



Social Groups

Rainbow

12 – 25 years old?

Do you identify as gay, lesbian, bisexual, transgender?

Maybe just questioning the whole sexuality thing...?

Rainbow Group might be for you.

A relaxed social space to get to know other young people in a safe and inclusive environment.

Thursday fortnightly 5.30 – 7.30pm

Smile

Smile is a group for young women 15—25.

It's a safe and friendly space to get to know others.

We connect with our local community to bring you guest speakers to support your health and wellbeing.

Tuesday fortnights 5.30—7.30pm

Men's Group

Are you aged between 16 & 25??

Want some support or just plain bored!!

Like to have fun and meet new mates!!

Then why not come to the men's group

Wednesday fortnights 5:30 - 7:30pm

Deadly Drawing

Are you aged 12-17 and enjoy doodling?

Do you always have a pen or pencil in your hand?

Like to share your skills and learn some new ones?

Yes?

Then why not come along to

Deadly Drawing at headspace!

Thursday fortnights 3.30 –5.00pm

OpenSpace

Would you like to meet a few new people your age? Do you like spending your afternoons socialising? Well OpenSpace is perfect for you!

OpenSpace is a group for young people both males and females between the ages of 12 to 15 years old. OpenSpace is all about creating an open and friendly space for young people to meet like minded peers and enjoy building new friendships.

Thursday fortnights 3:30-5:00pm

