

CS3244 Project

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Smartphone-based Human Activity Recognition Dataset with Postural Transitions (SBHAR) Dataset [1]

**Remote monitoring of physiotherapy
patients using HAR analysis**

Dataset Breakdown

Basic Activities

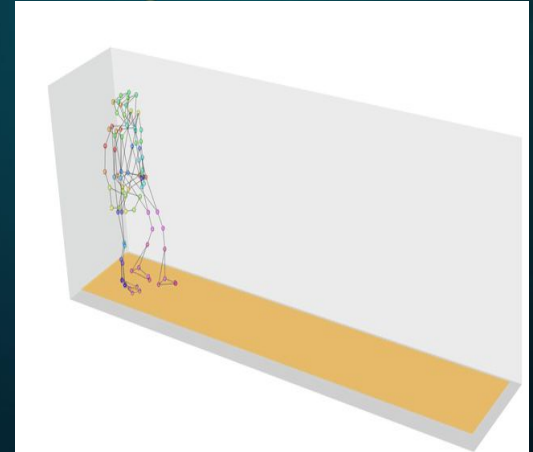
- Walking
- Walking upstairs
- Walking downstairs
- Sitting
- Standing
- Laying

Postural Transitions

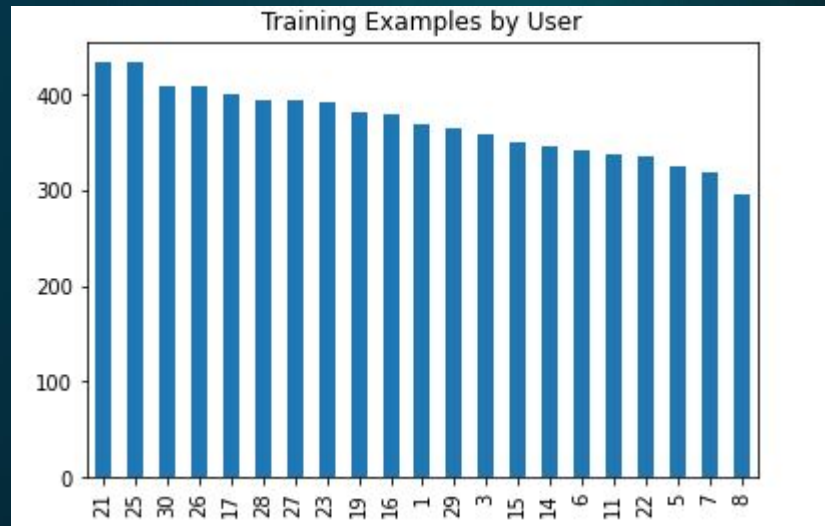
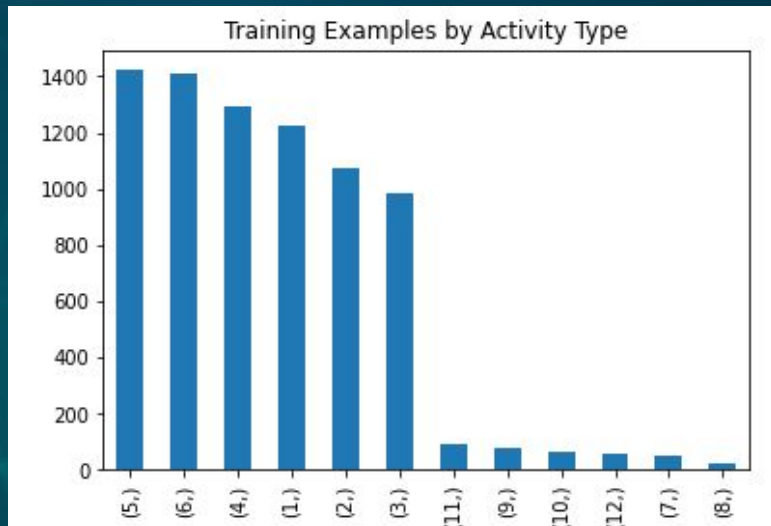
- Stand-to-sit
- Sit-to-stand
- Sit-to-lie
- Lie-to-sit
- Stand-to-lie
- Lie-to-stand

Data source:

- 30 volunteers aged 19-48
- Done with Samsung Galaxy S embedded with accelerometer and gyroscope



Dataset Breakdown



Number of samples: 10929

Related Works

Ubiquity of smartphone over the years

- 6.37 billion smartphone users globally[2]
- Easier to collect Data and perform analysis
- Since its first work in the late 90s by Foerter and Smeja[3], field of HAR analysis has become more popular with a focus on wearable devices to classify human activity [4]

Applications of HAR:

- surveillance, healthcare and human-computer interactions.

For this dataset in particular, classification of activity being completed and identification of which user is completing the action[5] have been popular areas of interests.

