# Lec 2: KL Divergence

Yaojie Han

**Defn.** (KL Divergence)

For two probability distributions $P, Q$ over the same space, the Kullback-Leibler divergence (or the relative entropy) of $P$ w.r.t. $Q$ is

$$D_{KL}(P\|Q) = \begin{cases} \mathbb{E}_{X\sim P}\left[\log \frac{dP}{dQ}(X)\right] & \text{if } P \ll Q \\ +\infty & \text{o.w.} \end{cases}$$

Remark: 1. The above defn. covers both discrete and continuous cases, i.e.

$$D_{KL}(P\|Q) = \sum_{x\in\mathcal{X}} p(x)\log\frac{p(x)}{q(x)} \quad \text{if } p, q \text{ are pmfs}$$

and

$$D_{KL}(P\|Q) = \int p(x)\log\frac{p(x)}{q(x)}\,d\mu(x) \quad \text{if } p, q \text{ are pdfs w.r.t. } \mu.$$

2. This is a <u>divergence</u> rather than a <u>distance</u>, i.e. $D_{KL}(P\|Q) \neq D_{KL}(Q\|P)$. For this reason, we write $D_{KL}(P\|Q)$ instead of $D_{KL}(P,Q)$.
3. IT origin: $D_{KL}(P\|Q)$ is the "redundancy" of using $Q$ for source coding while the true distribution is $P$:

$$D_{KL}(P\|Q) = \underbrace{\sum_x p(x)\log\frac{1}{q(x)}}_{\substack{\text{expected codelength} \\ \text{of using } Q}} - \underbrace{H(P)}_{\substack{\text{optimal expected} \\ \text{codelength} \\ \text{for source } P}}$$

**Basic properties.**

**Property I:** $D_{KL}(P\|Q) \geq 0$, with equality iff $P = Q$.

**Pf.** $D_{KL}(P\|Q) = \mathbb{E}_P\left[\log\frac{dP}{dQ}\right] = \mathbb{E}_P\left[-\log\frac{dQ}{dP}\right] \geq -\log\mathbb{E}_P\left[\frac{dQ}{dP}\right] = 0.$ ☑

Note: this gives the usual proof of

$$I(X;Y) = \mathbb{E}_{P_{XY}}\left[\log\frac{P_{XY}(X,Y)}{P_X(X)P_Y(Y)}\right] = D_{KL}(P_{XY}\|P_XP_Y) \geq 0.$$

Also, equality holds iff $P_{XY} = P_XP_Y$, i.e. $X$ and $Y$ are independent.

**Property II**: $(P, Q) \mapsto D_{KL}(P\|Q)$ is joint convex.

Pf. Follow from the joint convexity of $(x, y) \mapsto x \log \frac{x}{y}$ over $\mathbb{R}_+^2$, whose Hessian is $\begin{bmatrix} 1/x & -1/y \\ -1/y & x/y^2 \end{bmatrix} \succeq 0$. ☑

**Property III (Chain rule)**: $D_{KL}(P_{X^n}\|Q_{X^n}) = \sum_{i=1}^n \mathbb{E}_{P_{X^{i-1}}}[D_{KL}(P_{X_i|X^{i-1}}\|Q_{X_i|X^{i-1}})]$.

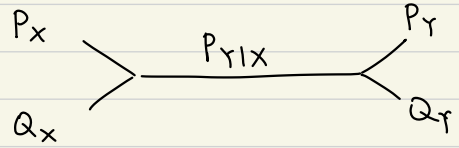
Pf.

$$\begin{aligned} D_{KL}(P_{X^n}\|Q_{X^n}) &= \mathbb{E}_{P_{X^n}}\left[\log \frac{P_{X^n}}{Q_{X^n}}\right] \\ &= \mathbb{E}_{P_{X^n}}\left[\sum_{i=1}^n \log \frac{P_{X_i|X^{i-1}}}{Q_{X_i|X^{i-1}}}\right] \\ &= \sum_{i=1}^n \mathbb{E}_{P_{X^{i-1}}} \underbrace{\mathbb{E}_{P_{X_i|X^{i-1}}}\left[\log \frac{P_{X_i|X^{i-1}}}{Q_{X_i|X^{i-1}}}\right]}_{= D_{KL}(P_{X_i|X^{i-1}}\|Q_{X_i|X^{i-1}})} \end{aligned}$$

