$$T_c = 2.2 \times 10^8 \left(\frac{Z \tau_E B \varphi^2}{n R^2} \right)^{2/5} \text{ keV}.$$

$$\tau_E = \frac{1}{2} (n/10^{20}) a^2 \text{ s}.$$

取 $Z_{eff} = 1.5$, $R = 3a$:

$$T \approx 0.81 B^{4/5}.$$

当 $T = 7$ keV 时, $B \approx 14.82$ T.