

Blurry Class-Incremental Learning for IMU-Based Human Activity Recognition: An Empirical Study

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Abstract—Inertial measurement unit (IMU)-based human activity recognition (HAR) has attracted considerable attention, leading to a growing demand for systems that support long-term deployment. In such scenarios, user requirements may evolve over time, necessitating the ability to recognize additional activity classes. Class-incremental learning (CIL) offers a promising approach by enabling models to incorporate new classes without retraining from scratch. Although previous studies have examined CIL in the context of HAR, they have largely overlooked cases where the same classes reappear across different tasks—a setting known as the Blurry class-incremental learning (B-CIL) scenario. In this work, we investigate the B-CIL scenario for IMU-based HAR and conduct extensive experiments on two widely used IMU datasets (UCI-HAR and USC-HAD). We evaluate nine continual learning methods under multiple configurations of overlapping classes. Our results demonstrate that replay-based methods consistently outperform regularization-based methods in the B-CIL scenario. Furthermore, we observe that increasing the number of overlapping classes can lead to improved performance. In the future, we aim to extend our study to additional datasets and explore more realistic blurry scenarios, including online continual learning.

I. INTRODUCTION

Human activity recognition (HAR) aims to classify daily human activities based on sensor data and has gained attention in recent years [1]–[3]. Among various sensing modalities, inertial measurement unit (IMU)-based HAR has been widely adopted for applications such as smart homes [4], healthcare [5], and input interfaces [6]. As these applications are increasingly used over extended periods [7], HAR systems must adapt to new user behaviors and evolving activity classes [8]. A naive retraining approach using all available data is often infeasible due to resource constraints and privacy concerns [9]. When using plasticity-focused methods like fine-tuning, the model often suffers from catastrophic forgetting [10]–[12], where performance on prior tasks deteriorates due to overfitting to new data. Consequently, there is growing interest in continual learning (CL) methods that allow updating models using only data from newly introduced classes. CL approaches—typically categorized into regularization, replay, and parameter isolation—enable models

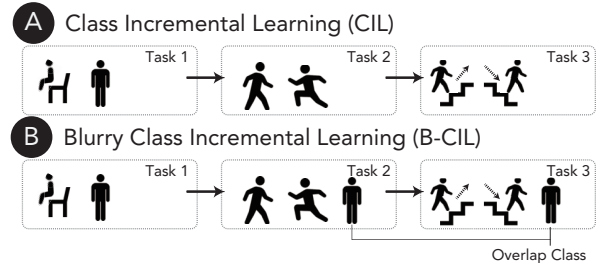


Fig. 1. Overview of continual learning scenarios: (A) CIL, (B) B-CIL.

to learn incrementally without forgetting previous tasks [13], [14].

In CL, there are various problem scenarios depending on how tasks arrive sequentially. One of the scenario is class incremental learning (CIL), in which the model must learn an increasing number of classes over time. In the typical CIL scenario, the model learn them without task labels and with no class repetition across tasks (Fig. 1(A)). However, in real-world systems, data is not always collected under conditions where classes are fully independent across tasks. Blurry class incremental learning (B-CIL) relaxes the constraint of disjoint classes across tasks, allowing class overlap and more close to real-world usage scenarios (Fig. 1(B)).

For IMU-based HAR, various studies have explored CIL scenarios [15]–[22], but most prior work assumes that classes are completely disjoint across tasks. The only related work is by Zhang et al., which evaluates a setting where one new class is added at each task and later each class reappears once [23]. However, in real-world scenarios, old and new classes may coexist within the same task. No prior work has systematically examined B-CIL scenarios in which classes overlap across tasks.

In this study, we evaluate nine continual learning methods under B-CIL scenarios with varying degrees of class overlap. We conduct experiments on two public datasets: the University of California Human Activity Recognition (UCI-HAR) and the University of Southern California Human Activity Dataset (USC-HAD). Our results demonstrate that replay-based methods outperform regularization-based ones, and that increasing class overlap improves performance.

Our research questions are as follows:

- **RQ1:** Which CL methods are most effective in B-CIL scenarios for IMU-based HAR?
- **RQ2:** How does the degree of class overlap affect the

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performance of CL methods in B-CIL scenarios?