☑

**Data processing inequality (DPI)**: an important property of KL divergence

If




then $D_{KL}(P_X\|Q_X) \geq D_{KL}(P_Y\|Q_Y)$

(i.e. distributions become "closer" after processing)

Pf. (Method 1: convexity) Verify that

$$\mathbb{E}_{Q_{X|Y}}\left[\frac{P_X}{Q_X}\right] = \frac{P_Y}{Q_Y} \quad \text{(exercise)}$$

Then $D_{KL}(P_Y\|Q_Y) = \mathbb{E}_{Q_Y}\left[\frac{P_Y}{Q_Y}\log\frac{P_Y}{Q_Y}\right]$

$$\leq \mathbb{E}_{Q_Y}\mathbb{E}_{Q_{X|Y}}\left[\frac{P_X}{Q_X}\log\frac{P_X}{Q_X}\right] \quad \text{(Jensen's on } x\log x\text{)}$$

$$= \mathbb{E}_{Q_X}\left[\frac{P_X}{Q_X}\log\frac{P_X}{Q_X}\right] = D_{KL}(P_X\|Q_X)$$

(Method 2: chain rule) Let $P_{XY} = P_X P_{Y|X}$, $Q_{XY} = Q_X P_{Y|X}$.

$$\begin{aligned} D_{KL}(P_X \| Q_X) &= D_{KL}(P_X \| Q_X) + \mathbb{E}_{P_X}[\underbrace{D_{KL}(P_{Y|X} \| Q_{Y|X})}_{=0}] \\ &= D_{KL}(P_{XY} \| Q_{XY}) \\ &= D_{KL}(P_Y \| Q_Y) + \mathbb{E}_{P_Y}[\underbrace{D_{KL}(P_{X|Y} \| Q_{X|Y})}_{\geq 0}] \\ &\geq D_{KL}(P_Y \| Q_Y) \end{aligned}$$

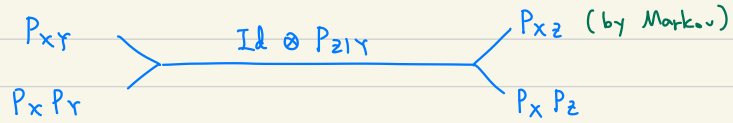
(4)

## Applications of DPI

① DPI of mutual information: if $X - Y - Z$, then

$$I(X;Y) \geq I(X;Z)$$

Pf.



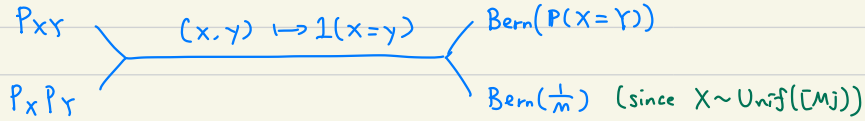

$$\Rightarrow I(X;Y) = D_{KL}(P_{XY} \| P_X P_Y) \geq D_{KL}(P_{XZ} \| P_X P_Z) = I(X;Z)$$

(2)

② Fano's inequality: if $X \sim \mathrm{Unif}([M])$, then

$$\mathbb{P}(X \neq Y) \geq 1 - \frac{I(X;Y) + \log 2}{\log M}.$$

Pf.

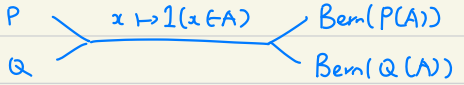



$$\begin{aligned} \Rightarrow I(X;Y) &= D_{KL}(P_{XY} \| P_X P_Y) \\ &\geq D_{KL}(\mathrm{Bern}(\mathbb{P}(X=Y)) \| \mathrm{Bern}(\tfrac{1}{M})) \\ &= (1-\mathbb{P}(X\neq Y)) \log \frac{1-\mathbb{P}(X\neq Y)}{1/M} + \mathbb{P}(X\neq Y) \log \frac{\mathbb{P}(X\neq Y)}{1-\frac{1}{M}} \\ &\geq (1-\mathbb{P}(X\neq Y)) \log M - \log 2 \end{aligned}$$

(4)

③ Contiguity: $\forall$ event $A$: $P(A)\log\frac{P(A)}{eQ(A)} \le D_{KL}(P\|Q)$

(so if $D_{KL}(P\|Q) = O(1)$, then $Q(A)\to 0 \Rightarrow P(A)\to 0$)

Pf. 


