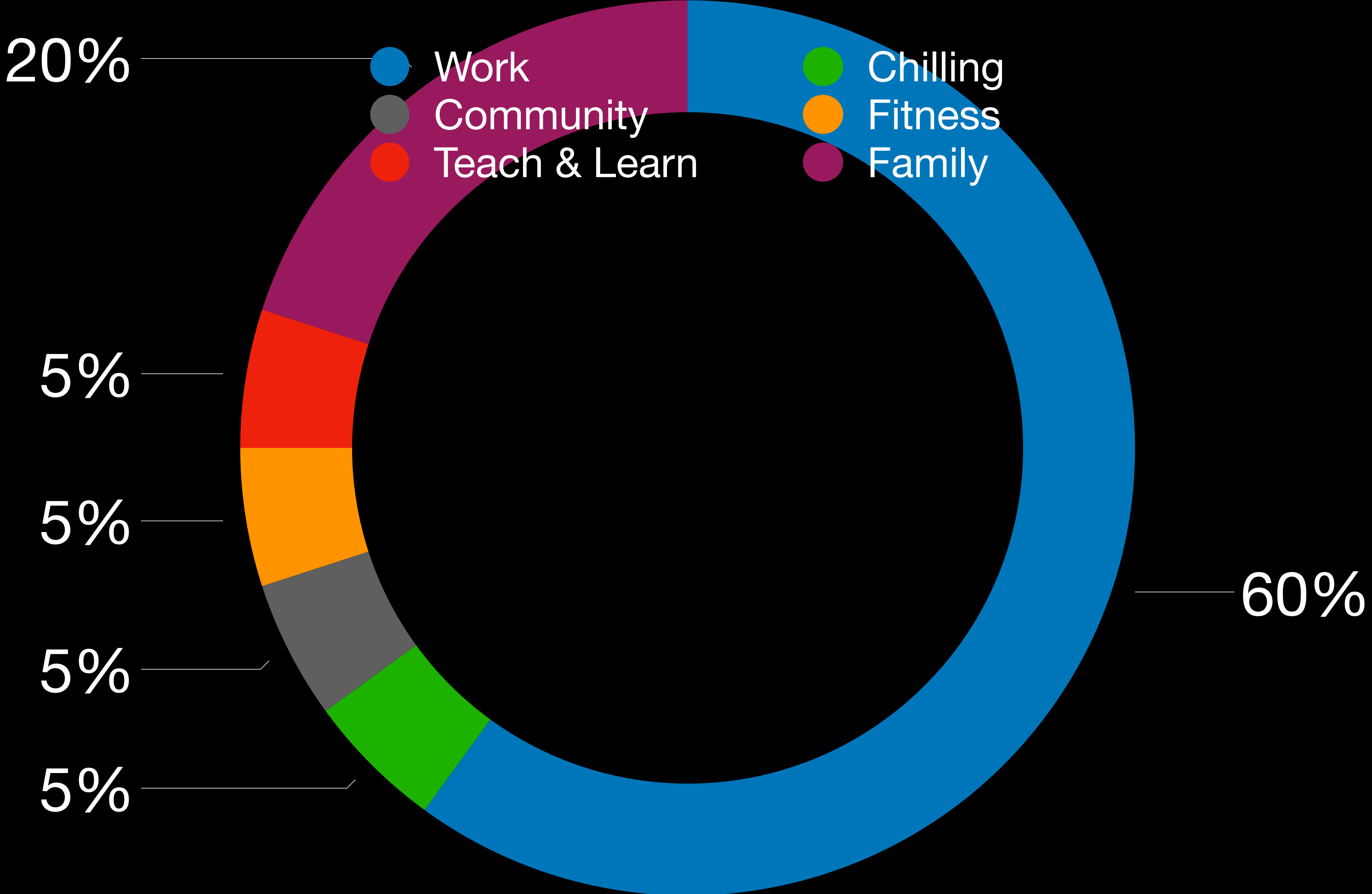


Personal Time Portfolio

An example of 30's



How to invest your time?

- Small potions lead to big impact
 - Community & volunteer activities
 - Teaching & learning
 - Fitness
- Effectiveness
 - Use multi-tasking appropriately - possible if tasks are mundane
- Work-life balance
 - Proactive time shifting — Collision between life and family