

REJECTION OF REINCARNATION BELIEF

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REJECTION OF REINCARNATION BELIEF

REINCARNATION - KARMA BELIEF AND CONCEPTUAL CONFUSION

The word reincarnation is of French origin and is a belief system that states that the soul of a person passes into another body after death, returns to life and is embodied again. Etymologically, it means to take on flesh again. Reincarnation is also related to the French words metempsychose and transmigration. Knowing these words, which are translated into Turkish as tenasuhu and soul migration, and their meanings will help to better understand reincarnation. Tenasuhu is an Arabic word derived from the root nesh, meaning the transfer of one thing to another. When examined, it is seen that there are also definitional differences. For example, while some belief systems claim that rebirth will occur in the human body, others state that rebirth can also occur in animal and plant bodies.

On the other hand, some argue that reincarnation will be a punishment and atonement, while others only talk about a forward progression. The word reincarnation is used in the sense of the soul passing from one body to another, but of the same type. However, if it is meant that the soul, after leaving the human body, comes back to life as a different being, such as an animal, a plant, or in the form of a jinn, this is called Transmigration. In addition, Palingenesis, in the sense of rebirth, or metempsychosis, in the

sense of different attitudes of the soul, is mentioned. As can be seen, the words and terms incarnation, reincarnation, menasukh, palingenesis, metempsychosis, transmigration of soul, embodiment are close to each other and sometimes used in confusion. Reincarnation and transmigration played a very important role in the belief systems and worldviews of the ancient Egyptians, Greeks, Celts, Hindus and Buddhists. This belief or theory is usually attributed to Indians, according to them, reincarnation is the continuation of life in the form of new incarnations.

The system developed as the idea of reincarnation finds its place in Hinduism and Buddhism in its most obvious form. For example; the Vedas, the sacred books of India, state that every being living in this world must go through 8 million 400 thousand different life forms before reaching the human body. Ancient Iranians, Mesopotamians, ancient Greek philosophers such as Pythagoras, Plato and Plato also believed in reincarnation. The mummification system of the ancient Egyptians was a product of the belief in reincarnation. The basis of this belief was the idea of cleansing the evil spirit, therefore they needed the transmigration and transfer of the soul. In Islamic society, those who adopted transmigration and reincarnation emerged from extreme Shiite sects. This belief is encountered in the Karmati and Ismaili communities, and it is known that the Nusayris and Yazidis also believe in the transmigration of the soul. According to some beliefs, some beings are incarnated in the same gender and come into the world, while according to others, they can sometimes be incarnated in different genders. In some cases, the incarnation in question can be on Earth, and sometimes it can be on another planet in the solar system. The fundamental point that distinguishes the idea of reincarnation from the idea of metempsychosis is that the former contains the idea of evolution and progress, while the latter does not.

There is no idea of evolution and progress in reincarnation. Inheritance is based on the foundations of punishment and reward. In the 19th century, the idea of reincarnation gained great importance in theosophy and spiritualism activities that became widespread in Europe and America and other schools of thought. It was believed that the transition from body to body was not the soul but the spirit. In this way, the confusion of concepts became even more apparent. According to the belief in reincarnation; souls were created in eternity and were sent to the world by being put into a body to evolve. However, not every soul was created with equal power, understanding and evaluation ability, and they had to come back to the world and be embodied many times in order to eliminate the injustice here. Since it is thought that it cannot complete its evolution during an average life, it is claimed that it will live in a certain place (spatium) of the Spirit world immediately after death and as a result, it comes to the world to continue where it left off and continues its life with a different body and personality, and this circulation continues until it reaches the perfect point. Afterwards, it continues its evolution in other dimensions without ever returning to the world.

GENETIC INFORMATION CODES AND QUANTAL APPROACH

In 1989, the Nobel Prize in Biochemistry was given to Sidney Altman, Professors from Yale University,

and Thomas R. Cech, Professor Dr. from the University of Colorado. With their work, it was stated that genetic information codes from ancestors were passed to the lower brain with RNA sequences. Individuals were transferring the information they stored in the upper brain to the lower brains of the next generation as information. Starting from this point, it seems an incredible thought to see that there are millions of years of information codes and accumulation in our lower brains. When we also consider that a single RNA molecule carries twenty million information chips, we can understand how large and incredible the information in our lower brain is in addition to the information in our upper brain.

