



"headspace YRG is about meeting and working with likeminded young people. YRG helps headspace staff with programs and plays a part in getting the message of headspace out in the community by attending events throughout the Bendigo region. Our meetings have a casual vibe and are lots of fun."
- Hannah, YRG

Want more information,
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or the web -
[www.headspace.org.au/
bendigo](http://www.headspace.org.au/bendigo)



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**Join our
YOUTH
REFERENCE
GROUP**



Youth Reference Group

headspace Bendigo recognises the important contribution young people make in the planning and delivery of mental health services but identify that there needs to be the opportunities to do so.

The development of a youth reference group provides a platform for young people to get involved in the planning and delivery of services at headspace Bendigo.

The reference group provides opportunities for young people to work with headspace Bendigo to target programs and services to meet the needs of young people in the community.

Why should I join?

headspace Bendigo's Youth Reference Group is about meeting and working with like-minded young people.

YRG helps headspace staff with programs and plays a part in getting the message of headspace out in the community.

Anyone aged from 12 - 25 years of age is able to attend.

We want you



To join headspace Bendigo's Youth Reference Group contact:

Community Engagement Officer

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