Quisque vehicula, arcu vitae interdum dignissim, purus tortor cursus libero, sit amet accumsan quam magna in neque. Phasellus luctus leo odio. Aliquam ultricies, arcu quis tempor rhoncus, tellus nisl tempus justo, condimentum tempor erat odio ac purus. Integer quis ipsum felis. Aliquam volutpat, leo ac consequat egestas, lectus lacus adipiscing quam, id iaculis dolor quam in

1.3 Sollicitudin vestibulum 5

erat. Phasellus tempor interdum arcu quis vestibulum. Pellentesque sit amet augue purus. Curabitur condimentum suscipit arcu, sit amet convallis urna pellentesque ac.

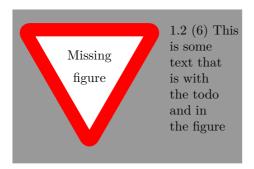


Figure 1.3: This is the caption I wrote.

Quisque fringilla tincidunt risus nec accumsan. Curabitur vel sagittis ante. Integer eget placerat leo. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos. Vestibulum quis risus in nulla fermentum pellentesque dictum et erat. Nulla vel pretium nunc. Integer tortor lorem, suscipit sit amet ultricies non, porta at metus. Sed pharetra, ante facilisis interdum porta, mi dolor fringilla quam, ac porttitor urna dolor quis massa. Proin viverra semper tincidunt. Vivamus pulvinar pharetra condimentum. Pellentesque rutrum mollis tellus ac scelerisque.

#### 1.3 Sollicitudin vestibulum

Mauris luctus sollicitudin vestibulum. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos. Duis eu nisl nec turpis porttitor bibendum eget sed orci. Aliquam consequat lorem a dui viverra porta facilisis augue rutrum. Cras luctus tellus in lectus egestas eu consequat magna cursus. Aenean aliquam neque a nibh elementum ornare. Integer eleifend imperdiet commodo. Morbi auctor, dui vel laoreet congue, purus est accumsan augue, sit amet feugiat neque nisl vel lorem. Curabitur ante sem, lacinia id adipiscing quis, viverra tristique nulla. Pellentesque ullamcorper pellentesque metus varius facilisis. Cras ac dui id odio tempor scelerisque. Curabitur a egestas risus. Pellentesque quis velit in sapien accumsan auctor. Phasellus aliquam, sapien eget lobortis volutpat, libero metus porttitor nisl, sed hendrerit urna dolor nec mi.

Praesent et pellentesque arcu. Phasellus venenatis mi eu lorem convallis et iaculis ante aliquet. Aenean rhoncus placerat metus, vel convallis leo suscipit eu. Integer dapibus venenatis commodo. Cras laoreet faucibus sem nec luctus. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos. Cras consectetur lacinia dolor at gravida. Phasellus ipsum arcu, vulputate fermentum ultricies eget, tempor eu odio. Aenean accumsan vestibulum risus a mattis.

6 1 Introduction

```
# This is a comment
2 import easy
3 str = "I am a string"
4 str2 = "Now i have an awsome string with ' '' `` which are not TeX'ed"
5 str3 = "What about awsome unicode characters? Like ", , ", \Omega, ç. \" This"
6 def fib(n):
     if n == 0:
         return 0
8
     elif n == 1:
9
         return 1
10
     else:
         return fib(n-1) + fib(n-2)
str4 = "Yes it is possible with 80 charactes. Which this string proves. Wiiii."
str5 = "It adjusts according to the spine"
```

Listing 1.2: Fibonacci2.

# CHAPTER 2

# Analysis of game requirements

#### 2.1 Cerebral Palsy (based on (Nat; Web; Med; Cer))

Important part of analysing the possible solutions is to have a well established understanding of the cerebral palsy disorder: what are the symptoms, different types, how to diagnose and treat it. The conclusions from this chapter will serve as a requirements and factors for analysis of the software and hardware to use in a game implementation, therefore each section will be summed up with conclusions about the section's influence on game design or game's target group.

