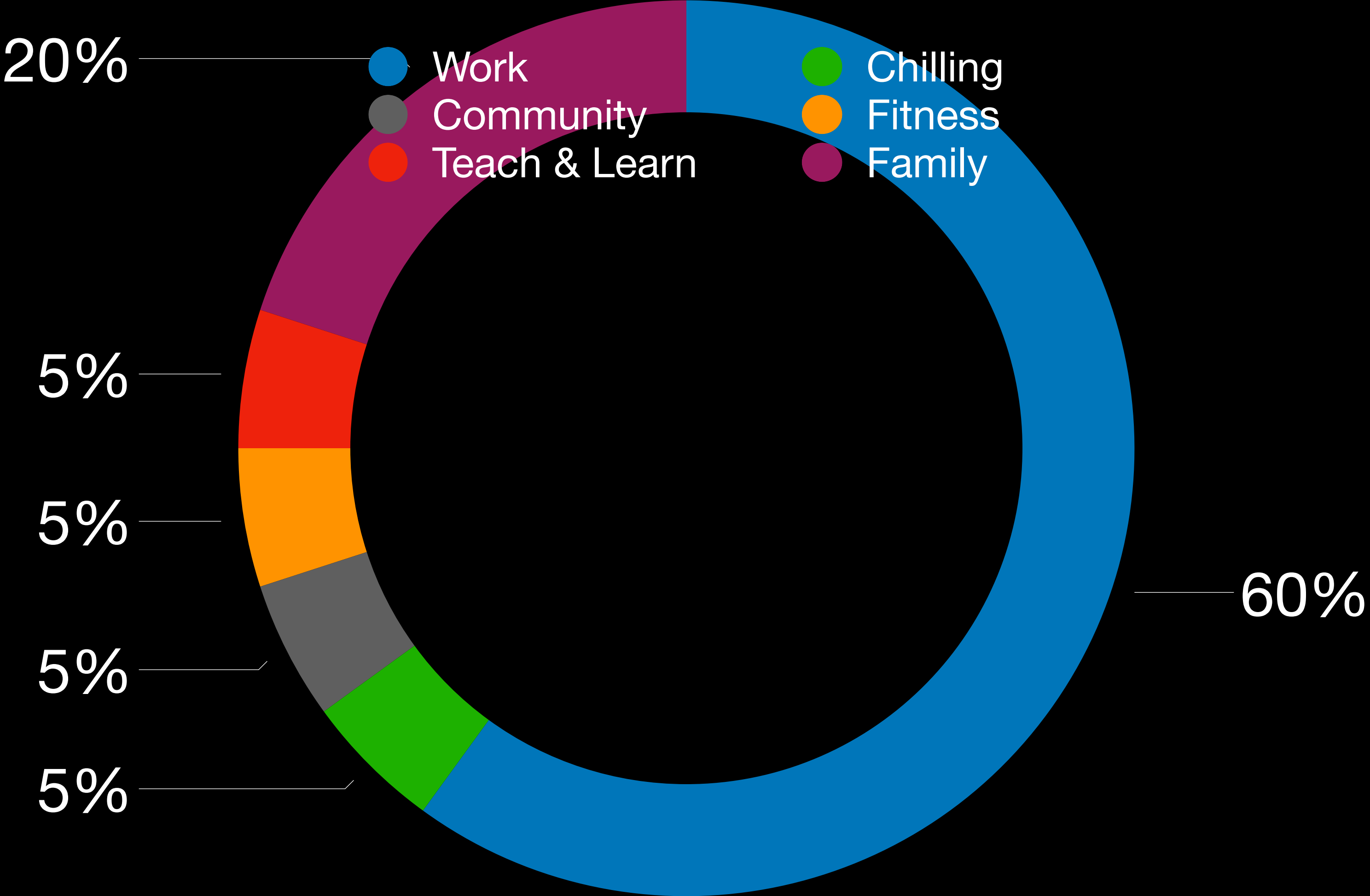


# Personal Time Portfolio

An example of 30's



# How to invest your time?

- Small potions lead to big impact
  - Community & volunteer activities
  - Teaching & learning
  - Fitness
- Effectiveness
  - Use multi-tasking appropriately - possible if tasks are mundane
- Work-life balance
  - Proactive time shifting — Collision between life and family