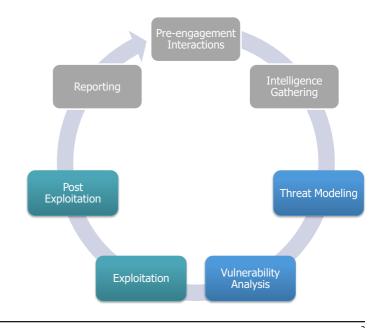


# PENETRATION TESTING (PART III)

Prof. Dr. Bernhard Tellenbach

#### Content





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Phases borrowed from PTES:

- Pre-engagement interactions: Initial communication and reasoning behind a penetration test
- Intelligence gathering and threat modeling: Get a better understanding of the tested organization
- **Vulnerability research, exploitation:** Identify vulnerabilities and demonstrate proof-of-concept or "real" exploits
- **Post exploitation:** Determine the value of the compromised target, maintain control and gain further access to other resources
- **Reporting:** Captures the entire process in a manner that makes sense to the customer and provides the most value to it

#### Goals

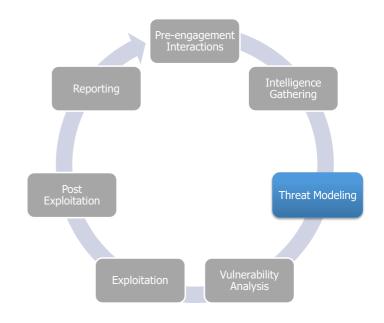


- You can explain typical activities of the threat modeling, vulnerability analysis, exploitation and post exploitations
- You can discuss the main challenges in these phases and what methods or (types of) tools could be used
- You can discuss several reasons why vulnerability scanners might not work perfectly (false positives / false negatives)
- You know the architecture and main features of the Metasploit framework and you can use it for vulnerability testing and exploitation tasks

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## **Threat Modeling**





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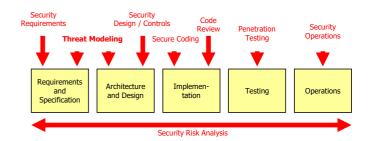
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## Threat Modeling – Attacker-Centric



- Threat modelling when building software or systems (see SWS1):
  - Identify possible threats
  - Based on these threats, identify vulnerabilities in the system design
    - Considering already defined security requirements or security controls
  - The identified vulnerabilities provide the basis for additional security requirements
- Methods to identify/document threats
  - STRIDE
  - Attack Trees



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#### Threat Modeling - Defender-Centric



- Attackers use offensive threat modeling what is the most promising way to get from the attack surface to the targeted asset(s)?
- Attack surface: "... is the set of ways in which an adversary can enter the system and potentially cause damage" [1]
  - Constructed from data collected in the intelligence gathering phase
- Attacker use the system's entry and exit points (i.e. its interfaces) to attack/interact with it
  - Exit points are required to provide feedback to the attacker
- Relevant entry an exit points depend on the attacker model and the scope (e.g., OSSTMM channels) of the analysis
  - There are systematic definitions of the attack surface\*

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- [1] Pratyusa K. Manadhata and Jeannette M. Wing "An Attack Surface Metric" in IEEE Transactions on Software Engineering, 2010
- \* "The **rav** is a scale measurement of an attack surface, the amount of uncontrolled interactions with a target, which is calculated by the quantitative balance between porosity, limitations, and controls. In this scale, 100 rav (also sometimes shown as 100% rav) is perfect balance and anything less is too few controls and therefore a greater attack surface. More than 100 rav shows more controls than are necessary which itself may be a problem as controls often add interactions within a scope as well as complexity and maintenance issues."

Source: OSSTMM 3 - The Open Source Security Testing Methodology Manual

Please remember that all such calculations should be taken with more than a grain of salt. As we have already said in earlier lectures, there is often little hard evidence that such formulas measure something interesting, or that the measurement correlates with something interesting. Always ask yourself whether this measure makes sense for your use case and your organization.

#### Threat Modeling – Defender-Centric



- Penetration testers can use it as part of their service to more accurately simulate an attack from the perspective of a specific threat actor
  - 1. Understand the organization's defenders and where they have fortified against attacks
  - 2. Create offensive architecturally-based process flow diagrams that provide a mapping from the identified attack surface to the targeted assets along multiple paths
  - 3. Mapping of defensive capabilities as potential security check-points and mitigations to be avoided => figure out potential exploits against both defenders and defenses
  - 4. Identify and prioritize useful targets for the attack and potential attack vectors

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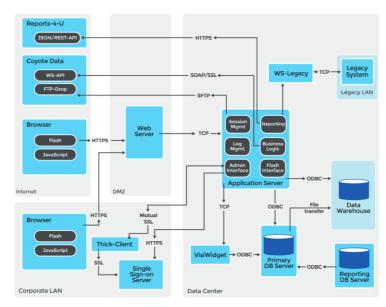
A **process flow diagram** (**PFD**) is a diagram commonly used in chemical and process engineering to indicate the general flow of plant processes and equipment. The PFD displays the relationship between *major* equipment of a plant facility and does not show minor details such as piping details and designations. Another commonly used term for a PFD is a *flowsheet*.

Source: https://en.wikipedia.org/wiki/Process\_flow\_diagram

## Process Flow Diagram – Example (1)



Components identified in this diagram include the application server, a legacy system, data warehouse, thick client, primary database server, and a single sign-on server.



