Orientation-Aware Model Predictive Control with Footstep Adaptation for Dynamic Humanoid Walking

Yanran Ding, Charles Khazoom, Matthew Chignoli and Sangbae Kim

Abstract—This paper proposes a novel model predictive control (MPC) for humanoid locomotion that reasons about orientation dynamics and footstep placement in a unified optimization framework. This work employs the augmented single rigid body model (aSRBM) to enable the MPC to leverage stepping strategy and orientation dynamics simultaneously, hence the name orientation-aware MPC (OA-MPC). Since step location is part of the decision variables, this MPC ensures that foot placement satisfies the kinematic reachability constraint and conforms to terrain slope. The OA-MPC produces the desired body pose, ground reaction wrench, and foot swing targets that are tracked by a task-space controller (TSC), which utilizes the full-order dynamics of the humanoid and authorizes arm movements. The proposed control framework is suitable for real-time execution since both MPC and TSC are transcribed as quadratic programs. Simulation investigations show that the OA-MPC is more robust against external torque disturbance compared to controllers using the point mass model, especially when the torso undergoes large angular excursion. The OA-MPC also enables the MIT Humanoid to traverse the wave field.

I. INTRODUCTION

The ability to resist unforeseen external disturbance is one of the most critical considerations for bipedal walking. Humanoid robots should leverage multiple recovery strategies, including rapidly planning footstep locations and utilizing torso angular dynamics, to sustain stable walking. However, the periodic switching of foot contact renders the dynamics hybrid [1], complicating the controller design. Furthermore, foot underactuation and ground contact constraints impose strict limits on the set of feasible reaction wrench the ground can provide. In general, it is challenging to enable a foot-underactuated humanoid robot to simultaneously leverage multiple recovery strategies while fulfilling various constraints in real-time.

The problem of bipedal locomotion has been widely studied for decades. Hybrid zero dynamics (HZD) approach was proposed to generate stable bipedal walking gait [2]. Large-scale trajectory optimizations with the full-order robot model are used to search for locally attractive periodic orbits, which are tracked online by feedback controllers. In practice, the walking gait of the robot can become unstable when the deviation from the nominal trajectory exceeds local validity, for example, when the robot is undergoing large disturbances. Recent research in HZD-based control has tried to address this issue of stability under disturbances by finding many periodic orbits and switching between them as the robot is

The authors are with the Department of Mechanical Engineering at the Massachusetts Institute of Technology, MA - 02139, USA. email: {yanran, ckhaz, chignoli, sangbae}@mit.edu

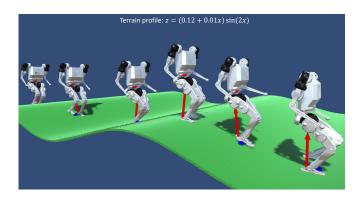


Fig. 1. Snapshots of the MIT Humanoid traversing a wave field. The red arrows show the ground reaction force, and the blue dots on the terrain indicate the desired footstep locations, both of which come from solving the MPC problem.

perturbed [3]. However, finding the set of periodic orbits that can account for the many different disturbances the robot may experience quickly becomes intractable.

In contrast to the full-dimensional model of the robot, reduced order models (RoM) are low degree-of-freedom (DoF) representations of the original high DoF systems [4]. RoMs capture the dominant dynamical effect of the original system but with lower computational cost. This makes them useful for the planning and control of high-DoF legged robots [5]. The Linear Inverted Pendulum Model (LIP) [6] has been widely used for bipedal walking control, where the robot is treated as a point mass moving with constant height. Leveraging the analytical solutions of LIP, center of mass (CoM) trajectories can be synthesized from Zero Moment Point (ZMP)-based control methods [7]. In addition to the horizontal CoM motion, the step location is included as part of the decision variables for footstep adaptation in a walking motion generator using linear Model Predictive Control (MPC) [8]. Based on LIP, the concept of divergent component of motion (DCM) [9] is extended in [10] to enable bipedal walking with step adjustment on uneven terrains. Combined step location and timing adaptation strategy is also explored in [11], [12]. For robots without actuated ankle, LIP has also been used to approximate the horizontal CoM dynamics at step-level for designing effective dynamic walking behaviors [13], [14]. While the LIP provides closed-form solutions and theoretical guarantees, LIP-based approaches often assume small angular excursion and centroidal momentum that can be regularized by the lowlevel controller. Few exceptions use the LIP with flywheel model to approximate the inertial effect of the torso and limbs [15], [16].

More expressive Single Rigid Body model has been widely used for quadruped control [17], [18], and recently adopted in an MPC-based humanoid controller [19], which can leverage torso rotation for stable walking. The commonality of these MPC controllers is that they all rely on a footstep strategy that is external to the optimization. However, a framework that unifies stepping strategy and expressive dynamic model has not yet been extensively explored. Recent work [20] presents a nonlinear centroidal MPC framework with step adjustment capability on iCub. Nevertheless, the presence of local minima and relatively low control frequency could pose challenges for real-time dynamic locomotion.

The main contribution of this work is an Orientation-Aware MPC (OA-MPC) humanoid controller that leverages 3-dimensional orientation dynamics and footstep placement in a unified optimization framework. We proposed the augmented single rigid body model (aSRBM), which is linearized to enable the optimization problems to be formulated as convex quadratic programs (QP) [21] for real-time execution. Our simulation results show that the OA-MPC can adapt body rotation and step location simultaneously to withstand higher angular disturbances compared to a hallmark walking pattern generator and a state-of-the-art LIP-based stepping controller.