In all religions, the first human is Hazrat Adam (AS). Cain and Abel are his children. Cain kills Abel. This is the first murder. Therefore, this first information loaded into the upper brain is transferred to the lower brains of the next and other generations, and the transfer of coded information is carried out. Accordingly, we carry information related to killing in our genetic structure. This constitutes a kind of murder gene. How can we remove the bloodshed gene from our brain? How can we render this information coded in a person's genetic structure harmless and ineffective? It may not be possible to eliminate it. However, mankind must drain and ground this energy. Islam has objectified this energy aimed at humans in animals. At this point, the matadors' release of this energy through bullfights in Spain and the goat throwing competitions from the tower are all different images of this energy release.

The channeling of sexual (libido) energy through marriage should also be considered within the framework of the same principles. In other words, as we encode the quanta, those quanta also carry out events in that way. We exist in our upper brains only with our names. And we can live for 70-80-90 years in our upper brain. Therefore, we can only store this much information. Today's information systems are structured only for the development of the upper brains due to their structures. We know that the universe has a holographic structure. In this context, it is possible to access all the information of the universe. Therefore, all past information belonging to humanity includes information coded and recorded in the genetic structure of man within the framework of the quantum structure. In astrological terms, both the astrological effects that the fetus receives before birth and the zodiacal and planetary effects received at the time of birth have direct effects on personality.

A kind of CELL ACTIVATION is taking place on all cellular structures that are the source of human life, especially neurons. Both the information previously transferred from the upper brain to the lower brain and the astrological effects corresponding to this information in the essence of cells cause different openings and characteristics in people. It would be more appropriate to explain this with an example. Let's say that a person has 1 million files of information that have the knowledge of humanity. Especially with the effects he receives at the moment of birth, he activates 15 of these files. These 15 files are programmed with the astrological effects received. And he develops a definition that he only has the knowledge of these 15 files. These files contain examples of different attitudes and characters. And the structure consisting of this 15-file combination is named with names such as Ahmet, Ayşe. However, this person has the knowledge of hundreds of thousands more files. On the other hand, while uploading the updated information in these 15 files to the next generation as a sub-brain information, it also transfers the million file information to the next generations to be opened. In other words; the brain can be divided into the upper brain, namely the cortex and the lower brain.

The cortex is one millimeter thick, covering two brain hemispheres like a shell, and this part, which forms the cortex, is where IQ is measured and 28% of the brain cells are used. The lower brain is the source of all our emotions and instincts. Most importantly, it stores the information codes from our ancestors through RNA. This part is the part of the brain known as EQ, where 72% of the brain is used. When we consider how old human history is and that a single RNA molecule carries 20 million information chips, it is possible to see with amazement the dimensions that the information in the lower brain has reached. Therefore, the effectiveness of the lower brain is very high. Therefore, I think it would not be an exaggeration to say that people are under the control of the lower brain. Here, genetic information received from past generations and negative interactions and information received can play an extremely important role in people's lives.

Studies show that the upper brain communicates with people and even other living beings through 'alpha frequency' depending on the shapes, while the lower brain communicates through 'delta frequency', that is, more deeply. On the other hand, holographic approaches also offer us important clues about reincarnation. Before moving on to this subject, it is necessary to touch on some issues regarding holographic approaches. All information belonging to the whole is hidden in the hologram. It is stored. A hologram is an image that gives the impression of existence even though it does not exist. It is an illusion. It is visible, but you cannot touch it when you want to.

Your hand is as if it is idle in space. Everything in the quantum dimension is in a single consciousness state and consists of the quantum dimension's self-view. Each region of space is bathed in various wavelengths. Each wavelength that forms the universe has its own unique energy. These are valid for objects such as tables and coffee tables that we perceive in the material dimension, as well as adjectives such as joy, pity, and sorrow. Each wavelength can only be perceived by waves of its own kind. The concept of multiplicity and difference also becomes clear here. The physical objects in our brains actually consist only of the information perceived in our minds. This information is a HOLOGRAM. There is integrity and continuity in the universe. We can reveal information related to that frequency to the extent that we resonate with the relevant wavelengths. Imagine three beads falling into a flat tray of water at the same time. Each one will create regular waves from the center to the periphery as it falls.