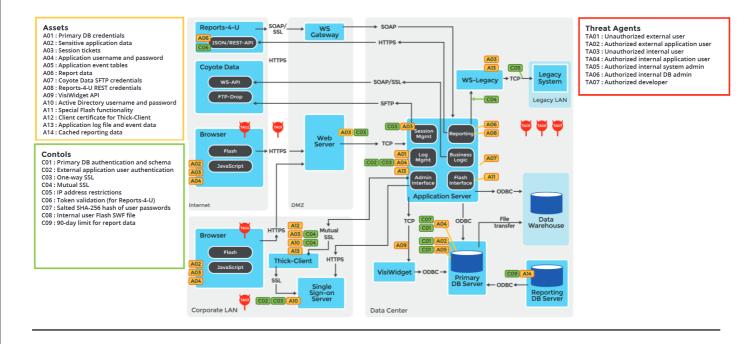
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Source: https://www.synopsys.com/content/dam/synopsys/sig-assets/ebooks/threat-modeling-misconceptions.pdf

## Process Flow Diagram – Example (2)





Source: https://www.synopsys.com/content/dam/synopsys/sig-assets/ebooks/threat-modeling-misconceptions.pdf

#### **Primary and Secondary Assets**



- Identify and categorize primary and secondary assets
  - Primary asset: Part of the system/functionality under test (in scope)
  - Secondary asset: Not in scope but shared with or linked to the assets in scope
- Primary asset compromise can imply the compromise of a secondary asset
- Secondary assets impact what threat agents one should consider
  - Map threat agents against primary and secondary assets
  - What are the tools, resources and capabilities of the relevant threat agents?
    - Find relevant news of comparable organizations being compromised
    - Anecdotal evidence for the threat model and baseline for the organization

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Note that the terms primary and secondary assets are proposed and used in this way by PTES.

#### Example: Impact of Secondary Assets on Relevant Threat Agents



- Penetration test of a customer relationship management (CRM) application
- Primary assets:
  - Database system for storing the customer information
  - Webserver hosting the CRM frontend
  - ..
- Secondary asset:
  - Employee database from human resources is located on the same database server
- Threat agents
  - With primary assets only, insiders won't be relevant (employees have CRM access anyway)
  - Considering secondary assets, insiders become relevant (access to salaries, health data, ...)
  - CRM application is a steppingstone to obtain employee information

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#### Threat Modeling – Attack Patterns



- Understanding adversary behavior is important, especially for red-teaming
  - MITRE (/ maitə(r)/) CAPEC and ATT&CK organize knowledge about adversary behavior
- MITRE Common Attack Pattern Enumeration and Classification (CAPEC)
  - Focus on application security
  - Enumerates exploits against vulnerable systems
  - Includes social engineering / supply chain
  - Associated with Common Weakness Enumeration (CWE)
- MITRE Adversarial Tactics, Techniques & Common Knowledge (ATT&CK)
  - Focus on network defense
  - Based on threat intelligence and red team research
  - Provides contextual understanding of malicious behavior
  - Supports testing and analysis of defense options

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MITRE ATT&CK® and CAPEC are currently probably the most prominent examples of such attack patterns. Many security solutions make use of them when it comes to classifying, referencing or documenting threat behaviors. However, note that there are many other sources describing attack patterns at various levels of detail. For example, the book "Exploiting Software" by Gary McGraw and Greg Hoglund detail 48 attack patterns. This book was one of the first attempts to provide a collection of attacks along with a very detailed description of the attack vector.

**MITRE** is a **non-profit organization** focused on cybersecurity and solving security challenges to create a safer IT environment for organizations. MITRE developed the **ATT&CK framework** to classify adversarial tactics universally. ATT&CK is also a database that organizations can use to reference and document threat behaviors across the entire attack lifecycle.

MITRE writes that "MITRE ATT&CK® is a globally-accessible knowledge base of adversary tactics and techniques based on real-world observations. The ATT&CK knowledge base is used as a foundation for the development of specific threat models and methodologies in the private sector, in government, and in the cybersecurity product and service community."

Source: https://attack.mitre.org/

**CAPEC** - The Common Attack Pattern Enumeration and Classification (CAPEC™) effort provides a publicly available catalog of common attack patterns that helps users understand how adversaries exploit weaknesses in applications and other cyber-enabled capabilities. "Attack Patterns" are descriptions of the common attributes and approaches employed by adversaries to exploit known weaknesses in cyber-enabled capabilities. Attack patterns define the challenges that an adversary may face and how they go about solving it. They derive from the concept of design patterns applied in a destructive rather than constructive context and are generated from in-depth analysis of specific real-world exploit examples.

Each attack pattern captures knowledge about how specific parts of an attack are designed and executed, and gives guidance on ways to mitigate the attack's effectiveness. Attack patterns help those developing applications or administrating cyber-enabled capabilities to better understand the specific elements of an attack and how to stop them from succeeding.

Source: http://capec.mitre.org

#### Threat Modeling - ATT&CK vs. CAPEC



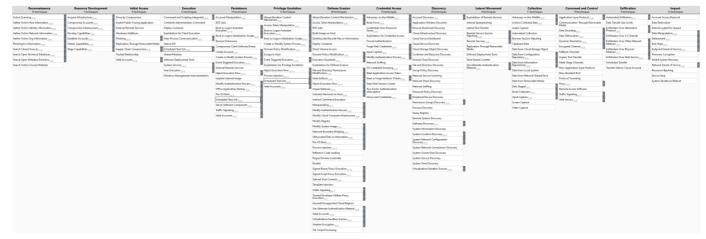
- Many attack patterns enumerated by CAPEC are employed by adversaries through specific techniques described by ATT&CK
  - Enables contextual understanding of the patterns within an adversary's operational lifecycle.
  - CAPEC attack patterns and related ATT&CK techniques are cross referenced when appropriate

- Use CAPEC for:
  - Application threat modeling
  - Developer training and education
  - Penetration testing
- Use ATT&CK for:
  - Comparing computer network defense capabilities
  - Defending against the APT
  - Hunting for new threats
  - Enhancing threat intelligence
  - Adversary emulation exercises

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## MITR ATT&CK – Enterprise Matrix





https://attack.mitre.org/matrices/enterprise/

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## CAPEC: Attacks - Mechanisms / Domains / Groupings