The remainder of the paper is organized as follows. Section II provides the necessary background; Section III details the components for the MPC-based control strategy; Section IV exhibits the results of simulation studies and Section V presents the concluding remarks and possible future work.

II. BACKGROUND

A. Hybrid Dynamics Model

In this work, the humanoid is assumed to walk with the single support phase for simpler contact schedule. Hence, the humanoid system dynamics is considered a single domain hybrid system. The continuous dynamics concern the rigid body dynamics, and the discrete jump captures the instantaneous change at touchdown. The hybrid system Σ is defined as

$$\Sigma : \begin{cases} \dot{\boldsymbol{x}} = \boldsymbol{f}(\boldsymbol{x}, \boldsymbol{u}), t \notin \mathcal{S}, \\ \boldsymbol{x}^+ = \Delta(\boldsymbol{x}^-), t \in \mathcal{S}, \end{cases}$$
(1)

where the continuous-time dynamics is $\dot{x} = f(x, u)$; the discrete transition $x^+ = \Delta(x^-)$ maps the state x^- to x^+ on the guard of the hybrid system S.

B. Humanoid Model

The MIT Humanoid [22] is a 24 kg robot with high torque density and high bandwidth control capability. The humanoid model has 24 degrees of freedom (DoF), with 18 actuated DoFs (5 DoFs for each leg and 4 DoFs for each arm) and the floating base coordinate. The robot configuration is described by $q = [q_b^\top, q_a^\top]^\top$, where q_b is the unactuated torso pose and q_a is the configuration of the actuated joints. The standard dynamic equations of motion are

$$H(q)\ddot{q} + C(q, \dot{q}) = S_a^{\top} \tau + J_c^{\top}(q)u, \qquad (2)$$

where $\boldsymbol{H} \in \mathbb{R}^{n \times n}$ is the mass matrix; $\boldsymbol{C}(\boldsymbol{q}, \dot{\boldsymbol{q}})$ incorporates the centripetal, Coriolis and gravitational terms; $\boldsymbol{u} \in \mathbb{R}^6$ is the ground reaction wrench (GRW) and $\boldsymbol{J}_c \in \mathbb{R}^{6 \times n}$ is the corresponding contact Jacobian matrix. The matrix $\boldsymbol{S}_a = [\boldsymbol{0}^{18 \times 6}, \boldsymbol{1}^{18 \times 18}]$ is the selection matrix for the actuated joint torque vector $\boldsymbol{\tau} \in \mathbb{R}^{18}$. The humanoid model is constructed using Spatial_V2 [23] with rotor inertia, and will be used for rigid body dynamics simulation and task-space control in Section III-I.

C. Single Rigid Body Model

In this work, the RoM for the MIT humanoid is chosen to be the SRBM, which can model both translational and rotational dynamics. Thanks to the design effort to place the heavy actuators close to the torso [22], the dominant dynamical effect can be captured by the SRBM dynamics

$$\ddot{\boldsymbol{p}}_c = \frac{1}{M} \sum_i \boldsymbol{F}_i + \boldsymbol{a}_g, \tag{3a}$$

$$\frac{d}{dt}(\boldsymbol{I}\boldsymbol{\omega}) = \sum_{i} \boldsymbol{r}_{i} \times \boldsymbol{F}_{i} + \boldsymbol{m}_{i}, \tag{3b}$$

$$\dot{\mathbf{R}} = \boldsymbol{\omega} \times \mathbf{R},$$
 (3c)

where M is the lumped mass and \mathbf{I} is the inertial tensor expressed in the world frame; $\mathbf{a}_g = [0,0,-g]^{\top}$ is the gravitational acceleration vector; $\mathbf{p}_c \in \mathbb{R}^3$ is the CoM location; $\mathbf{R} \in SO(3)$ is the rotation matrix; $\boldsymbol{\omega}$ is the angular velocity expressed in the body frame; \mathbf{r}_i is the vector from CoM to the i^{th} contact point; The contact foot produces the ground reaction wrench (GRW) $\boldsymbol{u} = [\mathbf{F}^{\top}, \boldsymbol{m}^{\top}]^{\top}$, which consists of force and moment. The SRBM will be modified and used for MPC in the following section.

III. HUMANOID CONTROL

This section details the components of the proposed orientation-aware MPC-based control framework for dynamic humanoid walking.

A. Augmented SRBM

To enable the MPC to reason about foot placement, the SRBM state is augmented with the current step location, and the dynamics become

$$\dot{\boldsymbol{x}} = \frac{\mathrm{d}}{\mathrm{d}t} \begin{bmatrix} \boldsymbol{p}_c \\ \dot{\boldsymbol{p}}_c \\ \boldsymbol{\Theta} \\ \dot{\boldsymbol{\Theta}} \\ \boldsymbol{c} \end{bmatrix} = \begin{bmatrix} \dot{\boldsymbol{p}}_c \\ M^{-1}\boldsymbol{F} + \boldsymbol{a}_g \\ \dot{\boldsymbol{\Theta}} \\ \boldsymbol{I}^{-1}(\boldsymbol{r} \times \boldsymbol{F} + \boldsymbol{m}) \\ \boldsymbol{0} \end{bmatrix}, \tag{4}$$

where $\Theta \in \mathbb{R}^3$ is the roll-pitch-yaw angle representation of the robot torso, where its time derivative is $\dot{\Theta}$; $r=c-p_c$ is the vector from CoM to the current step location, where $c \in \mathbb{R}^3$ is the current step location, and it remains stationary during stance.