These three separate waves will collide with each other and create a new structure. Let's think that the water is frozen for that moment. We will have a holographic record of the collision texture of these waves in our hands. If we break the frozen ice and illuminate one of these pieces, we can see the beads suspended in the air. This is similar to the fact that each cell in our body carries the entire genetic structure it needs to create a replica of our body. The most important part of creating a holographic image is the interaction between the reference beam (pure and untouched beam) and the working beam that has some experience. Our evaluations of daily realities are constantly made up of comparisons. Our senses, as we mentioned before, make these comparisons with limited perception tools. Like heat, cold. However, the senses do not have absolute reference lines. They only have relative reference beams for relative comparisons. However, our soul creates a collision texture for all consciousness in the universe. This universal mind hologram or ABSOLUTE contains all vibrations and all levels of consciousness that can be related to it as an absolute reference beam. This holographic model encompasses all knowledge.

We are all one, We are one in essence, Whatever is in the macrocosm, is also in the microcosm, The universe is hidden in a grain of sand, ENEL HAK, mystical discourses and metaphors like these are re-interpreted under the light of the holographic model. Especially reincarnation and dreams presented as evidence for this, deja vu, ekminez and direct remembrance of past lives are other important issues that need to be addressed on the quantum level. Many scientists benefit from the wave/particle duality predicted by quantum physics, the state vector of the Schrödinger wave equation, the theory of parallel or multiple universes, the tachyon theory, the concept of akashas and the hologram theory that encompasses all of them. Because hologram and other theories say that everything in the universe is information and that information perceives itself by creating the sense organs that will perceive it in a unitary sense, again in a hologramic form. This shows that each other comes into existence as a reflection of the whole, and therefore, information belonging to the whole and all information and transitions related to past lives can be revealed with the appropriate method or directly. In other words, information is open to the whole and is being woven at every moment.

This information finds its expression in the form of different resonances and wavelengths. It functions as a kind of radio station. Just as you can obtain the sound and image there flawlessly when you can catch the appropriate frequency of a radio/TV channel, information can also be received in the same way thanks to the appropriate resonance and wave harmony, and people can take on the role of receivers. Therefore, it is possible to receive and know information about the past. This can also be expressed as a kind of time travel, or timelessness and spacelessness. On the other hand, due to the similarity of the trance state to sleep, a dreaming person is less dependent on time than an awake and conscious mind, and with the input of information beyond the concept of time, people who lived at different times resonate with the same wavelengths and receive information between the two minds in a way similar to a radio receiver being tuned to a certain station. This is what is perceived as reincarnation. It is also possible to express the issue here as the transfer of information from the lower brain to the upper brain. It shows that the direct flow and transfer of information occurs without any time and space restrictions.

In the event of ekminezi, it is stated that a person who is put to sleep with the hypnosis method can be sent to a period of his life as well as to his pre-birth states. The person in this state appears before us with a different identity in a completely different place and time period, and begins to tell the life of that person as if he had lived it himself. Even with the languages and accents of those personalities. The same situation applies here. In the event of directly remembering other people's past lives; As in ekminezi, it is the direct and conscious recall of past life information that is remembered during hypnosis or sleep, without being put to sleep. Therefore, this situation is nothing more than the transfer of information and the disclosure of information and cellular activation located at every point quantitatively. When we re-evaluate the subject in the light of the above information; when an individual is put to sleep with hypnosis, the part of the brain that is believed to be under the control of the person moves away from the dominance of consciousness and becomes open to all kinds of effects, and is subjected to a process of making the information open by making a kind of receiver adjustment to the channels.

Therefore, with all the functions that the body has, it becomes open to the information in the resonance suitable for the structure of that person, and the transfer of information present in the genetic structure

and the universe begins. Therefore, a belief that one has gone to the past arises. However, the information stored in the universe is revealed in that person. And this information can easily be revealed. In fact, in the event of direct life recall, similarly, the life of one of the people who lived in that vicinity in the past can start to be spoken from the person's mouth, again through the brain. We have stated above how important a role the transfer of information plays in the structure we tried to explain with the holographic structure.

ASTROLOGICAL APPROACHES

We also need to re-evaluate the subject in terms of astrological interaction and understand it in terms of our perception. Unfortunately, astrology has often been a subject where other factors are ignored by considering the laws of force and gravity. In other words, priority has been given to the gravitational pull of celestial bodies to each other and to other beings. When the pull of the moon, which is the closest planet to the earth, is calculated, tides of a few meters are observed. The effects of other planets on the earth and on it are often tried to be determined with this logic. Undoubtedly, science has greatly facilitated our lives today through gravitational force or electromagnetic waves.