#### **CAPEC-553: Mobile Device Patterns**

View ID: 553 Structure: Implicit				
✓ Objective				
This view (slice	) cover	s stan	dard attack patterns that target direct exp	
▼ Filter				
/Attack Dattorn	Catal	00/*/*	[@ID = (187, 498, 604, 605, 606, 608, 6	
✓ Membershir		og/ /	[@ID = (107, 490, 004, 003, 000, 000, 0	
Nature		TD	Name	
HasMember	Type	187		
	D		Malicious Automated Software Update	
HasMember	D	498	Probe iOS Screenshots	
HasMember	D	604	Wi-Fi Jamming	
HasMember	D	605	Cellular Jamming	
HasMember	D	606	Weakening of Cellular Encryption	
HasMember		608	Cryptanalysis of Cellular Encryption	
HasMember	D	609	Cellular Traffic Intercept	
HasMember	D	610	Cellular Data Injection	
HasMember	D	612	WiFi MAC Address Tracking	
HasMember	D	613	WiFi SSID Tracking	
HasMember	D	614	Rooting SIM Cards	
HasMember	D	615	Evil Twin Wi-Fi Attack	
HasMember	D	617	Cellular Rogue Base Station	
HasMember	D	618	Cellular Broadcast Message Request	
HasMember	D	619	Signal Strength Tracking	
HasMember	D	621	Analysis of Packet Timing and Sizes	
HasMember	D	622	Electromagnetic Side-Channel Attack	
HasMember	D	623	Compromising Emanations Attack	
HasMember	D	625	Mobile Device Fault Injection	
HasMember	D	626	Smudge Attack	
HasMember	S	627	Counterfeit GPS Signals	
HasMember	D	628	Carry-Off GPS Attack	
HasMember	D	629	Unauthorized Use of Device Resources	

#### 1000 - Mechanisms of Attack

- -⊞ <u>Engage in Deceptive Interactions (156)</u>
- -⊞ Abuse Existing Functionality (210)
- -⊞ @ Manipulate Data Structures (255)
- -⊞ 

  Manipulate System Resources (262)
- -⊞ Inject Unexpected Items (152)
- -⊞ Employ Probabilistic Techniques (223)
- —⊞ 

  Manipulate Timing and State (172)
- -⊞ Collect and Analyze Information (118)
- -⊞ 

  Subvert Access Control (225)

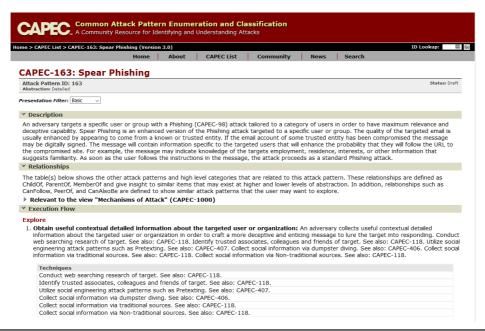
#### 3000 - Domains of Attack

- —⊞ @ <u>Supply Chain (437)</u>
- -⊞⊛<u>Social Engineering (403)</u>
- —⊞ @ Physical Security (514)

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## CAPEC - Attack Pattern "Spear Phishing"





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## CAPEC – SQL Injection



CAPEC-66: SQL Injection (Release 1.6)



Summary
This attack exploits target software that constructs SQL statements based on user input. An attacker crafts input strings so that when the target software constructs SQL statements based on the input, the resulting SQL statement performs actions other than those the application intended. SQL Injection results from failure of the application to appropriately validate input. When specially crafted user-controlled input consisting of SQL syntax is used without proper validation as part of SQL queries, it is possible to glean information from the database in ways not envisaged during application design. Depending upon the database and the design of the application, it may also be possible to leverage injection to have the databases execute system-related commands of the attacker's choice. SQL Injection enables an attacker to talk directly to the database, thus bypassing the application completely. Successful injection can cause information disclosure as well as ability to add or modify data in the database. In order to successfully inject SQL and retrieve information from a database, an attacker:

Attack Execution Flow

#### Attack Execution Flow

#### 1. Survey application:

The attacker first takes an inventory of the functionality exposed by the application.

ID	Attack Step Technique Description	Environments
1	Spider web sites for all available links	env-Web
2	Sniff network communications with application using a utility such as WireShark.	env-ClientServer env-Peer2Peer env-CommProtocol

0	utco	mes	
	ID	type	Outcome Description
	1	Success	At least one data input to application identified.
	2	Failure	No inputs to application identified. Note that just because no inputs are identified does not mean that the application will not accept any.

#### Determine user-controllable input susceptible to injection:

Determine the user-controllable input susceptible to injection. For each user-controllable input that the attacker suspects is vulnerable to SQL injection, attempt to inject characters that have special meaning in SQL (such as a single quote character, a double quote character, two hyphens, a paranthesis, etc.). The goal is to create a SQL query with an invalid syntax.

Attack Step Techniques

I	Attack Step Technique Description	Environments
1	Use web browser to inject input through text fields or through HTTP GET parameters.	env-Web
2	Use a web application debugging tool such as Tamper Data, TamperIE, WebScarab,etc. to modify HTTP POST parameters, hidden fields, non-freeform fields, etc.	env-Web

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#### MITRE CAPEC



- CAPEC is a valuable resource because it provides detailed information about typical attacks, including
  - A general description of the attack
  - How to execute the attack (attack execution flow)
  - Related vulnerabilities (by CVE numbers)
  - Probing techniques
  - Attacker skill required
  - Consequences of successful exploitation
  - Solutions and mitigations
- The combined use of threat modeling and attack simulations is a research topic
  - E.g., threat modeling language for based on the MITRE Enterprise ATT&CK Matrix [1]
  - E.g., as the basis for automatic attack graph generation [2]

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1

[1] Xiong, W., Legrand, E., Åberg, O. *et al.*Cyber security threat modeling based on the MITRE Enterprise ATT&CK Matrix.

Softw Syst Model 21, 157–177 (2022).

https://link.springer.com/article/10.1007/s10270-021-00898-7

[2] Johnson, P., Vernotte, A., Ekstedt, M., Lagerström, R.: pwnpr3d: an attack-graph-driven probabilistic threat-modeling approach, Availability, Reliability and Security (ARES), 2016 11th International Conference on, pp. 278–283. IEEE (2016)

https://ieeexplore.ieee.org/document/7784583

## **Vulnerability Analysis**





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## **Vulnerability Analysis**



- Vulnerability analysis is the process of discovering and confirming security issues in systems and applications which can be leveraged by an attacker
  - Vulnerabilities can range anywhere from host and service misconfiguration to insecure application design
- The process used to look for vulnerabilities varies and is highly dependent on the particular component being tested
  - Web application, network, building access, employees,...
- Possible goals of the analysis:
  - Validate that vulnerabilities exist
    - as «employee» (with credentials)
    - as «outsider» (without credentials)
    - with/without considering the impact of mitigations
  - Validate mitigation is in place and working (=not exploitable)

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#### Vulnerability Analysis - Discovery