B. Discrete Linear Dynamics

To make the final optimization program convex for the real-time requirement, linearization needs to be performed on the nonlinear dynamics (4). One option is to linearize around the reference trajectory, which is a widely adopted technique. Nevertheless, it is possible that the linearized dynamics lose validity when the robot deviates too much from the reference under persisting disturbances, which is the focus of this work. An alternative is to linearize around the current state and control (operating point). This linearization method provides valid approximation of the dynamics even when the current state is far from the reference. Empirical results suggest that linearization around the operating point can provide more robust behaviors when a quadruped is under large disturbances [24].

The nonlinear dynamics is linearized around the operating point, and the forward Euler integration scheme is employed to obtain the discrete linear dynamics

$$\boldsymbol{x}_{k+1} = \boldsymbol{A}\boldsymbol{x}_k + \boldsymbol{B}\boldsymbol{u}_k + \boldsymbol{d}, \tag{5}$$

where the subscript $k = 0, \dots, N-1$ indexes the time step within the prediction horizon N of the MPC. The matrices A, B, d are defined as follows

$$\mathbf{A} = \mathbf{1} + T_s \cdot \frac{\partial \mathbf{f}}{\partial \mathbf{x}} \Big|_{t} \in \mathbb{R}^{n \times n},$$

$$\mathbf{B} = T_s \cdot \frac{\partial \mathbf{f}}{\partial \mathbf{u}} \Big|_{t} \in \mathbb{R}^{n \times m},$$

$$\mathbf{d} = T_s \cdot \mathbf{f}(\mathbf{x}_t, \mathbf{u}_t) - \mathbf{A}\mathbf{x}_t - \mathbf{B}\mathbf{u}_t \in \mathbb{R}^n,$$
(6)

where the subscript $(\cdot)|_t$ indicates linearization at the current time; T_s is the prediction time step; 1 is the identity matrix; $\boldsymbol{x}_t, \boldsymbol{u}_t$ are the state and control vector at the current time, where \boldsymbol{u}_t is computed at the previous iteration and applied at the current time.

C. Footstep Placement

The main contribution of this work is an MPC framework that can reason about body orientation and foot placement in a unified optimization framework. Equation (5) describes the dynamical effect of ground reaction wrench \boldsymbol{u} . With the augmented SRBM, the effect of taking a step $\delta \boldsymbol{c}$ on the dynamics can be quantified as $\boldsymbol{A}_c \delta \boldsymbol{c}$, where the stepping vector $\delta \boldsymbol{c}$ is part of the optimization variables. The matrix $\boldsymbol{A}_c \in \mathbb{R}^{15 \times 3}$ is a sub-matrix that equates the last three columns of \boldsymbol{A} , which characterizes the effect of taking a step $\delta \boldsymbol{c}$ on the dynamics.

Since the robot is assumed to walk with only single support phase, the step location c can be considered to jump instantaneously at the touchdown event. Since the SRBM assumes no leg mass and inertia, the only discrete transition is $c^+ = c^- + \delta c$, where $\delta c \in \mathbb{R}^3$ is the stepping vector. The stepping vector δc appears in the dynamics equation at the time step when a contact switch is scheduled. To encode this discrete transition, a boolean vector $\eta \in \{0,1\}^N$ is introduced, where $\eta_k = 1$ indicates a scheduled step and $\eta_k = 0$ otherwise. The boolean vector η is determined by

the gait schedule, which has fixed timing in this work. The final form of discrete linear dynamics is

$$x_{k+1} = Ax_k + Bu_k + d + \eta_k A_c \delta c, \tag{7}$$

which can reason about the effect of both GRW u and footstep placement δc simultaneously.

D. Kinematic Constraints

One advantage of having footstep location as part of the optimization variable is that kinematic constraints can be naturally enforced. The step size is bounded to prevent the robot from taking too large a step,

$$|\delta \mathbf{c}| \le \delta \mathbf{c}_{max},\tag{8}$$

where $|\cdot|$ takes the absolute value element-wise. Furthermore, leg over-extension is prevented by imposing constraints on r, the vector from the CoM to the step location. At time step k, $r_k = c + \delta c - p_{c,k}$ is bounded by

$$|\mathbf{r}_{k}^{x/y}| \le r_{max}^{x/y} + (1 - \eta_{k}) \cdot M_{b}, k = 1, \dots, N_{le},$$
 (9)

where $r_{max}^{x/y}$ is the maximum displacement projected on the ground plane; η_k is the binary indicator as in (7); M_b is a sufficiently large positive number such that constraint (9) is only activated when the robot is scheduled to take a step $(\eta_k = 1)$. In practice, (9) is imposed for a few steps $N_{le} < N$, where the state prediction from the linearized model is reasonably accurate.