Many health problems, including the field of medicine, can be treated by creating a strong electromagnetic field. Moreover, mankind has been applying non-contact treatment methods for centuries by activating the electrical potential present in itself. In other words, how do planets with different structures communicate and establish communication with each other at distances of thousands or millions of light speeds from each other? In this respect, the subject is far beyond the general laws of gravitation. Another interesting aspect is that the astrological assumptions that have been going on for thousands of years show incredible parallelism with today's evaluations. So what is the missing information or piece and where is it?

Despite the lack of techniques that can calculate such gravitational forces about planets, how was this data obtained? Today's science has solved the subject with quantum theory and holographic structure. What really matters is not interaction, but information. Because every point in the universe carries the same information. For this reason, the spatial difference we perceive becomes meaningless. Distances decrease to zero. Because if every point contains the same information, the communication problem can be eliminated with the disclosure of the existing information. Starting from this point, if everything that exists in the universe is information and every point has all the information about the whole, it would be more appropriate to talk about information, not the application of force by objects to each other. This information can be in accordance with the perception capacity and formation of each creature. In this way, the communication of waves with matter can also be explained.

The interaction between forces seems to be possible with the information loading, in other words, the

information in the essence being revealed from the essence. The information being revealed takes us to other dimensions. In this way, a journey towards other areas such as inter-space travel, freedom of movement independent of the concept of time suddenly begins. Matter gives way to beyond matter. Let's look at the subject from a different dimension. A person you don't know comes to you. Who knows, at the first stage, you receive negative energy in advance due to their physical appearance or the frequencies they emit or their sick aura. Or the opposite happens. You can feel very happy and peaceful. This can be an example of gravitational attraction. Most people have unhappy marriages just because of this kind of attraction, right? When the effect wears off, everything ends, unfortunately.

Anyway, let's get back to our subject. However, we start talking to this person we met. And the person in front of us starts to upload a lot of information to us. As we listen over time, we realize that the person in front of us changes shape, and then there are changes in our perceptions. We give the person in front of us a new identity. And changes resulting from not being informed begin to occur in us. This is the second stage. When we consider it from an astrological perspective, the inadequacy of examining the subject only under the laws of attraction is obvious... Planets, people, events, structures, material and abstract concepts that emit wave interference patterns interact with a direct chain structure on them... The human structure is subject to biological, physiological and psychological changes from the moment it is conceived until the moment of birth, periodically, with astrological effects. On the other hand, since the entire and single structure that constitutes the system has common information, it is informed at every moment through the wave forms produced by the planets, and it is revealed in the form of physical, biological and psychological formations and changes in the material dimension.

PSYCHOLOGICAL APPROACHES

The system is single, whole, indivisible, indivisible. There are only and only limitations and sectionality on how much information can be received due to creation, and this has remained a secret hidden within the single system itself and seems to continue to remain so for now. It is thought that the source of many psychological diseases is subconscious memories. In particular, there are subconscious records of all genetic and human information from the past. Everything that happens around a person and perceives with their 5 senses is recorded in the mind. This record continues when a person is asleep, unconscious, or under anesthesia. These records are made in two main sections. One is the standard memory that a person can remember when they are conscious, and the other is the subconscious memory where only painful emotions and physical pain are recorded. Family Constellation Therapy, known as Hellinger Therapy and emerged in Germany in the 90s, is based on the understanding that the family is connected to each other with an invisible bond for generations.

In this understanding, the individual is shaped by the family he/she is born into, and it is thought that a significant portion of psychological disorders are caused by problems experienced in the family of origin from which we emerged. If there is a disruption in the system or a break in the family order due to violence, suicide, murder, miscarriage, inappropriateness in parental roles within the family, all family

members, and even future generations - depending on the depth of the effect - are affected by this. As can be seen, a hereditary and genetic transmission via RNA is mentioned, and this theory is used as a treatment method today. In particular, studies are conducted on the patient by reviewing traumatic cases experienced in the family history. For example, suicide, murder, cruelty, torture, rape, divorces, etc. Let's say that a grandchild who has no idea about a murder committed by his/her grandfather carries the guilt that should be felt towards the victim and restricts his/her own life, experiences chronic depression, and even commits suicide, "paying" with his/her life for an injustice experienced without his/her involvement. Our ancestors have a saying. Grandfather ate plums, his/her grandson's teeth were set on edge. Another beautiful opening to traces originating from the past in the reincarnationist view.