- Port scanners
  - An answer on TCP port 23 (telnet) might be a vulnerability
- Scanners for detecting well-known vulnerabilities
  - Product and version identification based, lookup in vulnerability database
  - Recipe / signature based, execution of the recipe/script
    - E.g., to test for a known buffer overflow
    - E.g., for misconfigurations usage of insecure TLS versions or cipher suites
    - E.g., for policy violations usage of common/default passwords

- Finding new vulnerabilities
  - Scanners for specific vulnerability types
    - sqlmap: SQL injection vulnerabilities
    - XSStrike: Cross-site scripting vulnerabilities
  - Web application scanners
    - Performs tests for various types of vulnerabilities found in web applications
    - Entry points (URLs) are crawled and/or supplied by the user
  - Source code scanners
    - Mainly for custom made software
  - Manual analysis of the source code
  - Manual analysis of the system under test
    - E.g., using hardening guides (CIS Benchmarks) for configuration issues

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#### A Recipe for a Generic Vulnerability Scanner



- Determine all assets reachable over the network
  - IP addresses, open ports, domains and sub-domains
  - Using tools like nmap, sublist3r, ...
- Determine the products/technologies they run
  - Using tools like nmap or technology-specific scanners
    - E.g., BuiltWith or Wappalizer for web-technologies used in a web application
- Match databases of known vulnerabilities with the list with the identified products/technologies and their versions
- Run product/technology specific recipes and/or scanners
  - Proprietary scanners (e.g., Nessus) use their own scan engine
  - "Meta-scanners" (e.g. scanmeter.io) use multiple open-source scanners and merge their results

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### Vulnerability Analysis - Challenges



- New vulnerability data is added continuously: when to scan?
- Analysis based on product and version can be misleading
  - Products might be forked/copied and given new names, and version numbers
     false negative
  - Products might have been patched without modifying their version
     false positive
- Results might depend on time/location/user account etc.
  - E.g., scan from intranet vs. extranet with different filters/controls inbetween
  - E.g., authenticated vs. unauthenticated

#### **Explaining Common Release-Numbering Confusion**

Backporting has a number of advantages for customers, but it can create confusion when it is not understood. Customers need to be aware that just looking at the version number of a package will not tell them if they are vulnerable or not. For example, stories in the press may include phrases such as "upgrade to Apache httpd 2.0.43 to fix the issue," which only takes into account the upstream version number. This can cause confusion as even after installing updated packages from a vendor, it is not likely customers will have the latest upstream version. They will instead have an older upstream version with backported patches applied.

Also, some security scanning and auditing tools make decisions about vulnerabilities based solely on the version number of components they find. This results in false positives as the tools do not take into account backported security fixes.

Since the introduction of Red Hat Enterprise Linux, we have been careful to explain in our security advisories how we fixed an issue, whether by moving to a new upstream version or by backporting patches to the existing version. We have attached CVE names to all our advisories since January 2000, allowing customers to easily cross-reference vulnerabilities and find out how and when we fixed them, independent of version numbers.

We also supply OVAL definitions (machine-readable versions of our advisories) that third-party vulnerability tools can use to determine the status of vulnerabilities, even when security fixes have been backported. In doing this, we hope to remove some of the confusion surrounding backporting and make it easier for customers to always keep up to date with the latest security fixes.

https://access.redhat.com/security/updates/backporting

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#### Vulnerability Analysis – Active



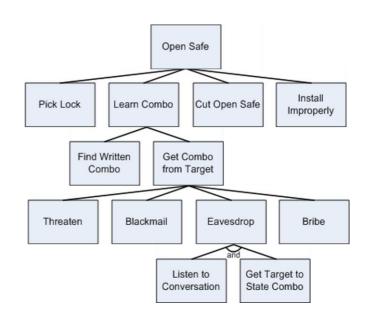
- Make use of fuzzers to discover yet unknown vulnerabilities
  - Black-box vs. more advanced fuzzers
  - Ideally, product is available for «offline» testing
  - Application or protocol specific fuzzers (e.g., for X.509 certificates, SOAP,...)
- Example: American fuzzy lop
  - Goal Discover clean, interesting test cases that trigger new internal states in the targeted binary
  - Approach Compile-time instrumentation and genetic algorithms to determine interesting input

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### Vulnerability Analysis - Tracking



- During a penetration test, it should be tracked what has been analyzed
- Attack trees are a suitable tool do document extensive tests with many different attack patterns
- An attack tree evolves as new systems, services and potential vulnerabilities are identified
- For teams of testers: Avoids repeating work already done by others when attack vectors "merge"



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### Vulnerability Scanner - nessus® (1)



- The most popular generic vulnerability scanner is nessus<sup>®</sup>
  - Generic in the sense that it tests at a wide range of "layers"
  - From OS vulnerabilities to server and web application vulnerabilities
- nessus<sup>®</sup> is a commercial product owned by Tenable<sup>®</sup>
  - A free version for non-commercial use and limited to scanning a total of 16 IPs is available
- The vulnerability tests are performed by plugins written in the Nessus Attack Scripting Language (NASL)
  - Greenbone Vulnerability Manager (GVM, formerly OpenVAS), also makes use of NASL
  - It is possible to write own plugins but Tenable does not seem to want this
    - The latest documentation on NASL is from 2005
  - Tenable Research has published 169'138 plugins
    - They cover 68'131 CVE IDs and 30'939 Bugtraq IDs (March 2022)

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## Vulnerability Scanner - nessus® (2)



- nessus® performs the scan using one or multiple daemons
  - Daemons are usually located in the intranet
  - A scan from the Internet can complement the internal view
  - Consider detective/preventive controls:
    - Firewalls or preventive controls might impact the scan results place daemons accordingly
    - You might not want alarms from vulnerability scanning in your detective controls
- Configuring scans (browser or command-line)
  - What IP range(s) a daemon scans
  - What scan type / plugins to use
  - User roles/profiles/credentials to use for authenticated scans
  - Disable the Safe Checks option to execute plugins belonging to unsafe categories
    - ACT\_DESTRUCTIVE\_ATTACK, ACT\_DENIAL, ACT\_KILL\_HOST, ACT\_FLOOD

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## Example: Scan of a Linux Server (1)