II. PROBLEM DEFINITIONS AND SCENARIOS

In a CL scenario, tasks are assumed to arrive sequentially, and the model $f(\mathbf{x}; \theta)$ is incrementally updated upon the arrival of each new task, where \mathbf{x} denotes the input data and θ represents the model parameters. Formally, the sequence of tasks is defined as $T = \{\tau^1, \tau^2, \dots, \tau^N\}$, where each task τ^t ($t \in \{1, \dots, N\}$) is associated with a dataset $D^t = \{(x_i^t, y_i^t) | y_i^t \in Y^t\}_{i=1}^{N_t}$ and a corresponding label space Y^t . Each input x_i^t is sampled from a task-specific input domain \mathcal{X}^t , and each label y_i^t belongs to the respective label space Y^t . We denote the model before training on task τ^t as f_{θ_t} , and the model after optimization as $f_{\theta_t^*}$. The formal definitions of the continual learning scenarios considered in this study are as follows:

- CIL: Each task introduces a set of new, mutually exclusive classes. Formally, for any $i \neq j$, the label spaces are disjoint, i.e., $Y^i \cap Y^j = \emptyset$, indicating that no class is shared between tasks.
- B-CIL: This relaxes the strict disjoint class assumption of CIL by allowing partial overlap between the label spaces of tasks. Specifically, for some $i \neq j$, it holds that $Y^i \cap Y^j \neq \emptyset$.

III. METHODS

A. Backbone Model

As the backbone model, we employed one-dimensional convolutional neural network (1D CNN) architecture commonly used in prior class incremental learning studies [18]. Specifically, we adopted the same architecture proposed in [18], which comprises four convolutional blocks. Each block consists of a convolutional layer (kernel size: 5, stride: 1, padding: 2) with output channels of 64, 128, 256, and 128, respectively, followed by a ReLU activation function, a batch normalization (BN) layer, and a MaxPooling layer (kernel size: 2, stride: 2).

B. Baselines

As baselines, we considered two approaches. The first is the naïve fine-tuning strategy, where the model is incrementally updated on each new task without employing any CL methods, thereby serving as a reference for catastrophic forgetting. The second is the offline setting, where the model is trained using data from all tasks simultaneously. This serves as an upper-bound performance reference, as it assumes access to the entire dataset across tasks.

C. Continual Learning Methods

As a continual learning method, We selected nine representative continual learning methods for comparison: four regularization-based methods—Learning without Forgetting (LwF) [24], Elastic Weight Consolidation (EWC) [25], Memory Aware Synapses (MAS) [26], and Synaptic Intelligence (SI) [27]—and five replay-based methods—Experienced Replay (ER) [28], Dark Experience Replay (DER) [29], Fast

Incremental Classifier and Representation Learning (FastI-CARL) [30], Adversarial Shapley value Experience Replay (ASER) [31], and Generative Replay (GR) [32].

IV. MATERIALS

We used two public dataset; (i) UCI-HAR, and (ii) USC-HAD.

UCI-HAR [33] contains data from 30 subjects, collected using a waist-mounted smartphone (Samsung Galaxy S II) with embedded inertial sensors. The sensor's sampling rate was set to 50 Hz. The dataset includes six activities: (1) walking, (2) walking upstairs, (3) walking downstairs, (4) sitting, (5) standing, and (6) lying. The data has nine feature dimensions, which consist of 3-axis total acceleration, 3-axis estimated body acceleration, and 3-axis angular velocity. Sensor signals were preprocessed using sliding windows of 2.56 s and 50 % overlap, resulting in window shapes of 128×9 .

USC-HAD [34] contains data from 14 subjects, collected using a single IMU sensor (MotionNode) positioned on the front right side of the body. The sensor's sampling rate was set to 100 Hz. The dataset includes 12 activities: (1) walking forwards, (2) walking left, (3) walking right, (4) walking upstairs, (5) walking downstairs, (6) running forwards, (7) jumping, (8) sitting, (9) standing, (10) sleeping, (11) elevator up, and (12) elevator down. The data has six feature dimensions, which consist of 3-axis acceleration and 3-axis angular velocity. Sensor signals were preprocessed using sliding windows of 1.28 s and 50% overlap, resulting in window shapes of 128×6 .

V. EXPERIMENTS

In this study, we evaluated two B-CIL scenarios (B-CIL1 and B-CIL2), and compared them with the CIL scenarios. Fig 2 shows the detail of scenarios of each two dataset, (A) UCI-HAR and (B) USC-HAD.