In reality, there are two dimensions that we can perceive. The superatomic dimension, which is called the material world. The subatomic dimension, which is called the spirit world. Addressing the lower brain and upper brain issue in the previous sections in this way brings the subject to interesting points. In other words, we can evaluate the values we have addressed within the scope of the superatomic, material dimension and the upper brain; and the subatomic dimension, which we call the spirit world, as the lower brain. It is not the case that the soul comes back to the world and continues its life by entering a biological body. In the life plan, we can talk about continuous progress and there is no turning back. In fact, it is frequently emphasized in the Quran with verses that it is not possible to come back to the world after death in any way.

THE QURAN REJECTS REINSTRUCTION.

One of the fundamentals of faith in the religion of Islam is to believe in the Hereafter. In order for a believer to be a believer, he must accept all the fundamentals of faith together. For this reason, it is not possible for a Muslim to find a belief that denies the existence of the hereafter true. 'Those who deny Our revelations and the meeting with the hereafter, their deeds have come to naught. Will they be recompensed for anything other than what they did?' (Surat al-A'raf, 147) From the perspective of Islam, a human being consists of a body, a soul and a spirit. In the 72nd verse of the Surah al-Ahzab of the Quran, it is stated that "... We have offered the Trust to the heavens and the earth and the mountains, but they were reluctant to bear it and were afraid of it, and mankind has carried it..."; in the 28th verse of the Surah al-Hijr, In the 29th and 29th verses of the Surah Sajdah, in the 7th to 9th verses of the Surah Sads, Allah states that He created man from clay, breathed into him from His Spirit, and commanded the angels to prostrate to man immediately. Because of this trust and responsibility that he took upon himself as the caliph, man became the most honored of creation (the Most Honorable Creature). Herein lies a very important difference that distinguishes man from other creations.

Namely, man is the possessor of perfection. In other words, man has both Spirit, soul, and body. However, angels have only Spirit; jinn have only soul; animals and plants have both soul and body. Therefore, from the perspective of Islam, it is impossible for a person who is the bearer of the Spirit in the world and therefore has superiority to turn into an insect or a plant without a Spirit due to their sins,

and it is impossible for an animal or a plant without a Spirit to evolve and gain a spirit and become a human. It is stated in many verses in the Quran that life and death are created for testing. For example; according to verse 67/2 of the Surah Al-Mulk, the reason for the creation of life and death is to determine who is the best in terms of deeds. In addition, the creation of man, the giving of life to him, the stages of his life and finally his death are clearly and extensively discussed in the Quran, and it is stated that the creator of all these is Allah.

The Quran mentions the events of being killed while alive in the world and being resurrected while still in the world. Some of these events are mentioned in the Surah Al-Baqarah, while others are mentioned in the Surah Al-Imran and Surah Al-Maidah. These are the events of killing and resurrecting in verses 55 and 56 of the Surah Al-Baqarah, the events of killing and resurrecting in verses 72 and 73, the event mentioned in verse 243, the event in verse 259 explaining the situation of the person who was resurrected after being dead for a century, the event of Hz. Ibrahim wanting to see how the dead would be resurrected in verse 260, the events of the resurrection of the dead in the hands of Hz. Isa (pbuh) in verse 49 of the Surah Al-i Imran and verse 110 of the Surah Al-Maidah. In addition to all these, this subject is also mentioned in Ashab al-Kahf. These events are evidence presented to humanity in the Quran regarding the existence of the afterlife and the fact that resurrection after death will definitely occur. In other words, they are examples given to explain that only Allah kills and resurrects, and that there is no one but Allah who establishes the laws of life and death. Every living being will taste death, and every living being that tastes death will be resurrected by Allah at a time He wills, and will receive the reward of the life of this world. Every soul will taste death. On the Day of Resurrection, your rewards will certainly be paid in full. Whoever is kept away from the Fire and admitted to Paradise, then he is truly successful... (Surah Ali Imran, 185) According to Islamic belief, a person will definitely see the results of every deed he does in this world. The resurrection (resurrection after death) will occur with people's own identities and dimensions of consciousness. Therefore, it would not be meaningful to talk about progressing with new bodies constantly, as in the belief in reincarnation.