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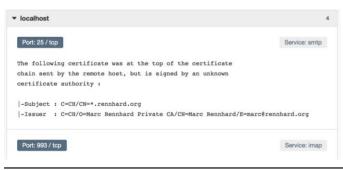
ocalhost (octopus, slides) / Hosts / localhost			Host Details
Severity -	Plugin Name	Plugin Family	Count
MEDIUM	SSL Certificate Cannot Be Trusted	General	4
MEDIUM	SSL Certificate with Wrong Hostname	General	3
MEDIUM	SSL Medium Strength Cipher Suites Supported	General	2
MEDIUM	SSL Weak Cipher Suites Supported	General	2
MEDIUM	Apache mod_status /server-status Information Disclosure	Web Servers	1
MEDIUM	DNS Server Cache Snooping Remote Information Disclosure	DNS	1
LOW	SSL Anonymous Cipher Suites Supported	Service detection	2
LOW	SSL RC4 Cipher Suites Supported	General	2
LOW	SSH Server CBC Mode Ciphers Enabled	Misc.	1
Low	SSH Weak MAC Algorithms Enabled	Misc.	1
INFO	netstat portscanner (SSH)	Port scanners	14

## Example: Scan of a Linux Server (2)





 Nessus provides detailed information about the problems detected:



- For Nessus, this is a Medium Risk, but in fact it is "wanted behaviour"
  - False positive in this case
  - But it may be a true positive in other cases

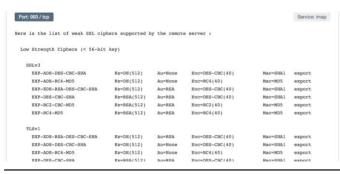
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## Example: Scan of a Linux Server (3)





Example of a true positive

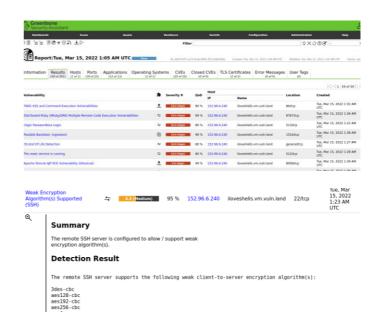


- Ciphers with 40-bit keys are indeed supported
- Medium risk is a reasonable classification because it is not something an attacker can easily exploit

#### Scanning – Vulnerability Scanning (6)



- Greenbone Vulnerability Manager (GVM, formerly OpenVAS) - Many similarities with nessus
  - · Originally a fork of nessus
- There are ready-to-go docker containers (free)
- Limitation: You have the community feed only which lacks vulnerabilities for many enterprise products



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#### OpenVAS = Open Vulnerability Assessment Scanner

#### Greenbone Vulnerability Manager (GVM, formerly OpenVAS)

The OpenVAS project was originally initiated as a response to the commercialization of Nessus. OpenVAS built on the final open-source version of Nessus and has been significantly improved during the recent years. This origin is also the reason why GVM makes use of the Nessus Attack Scripting Language (NASL) for implementing vulnerability checks.

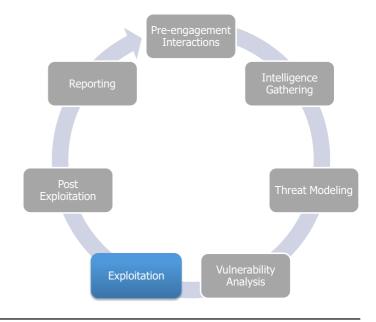
To achieve better visibility, less misunderstanding, and better differentiation from other OpenVAS-based products, the owner and maintainer of OpenVAS, Greenbone Networks, renamed the public vulnerability feed to <u>Greenbone Community Feed</u> and the feed development was internalized. Furthermore, the release scheme has been changed from a 14-day delay to a daily publication without delay, now excluding vulnerability tests for enterprise products.

Another major change was the transition to a modern infrastructure, namely GitHub and a community forum in 2018. In 2019, the branding separation was finally completed. OpenVAS now represents the actual vulnerability scanner, as it did originally, and the "S" in "OpenVAS" now stands for "Scanner" rather than "System". These changes were accompanied by an updated OpenVAS logo. The framework in which OpenVAS is embedded is the Greenbone Vulnerability Management (GVM).

Source and more details: https://greenbone.github.io/docs/history.html

## **Exploitation**





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#### Phases borrowed from PTES:

- Pre-engagement interactions: Initial communication and reasoning behind a penetration test
- Intelligence gathering and threat modeling: Get a better understanding of the tested organization
- Vulnerability research, exploitation: Identify vulnerabilities and demonstrate proof-of-concept or "real" exploits
- **Post exploitation:** Determine the value of the compromised target, maintain control and gain further access to other resources
- **Reporting:** Captures the entire process in a manner that makes sense to the customer and provides the most value to it

#### **Exploitation**



- The exploitation phase focuses solely on establishing access to a system or resource by bypassing security restrictions
- An exploit is a piece of software, a chunk of data, or a sequence of commands that takes advantage of a vulnerability
  - It is usually used to gain control of a computer system, to extract or manipulate data, to do privilege escalation, or to DoS it
- Ultimate goal: Precision Strike
  - Attack vector(s) can be assessed in terms of their probability to succeed and the probability of getting detected when executing the attack
    - Identified in the thread modelling and vulnerability analysis phase
  - For a precision strike, choose the most promising attack vector (in terms of success probability and probability of getting detected)

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**Precision strike -** The main focus of a penetration test is to simulate an attacker in order to represent a simulated attack against the organization. The value brought through a penetration test is generally not through smash and grab techniques where the attacks are noisy in nature and in an attempt to try every exploit. This approach may be particularly useful at the end of a penetration test to gauge the level of incident response from the organization, but in most cases the exploitation phase is a accumulation of specific research on the target.

#### **Attack Vectors**



- Attack vectors to establishing access (exploits) are manifold
  - Web application attacks [SWS1]
    - e.g., XSS+Cookie stealing, SQL injection,...
  - Memory based exploits [SWS2 Exploitation lecture and lab]
    - e.g., buffer/heap overflows, use-after-free,...)
  - Man-in-the-Middle (MitM) attacks [IS]
  - USB/Flash Drive deployment 🗘
  - Password cracking or breaking encryption [IS]
  - Hardware-based (e.g., exploiting direct memory access)
- And if nothing else works exploit the human factor (social engineering)!
- The value from a penetration test comes from creativity and the ability to identify exposures and exploit them in a precise manner

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USB/Flash drive deployment: Make sure that the piece of software (malware) on these media runs on the target system only. Otherwise, if you send the USB stick to the victim with Swiss Post but picked the wrong address or the postman put the stick in the wrong mailbox, it could be considered a cyber crime.

