

Trainee Details

**Many thanks for agreeing to fill in this form, it is anonymous and will only take you a couple of minutes to complete. Your feedback helps us evaluate and improve the program.**

\* 1. Unique ID Number (if unknown put NA)

ID number

\* 2. Please provide the name of your trainer

\* 3. Please select the region

- North East
- North West
- Yorkshire and the Humber
- East Midlands
- West Midlands
- Other (please specify)
- East of England
- London
- South East
- South West

\* 4. Please enter the postcode where you are active. (If you do not work in a fixed location please put the postcode you are most often working in).

\* 5. Please enter the first date of your Connect 5 training session 1

Date / Time

\* 6. Please enter your job title

\* 7. Please select your workforce

- Emergency services (including fire service, police, ambulance)
  - Public health specialists and practitioners (e.g. public health consultants, health improvement managers, smoking cessation advisors)
  - Welfare (e.g. employment advisers, benefits case workers, advisers working on a voluntary basis)
  - Community health promotion workers/volunteers (e.g. health trainers, health champions, health and wellbeing advisors, breastfeeding volunteers)
  - Health Professionals (e.g. GPs, nurses, Allied Health Professionals)
  - Other (please specify)
- Social care and housing professionals (housing officers, social workers, youth workers and other social care professions)
  - Teaching and educational professionals (e.g. headteachers, teachers, teaching assistants, admin staff working in education settings)
  - Childcare related professions (e.g. nursery staff, childminders)
  - Sports and fitness occupations (e.g. sports coaches, fitness instructors and leisure centre employees)

Knowledge, perceived importance and confidence

\* 8. How would you rate your current knowledge and understanding of mental health and wellbeing?

No understanding

Excellent understanding

☆ ☆ ☆ ☆ ☆ ☆ ☆

\* 9. In your role, how important is it for you to support somebody with their mental health and wellbeing?

Not important

Very important

☆ ☆ ☆ ☆ ☆ ☆ ☆

\* 10. How confident do you feel in having conversations with individuals about mental health and wellbeing?

Not confident

Very confident

☆ ☆ ☆ ☆ ☆ ☆ ☆