A. Number of the classes of each tasks

In this study, the number of tasks was set to three. In the CIL scenario, the classes from each dataset are evenly assigned to each task to ensure that there is no overlap of classes across tasks. Consequently, in the UCI-HAR dataset, which has six classes, each task is assigned two classes, while in the USC-HAD dataset, which has twelve classes, each task is assigned four classes. In the B-CIL1 scenario, compared to the CIL scenario, one of the classes from the first task (Task 1) is also assigned to other tasks (Task 2 and Task 3). As a result, the number of classes per task is [2, 3, 3] for the UCI-HAR dataset and [4, 5, 5] for the USC-HAD dataset. In the B-CIL2 scenario, two classes from the task 1 are assigned to both Tasks 2 and 3. Therefore, the number of classes per task is [2, 4, 4] for the UCI-HAR dataset and [4, 6, 6] for the USC-HAD dataset. The order of classes in each task was determined randomly. The split into training, validation, and test datasets was also performed randomly. Sixty percent of the data was used for training, twenty percent for validation, and twenty percent for testing.

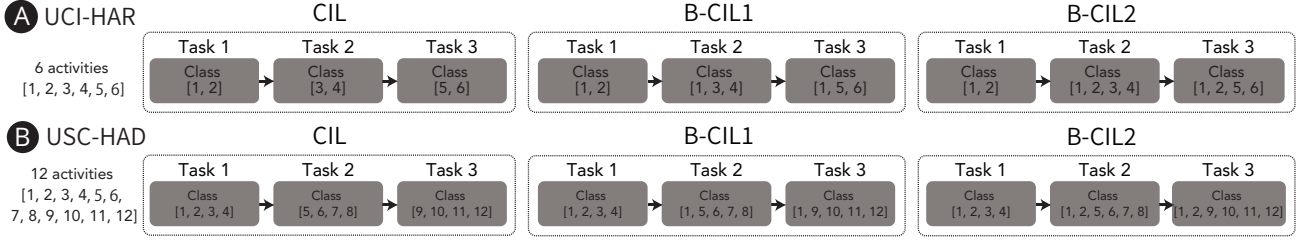


Fig. 2. The scenarios of continual learning in the (A) UCI-HAR and (B) USC-HAD datasets.

B. Evaluation Metrics

We used the (1) Final Average Accuracy, (2) Final Average Forgetting, and (3) Average Learning Accuracy as the evaluation metrics. Let $a_{i,j}$ denote the average classification accuracy when the model, after being trained on Task i , is tested on Task $j \leq i$. The total number of task is T .

(1) Final Average Accuracy is the average accuracy of the model for all tasks when the model has finished learning all tasks.

$$\mathcal{A}_T = \frac{1}{T} \sum_{i=1}^T a_{T,i} \quad (1)$$

(2) Final Average Forgetting represents how much accuracy decreases on task j due to learning task T :

$$\mathcal{F}_T = \frac{1}{T-1} \sum_{j=1}^T \max_{k \in \{1, \dots, T-1\}} (a_{k,j} - a_{T,j}) (j < i) \quad (2)$$

(3) Average Learning Accuracy is the average accuracy of the model for the new task when the model has updated in that tasks:

$$\mathcal{A}_{cur} = \frac{1}{T} \sum_{i=1}^T a_{i,i} \quad (3)$$

C. Learning Protocol

For the training parameters, Cross Entropy Loss was used as the loss function, and the OneCycle learning rate scheduling was employed. The model was trained for 100 epochs. Early stopping was applied to regularization-based method and baseline method with the patience parameter; 5.

Common to all training methods, the batch size, maximum learning rate, and learning rate adjustment strategy were optimized using grid search. The search range for the batch size was [32, 64, 128], and for the initial learning rate, it was [0.01, 0.001, 0.0001]. For the learning rate adjustment strategy, three approaches were explored: reducing the learning rate by a factor of 0.1 every 10 epochs, reducing it by a factor of 0.1 every 25 epochs, and using only the scheduler without manual adjustments. These hyperparameters were optimized using only the validation data from Task 1. The hyperparameters for each classification algorithm are shown in Table I.

TABLE I

HYPERPARAMETER GRID SEARCH FOR THE CONTINUAL LEARNING METHODS

Method	parameter	Search
LwF	λ	1, 0.1, 0.01, 0.001, 0.0001
EWC	λ	0.01, 0.001, 0.0001
MAS	λ	0.001, 0.0001, 0.00001
SI	λ	0.01, 0.001, 0.0001
ASER	Number of sample saved in buffer per class	2, 4
GR	Learning rate for generator	0.001, 0.0001
	Weight for reconstruction loss	0.01, 0.1, 1, 10

D. Implementation

We implemented the methods in Python 3.10.10 and PyTorch 1.13.1. These codes were executed on a machine running Ubuntu 22.04, equipped with four L40S GPU.