On the other hand, the consciousness, awareness and wavelength produced by the brain can renew, develop or evolve until the moment of death. After death, which will be experienced together with the moment of physical death, with a simple analogy, the electrical plug is pulled from the socket and the charging process in the brain, that is, the loading, stops. Therefore, there will be complaints including regrets such as "I wish we could go back and do the things we could not do". First of all, the concepts of heaven and hell and the fact that every deed should have a reward constitute the main structure of the Islamic belief. It is impossible (haram) to return to a land we have destroyed; they will certainly never return (to the world). (Surat al-Anbiya, 95) Finally, when death comes to one of them, he says: "My Lord, send me back so that I may do good deeds in the (world) that I leave behind." No, this is really just a word, and he says it himself. There is a barrier (Barzakh) before them until the day they are resurrected. (Surah Al-Mu'minun, 99-100) As can be seen in the verses above, when death comes to them, some people will want to be resurrected, but it will be explained to them at that moment that this is absolutely impossible. Every person will definitely experience death.

However, this death will only happen once and no one will be able to return to this world after death. This is a definite truth that Allah has revealed in the Quran. Another important truth is this: Death is not

annihilation and the end. Death is the end of people's temporary and very short-lived worldly lives and the beginning of their endless afterlife. We will all continue our eternal life in the hereafter in Paradise or Hell, depending on our lifestyle in this world. In the verse 17/85 of the Surah Al-Isra, Allah states that very little information is given about the soul. It is explained that only Allah knows its nature. The Prophet did not make any statement about the structure of the soul. Based on the verses and hadiths, it is understood that the soul is alive, will continue its existence until the Day of Judgment either in a garden from the gardens of Paradise or in a pit from the pits of Hell, and that there is no question of the soul returning to the world. Because the definitive ruling on this matter in the Quran is the verses 99-100 of the above-mentioned Surah Al-Mu'minun.

Barzakh is an obstacle to returning back. The souls of people were not created collectively by a God above, in a past time, and then sent to the world one by one. Such a thought leads us to errors. Therefore, it is never the case that the soul comes from outside and enters a body. It is necessary to consider and evaluate the subject by taking into consideration our explanations in the previous sections. In another verse, Allah Almighty states that death is only once. In this verse, the people of Paradise express their joy that they will not taste death other than this first death and will not be subjected to torment: Were we not the ones who will die? Only our first death? And are we not the ones who will be punished?" Indeed, this is the real great 'salvation and happiness'. Thus, those who work should work for something like it. (Surat as-Saffat, 58-61) In another verse, it is explained that no death other than the first death will be tasted: There they will not taste any other death than the first death. And He has protected them from the punishment of Hell, as a favor from your Lord.

That is the great 'happiness and salvation'. (Surat ad-Dukhan, 56-58) The above verses contain very clear expressions in terms of seeing that death only happens once. Every person will die only once and after this death, the life of the Hereafter will begin, where he will live forever. Allah will give everyone what he deserves, as required by His justice. The Quran should be the guide on this matter.... When death approaches one of you, Our messengers 'put an end to his life.' They do not fail. Then they will be returned to their true Lord, Allah. Be aware; the judgment is only His. And He is the swiftest of those who take account. (Surah Al-An'am, 61-62) The clear meaning of verses 99 and 100 of Surah Al-Mu'minun is about the fact that a person cannot return to this world in one way or another after death, and the following verses, 101 and 104, describe the afterlife.

Barzakh is understood by religious scholars as the barrier between death and returning to the world. There are many verses and hadiths stating that life ends with death and that a person will receive the reward of his deeds in the hereafter. The souls that leave the body with death gather in the realm of barzakh, where there is no possibility of movement, initiative, activity or elimination of deficiencies as in worldly life. The stage of action is now complete and the period of waiting for accountability has begun. The place where all kinds of worship and deeds are performed is the worldly dimension and it is unique. "Every soul will taste death. We test you with good and bad as a test. To Us you will be returned." The clear meaning of verse 21/35 of Anbiya clearly expresses this reality. In verse 2/28 of Surah Al-Baqarah, it is stated as follows: "How can you deny Allah? You were dead and He gave you life, then He will cause you to die and bring you to life, then to Him you will be returned." In the above verse, two deaths and two resurrections are mentioned. As we will discuss below, this verse is connected with the verse "You

have caused us to die twice and given us life twice" mentioned in verse 40/11 of the Surah Al-Mu'min, and it is stated that Allah Almighty explains the same issue in these two verses.