E. Uneven Terrains

In addition to imposing the kinematic limit, having δc as part of the decision variables allows the MPC to negotiate sloped terrains. Suppose the terrain nearby the stance foot can be approximated by a plane \mathcal{P} , then the following linear equality can be imposed on the new step location

$$c + \delta c \in \mathcal{P} := \{c \in \mathbb{R}^3 | A_{\mathcal{P}} \cdot c = b_{\mathcal{P}}\},$$
 (10)

where c is the current step location; $A_{\mathcal{P}}, b_{\mathcal{P}}$ parametrizes the plane approximation of the terrain around c. The terrain approximation plane \mathcal{P} can be updated iteratively, e.g. when the humanoid makes new contacts with the ground, or when vision information has been processed. This flexibility allows the controller to traverse uneven terrains, such as the case shown in Fig. 1, where the MIT humanoid traverses a wavefield.

F. Line-Foot Contact

The MIT Humanoid has under-actuated feet that make line contacts with the ground. For completeness, this section briefly goes through the derivation of the contact wrench cone (CWC) for line contact, which is a special case in [25]. The stance foot can generate a contact wrench except the roll moment in the foot frame $\{F\}$, and the CWC constraints of line-contact have to respect the following,

$$m_{x} = 0,$$

$$0 \le F_{z} \le F_{z}^{max},$$

$$|F_{x/y}| \le \mu \cdot F_{z},$$

$$-F_{z} \cdot l_{t} \le m_{y} \le F_{z} \cdot l_{h},$$
(11)

where μ is the coefficient of friction; l_h and l_t are the lengths from the origin of $\{F\}$ to the heel and toe, respectively; F_z^{max} is the maximum vertical ground reaction force; To derive the constraints on m_z , consider the GRW was instead produced by two point forces at the heel F^h and toe F^t . Solving the following equations

$$F_{y} = F_{y}^{h} + F_{y}^{t}, m_{y} = F_{z}^{h} \cdot l_{h} - F_{z}^{t} \cdot l_{t},$$

$$F_{z} = F_{z}^{h} + F_{z}^{t}, m_{z} = F_{y}^{t} \cdot l_{t} - F_{y}^{h} \cdot l_{h},$$
(12)

and plugging the solutions of $F_y^h, F_y^t, F_z^h, F_z^t$ in the friction constraint $|F_{x,y}^{h/t}| \leq \mu F_z^{h/t}$, one can derive the linear inequality constraints on m_z . Collecting all linear inequalities related to line-foot contact to matrices \boldsymbol{A}_{cwc} and \boldsymbol{b}_{cwc} , the CWC set $\mathbb U$ can be defined as

$$\mathbb{U} := \{ \boldsymbol{u} \mid \boldsymbol{A}_{cwc} \cdot {}^{F} \boldsymbol{u} \le \boldsymbol{b}_{cwc} \}, \tag{13}$$

where the left superscript $^F(\cdot)$ indicates variables expressed in the foot frame.

G. Cost Function

The MPC cost function $\ell({m x},{m u})$ is defined as follows

$$\ell(\boldsymbol{x}, \boldsymbol{u}) = ||\boldsymbol{x}^d - \boldsymbol{x}||_Q^2 + ||\boldsymbol{u}^d - \boldsymbol{u}||_R^2 + ||\boldsymbol{c}^d - \boldsymbol{c} - \delta \boldsymbol{c}||_{R_c}^2, (14)$$

where the norm $||z||_M^2 = \frac{1}{2} z^\top M z$ is the quadratic norm weighted by the matrix M; the superscript $(\cdot)^d$ indicates the desired values; the reference state x^d is a function of the current state and the velocity commands in the x,y and yaw directions; the reference ground reaction force u^d points from the stance foot to the CoM, with its vertical force component equal to the total weight.

The proposed MPC framework is flexible in the sense that prior work can be incorporated into the cost function. For instance, the stepping controllers such as capture point [26] and Step-to-Step dynamics-based stepping [13], [14] can be taken as the reference foot placement c^d in (14). Since the reference enters the cost term as regulatory terms, the MPC retains the flexibility to optimize the footstep location depending on the current state.

H. Convex MPC Formulation

The cost function and the linear constraints from the previous sections are summarized into the convex MPC, which is transcribed as an optimization problem,

min.
$$\gamma^{N}\ell_{N}(\boldsymbol{x}_{N}) + \sum_{k=0}^{N-1} \gamma^{k}\ell_{k}(\boldsymbol{x}_{k}, \boldsymbol{u}_{k})$$
s.t. discrete linear dynamics: (7)
kinematic constraints: (8)(9)
step location constraint: (10)
line-contact constraint: $\boldsymbol{u}_{k} \in \mathbb{U}$, (13)
 $\boldsymbol{x}_{0} = \boldsymbol{x}(t)$,

where the final and stage costs follows the expression described in (14); the discrete linear dynamics and other constraints are defined in (7-10,13). $x_0 = x(t)$ is the initial condition. The decay rate $\gamma \in (0,1)$ is a parameter that

alleviates the inaccuracy induced by the linearized SRBM dynamics, since more discount is placed on predicted state and control towards the end of the prediction horizon.

