


**CLIENT DETAILS** (THESE DETAILS WILL BE USED TO CONTACT THE YOUNG PERSON)

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

D.O.B: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: ☐ M ☐ F ☐ Other \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Post Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email Address: \_\_\_\_\_

Lives with: \_\_\_\_\_ Relationship: \_\_\_\_\_

Preferred Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

Is the young person aware of the referral and wanting services from headspace Cairns? ☐ Y ☐ N
**REASON FOR REFERRAL**
☐ Counselling Services ☐ GP Services ☐ Assessment of Vocational Needs  
☐ Alcohol/Drug ☐ Groups ☐ Other \_\_\_\_\_

**REFERRER DETAILS** (PERSON COMPLETING THIS DOCUMENT)

Contact Name: \_\_\_\_\_ Position / Relationship: \_\_\_\_\_

Organisation (if applicable): \_\_\_\_\_

Postal Address: \_\_\_\_\_ Post Code \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Preferred Delivery Method of Progress Reports: ☐ Fax ☐ Post
**AUTHORISATION OF REFERRAL BY PERSON BEING REFERRED**

I am aware that this referral is being made.

I understand that I can withdraw from this referral or from the referred service at any time.

I give permission for headspace Cairns to use my contact details above for future contact with me.

I give permission for headspace Cairns staff to obtain further information relevant to this referral.

Signed: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

*If the young person is under 18 years of age, consent should be provided by a parent/guardian (if possible and/or appropriate):*

Parent/Guardian Signed: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_



1. PRESENTING ISSUES

- ☐ ANXIETY  
☐ REFUSING SCHOOL  
☐ DEPRESSION  
☐ SELF HARM  
☐ HARM/THREATS TO OTHERS  
☐ STRESS  
☐ SUICIDAL  
☐ PENDING LEGAL MATTERS  
☐ DIFFICULTY SLEEPING  
☐ DRUG ABUSE  
☐ ALCOHOL ABUSE  
☐ PAST/PRESENT CONTACT WITH CHILD SAFETY  
☐ OTHER \_\_\_\_\_
- ☐ PAIN MANAGEMENT ISSUES  
☐ FAMILY PROBLEMS  
☐ PHYSICAL ABUSE  
☐ RELATIONSHIP ISSUES  
☐ LOW SELF ESTEEM  
☐ DOMESTIC VIOLENCE  
☐ EMOTIONAL ABUSE  
☐ HALLUCINATIONS & DELUSIONS  
☐ EATING PROBLEMS  
☐ HISTORY OF HOSPITALISATION  
☐ PRESENTATION TO HOSPITAL
- ☐ ADHD/ADD  
☐ FINANCIAL DIFFICULTY  
☐ LOSS OF APPETITE  
☐ PHYSICAL DISABILITY  
☐ SEXUAL ABUSE  
☐ PTSD/TRAUMA HISTORY  
☐ SOCIAL PROBLEMS  
☐ ASPERGERS/AUTISM  
☐ BODY IMAGE  
☐ BULLYING OTHERS  
☐ CRYING

2. RISK TO SELF OR OTHERS:

3. OTHER AGENCIES/HEALTH CARE PROVIDERS CURRENTLY INVOLVED IN THE YOUNG PERSONS CARE PRESENTING ISSUES

4. WHAT DO YOU HOPE HEADSPACE CAIRNS CAN ACHIEVE FOR THIS CLIENT

5. SUMMARY OF YOUNG PERSON

**Please fax referral form to headspace Cairns 07-4041 6340**

Level 2, 42 Grafton Street, Cairns

PO Box 7399, CAIRNS QLD 4870

[www.headspace.org.au/cairns](http://www.headspace.org.au/cairns)

4041 3780

4041 6340