The first resurrection mentioned in this verse is the worldly life we live in. The resurrection after this refers to the resurrection in the hereafter. Because after this resurrection, returning to Allah is mentioned. In other words, the meaning of reincarnation is definitely not intended. The point that draws attention here and needs to be explained is the expression "You were dead". The word "mawt", "death" is used in Arabic as the opposite of life. Its use in the Quran is also in this way. The state of not being perceived by the 5 senses is expressed with death. It would be more appropriate to understand the expression "you were dead" in the verse as "you had not yet come to the worldly life, you were not alive or you were in the form of soil, sperm, etc., or you were not at all". It is clear that this expression is used to mean "those who are not alive". The fact that the verse begins with the question "How can you deny Allah?" also seems to support this view. Likewise, the generally accepted truth is the idea that "we were not, we came into being and became alive, and finally we will die".

Starting from this point, the information that "the One who resurrects you, then causes you to die, is able to resurrect you again" is conveyed. The situation before the worldly life is expressed with "death", and the situation after the worldly life is expressed with "death", thus preparing the ground for people to make an easy and simple comparison and accept the divine truths. You were dead, you became alive, and Allah, who did this, has the power and authority to resurrect you and make you live after you leave this worldly life. What is required of man is to accept this truth. One of the definitive proofs in the Holy Quran that there will be no reincarnation, that is, no return to the world, is the following verses: "If only you could see what they said when they were standing over the Fire: 'If only we were brought back, we would not deny the verses of our Lord, and we would be among the believers. No, what they concealed before would become apparent to them. If they were brought back, they would return to what they were forbidden. Indeed, they are liars.'"

After verses 27 and 28 of Surah Al-An'am, verse 29 is noteworthy. There, they say: 'There is no life except our worldly life. We will not be resurrected.' The clear statement of the verses is that man will not return to the world. In addition, it is stated in the Quran that crimes are personal and that no one else can be held responsible for these crimes, and only the person in question can be held responsible for the deeds. In the 17/15th verse of the Surah Isra, it is stated that no sinner will bear the sins of another. However, in the view of metempsychosis and reincarnation, it is said that in spirit-calling sessions, it is witnessed that the soul of an unbeliever lives in a Muslim person, and the soul of a murderer or murderer lives in an innocent person. Indeed, a person leaves this worldly life with all the deeds he has achieved in this worldly dimension, which he leaves by tasting death, and with his personal gains and responsibilities. Allah frequently mentions belief in the hereafter in the Quran. Allah, who created and created man from nothing, undoubtedly has the power to recreate him in the hereafter. The fact that plants on earth wither and die and then grow and revive is a clear example of this.

The miraculous resurrection of the dead or killed mentioned in the verses we mentioned above is clear evidence, information and proof of the resurrection in the hereafter. However, these resurrected people were not resurrected with the bodies of others, but with their own bodies. One of the main issues that

the Meccan polytheists and all non-believers throughout history did not accept or had difficulty believing in is the reality of the apocalypse and the hereafter. It is also possible to understand that the expression "You were dead" covers the period from the first covenant of humanity to the moment of its coming to this world. The issue of taking the covenant in verses 7/172 and 173 of the Araf Surah was taken from all people in a manner known by Allah (SWT). Therefore, people were "dead" during the period from the covenant to the descent to the earth. Allah (SWT) later gave people life as a requirement of His attribute of being hayy and resurrected them.

The verse 40/11 of the Mu'min Surah The meaning of the verse is as follows: "They said: Our Lord, you made us die twice and you gave us life twice. We confessed our sins. Is there a way out now?" This verse also mentions two deaths and two lives. The first of the two deaths is the state of a person before coming into the world through the womb. This is the sperm state or the first covenant we mentioned earlier, the state of non-existence of a person after the event of promise known among the public as "Kalu Bela". The first life begins with birth and the taste of death after coming into the world is the second death. While the life a person starts by being born from his mother, that is, the worldly life, is the first life, the eternal afterlife is the second life. The afterlife will begin with the second resurrection and will continue eternally without death.