$\Rightarrow D_{KL}(P\|Q) \ge D_{KL}(\text{Bern}(P(A))\|\text{Bern}(Q(A))) \ge P(A)\log\frac{P(A)}{eQ(A)}$ ▫

Dual representation of KL: move from distributions to functions

**Donsker-Varadhan.** $D_{KL}(P\|Q) = \sup_f \mathbb{E}_P f - \log \mathbb{E}_Q[e^f]$.
where the sup is taken over all functions $f$ with $\mathbb{E}_Q[e^f] < \infty$.

Pf ($\le$) Take $f = \log\frac{dP}{dQ}$.

($\ge$) By replacing $f$ by $f-c$, WLOG can assume $\mathbb{E}_Q[e^f] = 1$.
In this case,
$\tilde{Q}(dx) = e^{f(x)}Q(dx)$ is also a distribution.

So
$$D_{KL}(P\|Q) - \mathbb{E}_P f = \mathbb{E}_P[\log\frac{dP}{e^f dQ}] = \mathbb{E}_P[\log\frac{dP}{d\tilde{Q}}]$$
$$= D_{KL}(P\|\tilde{Q}) \ge 0$$ ▫

**Gibbs variational principle.**
$$\log \mathbb{E}_Q[e^f] = \sup_P \mathbb{E}_P f - D_{KL}(P\|Q)$$

Pf. ($\le$) Take $P(dx) = \frac{e^{f(x)}Q(dx)}{\mathbb{E}_Q[e^f]}$.

($\ge$) By Donsker-Varadhan. ▫

Both results have numerous applications in practice.

## Application 1: transportation inequalities.

**Example 1.1.** Restricting Donsker-Varadhan to $f = \lambda g$ with $\|g\|_\infty \le 1$:

$$D_{KL}(P\|Q) \ge \sup_{\substack{\lambda \in \mathbb{R} \\ \|g\|_\infty \le 1}} \lambda \mathbb{E}_P[g] - \underbrace{\log \mathbb{E}_Q[e^{\lambda g}]}_{\le \lambda \mathbb{E}_Q[g] + \frac{\lambda^2}{2} \text{ by Hoeffding's ineq.}}$$

$$\ge \sup_{\substack{\lambda \in \mathbb{R} \\ \|g\|_\infty \le 1}} \lambda(\mathbb{E}_P[g] - \mathbb{E}_Q[g]) - \frac{\lambda^2}{2}$$

$$= \frac{1}{2}\left(\sup_{\|g\|_\infty \le 1} \mathbb{E}_P[g] - \mathbb{E}_Q[g]\right)^2$$

$$= 2 \cdot TV(P,Q)^2,$$

which is Pinsker's inequality (see next lecture, also for an alternative proof)

**Example 1.2 (Bobkov & Götze):** The following are equivalent:

① $\mathbb{E}_Q[e^{\lambda(f - \mathbb{E}_Q f)}] \le \exp(\frac{\lambda^2}{2} C)$ for all 1-Lip functions $f$ and $\lambda \in \mathbb{R}$;

② $W_1(P,Q) \le \sqrt{2C \cdot D_{KL}(P\|Q)}$ holds for all $P$.

1-Lip functions: Lipschitz: $|f(x) - f(y)| \le d(x,y)$ for a given metric $d$.

$W_1$: Wasserstein-1 distance:

$$\inf_{\pi \in \Pi(P,Q)} \mathbb{E}_{(X,Y)\sim\pi}[d(X,Y)] = \sup_{f:\,1\text{-Lip}} \mathbb{E}_P f - \mathbb{E}_Q f.$$

*Pf.* (① ⇒ ②) $D_{KL}(P\|Q) \ge \sup_{\substack{\lambda \in \mathbb{R} \\ f:\,1\text{-Lip}}} \lambda \cdot \mathbb{E}_P f - \log \mathbb{E}_Q[e^{\lambda f}]$

$$\ge \sup_{\substack{\lambda \in \mathbb{R} \\ f:\,1\text{-Lip}}} \lambda(\mathbb{E}_P f - \mathbb{E}_Q f) - \frac{\lambda^2 C}{2}$$

$$= \frac{1}{2C}\left(\sup_{f:\,1\text{-Lip}} \mathbb{E}_P f - \mathbb{E}_Q f\right)^2 = \frac{W_1(P,Q)^2}{2C}.$$