#### **Exploitation - Challenges**



- Developing exploits for vulnerabilities where there is no exploit yet
  - For example, vulnerabilities discovered in the vulnerability analysis phase using fuzzing
- Security controls that interfere with the successful execution of an attack vector
  - Anti-virus, application whitelisting, IPS, WAF,...
  - Data Execution Prevention (DEP), Address Space Layout Randomization (ASLR), Stack Canaries,...
- Circumvention is often possible but difficult
  - Anti-Virus / IPS / WAF
    - Transform attack payload by encoding, packing or encrypting it
    - Exploit and payload is memory resident only
  - Application whitelisting
    - Processes in memory are usually not checked => process injection and in-memory malware
  - DEP, ASLR, Stack Canaries => see SWS2 Exploitation lab

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#### Exploitation – Level of Expertise



- The exploitation phase is probably the most challenging one with respect to required expertise (at least for technical attack avenues)
- The in exploitation:
  - Use publicly available exploits with exploitation frameworks
  - Use well-known social-engineering avenues
- The in exploitation:
  - Use, test and modify (e.g., for evasion) publicly available exploits
  - Tune exploitation frameworks to your needs
  - Use social-engineering attacks tailored to your target
- The in exploitation:
  - Zero-Day Angle Reverse engineer, fuzz, analyse code to discover and exploit vulnerabilities that have not been discovered
  - Reproduce environment of target including countermeasure technology

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#### **Post Exploitation**



- Post-exploitation phase: Determine the value of the compromised targets and maintain control for later use.
  - Value usually depends on the sensitivity of the data stored on the target and its usefulness in further compromising the victim.
- Is the most dangerous phase since the tester now has access to the client's (critical) systems where she can cause harm.
  - Rules of Engagement to ensure that the day to day operations and data of the client are not exposed to risk: <a href="http://www.pentest-standard.org/index.php/Post\_Exploitation">http://www.pentest-standard.org/index.php/Post\_Exploitation</a>
- Pivoting/island hoping/lateral movement is often done in this phase
  - Refers to using a compromised system to attack other systems on the victim's network, benefiting from the "insider" position to potentially avoid some controls that may prohibit direct access to the real target

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# Exploitation Tools – The Metasploit Framework

## **Exploitation Tools and Frameworks**



- Metasploit (Ruby) [free/commercial]
  - https://www.rapid7.com/products/metasploit/
- Exploit Pack (Java) [trial/commercial]
  - http://exploitpack.com/
- - 39'000+ exploits
  - 100\$/month or 900\$/month (with "0-days")
- Core Certified Exploit Library [commercial]
  - https://www.coresecurity.com/core-labs/exploits
  - Claim: Verified exploits, secure and effective
- IMMUNITY CANVAS [commercial]
  - http://www.immunitysec.com
  - Over 800 exploits

Metasploits Modules (03/2022):

2205 exploits

1165 auxiliary

395 post

596 payloads

45 encoders

11 nops

9 evasion

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Exploit Pack is claiming to include 39'000+ exploits, including 0-day exploits. According to their website: "Exploit Pack is a multiplatform exploitation framework with more than 39.000+ exploits, implants, agents, undetectable and ready to help you get root on your next target. Like any tool of this type, it requires some basic knowledge and expertise in the matter. Exploit Pack has been designed to be used by hands-on security professionals to support their testing process. "

However, once upon a time the original author of the exploit pack wrote: "So, basically the packs are a bunch of exploits that I grab all over the internet, but having always the quantity in mind, instead of quality, because what I learn from my experience is that I prefer to have everything instead of just one exploit that works with that technology etc. Everything that you could find in exploit-db, packetstorm, full disclosure, etc will be in the professional pack some of them are tweaked by me, others are just raw code that need attention before (you) run it by a click but hey, you will have 33400+ exploits in your arsenal». Furthermore, while it is basically open-source and anyone can check for it, there are some rumours that it might contain «unwanted» functionality."

The current version is not open-source anymore and includes 0-days. However, how likely is it, that this statement is true? That would be really cheap 0-days, after all...

# Metasploit Framework (MSF)



- The Metasploit Framework (MSF) is an advanced open-source platform for developing, testing, and using exploit code
- It is known for releasing some of the most technically sophisticated exploits for many of the vulnerabilities known to the public
- Among its many other features are its capability to interoperate with other relevant tools like port- or vulnerability scanners
- Versions
  - Metasploit Framework (free)
    - Web-based GUI has been discontinued in 2019 for the free version
  - Metasploit Pro (non-free)
    - Web-based GUI, automation, reporting, IDS/IPS/AV evasion, wizards, evidence collection,...
  - Compare: https://www.rapid7.com/products/metasploit/download/editions/

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#### Console Interface - msfconsole



- All-in-one console interface to the frameworks' functions
  - Run in quite mode (no banner):msfconsole -q
  - Full readline support, tabbing and command completion
  - Execution of external commands is possible
  - List and description of core commands: <a href="https://www.offensive-security.com/metasploit-unleashed/msfconsole-commands/">https://www.offensive-security.com/metasploit-unleashed/msfconsole-commands/</a>

```
Command Description

The parameter Display an awesome metasploit banner Codebug Display an awesome metasploit banner Codebug Display an awesome metasploit banner Codebug Display information useful for debugging Exit Exit the console Features Display be list of not yet released features that can be open ted in to get Gets the value of a context-specific variable getg Gets the value of a global variable grep Grep the output of another command help Help menu history Show command history load Load a framework plugin quit Exit the console repeat Repeat a list of commands route Route traffic through a session Save Saves the active datastores sessions Dump session listings and display information about sessions set Sets a global variable to a value setg Sets a global variable to a value setg Sets a global variable to a value setg Sets a global variable to a value step Do nothing for the specified number of seconds pool Write console output into a file as well the screen threads View and manipulate background threads tips Show a list of useful productivity tips unload Unload a framework plugin unset Unsets one or more global variables unsetg Unsets one or more global variables version Show the framework and console library version numbers
```

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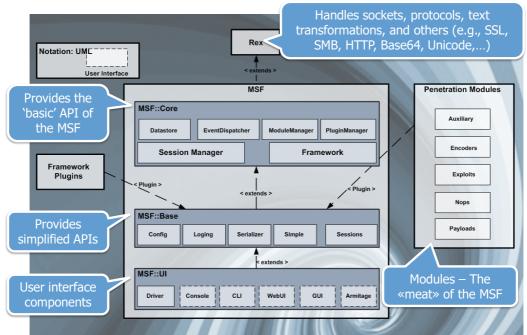
The GNU Readline Library is a utility which aids in the consistency of user interface across discrete programs which provide a command line interface.

