

Subject

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(1)

after entering from the entrance there
is a big long staircase which brings
us to the first floor. it contains the
information kiosk and the student card
reader. after scanning over the student ID
~~one~~ entered the gym premise. ~~After reading~~
~~the~~ first thing I see is the locker rooms
~~there~~ is ~~a~~ every where I look there
is a water fountain. the gym is very
quiet and calm. I can hear the balls
noise and shoe noises from the
people playing TT in the lowest
level.

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all the TT tables (3) are full

and I can see the squash rooms

are mostly full. (4/6)

there are not much people in the

first floor but as I come down

the exterior stone case I can see

a class has finished and 20

people came out of the room heading

to locker rooms.

one floor down there is the setting

area for squash rooms.

I pass the long hallway and

reach the gym. I passed another

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water fountain in the hallway.

I have to scan my card again

for entering the gym salon.

and at the left of the card scanner

there is the information center with

2 guy sitting in it.

at the right I can see a room divided

by glass . the room is empty .

there is some music playing in

the gym.

entering the gym there is the fake

grass and 7 people are stretching

using the matt ^{parallel} after the to it

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there is ³ ~~a line~~ of cycles.

and around the gym there is

the treadmills then there is the

weight lifting racks and weights

and benches all over the gym is

mirrors.

gym is crowded most machines

and racks are full

most people are individuals but I

could see 3 group of 3 and some

couple of 2 one is working out

and the other waiting patiently.

even though the gym is crowded but

PAPCO I can't hear any conversation noise

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just the music and some machine

(clicking) noises.

between working out most people

are in their phone or talk to

their friend

most people have their own headphones

and music

the number of men and women are

not same

there is just 6 girls in my sight

but I can count over 30 girls.

even though gym is very crowded I never

bumped to anyone.

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suddenly around me is more

crowded and I can hear more

chatting.

I can see a TV with wacky

game going on

the air quality is good. The fan

is in my sight on and one is

off.

the most use machines are weight

lifting and most of treadmills

and cycles are unused.

the color used here are just black

and grey and some dark blue.

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People are wearing colorful outfit.

gym got empty on legs crowded

over time. its 9:58 p.m and it

closes at 11 but suddenly the

number of people reduced by

3.

Its very much quiet.

Just a lady on treadmill and

all the other empty.

people do their exercise and put

everything back in the places

there are cleaning station with

Cleaner spray and paper towel

PAPCO and garbage can.

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Some people using them to
clean the machines after themselves
or before their use.

Gym is mostly clean and in order.
The free towels that you can
get in the entrance are mostly
being used and being forgotten
behind. You can find them under
the seats or behind the machines.

more people joined running treadmills
2 girls and 1 boy.

between each 4 treadmills there
are benches for sitting. These benches

PAPCO are in use. People sitting in

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them and using their phone.

people are in the age of 20 - 30.

~~the people~~ can't see through windows

cause outside is dark and it just

show inside reflections.

as I walk towards end of the

gym containing leg ма chines the

distribution of both gender became

more balance but in the middle

I can just see two girls on treadmill

and boys using the weights and

benches. the gym divides to two

lines in the middle with two

PAPCO sided mirror panels.

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Every where I look there is

misinfo

the TV is showing some spent

adds there is a TV in the gym

Showing some thing.

everybody is MiKo air force
spokes,

Its 10:26 and gym is mostly getting

less and less crowded.

2 more ladys joined.

gym crew with blue tshirt and

black pants walking around gym

and sorting out the pieces and collects

PAPCO the towbe which left behind.

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It's 10:41 and the gym's very
quiet and empty. music still going on.
all the fans are off. gym is quiet
2 crews kip going around

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Its 8PM and I'm using the tunnel

from metro to gym its very

crowded people passing me are

single individual, they are using

their phone in silence.

Entering the gym its full with people

all machines are full cheerleader

team are training in pink outfit.

Passing some people in hallway and

everyone are smiling and laughing

with sweaty, red face.

the distribution of women and men

are 1 to 3.

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most treadmills are full (14/20)

the gym is full. all the machines

are full but there is not much

noise. same music is playing but

it not heard them

TV's are showing football.

most people are in age of 20-35

people are wearing colorful sportswear

but I think can see black most

common color.

either

people are talking with their friend

or using their phone while having

airpods.

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I can't see anybody any individual

without head phone (airpod or big

headphone) I can see the distribution

of people using head phone / airpod

is 50/50, and there is no pattern

respect to gender. I can see 4 ♂

men in front of me with big headphones

and 2 women or one is using airpod

and 3 men with airpod.

People either stare at their phone

or in the mirror when they are

not exercising.

2 gym crew for tonight one woman

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and one man moving around gym

and sorting out things picking towels

putting weight in place

I can see 6 people with karate

outfit and 2 with university team

outfit.

Gym is crowded, all the machines

are in use even though the gym is

crowded, I cant see much long lines

for the machines. Seems people figured

out how to have a flow between

machines. There is no traffic or

bumping into each other.

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more people joined in running, every new

person choose the corner treadmill if

its available or they try to choose the

one without any neighbor treadmill

in use. I have been here so long observing

people but I made no eye contact.

people during exercising don't look

around, and while resting they seem

busy looking in their phone or looking

at themselves in the mirror

there is a man with a big

ipad, he carefully place the

stand near the machine he uses

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he checked the image and then
carefully passed the tripod and
sat in the machine after finishing
his work, he moved the stand with
him.