The convex MPC formulation (15) can be transcribed into a QP. Its optimization variable vector is a concatenation of the predicted control and state within the prediction horizon [27], plus variables that represent step location change

$$[\boldsymbol{u}_0^{\mathsf{T}}, \boldsymbol{x}_1^{\mathsf{T}}, \cdots, \boldsymbol{u}_{N-1}^{\mathsf{T}}, \boldsymbol{x}_N^{\mathsf{T}}, \delta \boldsymbol{c}_1^{\mathsf{T}}, \delta \boldsymbol{c}_2^{\mathsf{T}}]^{\mathsf{T}}.$$
 (16)

I. Task-Space Control

The torso pose, footstep location and contact wrench produced by the MPC are tracked by a Task-Space Controller (TSC). The TSC negotiates various tasks while leveraging the full-body dynamics of the humanoid in equation (2). A TSC similar to [28] is implemented here, where joint acceleration \ddot{q} , joint torque τ and GRW u are solved for

min.
$$||\boldsymbol{A}_{t}\ddot{\boldsymbol{q}} + \dot{\boldsymbol{A}}_{t}\dot{\boldsymbol{q}} - \dot{\boldsymbol{r}}_{t}||_{Q_{t}}^{2} + ||\boldsymbol{e}_{u}||_{R_{u}}^{2} + ||\boldsymbol{\tau}||_{R_{\tau}}^{2}$$
s.t.
$$\boldsymbol{H}\ddot{\boldsymbol{q}} + \boldsymbol{C} = \boldsymbol{S}_{a}^{\top}\boldsymbol{\tau} + \boldsymbol{J}_{c}^{\top}\boldsymbol{u},$$

$$\boldsymbol{J}_{c}\ddot{\boldsymbol{q}} + \dot{\boldsymbol{J}}_{c}\dot{\boldsymbol{q}} = \boldsymbol{0},$$

$$||\boldsymbol{\tau}| \leq \boldsymbol{\tau}_{max}, \ |\ddot{\boldsymbol{q}}| \leq \ddot{\boldsymbol{q}}_{max},$$

$$(17)$$

where A_t is the task Jacobian matrix; \dot{r}_t is the commanded task dynamics; $e_u = u^d - u$ is the deviation from the desired GRW; joint acceleration and torque is regularized through quadratic penalization in the objective, and $\tau_{max}, \ddot{q}_{max}$ bound the joint torques and accelerations.

The torso pose and swing foot pose are tracked using a proportional/derivative (PD) control scheme with a feedforward term in the task space

$$\dot{\boldsymbol{r}}_t = \ddot{\boldsymbol{p}}^d + \boldsymbol{K}_P(\boldsymbol{p}^d - \boldsymbol{p}) + \boldsymbol{K}_D(\dot{\boldsymbol{p}}^d - \dot{\boldsymbol{p}}), \quad (18)$$

where p and p^d are the measured and desired task positions, respectively; K_P and K_D are gain matrices, different for each task.

The arm joints are regulated to a nominal position except the shoulder pitch joint, whose angle is commanded to be proportional to that of the opposite hip pitch. While this heuristic facilitates angular momentum regulation [29], it marginally improves the stability of the controller. The centroidal angular momentum regulation is another term of the objective in (17). The commanded rate of change of angular momentum $\dot{k}_{G,t}$ is defined as $\dot{k}_{G,t} = -K_Dk_G$, since this law dampens excessive angular momentum and promotes balancing [29].

IV. RESULTS

A. Simulation Setup

The simulation experiments are set up as follows: the MPC (15) is formulated using CasADi [30] in MATLAB; the QPs from MPC and TSC are solved using the open-source solver qpSWIFT [31] at 100 Hz. An event-based finite state machine is utilized to transition between stance and swing phases. A touchdown event is declared when the swing foot

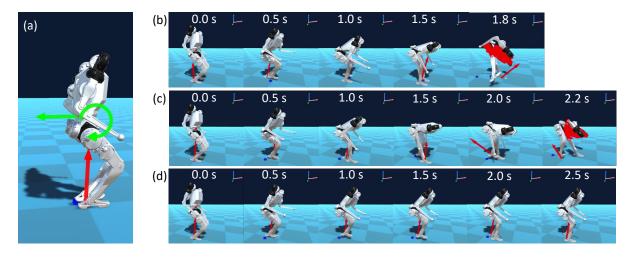


Fig. 2. Snapshots of the humanoid during the disturbance resistance experiment, where the humanoid is subject to large disturbances that exceed the regulatory capability of the TSC alone. (a) The humanoid is subject to external disturbance wrench (shown as green arrows), which includes both force and torque components ($F_x = -50$ N, $\tau_y = 20$ Nm). The red arrow represents the ground reaction force. (b) The humanoid failed to resist the disturbance wrench using the walking motion generator. (c) The LIP-based controller also could not withstand the torque disturbance. (d) The humanoid survived the disturbance using the orientation-aware MPC controller.

hits the ground, and an impact map is applied to zero the foot velocity. The full-body dynamics of the humanoid are simulated using ode45, and the robot motion is visualized in Unity. The weights and other constants of the MPC and TSC can be found in Table I and Table II, respectively.

B. Wave Field

The proposed framework enables the MIT Humanoid to traverse the wave field shown in Fig. 1. Since the footstep location is planned on the tangent plane of the current contact, as shown in Section III-E, the swing time deviates from the nominal value depending upon the shape of the terrain. As shown in Fig. 3(a), where the terrain profile is in blue and swing time in red, the swing foot has an early touchdown where the terrain is convex and a delayed touchdown where the terrain is concave. The maximum slope the robot can traverse is $\pm 22^{\circ}$. Fig. 3(b) shows that the robot can track a commanded velocity of 0.4 m/s.

