## Task 8 Report: Working and understanding VPN

## **Objective**

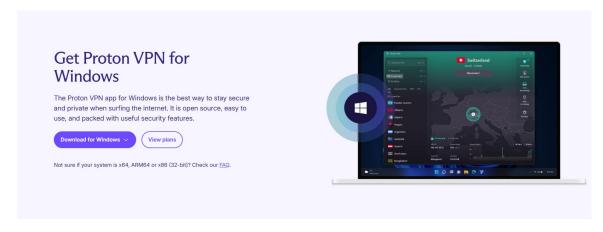
To understand the role of Virtual Private Networks (VPNs) in protecting online privacy and enabling secure communication.

### **Tools Used**

- ProtonVPN (Free Tier)
- Windscribe VPN (Free Version)
- Website: https://whatismyipaddress.com

## **VPN Setup Steps**

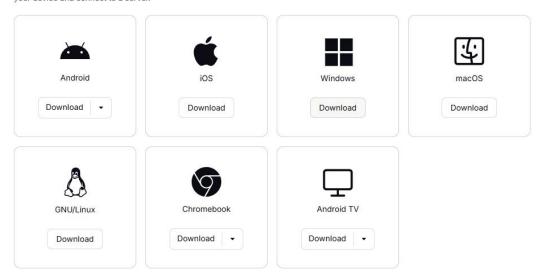
1. Selected ProtonVPN for its no-log policy and strong reputation in the cybersecurity community.

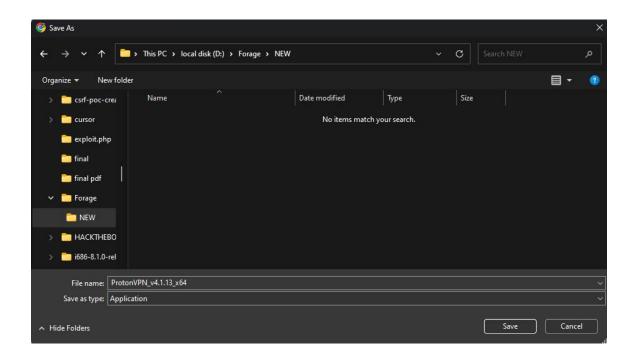


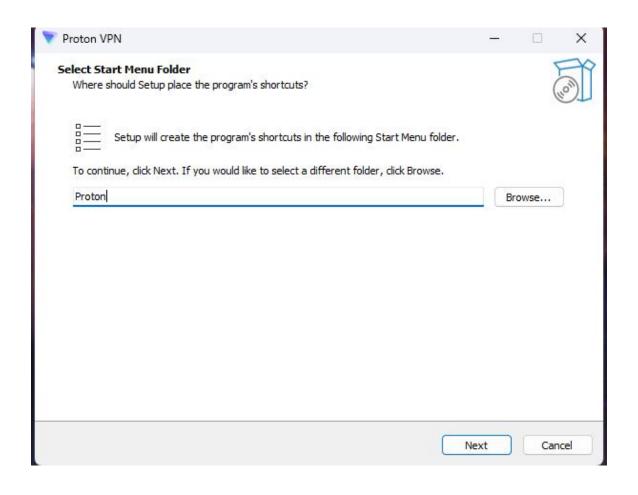
2. Downloaded the ProtonVPN client from the official website and installed it on a Windows system.

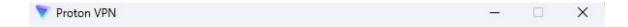
### **Proton VPN clients**

To secure your internet connection, download and install the Proton VPN application for your device and connect to a server.









# Proton VPN is ready to be installed

Select other Proton apps to install. These services are included in your plan.

