

To be completed by <u>services</u> wishing to refer a young person to headspace Queanbeyan

Referral Criteria and Guidance

headspace Queanbeyan is a free, youth-friendly and confidential service available to young people aged 12-25 years, in the Queanbeyan and surrounding area. The services available at **headspace** Queanbeyan include:

Youth Friendly GPs

Counselling

Alcohol & Drug Support

- Vocational support
- Psychologist services (under a GP Mental Health Treatment Plan)

headspace Queanbeyan work with young people experiencing mild to moderate mental health issues such as stress, anxiety, depression or grief.

headspace Queanbeyan is not an acute mental health / crisis service. If you have any immediate concerns regarding the safety of a young person, please call:

NSW Mental Health Line
 ACT Crisis Assessment & Treatment Team (CATT)
 Kids Helpline
 1800 011 511
 1800 629 354
 1800 551 800

• Emergency services 000

Please return the completed referral form to:

headspace Queanbeyan Phone: 02 6298 0300 98 Monaro Street (Corner Crawford Street) Fax: 02 6284 4405

Queanbeyan NSW 2620

Self-Referral

Young people can refer themselves to **headspace** Queanbeyan. Young people are encouraged to contact **headspace** Queanbeyan directly by either phoning, emailing or walk-in to the centre.

Family and Friend Referral

Family, carers and friends can refer a young person to **headspace** Queanbeyan. Please contact **headspace** Queanbeyan directly by either phoning, emailing or walk-in to the centre.

Young Persons Details				
Has the young person consented to this referral?				
Name				
Address				
Date of Birth				
Phone Number				
Gender	☐ Female ☐ Male ☐ Tra	insgender 🗌	Other:	
Cultural Identity	☐ Aboriginal or Torres Strait Is	slander	CALD	
Referring Service Details				
Date of Referral				
Name				
Address				
Organisation				
Position in Organisation				
Phone Number				
Email				
Reason for Referral: Please include any information which may be useful to assist with the referral (e.g. mental health, drug and alcohol, vocational / educational or physical health including past / current risk assessments).				
Does the young person have an existing GP? If yes, please detail:		☐ Yes	□No	☐ Unsure
Does the young person have an existing Mental Health Treatment Plan?		☐ Yes	□No	Unsure
Does the young person require an interpreter?		☐ Yes	☐ No	Unsure