

I'm going to tell you about a photo I saw last month actually. I saw it on the wall of a restaurant that I went to, and I thought it was really interesting. It was a picture from the 1920's of a group of cyclist that were going the "Tour de France". It had a group of cyclists featuring a group of maybe 10 guys.

The picture is black and white of course because it's from the 20's and they're all riding on the bicycles and looks like as if they are moving. They are all ready to go uphill on to a mountain and carrying a canteen with them so that they can be hydrated during the race.

What's special about the picture is that the leading cyclist was handing out cigarettes to other cyclists, which was quite unusual for a sportsman to do nowadays, as cigarettes are considered harmful for our health.

But back then, they thought that smoking actually helped their respiration and their breathing, so they wouldn't run out of breath while they cycle up the hill.

Finally, I loved the photo as it shows an interesting contrast of sports for now and the ones back then. Cycling is just great for people of all ages.