C. Disturbance Resistance

A simulation study of disturbance resistance is conducted to highlight the advantages of the orientation-aware MPC. The disturbance resistance experiment is set up such that the humanoid initially stands still on flat ground. A persisting disturbance wrench is applied at the CoM of the humanoid for 2.5 seconds. The disturbance wench consists of a horizontal force F_x and torque along the pitch direction τ_y . Failure is declared if the torso height drops below the threshold (0.3 m). A walking motion generator (WMG) [8] that uses robot ankle and a state-of-the-art LIP-based stepping controller [13] that assumes passive ankle are implemented to the best of our knowledge for the benchmark, where the same TSC with identical gain values is used as the low-level controller for all three methods.

Fig. 2 presents the snapshots of the disturbance resistance experiment. Fig. 2(a) shows that the humanoid is subjected to

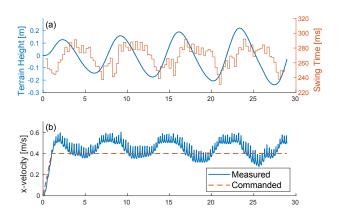


Fig. 3. Simulation result where the MIT Humanoid traverses the wave field shown in Fig. 1. (a) The swing time (red) changes with the terrain profile (blue). (b) The commanded (red dashed line) and measured (blue) forward velocity

a pushing force in the negative x-direction and a disturbance torque in the positive pitch-direction, as indicated by green arrows. As shown in Fig. 2(b) and (c), the WMG and LIP controllers can not regulate the high disturbance wrench and the humanoid eventually fell. In contrast, Fig. 2(d) exhibits that the proposed MPC controller enabled the humanoid to survive the disturbance. It can be deducted that the external wrench has exceeded the regulatory capability of the TSC alone. The ability of the orientation-aware MPC to reason about large angular excursion alleviates the burden of the TSC, and enhance the robustness against large disturbances. Fig. 4 presents the results of the disturbance resistance experiment, where Fig. 4(a) shows that the humanoid torso pitch angle deviated up to 1.3 rad (75°) under the WMG and the LIP-based controllers. The CoM height plotted in Fig. 4(b) reveals that the proposed MPC controller maintained

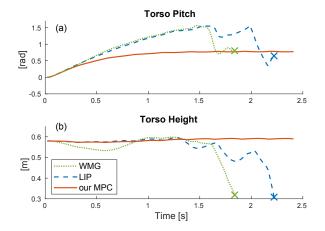


Fig. 4. Simulation data of the disturbance resistance experiment. (a) Torso pitch angle of the humanoid. (b) Torso height of the humanoid with the orientation-aware MPC was maintained around the nominal height, while in the other trials the humanoid fell (indicated by the cross symbols)

p_c	8e2, 2e3, 3e4 (1)	Θ	750, 75, 1250 (0.8)	
$\dot{\boldsymbol{p}}_c$	5e2, 5e3, 5e2 (0.9)	$\dot{\Theta}$	8e2, 2e3, 3e4 (0.8)	
$\delta oldsymbol{c}$	1e5, 1e6, 0	\boldsymbol{F}	0.01, 0.01, 0.1 (0.7)	
m	0.1, 0.1, 0.1 (0.5)	N/N_{le}	14 / 3	
T_s	0.04 s	T_{st}	0.38 s	
$\delta c_{max}^{x/y}$	0.5 m, 0.4 m	$r_{max}^{x/y}$	0.4 m, 0.3 m	
*values in parentheses are decay rates				

TABLE I

WEIGHTS AND OTHER CONSTANTS FOR THE LMPC

torso height throughout the experiment whilethe humanoid with the benchmarked controllers fell. That is because the disturbance has exceeded the angular regulation ability of the TSC, unstablizing the WMG and LIP-based controllers. In contrast, the orientation-aware MPC is more robust since it can reason about torso angular dynamics. Furthermore, the capability to plan footsteps within the kinematic constraints avoids leg extension and thus allows the MPC to resist high force and high torque disturbances.

A comprehensive comparison study over a wide range of disturbance wrenches has been conducted. As presented in Fig. 5, the walking motion generator and the LIPbased controllers have similar performance in this particular experiment. Both approaches are slightly better than the proposed MPC under horizontal disturbance forces only, as shown by the shaded region near the horizontal dashed line. However, our MPC controller demonstrates a considerable margin of improvement under coupled force-torque disturbances. The orientation-aware MPC performs better under torque disturbances due to its ability to reason about torso rotation and footstep placement simultaneously, while the other methods simplify the robot as a point mass. In summary, the orientation-aware MPC enabled the humanoid to recover from much higher torque disturbances while maintaining comparable performance against horizontal force disturbances.

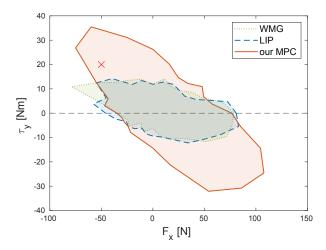


Fig. 5. Comparison of controller performance in terms of resisting persistent disturbance wrench (torque τ_y and force F_x). Three biped controllers are tested, the walking motion generator [8] (green), the LIP-based controller [13] (blue) and the proposed MPC controller (red). The colored regions indicate the set of disturbances that the controllers are recover from. The dashed line indicates the disturbance wrench with only a horizontal force component. The disturbance resistance test case in Fig. 4 is highlighted by the red cross.