(② ⇒ ①) $\log \mathbb{E}_Q[e^{\lambda(f - \mathbb{E}_Q f)}] = \sup_P \mathbb{E}_P[\lambda(f - \mathbb{E}_Q[f]] - D_{KL}(P\|Q)$

$$\le \sup_P \lambda(\mathbb{E}_P f - \mathbb{E}_Q f) - \frac{(\mathbb{E}_P f - \mathbb{E}_Q f)^2}{2C}$$

$$\le \frac{\lambda^2}{2} C$$

□

## Application 2: variational inference.

Setting: a family of distributions $p_\theta(x^n, y^n)$ where both $p_\theta(x^n)$ and $p_\theta(y^n \mid x^n)$ are tractable

Problem: estimate $\theta$ given only $y^n$ ($x^n$ not observable: missing data/latent variable)

Difficulty: $p_\theta(y^n) = \int p_\theta(x^n) p_\theta(y^n \mid x^n)\, dx^n$ often not log-concave or tractable

**Evidence Lower Bound (ELBO)**

$$\log p_\theta(y^n) = \sup_q \mathbb{E}_{x^n \sim q}\left[\log \frac{p_\theta(x^n, y^n)}{q(x^n)}\right]$$

Pf. Gibbs variational principle

$$\Rightarrow \log p_\theta(y^n) = \log \mathbb{E}_{p_\theta(x^n)} e^{\log p_\theta(y^n \mid x^n)}$$

$$= \sup_q \mathbb{E}_{q(x^n)}[\log p_\theta(y^n \mid x^n)] - D_{KL}(q \,\|\, p_\theta)$$

$$= \text{ELBO} \qquad \square$$

Example 2.1 (Ising model). $p(y^n) = \frac{1}{Z}\exp\left(\sum_{i<j} A_{ij} y_i y_j + \sum_i b_i y_i\right)$. $y^n \in \{\pm 1\}^n$

Variational inference of $\log Z$:

$$\log Z = \log\left(2^n \mathbb{E}_{y^n \sim \mathrm{Unif}(\{\pm 1\}^n)} \exp\left(\sum_{i<j} A_{ij} y_i y_j + \sum_i b_i y_i\right)\right)$$

$$= n \log 2 + \sup_p \left(\mathbb{E}_p\left[\sum_{i<j} A_{ij} y_i y_j + \sum_i b_i y_i\right] - D_{KL}\left(p \,\|\, \mathrm{Unif}(\{\pm 1\}^n)\right)\right)$$

$$= \sup_p \mathbb{E}_p\left[\sum_{i<j} A_{ij} y_i y_j + \sum_i b_i y_i\right] + H(p).$$

Relaxing to $p = \prod_i \mathrm{Bern}(p_i)$ and optimizing over $(p_1, \cdots, p_n)$ yield a tractable lower bound.

**Example 2.2 (EM algorithm)**: aim to find the MLE

$$\arg\max_\theta \log p_\theta(y^n) = \arg\max_\theta \sup_q \mathbb{E}_{x^n \sim q}\left[\log \frac{p_\theta(x^n, y^n)}{q(x^n)}\right].$$

Successive maximization:

- E step: fix $\theta = \theta^{(t)}$, the maximizer is $q^{(t)}(x^n) = p_{\theta^{(t)}}(x^n | y^n)$ (factorizable in the missing data case)
- M step: fix $q = q^{(t)}$, the maximizer is

$$\theta^{(t+1)} = \arg\max_\theta \mathbb{E}_{x^n \sim q^{(t)}}\left[\log p_\theta(x^n, y^n)\right]$$

(no integral; tractable)

(For example, in exponential families $p_\theta(x, y) \propto \exp(\langle \theta, T(x,y)\rangle - A(\theta))$,
E-step corresponds to the computation of $\mu_i \triangleq \mathbb{E}_{x \sim p_{\theta^{(t)}}(\cdot | y_i)}[T(x_i, y_i)]$,
and M-step corresponds to the usual MLE computation $\nabla A(\theta^{(t+1)}) = \frac{1}{n}\sum_{i=1}^n \mu_i$ )

