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# PROCEDURAL ERRORS IN ENDODONTICS

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- Procedural accidents are also called **endodontic mishaps** and are done by the dentist. They are classified into:

## 1. Inadequately cleaned RC systems

- Loss of WL:

<b>Causes</b>	Rapid increase in file size   accumulation of debris in apex   lack of attention to detail   changing reference points
<b>Correction</b>	Frequent recapitulation   Copious irrigation with NaOCl   WL verification   Prevent skipping sizes   Reliable reference points

- Canal blockage:

<b>Prevention</b>	Remove all unsupported tooth structure   Straight line access   Use instruments in wet canal   Place good temporary filling
<b>Correction</b>	Use EDTA with NaOCl   Use ultrasonic to dislodge dentinal debris   Otherwise, obturate to the level of blockage but patient must be asymptomatic with no endodontic/periodontal problems.

- Ledging: Internal transportation of the canal which prevents positioning of an instrument to the apex in an otherwise patent canal.

<b>Correction</b>	Bypass the ledge with smaller instrument   Maintain apical foramen patency   Use NiTi instruments
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- Missed canal:

<b>Prevention</b>	Knowledge of the anatomy will prevent this mishap. <u>Canals can be located by:</u> Magnification   Surgical Microscopes   Correct access   Ultrasonic   Dyes   NaOCl   “Champagne Test”
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## 2. Instrument breakage (separation)

- Broken instrument in a root filled tooth with necrotic pulp has a poor prognosis.
- If the instrument breaks in the later stages of debridement and closer to apex, prognosis is better than in undebrided canal short or beyond the apex.
- The real cause of failure is in the chance of instrument impeding mechanical debridement

<b>Prevention</b>	Use stainless steel, NiTi files   Small sizes should be used 1—2 times   Examine each file before use   Use files in sequence   Never force   work in wet canal   Do not excessively rotate the file
<b>Correction</b>	File bypass technique   Use Gates Glidden bur and endosonics to dislodge the instrument   If cannot be removed, incorporate in the filling.

### 3. Deviation from normal canal anatomy

- Zipping: Transportation of the apical portion of the canal

<b>Causes</b>	No pre-curving of files   forcing of instrument in a curved canal   large stiff instruments in a curved canal.
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- Lateral wall perforation-stripping: due to over-instrumentation through a thin wall

<b>Prevention</b>	Pre-curve the files   modify the files – remove the flutes   anti-curvature filing
<b>Correction</b>	Very difficult & success rate and repair is not predictable   done surgically or non-surgically   $\text{Ca}(\text{OH})_2$ can be used as a barrier against which to pack filling material

- Canal transportation: Moving the apical foramen to a new location on external root surface

<b>Correction</b>	Use a biocompatible material (like <b>MTA</b> ) as a barrier against which obturation is packed
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### 4. Inadequate canal preparation

- Over instrumentation
- Over preparation

<b>Prevention</b>	Avoid excessive removal of tooth structure as teeth become more weak and are subject to fracture during compaction
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- Under preparation: failure to remove pulp tissue, dentinal debris, and micro-organism.

<b>Prevention</b>	Appropriate root canal shaping   Follow principles of WL determination and Biomechanical preparation
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### 5. Obturation-Related

- Underfilling (under-obtured): Inadequate removal of infected necrotic tissue remains. → In teeth with periapical pathosis, bacteria get colonized around the apex. → constant infection in the root canal → poor prognosis

- Overfilling (over-obtured):

<b>Causes</b>	Over-instrumentation   Wrong WL Determination   Incomplete root apex formation   Resorption   Improper reference points
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- Pushing the debris into PA spaces may cause a foreign giant cell reaction and act as a foreign body which supports formation of biofilm.
  - Biofilm is accumulation of micro-organisms embedded in self-produced extracellular polysaccharide matrix adherent to solid surface

### 6. Vertical Root Fracture

<b>Prevention</b>	Avoid weakening the wall   Minimize internal wedging forces   Reduce compaction forces while obturation
<b>Correction</b>	Extraction   Hemi-sections or root resections can be tried.

### 7. Instrument Aspiration

<b>Prevention</b>	Rubber dam   Tie instruments with floss
<b>Correction</b>	High evacuation suction tip   Haemostats or cotton pliers   Radiograph of chest and abdomen   Heimlich manouver

## 8. Perforations: mechanical or pathologic communication between root canal and external tooth surface

- **Categories**
  - Coronal
  - Mid-root
  - Apical
  - Post space perforations – usually happens due to poor clinical judgment and improper orientation of the drill.
- **Recognized by**
  - Radiograph
  - Paper-point
  - Appearance of bleeding
  - Patient feels instrument touching periodontal tissue
- **Repair depends on**
  - Location of perforation

Coronal Root Perforation	Coronal to level of epithelial attachment and crestal bone	<b>Good prognosis</b>
Crestal Root Perforation (Critical Zone)	At level of epithelial and crestal bone At furcation	<b>Poorest prognosis</b> (epithelial migration and pocket formation)
Apical Root Perforation	Apical to crestal bone and epithelial attachment	<b>Good prognosis</b> (since effective chemo-mechanical preparation is possible)

- Size
  - Visibility and accessibility
  - Time
  - Associated periodontal status and importance of teeth
- **Materials used**
    - Amalgam | IRM | SuperEBA | GIC | Hydroxy apatite
    - **Contains hemostatic:** Ca(OH)<sub>2</sub> | CaSO<sub>4</sub> | Freeze dried bone | **MTA**

Material of Choice in Perforations: <b>MTA</b>	
<b>Ingredients</b>	Tricalcium Silicate   Dicalcium Silicate   Tricalcium Aluminate   Tetracalcium Aluminaferite   Calcium Sulfate   Bismuth Oxide
<b>Properties</b>	<ul style="list-style-type: none"> <li>- <b>Setting:</b> Hydrophilic – requires moisture to set</li> <li>- <b>Consistency:</b> Brick hard</li> <li>- <b>Biocompatibility:</b> No inflammatory response, induce cementogenesis and bone deposition.</li> </ul>
<b>Procedure</b>	Isolation perforation site by using rubber dam then drying the area → mix and prepare MTA → use a carrier to deposit MTA into site → Condense → While placing MTA, keep a file in canal to maintain patency, move the file up and down to prevent file from getting frozen in MTA → Seal pulp chamber → Next appointment, obturate the canal normally.