VI. RESULTS

Table II shows the results of the continual learning methods on the UCI-HAR and USC-HAD datasets. When comparing the three scenarios in the two datasets, CIL had the lowest final average accuracy, followed by B-CIL1, with B-CIL2 having the highest, except for FastICARL and GR in USC-HAD. In terms of Final Average Forgetting, CIL exhibited the highest level of forgetting. As the number of Overlap classes increased, the amount of forgetting decreased, with B-CIL2 showing the lowest forgetting (except for ASER in USC-HAD). Average Current Accuracy varied across algorithms, showing no consistent trend. These results indicate that increasing the number of overlap classes helps reduce forgetting and ultimately improves final accuracy.

We compared the final average accuracy of continual learning algorithms with the baseline method, Naive. In the CIL scenario, most continual learning algorithms achieved higher average final accuracy except GR on USC-HAD. In the B-CIL1 scenario, continual learning algorithms outperformed Naive. In the B-CIL2 scenario, continual learning algorithms outperformed Naive except for GR on USC-HAD, and SI on UCI-HAR and USC-HAD. Overall, in scenarios such as CIL and those with task overlap, many CL algorithms tend to outperform the Naive baseline.

Among the evaluated continual learning algorithms, most replay-based methods outperformed regularization-based methods in both datasets and across all scenario,

TABLE II
RESULTS OF THE CONTINUAL LEARNING METHODS IN THE UCI-HAR AND USC-HAD DATASETS

Dataset	Metrics	Scenario	Naive	Offline	LwF	EWC	MAS	SI	ER	DER	ASER	FastICARL	GR
\mathcal{A}_T	UCI-HAR	CIL	33.04	98.00	34.35	35.36	40.47	34.35	70.97	66.62	96.76	66.44	36.34
		B-CIL1	61.16	N.A.	65.49	63.52	70.58	63.91	89.17	88.74	98.86	89.69	62.70
		B-CIL2	82.52	N.A.	83.15	83.44	84.60	80.56	96.00	92.83	99.40	95.64	83.49
	USC-HAD	CIL	32.82	91.43	38.72	37.15	38.69	33.64	76.94	64.42	94.11	73.13	29.23
		B-CIL1	49.07	N.A.	57.11	54.75	54.59	51.55	82.58	72.32	95.67	80.93	54.49
		B-CIL2	58.04	N.A.	62.34	65.18	60.79	57.17	86.78	77.30	96.28	78.67	50.85
\mathcal{F}_T	UCI-HAR	CIL	99.15	N.A.	91.35	95.44	85.20	88.95	19.80	17.06	4.24	29.51	91.81
		B-CIL1	56.78	N.A.	46.46	53.12	39.78	46.72	7.38	5.43	1.27	8.06	54.35
		B-CIL2	23.98	N.A.	19.42	22.66	18.24	20.89	2.81	3.53	0.57	2.97	22.92
	USC-HAD	CIL	98.62	N.A.	77.66	88.55	78.80	70.18	12.36	9.16	3.94	14.32	65.99
		B-CIL1	72.65	N.A.	55.73	62.03	55.33	50.61	8.38	6.32	2.23	11.47	52.65
		B-CIL2	58.60	N.A.	45.21	44.56	46.31	41.62	5.35	4.90	1.48	16.43	44.3
\mathcal{A}_{cur}	UCI-HAR	CIL	99.14	N.A.	96.75	98.98	97.27	93.65	81.37	76.74	99.58	85.54	97.55
		B-CIL1	99.01	N.A.	96.46	98.84	97.10	94.06	93.31	92.03	99.69	95.03	98.44
		B-CIL2	98.40	N.A.	96.08	98.46	96.74	94.48	97.78	95.06	99.67	97.52	98.58
	USC-HAD	CIL	97.90	N.A.	90.49	96.18	91.22	80.43	85.01	68.95	96.73	82.64	73.23
		B-CIL1	97.50	N.A.	94.27	96.10	91.48	85.21	88.07	75.81	97.15	88.53	89.59
		B-CIL2	97.11	N.A.	92.48	94.89	91.67	84.80	90.26	79.71	97.15	89.61	80.39