**Example 2.3 (VAE)**: given images $y_1, \cdots, y_n$, aim to find a generative model:

$$x_i \sim N(0, I), \quad y_i \sim N(\mu_\theta(x_i), \sigma_\theta^2(x_i) I)$$

(parametrized by neural nets)

Using ELBO:

$$\max_\theta \log p_\theta(y^n) \geq \max_\theta \max_\phi \mathbb{E}_{x^n \sim q_\phi}\left[\log \frac{p_\theta(x^n, y^n)}{q_\phi(x^n)}\right]$$

(another Gaussian $q_\phi(y_i) = N(\mu_\phi(y_i), \sigma_\phi^2(y_i) I)$)

Idea of VAE: ① Replace $\mathbb{E}_{x^n \sim q_\phi}$ by empirical mean of simulated samples $x_{ij} \sim N(\mu_\phi(y_i), \sigma_\phi^2(y_i) I)$, $j = 1, 2, \cdots, M$;

② Compute $\nabla_\theta$ by the explicit expression of $\log p_\theta(x^n, y^n)$;

③ Compute $\nabla_\phi$ by the reparametrization trick:

$$\nabla_\phi \mathbb{E}_{x \sim N(\mu_\phi, \sigma_\phi^2 I)}[f(x)] = \nabla_\phi \mathbb{E}_{\varepsilon \sim N(0, I)}[f(\mu_\phi + \sigma_\phi \varepsilon)]$$

$$= \mathbb{E}_{\varepsilon \sim N(0,I)}[\nabla_\phi f(\mu_\phi + \sigma_\phi \varepsilon)]$$

$$\approx \frac{1}{M}\sum_{i=1}^M \nabla_\phi f(\mu_\phi + \sigma_\phi \varepsilon_i).$$

## Application 3: adaptive data analysis

Problem: data $X^n \overset{\text{i.i.d.}}{\sim} P$, a class of functions $\{\phi_t : \mathcal{X} \to \mathbb{R}\}$

For each given $\phi_t$, we have

$$P_n \phi_t := \frac{1}{n}\sum_{i=1}^n \phi_t(X_i) \approx \mathbb{E}_P[\phi_t(X_i)] =: P\phi_t$$

What happens to $P_n \phi_T$ if the index $T$ depends on the data $X^n$?

**Example 3.1 (Russo & Zou '16)** If each $\phi_t$ is $\sigma^2$-sub-Gaussian under $P$, then

$$\left| \mathbb{E}[P_n \phi_T] - \mathbb{E}[P\phi_T] \right| \le \sqrt{\frac{2\sigma^2}{n} I(X^n; T)}.$$

Remark: ① If $I(T; X^n) = 0$, i.e. $T$ is independent of $X^n$, then $P_n \phi_T$ is unbiased for $P\phi_T$.

② If $T \in \{1, \cdots, m\}$, then $I(X^n; T) \le H(T) \le \log m$, and the upper bound $\sqrt{\frac{2\sigma^2 \log m}{n}}$ can be shown via union bound

Pf. $\mathbb{E}[P_n \phi_T | T] = \mathbb{E}_{P_{X^n|T}}\left[\frac{1}{n}\sum_i \phi_T(X_i)\right]$

$\mathbb{E}[P\phi_T | T] = \mathbb{E}_{P_{X^n}}\left[\frac{1}{n}\sum_i \phi_T(X_i)\right]$

Donsker-Varadhan $\Rightarrow D_{KL}(P_{X^n|T} \| P_{X^n}) \ge \sup_{\lambda \in \mathbb{R}} \mathbb{E}_{P_{X^n|T}}\left[\frac{\lambda}{n}\sum_i \phi_T(X_i)\right]$

$$- \log \mathbb{E}_{P_{X^n}}\left[e^{\frac{\lambda}{n}\sum_i \phi_T(X_i)}\right]$$

$$\le \mathbb{E}_{P_{X^n}}\left[\frac{\lambda}{n}\sum_i \phi_T(X_i)\right] + \frac{\lambda^2\sigma^2}{2n}$$