$\overline{m{K}_P^t}$	100, 100, 100, 10, 10, 20	K_D^t	30, 30, 50,50, 50, 50
$oldsymbol{K}_P^{sw}$	350, 350, 560, 70, 70	$oldsymbol{K}_{D}^{\widetilde{s}w}$	10, 10, 17, 7, 7
$oldsymbol{K}_{P/D}^{tq}$	1/0.2	$oldsymbol{K}_D^{CM}$	3
Q_t	1	Q_{sw}	0.7
Q_q	0.02	$Q_{\ddot{q}}$	0.005
Q_{CM}	0.3	$oldsymbol{R}_{ au}$	1e-8
$oldsymbol{R}_u$	0.01	\ddot{q}_{max}	200 [rad/s ²]

TABLE II

WEIGHTS AND OTHER CONSTANTS FOR THE TASK-SPACE CONTROL

V. CONCLUSION AND FUTURE WORK

This paper presents an orientation-aware MPC control framework for dynamic humanoid walking that can simultaneously utilize torso rotation and foot placement for robust walking. The augmented single rigid body model is linearized with respect to the current state, control and step location of the robot, which permits the MPC to reason about the complex coupling between important aspects of humanoid walking in a unified optimization. The outputs from the MPC, including body pose, contact wrench and swing foot pose, are tracked by a task-space controller, which leverages the full-order dynamics of the humanoid. Both the MPC and the task-space control can be transcribed as QPs, which facilitates real-time applications. Simulation experiments are conducted, where the proposed framework is compared with two controllers using the point mass model. It is shown that our method enabled MIT Humanoid to maintain stable walking under substantially higher torque disturbances due to the inclusion of torso angular dynamics and kinematic constraints in the planning. Furthermore, the proposed MPC controller also enables the humanoid to traverse a wave field.

In the future, we plan to benchmark with more existing controllers for push recovery such as [32] and [33]. We also

plan to improve the linear dynamical model, which currently has the issue of inaccurate prediction towards the end of the horizon. Our future research plan is to refine the the OA-MPC by taking its output as the initial guess to warm start a subsequent nonlinear program. Various techniques such as sequential quadratic program (SQP) and differential dynamic programming (DDP) can be explored to solve the optimization.

ACKNOWLEDGMENT

This work was supported partially by Naver Labs, Disney Research Imagineering, and the Centers for ME Research and Education at MIT and SUSTech. The authors would like to thank Tyler Matijevich for the insightful discussion.

REFERENCES

- E. R. Westervelt, J. W. Grizzle, and D. E. Koditschek, "Hybrid zero dynamics of planar biped walkers," *IEEE Trans. Autom. Control*, vol. 48, no. 1, pp. 42–56, 2003.
- [2] H.-W. Park, A. Ramezani, and J. W. Grizzle, "A finite-state machine for accommodating unexpected large ground-height variations in bipedal robot walking," *IEEE Transactions on Robotics*, vol. 29, no. 2, pp. 331–345, 2012.
- [3] R. Hartley, X. Da, and J. W. Grizzle, "Stabilization of 3d underactuated biped robots: Using posture adjustment and gait libraries to reject velocity disturbances," in 2017 IEEE Conference on Control Technology and Applications (CCTA). IEEE, 2017, pp. 1262–1269.
- [4] R. J. Full and D. E. Koditschek, "Templates and anchors: neuromechanical hypotheses of legged locomotion on land," *Journal of experimental biology*, vol. 202, no. 23, pp. 3325–3332, 1999.
- [5] S. Kuindersma, R. Deits, M. Fallon, A. Valenzuela, H. Dai, F. Permenter, T. Koolen, P. Marion, and R. Tedrake, "Optimization-based locomotion planning, estimation, and control design for the atlas humanoid robot," *Autonomous robots*, vol. 40, no. 3, pp. 429–455, 2016.
- [6] S. Kajita and K. Tani, "Study of dynamic biped locomotion on rugged terrain-derivation and application of the linear inverted pendulum mode," in *Proc. IEEE Int. Conf. Robot. Automat. (ICRA)*. IEEE Computer Society, 1991, pp. 1405–1406.
- [7] P.-B. Wieber, R. Tedrake, and S. Kuindersma, "Modeling and control of legged robots," in *Springer handbook of robotics*. Springer, 2016, pp. 1203–1234.
- [8] A. Herdt, H. Diedam, P.-B. Wieber, D. Dimitrov, K. Mombaur, and M. Diehl, "Online walking motion generation with automatic footstep placement," *Advanced Robotics*, vol. 24, no. 5-6, pp. 719–737, 2010.
- [9] T. Takenaka, T. Matsumoto, and T. Yoshiike, "Real time motion generation and control for biped robot-1 st report: Walking gait pattern generation," in *Proc. IEEE/RSJ Int. Conf. Intell. Robot. Syst. (IROS)*, 2009, pp. 1084–1091.
- [10] J. Englsberger, C. Ott, and A. Albu-Schäffer, "Three-dimensional bipedal walking control based on divergent component of motion," *Ieee transactions on robotics*, vol. 31, no. 2, pp. 355–368, 2015.
- [11] R. J. Griffin, G. Wiedebach, S. Bertrand, A. Leonessa, and J. Pratt, "Walking stabilization using step timing and location adjustment on the humanoid robot, atlas," in 2017 IEEE/RSJ International Conference on Intelligent Robots and Systems (IROS). IEEE, 2017, pp. 667–673.
- [12] M. Khadiv, A. Herzog, S. A. A. Moosavian, and L. Righetti, "Walking control based on step timing adaptation," *IEEE Trans. Robot. (T-RO)*, vol. 36, no. 3, pp. 629–643, 2020.
- [13] X. Xiong and A. Ames, "3-d underactuated bipedal walking via h-lip based gait synthesis and stepping stabilization," *IEEE Transactions on Robotics*, 2022.
- [14] Y. Gong and J. Grizzle, "One-step ahead prediction of angular momentum about the contact point for control of bipedal locomotion: Validation in a lip-inspired controller," in 2021 IEEE International Conference on Robotics and Automation (ICRA). IEEE, 2021, pp. 2832–2838.

