Standup Meetings

- Focus on 4 questions

  - What did I do since the last meeting?

  - What will I do until the next meeting?

  - What is in my way?

  - Whom do I want to thank?

- Practices

  - the meeting is optional

  - can be less often than daily

  - should take ~ 10 mins

  - follow a simple formula

  - only developers should speak at the standup

Chapter 5: Technical Practices