More details can be found here:

http://cnswww.cns.cwru.edu/php/chet/readline/readline.html#Top

#### Metasploit Architecture - Overview





https://www.offensive-security.com/metasploit-unleashed/metasploit-architecture/

#### **Metasploit Plugins**

- · Plugins work directly with the API
  - · They manipulate the framework as a whole
  - · Plugins hook into the event subsystem
  - · They automate specific tasks which would be tedious to do manually
- · Plugins only work in the msfconsole
  - · Plugins can add new console commands
  - · They extend the overall Framework functionality

#### **Metasploit Mixins**

Aside from plugins, there is the concept of mixins referring to Ruby's concept of 'including' one class into another.

Mixins can override (a subset of) a class' methods or simply add new methods/features or allow modules to have different 'flavors'.

connect() is e.g. implemented by the TCP mixin and then overloaded by FTP, SMB and others.

The Scanner mixin overloads run() and changes run() for run\_host() and run\_range()

#### Metasploit Object Model and Modules



- The MSF is composed of modules
  - All modules are Ruby classes inheriting from the type-specific class

#### • Module types:

- Exploits Can exploit a vulnerability and place and execute a payload
  - Exploits that do not allow to place and execute a payload on the target, are of the auxiliary type (e.g., that cause a DoS only)
- Auxiliary Include port scanners, fuzzers, sniffers, and more.
- Payloads Payloads usually consist of some form of code
- Encoders Encoders ensure that payloads make it to their destination
- Nops Nops keep the payload sizes consistent

#### Location of modules in Kali distros:

- /usr/share/metasploit-framework/modules/
- Custom modules (user-built): ~/.msf4/modules/

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There are a few types of modules. The module type depends on the purpose of the module and the type of action that the module performs. The following are module types that are available in the Metasploit Framework:

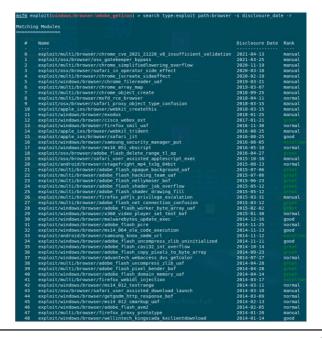
- Exploit An exploit module executes a sequence of commands to target a specific vulnerability
  found in a system or application. An exploit module takes advantage of a vulnerability to provide
  access to the target system. Exploit modules include buffer overflow, code injection, and web
  application exploits.
- Auxiliary An auxiliary module does not execute a payload. It can be used to perform arbitrary
  actions that may not be directly related to exploitation. Examples of auxiliary modules include
  scanners, fuzzers, and denial of service attacks.
- **Post-Exploitation** A post-exploitation module enables you to gather more information or to gain further access to an exploited target system. Examples of post-exploitation modules include hash dumps and application and service enumerators.
- Payload A payload is the shell code that runs after an exploit successfully compromises a
  system. The payload enables you to define how you want to connect to the shell and what you
  want to do to the target system after you take control of it. A payload can open a Meterpreter or
  command shell. Meterpreter is an advanced payload that allows you to write DLL files to
  dynamically create new features as you need them.
- **NOP generator** A NOP generator produces a series of random bytes that you can use to bypass standard IDS and IPS NOP sled signatures. Use NOP generators to pad buffers.

Source: https://docs.rapid7.com/metasploit/msf-overview

# **Exploits**



- Active exploits exploit a specific host, run until completion and exit
  - Brute-force modules exit when a shell opens from the victim
  - Module execution stops if an error is encountered
  - -j: run exploit in background
- Passive exploits wait for incoming connections from client software
  - Exploit modules in exploit/.../browser/
    - All types of clients, not just browsers!
  - Shells get created in the background:
    - I: Show the sessions
    - -i: Interact with a shell.

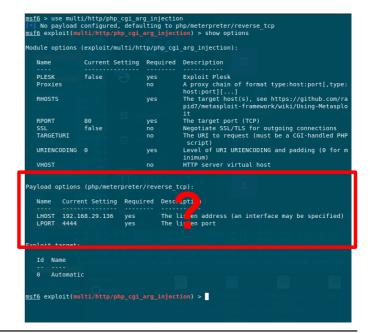


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#### **Using Exploits**



- Searching for exploits: search type:exploit <keyword>
- Selecting an exploit for use: use <exploit identifier>
- Show configuration options: show options
- Show information about exploit: show info
- Additional search options: help search



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#### **Payloads**



- Main payload types: single, stagers and stages.
  - Singles are payloads that are self-contained (fire-and-forget)
    - Victim does not have to connect back to the attacker
    - Payload can be quite big, vulnerability must allow submission/injection of many bytes
    - E.g., payload adding a user to the target system or running calc.exe
  - Stagers setup a network connection between attacker and victim to fetch more stuff
    - Designed to be small to work with vulnerabilities that allow to submit/inject few bytes only
  - Stages are payload components downloaded by Stagers modules
    - E.g., Meterpreter, VNC Injection, iPhone 'ipwn' Shell

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**Reflective DLL Injection** is a technique whereby a stage payload is injected into a compromised host process running in memory, never touching the host hard drive.