by sub-Gaussian condition

$$= \sup_{\lambda \in \mathbb{R}} \lambda\left(\mathbb{E}[P_n\phi_T|T] - \mathbb{E}[P\phi_T|T]\right) - \frac{\lambda^2\sigma^2}{2n}$$

$$= \frac{1}{2}\left(\mathbb{E}[P_n\phi_T|T] - \mathbb{E}[P\phi_T|T]\right)^2.$$

Taking expectation w.r.t. $T$ gives the result. ∎

## Application 4: PAC-Bayes.

**PAC-Bayes inequality.** Let $X \sim P$, and consider a class of functions $\{f_\theta : \mathcal{X} \to \mathbb{R}\}$. Fix any prior distribution $\pi$ of $\theta$. Then w.p. $\geq 1-\delta$ (over the randomness in $X$), for all distributions $\rho$ over $\theta$,

$$\mathbb{E}_{\theta\sim\rho}[f_\theta(X) - \psi(\theta)] \leq D_{KL}(\rho\|\pi) + \log\frac{1}{\delta},$$

where $\psi(\theta) := \log \mathbb{E}_{X\sim P} e^{f_\theta(X)}$.

Remark: ① The exception set depends on $\pi$, but not on $\rho$.

② This inequality holds for all $\rho$, which generalizes the union bound where $\rho$ is usually taken to be a point mass $\rho = \delta_{\theta_0}$.

③ By taking $\rho = P_{\theta|X}$ to be a data-dependent distribution, we'll have

$$\mathbb{E}_{(\theta,X)\sim P_{\theta X}}[f_\theta(X) - \psi(\theta)] \leq \inf_\pi \mathbb{E}_{P_X}[D_{KL}(P_{\theta|X}\|\pi)] = I(\theta; X) \quad \text{(exercise!)}$$

Pf. By Markov's inequality, suffices to prove

$$\mathbb{E}_{X\sim P}\left[\sup_\rho \exp\left(\mathbb{E}_{\theta\sim\rho}[f_\theta(X) - \psi(\theta)] - D_{KL}(\rho\|\pi)\right)\right] \leq 1.$$

By Gibbs variational principle, the LHS is

$$\mathbb{E}_{X\sim P}\left[\exp\left(\log \mathbb{E}_{\theta\sim\pi} e^{f_\theta(X)-\psi(\theta)}\right)\right]$$

$$= \mathbb{E}_{X\sim P}\mathbb{E}_{\theta\sim\pi}[e^{f_\theta(X)-\psi(\theta)}]$$

$$= \mathbb{E}_{\theta\sim\pi}\Big[\underbrace{\mathbb{E}_{X\sim P} e^{f_\theta(X)-\psi(\theta)}}_{=1}\Big] = 1 \qquad \square$$

Why call it PAC-Bayes? Come from the following application in statistical learning theory:

**Example 4.1.** Let $f: \mathcal{X} \to [0,1]$, $X_1, \dots, X_n \overset{\text{i.i.d.}}{\sim} P$

$$P_n f := \frac{1}{n}\sum_{i=1}^n f(X_i), \quad Pf := \mathbb{E}_{X\sim P}[f(X)].$$

For fixed $f$, sub-Gaussian concentration (Hoeffding's inequality) gives

$$(P_n f - Pf)^2 \le \frac{1}{2n}\log\frac{2}{\delta} \quad \text{w.p.} \ge 1-\delta.$$

By PAC-Bayes, fix a prior $\pi$, then w.p. $\ge 1-\delta$, for any $\rho$:

$$\mathbb{E}_{f\sim\rho}\Big[\lambda(P_n f - Pf)^2 - \log \mathbb{E}_X e^{\lambda(P_n f - Pf)^2}\Big] \le D_{KL}(\rho\|\pi) + \log\frac{1}{\delta}$$

$\lambda(P_n f - Pf)^2$ is $\frac{1}{8n}$-sub-Gaussian

$$\le \frac{1}{2}\log\frac{1}{1-\frac{\lambda}{4n}} \quad \text{if } \lambda < 4n.$$

Choosing $\lambda = 2n$ gives $\mathbb{E}_{f\sim\rho}[(P_n f - Pf)^2] \le \dfrac{D_{KL}(\rho\|\pi) + \log\frac{2}{\delta}}{2n}$ $\forall \rho$.

