

Applications are now open for the:

headspace Dandenong Youth Advisory Committee

Are you aged between 16 and 25 and live, work, study or play in the City of Greater Dandenong? Do you have something to say about youth health, mental health and drug and alcohol issues?

What is the headspace Local Youth Reference Group?

headspace is providing young people with the opportunity to be heard and be active around youth mental health and alcohol and other drug issues. There are a number of roles you can play in a **headspace Dandenong YAC**, including:

- Leading a project in your local area
- Website consultation and development
- Research and evaluation of **headspace** services
- Consultation around resource development such as, factsheets, brochures, radio ads etc
- Peer support and mentoring
- Speaking to the media

By getting involved you will:

- Have the opportunity to have your say and direct youth mental health services in Australia
- Develop new skills
- Meet and work with other young people who are passionate about youth mental health
- Make a difference to youth mental health

headspace will provide some training to support you to participate in the YAC role

How do I get involved?

Complete the application form and email it to requests@headspacenarre.com.au

or you can post it to: headspace Dandenong
196 Lonsdale Street
Dandenong, VIC, 3175

Who can apply?

We are looking for anyone aged between 16 and 25 who is interested in youth mental health

We want you to apply if:

you have had your own experiences of feeling depressed, anxious or another mental health issue

you have a friend or family member who has/or had a mental illness, mental health issue or drug addiction

you feel passionate about and are interested in mental health issues,

The group is also keen to hear the voices of Indigenous young people, young people from different cultural backgrounds, young people from rural and remote areas, gay, lesbian, bisexual, intersex and transgender young people and young people who have been homeless.



headspace
Dandenong

196 Lonsdale Street, Dandenong VIC 3175
Tel 03 8792 1992 Fax 03 9793 4992
headspace.org.au

headspace Dandenong YAC application form

Personal Details

Name

Phone

Email

Address

Date of Birth

Sex

What languages do you speak at home?

Where were you born?

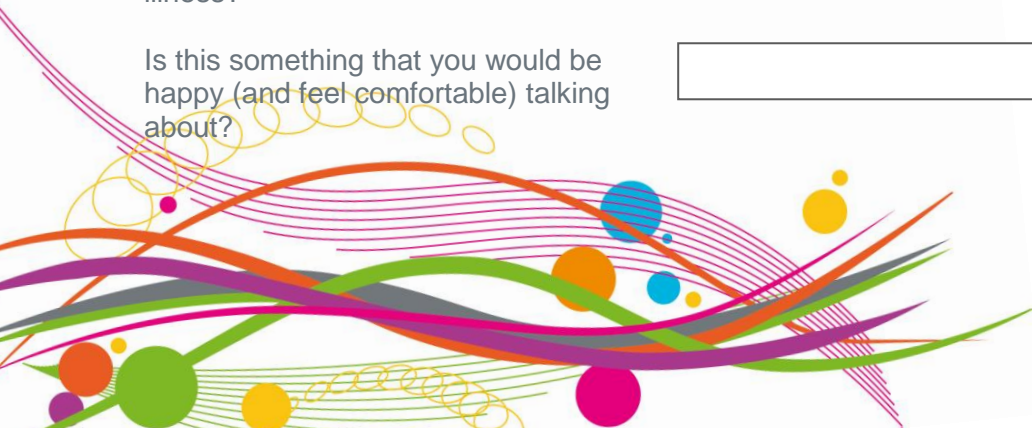
Are you Aboriginal or Torres Strait Islander?

Are you from a rural or remote area?

Do you have a family member with a mental illness?

Do you identify as having/had a mental illness?

Is this something that you would be happy (and feel comfortable) talking about?





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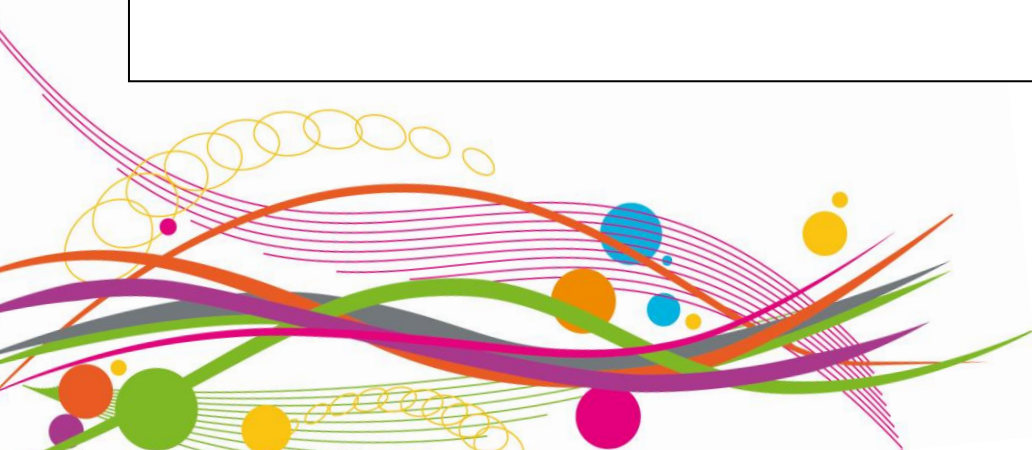
About You

Please tell us a bit about yourself?

(For example: I am 15 years old, and attend alternative education centre 3 days a week, I like skate-boarding etc)

Please describe why you are interested in becoming a Youth Advisory Committee member?

Please describe your areas of interest





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Are you involved in any other organisations? If yes, which ones and what is your involvement?

Is there anything else you would like to tell us?

Please provide the details of at least two referees (can be work, school or personal):

