Simple Design
Keep the design weight of the code as small as practical

- Kent Beck's rules

  - Pass all the tests

  - Reveal the intent

  - Remove duplication

  - Decrease elements

- The cognitive load of understanding the design is design weight

Pair Programming

- Two people work together on a single programming problem

  - Driver + Navigator

  - Ping-Pong: write test and past test

  - Co-equal authors in a cooperative manner

- Not scheduled, short-lived

- Spread knowledge

  - Junior and Senior

  - From different specialities