The only difference between verse 40/11 of the Surah Al-Mu'min and verse 2/28 of the Surah Al-Baqarah. In the Surah Al-Baqarah, the first death is explained with the expression "you were dead", and here it is explained with the word "killing". In these two verses that will remind us of reincarnation in the Quran, reincarnation is clearly rejected. In addition to the events in the Surah Al-Baqarah, Al-i Imran and Maidah mentioned above, other events are also mentioned in the Quran. The common point in all of these is that the death and life of a person are created by Allah, that the life of this world is lived once, that the life after this life is the eternal afterlife, and that Allah, who makes a person live in this world, will also give him life in the afterlife. This is the point that is insistently stated. The claim that a person can come back to the world with a different body is also fundamentally wrong. A person is resurrected with the body he lived in the world, and he never comes to the world with another body before being resurrected. Because Allah will bring the rotten and destroyed bones together and resurrect the person with his soul and body, and even his hands and feet in the world will testify against him. This issue is clarified in verses 36/65 and 78-79 of the Yasin Surah and other verses.

The Quran mentions only one body and soul, and does not mention other bodies and souls for humans. The Quran takes as its basis the soul-body integrity of humans. From there, neither the soul is highlighted and the body is neglected, nor is the body given any privilege, humans live life as a whole, as soul and body, and continue to live the eternal afterlife immortally as soul and body with the resurrection after death. The idea of reincarnation, which is based on an eternal universe without the continuous embodiment of souls and a beginning, loses its meaning when evaluated together with the following points. Namely; in a world where souls are constantly embodied, there must be a fixed number of people. The population must not be increasing. If it increases, new souls must come to the world. Contrary to the concept of reincarnation, which advocates the idea that the next life of souls will be according to their previous lives, a justice mechanism must be put into effect, which is not a situation that will happen on its own.

There will be an afterlife and a process of reckoning after death. However, there is another issue that needs to be addressed regarding whether reincarnation is an experience or not. Especially in hyperventilation-based breathing techniques or hypnosis-based age regression, there are experiences of approaching and feeling other lives that the individual experiences. In other words, we can talk about a subject that we also call a genetic opening and cell activation. Details on the subject are included in books on hypnosis. The individual who wants to experience this event chooses and applies one of the hypnosis sessions or hyperventilation-based breathing techniques. Jung explains the subject as the collective subconscious of all humanity in this regard.

A person who feels other lives close to him/her has actually started to receive breezes towards unity in this way. He/she can start a journey towards the feeling of being able to exist with the whole. Imam Ghazali, one of the greatest Islamic scholars and mystics, says the following in his work titled "Rawzatüt Talibin": "A person who knows the actions of Allah Almighty; and how He brought the living beings and plants on earth into being by moving the stars and skies through the angels; understands both that Adam's control in his own world is similar to the control of the Creator Almighty in the greater world, and also the meaning of the statement of the Messenger of Allah: "Allah created Adam in His own image" ... If it is said that while souls are created with bodies, what is the meaning of the statement of the Messenger of Allah (SAW); "I am the first of the prophets in terms of creation and the last in terms of prophethood..

When I was a prophet, Adam was between water and mud!."? The truth is that: There is no evidence in any of these that the soul is ancient [existing in the past before bodies]!.. However, according to the apparent meaning of the statement "I am the first of the prophets in terms of creation", there is a possibility that His existence was created before his body. Its non-apparent meaning is clear.. Its interpretation and explanation are also possible.. However, definitive evidence does not tend to the apparent.. On the contrary, it is used to judge the interpretation of the apparent.... As a matter of fact, as in the apparents of the simile about Allah Almighty, when it comes to the statement "Allah Almighty created the souls two thousand years before the bodies", what is meant by "souls" here is "the souls of the angels". What is meant by bodies is the Throne, the Kursi, the skies, the assembly of stars; It is the body and constitution of the worlds such as air, water and earth. As for the statement, "I am the first of the prophets in terms of creation," the word "in terms of creation" [HALK] here means "predestination". It does not mean "invention", that is, creating and giving body. Because the Messenger of Allah (SAW) did not exist and was not created before they were brought to the world by their mothers. However, purposes and perfections are first in terms of predestination and later in terms of existence. Because Allah the Almighty predestinates and shapes divine matters and events in accordance with His own knowledge in the preserved lullaby. Up to this point, if you have understood both forms of existence; you will have understood that the Messenger of Allah's existence was before the existence of Adam; that is, not as a visible existence, but as the first predestined existence "before." ... As can be seen, Sufis such as Imam Ghazali and Abdulkadir Geylani do not accept that their souls were created before the human body and say that the soul of every person is formed together with and through their body.

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