#### 2.1.1 Diagnosing process

The diagnoses is based on observation of the child development in first years of its life. Growing infant has a lot of milestones connected to its development in different spheres: social communication, cognitive, physical. Checking if child meets the milestones suitable for its age is the most important part of CP diagnosis and usually results in diagnosis in first 2 years of its life. However, if the CP is not severe, often the symptoms may not be classified as a CP until the age of 4,5, up to even 10, which is also caused by the fact, that CP is not progressive - which means it doesn't get worse with the time.

Once the particular child development has been classified as somehow delayed, further diagnostic, neuroimaging tools are used, i.e. ultrasounds, computed tomography, MRI or EEG. It helps to exclude other disorders, that gives symptoms similar to CP.

#### Conclusion

Children are diagnosed usually in first years of their lives, so it is possibles to start the therapy very fast. Therefore, diagnostic process has no significant influence on game requirements.

#### 2.1.2 Different forms and symptoms

The different form depends of range, type and localisation of child's movements disorder:

- spastic most common type, resulting in stiff muscles and awkward movement.
- dyskinetic the symptoms of this type are slow and uncontrollable writhing or jerky movements of the limbs. It may also cause children grimace, drool, have troubles in straight sitting or walking, even physical ability to hear, speak or control the breathing may be damaged.
- ataxic detrimental for balance and depth perception, influencing coordination and walking skills. Results in difficulties with precise or voluntary movements.
- *mixed* when symptoms of the child comes from different groups, e.g. both spastic and ataxic problems.

Depending on how much the body is affected, also following subcategories can be distinguished for plegia (paralysis) and paresis (weakness of the muscles):

- hemi when half of the body is affected, i.e. whole left side (arm, hand, leg).
- di when disorder mostly influence leg muscles
- quadri most severe form, when all four limbs are affected. Usually caused by widespread brain damage or malformation, typically result also in intellectual disability and seizures.

There are other conditions, that may be associated with CP, including:

- mental impairment affects 30%-50%
- seisures up to 50%
- delayed growth and development affects children with moderate to severe CP
- spinal deformities

#### Conclusion

Although the game should not be complicated, it should not be dedicated to children with severe intellectual disability. Also, children with seizures should not be a part of the target group, as flashing game screens may cause a seizure attack. Because the game will be controlled with hand and eye movement tracking devices, some sight conditions like strabismus (crossed-eyes) or severe arm impairments are symptoms that exclude the child from the target group.

2.1 Cerebral Palsy 9

#### 2.1.3 Treatment

As it was already described in chapter 1, CP is incurable, non progressive disease and all the treatment is focused on symptoms. Following type of therapies are applied:

- physical therapy the most important kind of therapy, focusing on improving functional mobility, strengthen the muscles and preventing bent joints.
- occupational therapy therapy that aims to help child live a normal life, aiming daily activities in home, school, out in public or at work. This therapy not only improves physical skills strength or coordination, but also tries to help with problem solving, decision making and similar.
- recreational therapy by encouraging participation in recreational activities (e.g. art or cultural), this kind of therapy helps to expand physical and cognitive skills, resulting in raise in child's self-esteem, speech and emotional well-being.
- speech and language therapy
- therapy with music, play, horses, massages

Also, alternative medicine slowly becomes supportive part of treatment process with therapies like acupuncture or chiropractic care.

Medicines are usually used in order relax tight muscles and reduce muscle spasms. There may be additional drugs for treatments of seizures, if they appear. It is important to mention, that antispasmodics (muscle relaxants) are not good for still growing children and may result child being lethargic, loosing concentration and having problems it school. It is only recommend to use them if benefits can overcome side effects.

When CP is in a severe form, the surgery may be needed to correct various orthopedic (e.g. scoliosis, tendon disorders) and mobility (significant muscle tightness) problems. The physical therapy and medication are used in order to either postpone the surgery to older age or even totally avoid it.

#### Conclusion

It is important to include in a game not only the elements of physical, but also recreational therapy. Developing cognitive skills of child with CP may be as important as the physical part of rehabilitation.