except GR. Four replay-based methods (ER, DER, ASER, FastICARL) had an average Final Average Accuracy of 75.20 in CIL, 91.62 in B-CIL1, and 95.97 in B-CIL2 for UCI-HAR, and 77.15 in CIL, 82.88 in B-CIL1, and 84.76 in B-CIL2 for USC-HAD. In contrast, For regularization-based method (LwF, EWC, MAS, SI), the average Final Average Accuracy was 36.13 in CIL, 70.04 in B-CIL1, and 82.94 in B-CIL2 for UCI-HAR, and 37.05 in CIL, 55.40 in B-CIL1, and 61.37 in B-CIL2 for USC-HAD. Among the replay-based methods, ASER achieved the highest final average accuracy in the CIL, B-CIL1, and B-CIL2 scenarios for UCI-HAR and USC-HAD.

When comparing UCI-HAR and USC-HAD, CIL scenarios show higher accuracy on USC-HAD for methods such as LwF, EWC, ER, and FastICARL. In contrast, B-CIL1 and B-CIL2 scenarios consistently favor UCI-HAR. This is due to the higher class-level overlap in UCI-HAR: B-CIL1 includes 1/6 classes (16.7%) versus 1/12 (8.3%) in USC-HAD, and B-CIL2 includes 2/6 (33.3%) versus 2/12 (16.7%). Greater overlap reinforces previously learned representations, reducing catastrophic forgetting.

VII. DISCUSSION

A. Answers to Research Questions

1) *RQ1: Which CL methods are most effective in B-CIL scenarios for IMU-based HAR?*: In both UCI-HAR and USC-HAD datasets, replay-based methods generally outperformed regularization-based methods in B-CIL scenarios. This finding aligns with previous research in CIL scenarios [18], which also reported the superiority of replay-based methods. Among the replay-based method, ASER consistently achieved the highest final average accuracy across both datasets and all B-CIL scenarios.

2) *RQ2: How does the degree of class overlap affect the performance of CL methods in B-CIL scenarios?*: Increasing

the degree of class overlap in B-CIL scenarios positively impacted the performance of CL methods. As the number of overlapping classes increased from B-CIL1 to B-CIL2, there was a notable reduction in forgetting and an improvement in final average accuracy across most CL methods. In addition, the higher the proportion of overlapping classes relative to existing classes, the more pronounced the improvement in accuracy when classes overlap.

B. Limitations and Future Work

1) *Expansion to other datasets and algorithms*: In this study, we used the UCI-HAR and USC-HAD datasets to evaluate the performance of continual learning algorithms in B-CIL scenarios. A limitation of this study is that it considered only two datasets. In the future, we will extend this research to other human activity datasets to examine how the number and order of overlapping classes affect model accuracy.

To the best of our knowledge, no existing studies have applied a B-CIL scenario to time-series data. CIL has been explored not only for IMU data but also for other types of time-series data, such as electromyography (EMG) signals [35]. In the future, we plan to extend the B-CIL setting to other types of time-series data.

As a continual learning methods, we selected four regularization-based methods (LwF, EWC, MAS, SI) and five replay-based methods (ER, ASER, DER, FastICARL, GR). In our study, parameter isolated methods such as Progressive Neural Networks (PNN) [36] were not considered. We will include such parameter isolation methods in our future studies.

2) *More various blurry scenarios*: In this study, we trained and updated the model using batch learning. In real-world applications, data often arrives in a streaming format. As a future work, it is necessary to evaluate the performance

of online continual learning [20], where the model is updated as data arrives in a streaming manner, under Blurry CIL scenarios.

In this study, we applied the Blurry problem setting to Class Incremental Learning (CIL). In contrast, Blurry problem settings can also be applied to Domain Incremental Learning (Domain IL) [37], [38], where the domain changes rather than the classes. As a future work, it is necessary to apply the Blurry problem setting to Domain IL and evaluate its effectiveness.

VIII. CONCLUSION

This study introduced the B-CIL scenario for IMU-based HAR, addressing a previously overlooked challenge in continual learning. Through comprehensive experiments on two benchmark datasets, we demonstrated that replay-based methods are particularly effective in mitigating catastrophic forgetting under the B-CIL scenario. Our analysis further highlights the positive impact of class overlap on model stability and accuracy, offering new insights into designing robust incremental learning systems for real-world HAR applications. Future work will focus on extending these findings to diverse datasets and exploring online and streaming settings to better reflect practical deployment scenarios.

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