PAC-Bayes also has surprising applications to concentration inequalities, by choosing $\rho$ and $\pi$ appropriately.

**Example 4.2.** If $X \sim N(0, \Sigma)$, then w.p. $\ge 1-\delta$,

$$\|X\|_2 \le \sqrt{\operatorname{Tr}\Sigma} + \sqrt{2\|\Sigma\|_{op}\log\frac{1}{\delta}}.$$

**Remark:** Try union bound to $\|X\|_2 = \sup_{\|v\|_2\le 1}\langle X, v\rangle$ yourself!

It's very difficult to make covering / chaining arguments give such sharp bound, because of a general shaped $\Sigma$. One need to invoke Talagrand's generic chaining to this example, but it's very difficult to carry out.

Pf. $\|X\|_2 = \sup_{\|v\|_2=1} \langle v, X\rangle$.

To apply PAC-Bayes, we construct a prior $\rho_v$ such that $\mathbb{E}_{\theta\sim\rho_v}[\langle\theta, X\rangle] = \langle v, X\rangle$.
A natural choice is $\rho_v = N(v, \sigma^2 I)$. Then for $\pi = N(0, \sigma^2 I)$: w.p. $\geq 1-\delta$,

$$\sup_{\|v\|_2\leq 1} \mathbb{E}_{\rho_v}\Big[\lambda\langle\theta, X\rangle - \underbrace{\log \mathbb{E}_X e^{\lambda\langle\theta, X\rangle}}_{=\frac{\lambda^2}{2}\theta^T\Sigma\theta}\Big] - \underbrace{D_{KL}(\rho_v\|\pi)}_{=\frac{\|v\|_2^2}{2\sigma^2}=\frac{1}{2\sigma^2}} \leq \log\frac{1}{\delta}.$$

$$\Rightarrow \sup_{\|v\|_2\leq 1} \lambda\langle v, X\rangle - \frac{\lambda^2}{2}(v^T\Sigma v + \sigma^2 Tr(\Sigma)) - \frac{1}{2\sigma^2} \leq \log\frac{1}{\delta}.$$

$$\Rightarrow \langle v, X\rangle \leq \frac{\lambda}{2}(\underbrace{v^T\Sigma v}_{\leq\|\Sigma\|_{op}} + \sigma^2 Tr(\Sigma)) + \frac{1}{\lambda}\left(\frac{1}{2\sigma^2} + \log\frac{1}{\delta}\right), \quad \forall v.$$

Optimize over $\sigma^2$: $\sigma^2 = \frac{1}{\lambda}\cdot\frac{1}{\sqrt{Tr(\Sigma)}}$
Optimize over $\lambda$: $\lambda = \sqrt{\frac{2\log(1/\delta)}{\|\Sigma\|_{op}}}$
$\Rightarrow \|X\|_2 \leq \sqrt{Tr(\Sigma)} + \sqrt{2\|\Sigma\|_{op}\log\frac{1}{\delta}}$ w.p. $\geq 1-\delta$. ∎

Example 4.3. Let $X_1, \cdots, X_n$ be i.i.d with $\mathbb{E}[X_i] = 0$, $\mathbb{E}[X_i X_i^T] = \Sigma$, and that $v^T X_i$ is $v^T\Sigma v$-sub Gaussian for any $v\in\mathbb{R}^n$. Let $\hat{\Sigma} = \frac{1}{n}\sum_{i=1}^n X_i X_i^T$ be the sample covariance. Then w.p. $\geq 1-\delta$,

$$\|\hat{\Sigma} - \Sigma\|_{op} \leq C\|\Sigma\|_{op}\left(\sqrt{\frac{r(\Sigma)+\log\frac{1}{\delta}}{n}} + \frac{r(\Sigma)+\log\frac{1}{\delta}}{n}\right)$$

where $r(\Sigma) = \frac{Tr(\Sigma)}{\|\Sigma\|_{op}}$ is called the effective rank.

Remark: This is the result of [Koltchinskii & Lounici '17], where the key challenge is to arrive at the tight factor $r(\Sigma)$. Our proof is taken from [Zhivotovskiy '21] via PAC-Bayes.