The VNC and Meterpreter payloads both make use of reflective DLL injection. You can read more about this from Stephen Fewer, the creator of the <u>reflective DLL injection</u> method:

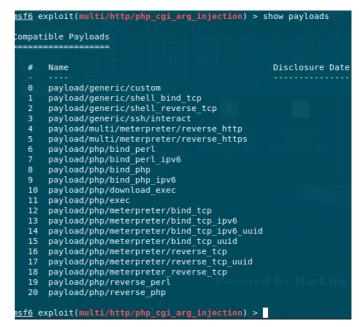
http://blog.harmonysecurity.com/2008/10/new-paper-reflective-dll-injection.html

# **Payloads**



- Use with an exploit:
  - Show payloads for this exploit: show payloads
  - Use a specific payload set payload <payload>
  - Show payload configuration options: show options
- Payloads as a standalone executable:

```
use <payload>
generate -f exe -o mlwr.exe ...
```



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#### Meterpreter Payload (1)



- With an old school «shell» you have
  - Poor automation support
  - Reliant on the shell's built-in commands
  - Limited to installed applications
- With Meterpreter things get easy
- Need to upload a file?meterpreter> upload bkdr.exe bkdr.exe
- Need to execute a file? meterpreter> execute -H -f bkdr.exe
- Tools on your machine need to talk to systems in the victim's internal network 192.168.2.0/24 using your meterpreter session with id 10?
   msf6> route add 192.168.2.0 255.255.255.0 10

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Usage: execute -f file [options]

Executes a command on the remote machine.

**OPTIONS:** 

```
-H Create the process hidden from view.

-a <opt> The arguments to pass to the command.

-c Channelized I/O (required for interaction).

-d <opt> The 'dummy' executable to launch when using -m.

-f <opt> The executable command to run.

-h Help menu.

-i Interact with the process after creating it.

-k Execute process on the meterpreters current desktop

-m Execute from memory.

-s <opt> Execute process in a given session as the session user

-t Execute process with currently impersonated thread token
```

Usage: **upload** [options] src1 src2 src3 ... destination Uploads local files and directories to the remote machine.

**OPTIONS:** 

- -h Help banner
- -r Upload recursively

## Meterpreter Payload (2)



- An advanced post-exploitation system
  - Based on library injection technology
  - Stealthy No disk access and no new process
  - In-memory DLL injection
- What you can do with Meterpreter
  - Command execution & manipulation
  - In-memory process migration
  - Registry interaction
  - File system interaction
  - Complete API scripting
  - Network pivoting & port forwarding

```
meterpreter > run post/windows/manage/migrate

Running module against V-MAC-XP

Current server process: svchost.exe (1076)

Migrating to explorer.exe...

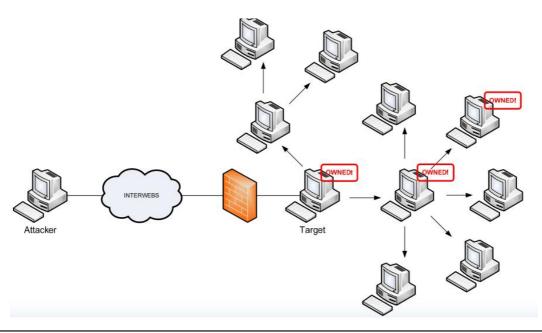
Migrating into process ID 816

New server process: Explorer.EXE (816)

meterpreter >
```

# Meterpreter - Pivoting





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# Auxiliaries (exploits without payload and more)



#### Auxiliaries

- Denial of service methods and exploits
- Information leakage exploits
- Discovery and fingerprinting
- Network protocol "fuzzers"
- Brute Forcing

#### Examples

 discovery/udp\_sweep
 http/http\_version
 http/http\_put
 http/http\_put
 HTTP Version Detection
 HTTP Writable Path PUT/DELETE
 mssql/mssql\_login
 MSSQL Login Utility

• mssql/mssql\_ping MSSQL Ping Utility

	b Site Crawler xiliary/scanner/h tasploit Framewor rmal		
rovided by: hdm <x@hdm.io tasos</x@hdm.io 			
heck supported No			
asic options: Name	Current Setting	Required	Description
DOMAIN	WORKSTATION	yes	The domain to use for windows authentication
HttpPassword		no	The HTTP password to specify for authentication
HttpUsername		no _	The HTTP username to specify for authenticati
MAX_MINUTES		yes	The maximum number of minutes to spend on each URL
MAX PAGES	500	ves	The maximum number of pages to crawl per URL
MAX THREADS		yes	The maximum number of concurrent requests
Proxies		no	A proxy chain of format type:host:port[,type: st:port][]
RHOSTS		yes	The target host(s), see https://github.com/ra d7/metasploit-framework/wiki/Using-Metasploit
RPORT	180 p-scan- nmap	yes	The target port dan-scan- shodan-scan- shod
SSL	false	no	Negotiate SSL/TLS for outgoing connections
URI ne		yes	The starting page to crawl
VHOST		no	HTTP server virtual host

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#### Post Exploitation Modules - Categories



gather
 Modules that involve data gathering/collecting/enumeration.

gather/credentials Modules that steal credentials.

gather/forensics
 Modules that involve forensics data gathering.

manage
 Modules that modifies/operates/manipulates something on the system.

Session management related tasks such as migration, injection

• recon Modules to learn more about the system in terms of reconnaissance.

No data stealing.

escalate
 Privilege escalation modules (not exploit-based => exploits)

wlan
 Modules that are for WLAN related tasks.

• capture Modules that involve monitoring something for data collection.

For example: key logging.

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J2

https://github.com/rapid7/metasploit-framework/wiki/How-to-get-started-with-writing-a-post-module

## **Maintaining Access**



- Be careful when installing backdoors during penetration tests
- Someone else might connect to this "service" as well!
- To maintain access and avoid detection:
  - Deploy well-known remote management tools
  - Use built-in tools/mechanisms
  - Use custom (fileless) backdoors
  - Apply obfuscation/morphing to known tools
  - ...



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Image source: https://documents.trendmicro.com/assets/infographics/Fileless-Threats-101-infographic.jpg

#### **Summary**



- The phases threat modeling, vulnerability analysis, exploitation and post exploitations involve many activities, skills and challenges
  - We scratched only the surface
  - We gave a basic idea and pointed out some methods and (types of) tools
- Vulnerability scanners do not work perfectly, there are legitimate reasons why
  they have false positives and false negatives
- The Metasploit framework is a tool that makes exploiting well-known vulnerabilities (and more) easy

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