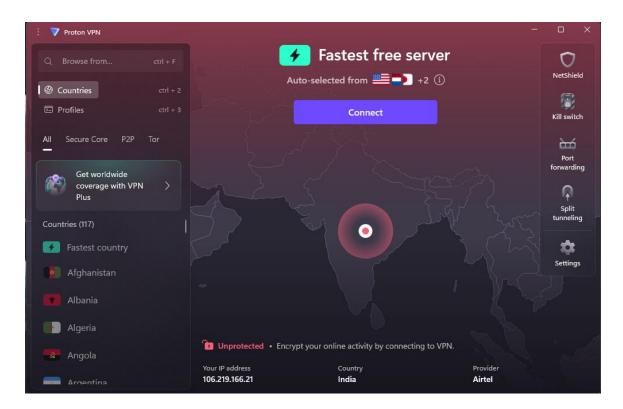


3. Launched ProtonVPN, signed in, and connected to the nearest server for optimal speed and stability.

Back

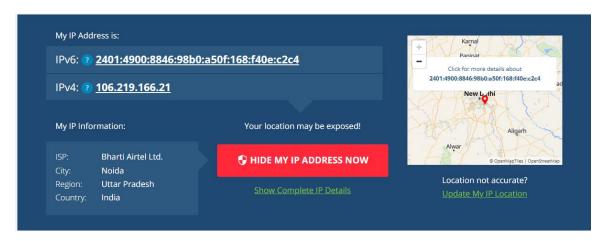
Install

Cancel

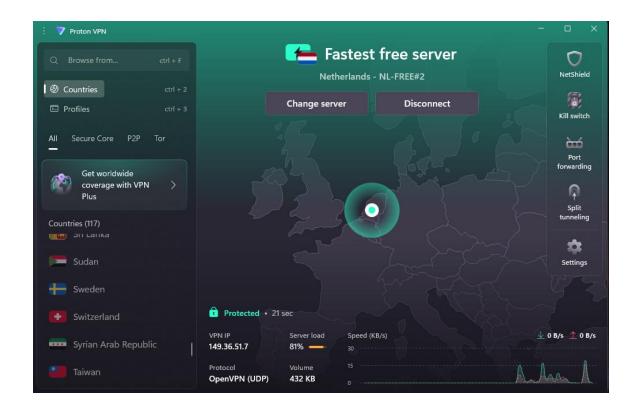


4. Verified IP address before and after connection using whatismyipaddress.com. IP changed from India to a Netherland-based IP.

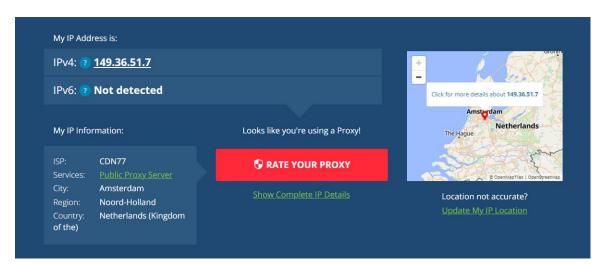
#### Before:



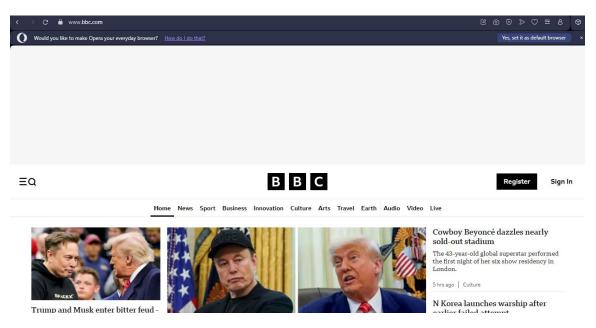
### **Connecting VPN:**



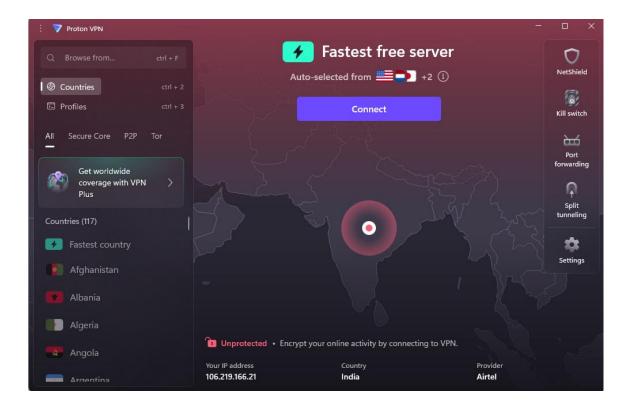
#### After:



5. Visited websites like https://www.whatsapp.com/ and https://www.bbc.com to ensure HTTPS (encrypted traffic) was in use.



6. Disconnected from VPN, confirmed return to original ISP IP address, and observed slight increase in browsing speed.



## **VPN Encryption & Privacy Research**

- VPNs use protocols such as OpenVPN, IKEv2, or WireGuard to encrypt traffic.
- Encryption strength can go up to AES-256, protecting data from sniffing and interception.
- No-log policies ensure user activity isn't stored.
- VPNs help bypass geo-blocks, prevent ISP tracking, and provide Wi-Fi security in public networks.

#### **Benefits of VPNs**

- ✓ Protects privacy by masking IP address
- ✓ Encrypts traffic to prevent eavesdropping
- Adds security on public Wi-Fi

#### **Limitations of VPNs**

- X Can reduce browsing speed
- X Free versions may have limited server access or bandwidth
- X Doesn't protect from malware or phishing attacks by itself
- X Some websites block VPN IPs

# **Deliverables**

- $\ensuremath{\mathscr{Q}}$  VPN setup successfully tested and documented
- ee IP address change confirmed with screenshots
- $\checkmark$  Summary of encryption and VPN features included