

Request form for headspace Sunshine attendance

Please complete this form and submit to the Community Awareness Officer at the relevant office.

(Requests will be responded to within 5 working days)

What we can offer:

- Service information – an overview of **headspace** services in Sunshine and how to access and refer.
- Mental Health Literacy – information on general mental health, keeping well, who to talk to, destigmatising help-seeking and what services are available.
- School visits – involvement in school health curriculums and strategy, presentations on specific and/or general issues.
- School group work - group work established into curriculum to meet the mental health needs of students (upon negotiation).
- Events and Festivals – attendance at events and festivals at schools and within the community.

Send your request form to:

headspace Sunshine – Carsten.Schley@orygen.org.au

(fax: 9312 1757)

Please note: We are receiving many requests to attend organisations and events; in order to plan and provide the right staff, information and resources we ask that you give a **minimum of six weeks' notice** prior to your requested attendance date. Whilst we want to meet as many requests as possible, it isn't always possible to meet them all.