- [15] T. Koolen, T. de Boer, J. Rebula, A. Goswami, and J. Pratt, "Capturability-based analysis and control of legged locomotion, Part 1: Theory and application to three simple gait models," *Int. J. Robot. Res. (IJRR)*, vol. 31, no. 9, pp. 1094–1113, Aug. 2012.
- [16] Z. Aftab, T. Robert, and P.-B. Wieber, "Ankle, hip and stepping strategies for humanoid balance recovery with a single model predictive control scheme," in *Proc. IEEE/RAS Int. Conf. Humanoid Robot.* (Humanoids), 2012, pp. 159–164.
- [17] J. Di Carlo, P. M. Wensing, B. Katz, G. Bledt, and S. Kim, "Dynamic locomotion in the MIT cheetah 3 through convex model-predictive control," in *Proc. IEEE/RSJ Int. Conf. Intell. Robot. Syst. (IROS)*, 2018, pp. 1–9.
- [18] Y. Ding, A. Pandala, and H.-W. Park, "Real-time model predictive control for versatile dynamic motions in quadrupedal robots," in *Proc. IEEE Int. Conf. Robot. Automat. (ICRA)*. IEEE, 2019, pp. 8484–8490.
- [19] G. García, R. Griffin, and J. Pratt, "MPC-based locomotion control of bipedal robots with line-feet contact using centroidal dynamics." in *Proc. IEEE/RAS Int. Conf. Humanoid Robot. (Humanoids)*. IEEE, 2021, pp. 276–282.
- [20] G. Romualdi, S. Dafarra, G. L'Erario, I. Sorrentino, S. Traversaro, and D. Pucci, "Online non-linear centroidal MPC for humanoid robot locomotion with step adjustment," arXiv, p. 2203, 2022.
- [21] S. Boyd and L. Vandenberghe, Convex optimization. Cambridge university press, 2004.
- [22] M. Chignoli, D. Kim, E. Stanger-Jones, and S. Kim, "The MIT humanoid robot: Design, motion planning, and control for acrobatic behaviors," in *Proc. IEEE/RAS Int. Conf. Humanoid Robot.* (Humanoids), 2021.
- [23] R. Featherstone, Rigid body dynamics algorithms. Springer, 2014.
- [24] Y. Ding, A. Pandala, C. Li, Y.-H. Shin, and H.-W. Park, "Representation-free model predictive control for dynamic motions in quadrupeds," *IEEE Trans. Robot.* (*T-RO*), vol. 37, no. 4, pp. 1154– 1171, 2021.
- [25] S. Caron, Q.-C. Pham, and Y. Nakamura, "Stability of surface contacts for humanoid robots: Closed-form formulae of the contact wrench cone for rectangular support areas," in *Proc. IEEE Int. Conf. Robot.* Automat. (ICRA), 2015, pp. 5107–5112.
- [26] J. Pratt, J. Carff, S. Drakunov, and A. Goswami, "Capture point: A step toward humanoid push recovery," in *Proc. IEEE/RAS Int. Conf. Humanoid Robot. (Humanoids)*, 2006, pp. 200–207.
- [27] Y. Wang and S. Boyd, "Fast model predictive control using online optimization," *IEEE Trans. Control Syst. Technol.*, vol. 18, no. 2, pp. 267–278, 2009.
- [28] P. M. Wensing and D. E. Orin, "Generation of dynamic humanoid behaviors through task-space control with conic optimization," in *Proc.* IEEE Int. Conf. Robot. Automat. (ICRA), 2013, pp. 3103–3109.
- [29] —, "High-speed humanoid running through control with a 3d-slip model," in *Proc. IEEE/RSJ Int. Conf. Intell. Robot. Syst. (IROS)*, 2013, pp. 5134–5140.
- [30] J. A. Andersson, J. Gillis, G. Horn, J. B. Rawlings, and M. Diehl, "CasADi: a software framework for nonlinear optimization and optimal control," *Mathematical Programming Computation*, vol. 11, no. 1, pp. 1–36, 2019.
- [31] A. G. Pandala, Y. Ding, and H.-W. Park, "qpSWIFT: A real-time sparse quadratic program solver for robotic applications," *IEEE Robot. Automat. Lett.* (RA-L), vol. 4, no. 4, pp. 3355–3362, 2019.
- [32] B. Stephens, Push recovery control for force-controlled humanoid robots. Carnegie Mellon University, 2011.
- [33] X. Xiong, Y. Chen, and A. D. Ames, "Robust disturbance rejection for robotic bipedal walking: System-level-synthesis with step-to-step dynamics approximation," in 2021 60th IEEE Conference on Decision and Control (CDC). IEEE, 2021, pp. 697–704.