**Pf.** (Throughout the proof, $C$ denotes a large universal constant which may change from line to line).

$\|\hat{\Sigma} - \Sigma\|_{op} = \sup_{\|u\|_2, \|v\|_2 = 1} u^T(\hat{\Sigma} - \Sigma)v.$

Consider $(\theta, \theta') \sim \rho_{u,v} := f_u \otimes f_v$, where $f_u$ is the density of

$N(u, \sigma^2 I)$ conditioned on $(x-w)^T \Sigma (x-w) \le r^2$.

Clearly $\mathbb{E}_{(\theta,\theta')\sim\rho_{u,v}}[\theta^T(\hat{\Sigma} - \Sigma)\theta'] = u^T(\hat{\Sigma} - \Sigma)v$, and

$p := \mathbb{P}(Z^T \Sigma^{-1} Z \le r^2) \ge 1 - \frac{\mathbb{E}[Z^T \Sigma Z]}{r^2} = 1 - \frac{\sigma^2 \mathrm{Tr}(\Sigma)}{r^2}$ for $Z \sim N(0, \sigma^2 I)$.

Let $\pi = N(0, \sigma^2 I) \otimes N(0, \sigma^2 I)$. One can compute

$$D_{KL}(f_u \| N(0, \sigma^2 I)) = \frac{1}{2\sigma^2} + \log\left(\frac{1}{p}\right).$$

so that $D_{KL}(\rho_{u,v} \| \pi) = \frac{1}{\sigma^2} + 2\log\left(\frac{1}{p}\right)$.

Now by PAC-Bayes, w.p. $\ge 1 - \delta$,

$$\sup_{\|u\|_2, \|v\|_2 = 1} \mathbb{E}_{(\theta,\theta')\sim\rho_{u,v}}\left[\lambda \theta^T(\hat{\Sigma} - \Sigma)\theta' - \underbrace{\log \mathbb{E}\, e^{\lambda \theta^T(\hat{\Sigma} - \Sigma)\theta'}}\right] - D_{KL}(\rho_{u,v} \| \pi) \le \log\frac{1}{\delta}$$

$$\le \frac{C\lambda^2}{n}(\theta^T \Sigma \theta + \theta'^T \Sigma \theta')^2 \quad \text{for } \lambda \le \frac{n}{C(\theta^T \Sigma \theta + \theta'^T \Sigma \theta')}.$$

Since $\theta^T \Sigma \theta \le \left(\sqrt{u^T \Sigma u} + \sqrt{(\theta - w)^T \Sigma (\theta - w)}\right)^2 \le \left(\sqrt{\|\Sigma\|_{op}} + r\right)^2$. we get

$$\|\hat{\Sigma} - \Sigma\|_{op} \le \frac{C\lambda}{n}\left(\sqrt{\|\Sigma\|_{op}} + r\right)^4 + \frac{1}{\lambda}\left(\frac{1}{\sigma^2} + 2\log\left(\frac{1}{p}\right) + \log\frac{1}{\delta}\right)$$

$$\text{if } \lambda \le \frac{n}{C\left(\sqrt{\|\Sigma\|_{op}} + r\right)^2}.$$

Choose $r^2 = 2\|\Sigma\|_{op}$, $\sigma^2 = \frac{\|\Sigma\|_{op}}{\mathrm{Tr}(\Sigma)} = \frac{1}{r(\Sigma)}$, then $p \ge \frac{1}{2}$, and

$$\|\hat{\Sigma} - \Sigma\|_{op} \le C\left(\frac{\lambda}{n}\|\Sigma\|_{op}^2 + \frac{1}{\lambda}\left(r(\Sigma) + \log\frac{1}{\delta}\right)\right), \text{ if } \lambda \le \frac{n}{C\|\Sigma\|_{op}}.$$

Finally, choosing

$$\lambda \asymp \begin{cases} \frac{n}{\|\Sigma\|_{op}} \sqrt{\frac{r(\Sigma)+\log(\frac{1}{\delta})}{n}} & \text{if } \frac{r(\Sigma)+\log\frac{1}{\delta}}{n} \le 1 \\ \frac{n}{\|\Sigma\|_{op}} & \text{if } \frac{r(\Sigma)+\log\frac{1}{\delta}}{n} > 1 \end{cases}$$

leads to the claimed result. ∎