#### 2.1.4 Summary

To sum up the analysis performed in this section, following information were obtained during it:

#### Target group:

- $\bullet$   $\,$  severity level light to mild, so that the person is physically available to control the device
- disqualifying symptoms strabismus, mild and severe intellectual disability
- expected age from 4 to 10 years old, because:
  - therapy should be started as early as possible, but also late enough so the child is properly diagnosed and able to control the game.
  - increasing the age range would cause problems with game design, because game expectations are different for small children and teens

#### Game design:

- game should focus on both psychical and cognitive aspect
- game should be adjusted to age of participants
- game controllers reactivity should be adjusted to physical and mental abilities of the subjects

# CHAPTER 3

# Heading on Level 0 (chapter)

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like "Huardest gefburn"? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

#### 3.1 Heading on Level 1 (section)

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like "Huardest gefburn"? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

#### 3.1.1 Heading on Level 2 (subsection)

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like "Huardest gefburn"? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written

in of the original language. There is no need for special content, but the length of words should match the language.

#### 3.1.1.1 Heading on Level 3 (subsubsection)

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like "Huardest gefburn"? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

Heading on Level 4 (paragraph) Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like "Huardest gefburn"? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

#### 3.2 Lists

#### 3.2.1 Example for list (itemize)

- First item in a list
- Second item in a list
- Third item in a list
- Fourth item in a list
- Fifth item in a list

#### 3.2.1.1 Example for list (4\*itemize)

- First item in a list
  - First item in a list
    - \* First item in a list
      - · First item in a list

3.2 Lists 13

- · Second item in a list
- \* Second item in a list
- Second item in a list
- Second item in a list

#### 3.2.2 Example for list (enumerate)

- 1. First item in a list
- 2. Second item in a list
- 3. Third item in a list
- 4. Fourth item in a list
- 5. Fifth item in a list

#### 3.2.2.1 Example for list (4\*enumerate)

- 1. First item in a list
  - a) First item in a list
    - i. First item in a list
      - A. First item in a list
      - B. Second item in a list
    - ii. Second item in a list
    - b) Second item in a list
- 2. Second item in a list

#### 3.2.3 Example for list (description)

First item in a list

Second item in a list

Third item in a list

Fourth item in a list

Fifth item in a list

#### 3.2.3.1 Example for list (4\*description)

First item in a list

First item in a list

First item in a listFirst item in a listSecond item in a listSecond item in a list

Second item in a list

Second item in a list

## CHAPTER 4

### Conclusion

Morbi pharetra ligula integer mollis mi nec neque ultrices vitae volutpat leo ullamcorper. In at tellus magna. Curabitur quis posuere purus. Cum sociis natoque penatibus et magnis dis parturient montes, nascetur ridiculus mus. Suspendisse tristique placerat feugiat. Aliquam vitae est at enim auctor ultrices eleifend a urna. Donec non tincidunt felis. Maecenas at suscipit orci.



### An Appendix

Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

### Bibliography

- Data and Statistics / Cerebral Palsy / NCBDDD / CDC. URL: http://www.cdc.gov/ncbddd/cp/data.html (visited on September 5, 2015).
- [Cer] CerebralPalsy.org. The Ultimate Resource for Everything CP | CerebralPalsy.org. URL: http://cerebralpalsy.org/ (visited on September 16, 2015).
- [Med] MedicineNet. Cerebral Palsy Symptoms, Causes, Treatment How is cerebral palsy treated? MedicineNet. URL: http://www.medicinenet.com/cerebral%5C\_palsy/page8.htm (visited on September 16, 2015).
- [Nat] National Institute of Neurological Disorders and Stroke. Cerebral Palsy: Hope Through Research: National Institute of Neurological Disorders and Stroke (NINDS). URL: http://www.ninds.nih.gov/disorders/cerebral%5C\_palsy/detail%5C\_cerebral%5C\_palsy.htm%5C#179323104 (visited on September 5, 2015).
- [Web] WebMD. Cerebral Palsy Symptoms, Causes, Diagnosis and Treatment of Cerebral Palsy. URL: http://www.webmd.com/children/tc/cerebral-palsy-topic-overview (visited on September 16, 2015).

$$+ Ω δ e^{i\pi} = -1$$
 $\{2.7182818284\}$  θ φεντυθιοπσδφγηξικλ