Task: Create a To-Do List CRUD API with Flask

Objective

Your task is to develop a basic CRUD (Create, Read, Update, Delete) API for a To-Do list application using Flask. This API should handle the following operations:

1. **Retrieve** all To-Do items.
2. **Add** a new To-Do item.
3. **Update** an existing To-Do item.
4. **Delete** a To-Do item.

Requirements

- **Python**: Ensure you have Python installed on your machine.
- **Flask**: Install Flask using `pip install Flask`.

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