Related Works

Classification

- Feature engineering
 - Handpicked features [7]
 - Mapping with different window
- Capstone project by Xiaoshan Sun [6]
 - Utilised PCA for dimensionality reduction with 103 features
 - Models explored: SVC (Support vector classifier) and CNN
- Multilayer Architectures [9][10][11][12][13]

Paper	Method	Accuracy
[40]	Hidden Markov Models	83.51
[41]	Dynamic Time Warping	89.00
[42]	Handcrafted Features + SVM	89.00
[38]	Convolutional Neural Network	90.89
[13]	Hidden Markov Models	91.76
[43]	PCA + SVM	91.82
[43]	Stacked Autoencoders + SVM	92.16
[8]	Hierarchical Continuous HMM	93.18
[9]	Convolutional Neural Network	94.79
[10]	Convolutional Neural Network	95.18
[9]	FFT + CNN Features	95.75
	MANN	96.24
[11]	Handcrafted Features + SVM	96.37
[39]	Convolutional Neural Networks	97.63

Credits: [Acampora G, Minopoli G, Musella F, Staffa M. Classification of Transition Human Activities in IoT Environments via Memory-Based Neural Networks. Electronics. 2020; 9\(3\):409. <https://doi.org/10.3390/electronics9030409>](#)

01 | **Problem
statement and
motivation**

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02 | **Implementation**

04 | **Results
interpretation**

Motivation

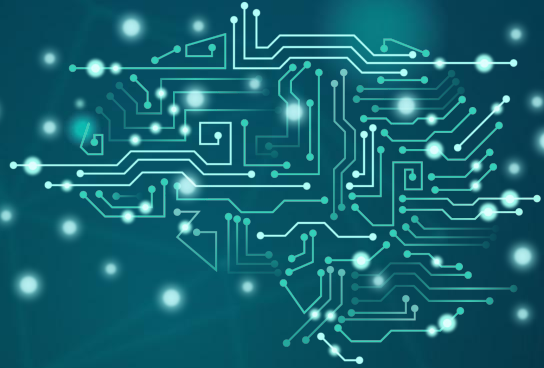
Current pandemic

- Discouraged from going outside unnecessarily.
- Hospital resources are valuable and need to be reserved for those in more urgent need.

HAR analysis can help Physiotherapist monitor movements made that the patients are performing exercise regimes correctly to prevent potential injuries.

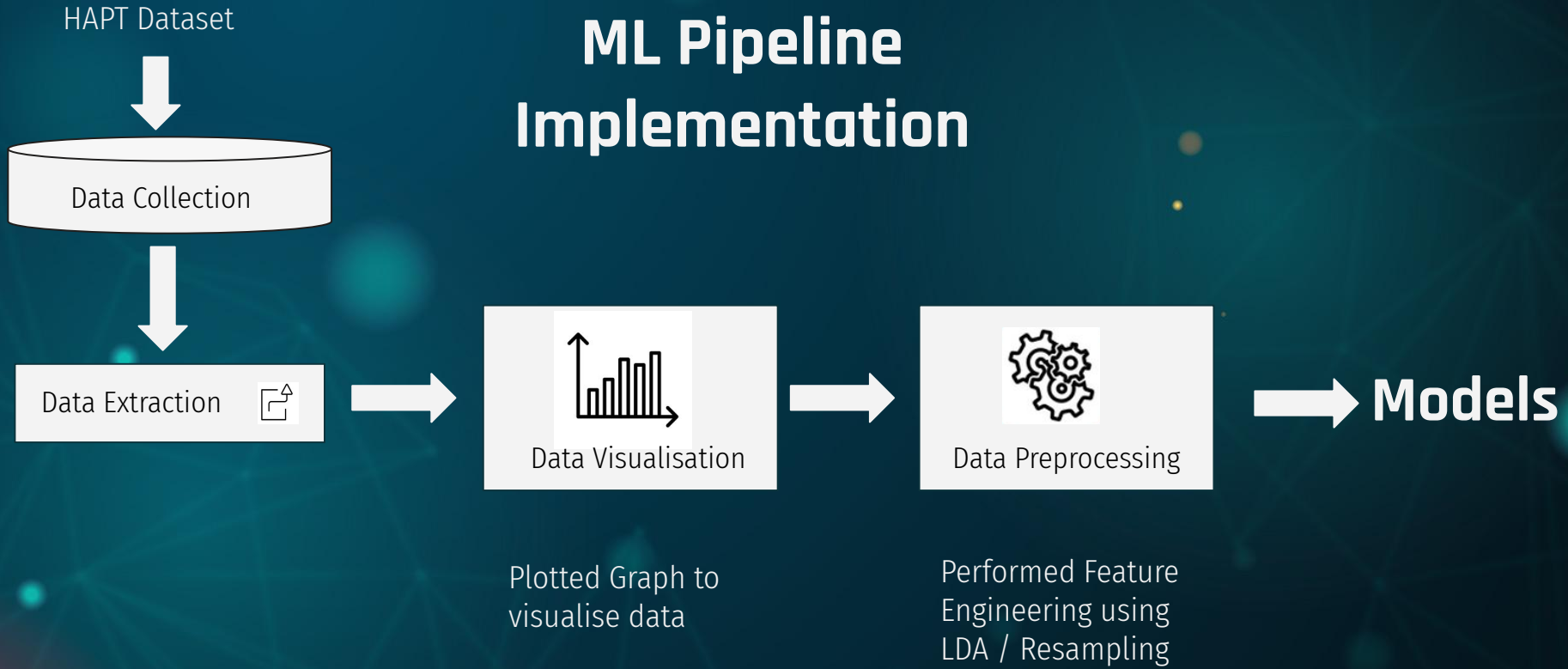
Problem statement

As a physiotherapist, with the current pandemic, I want to be able to provide remote therapy for my patients. This will be helpful for patients who are close to recovery and require less maintenance. These patients are able to follow and complete the recommended exercises on their own correctly so that they can recover faster and I can provide attention to newer patients and patients that require more dedicated care. Furthermore, I can reduce the movements within hospitals.

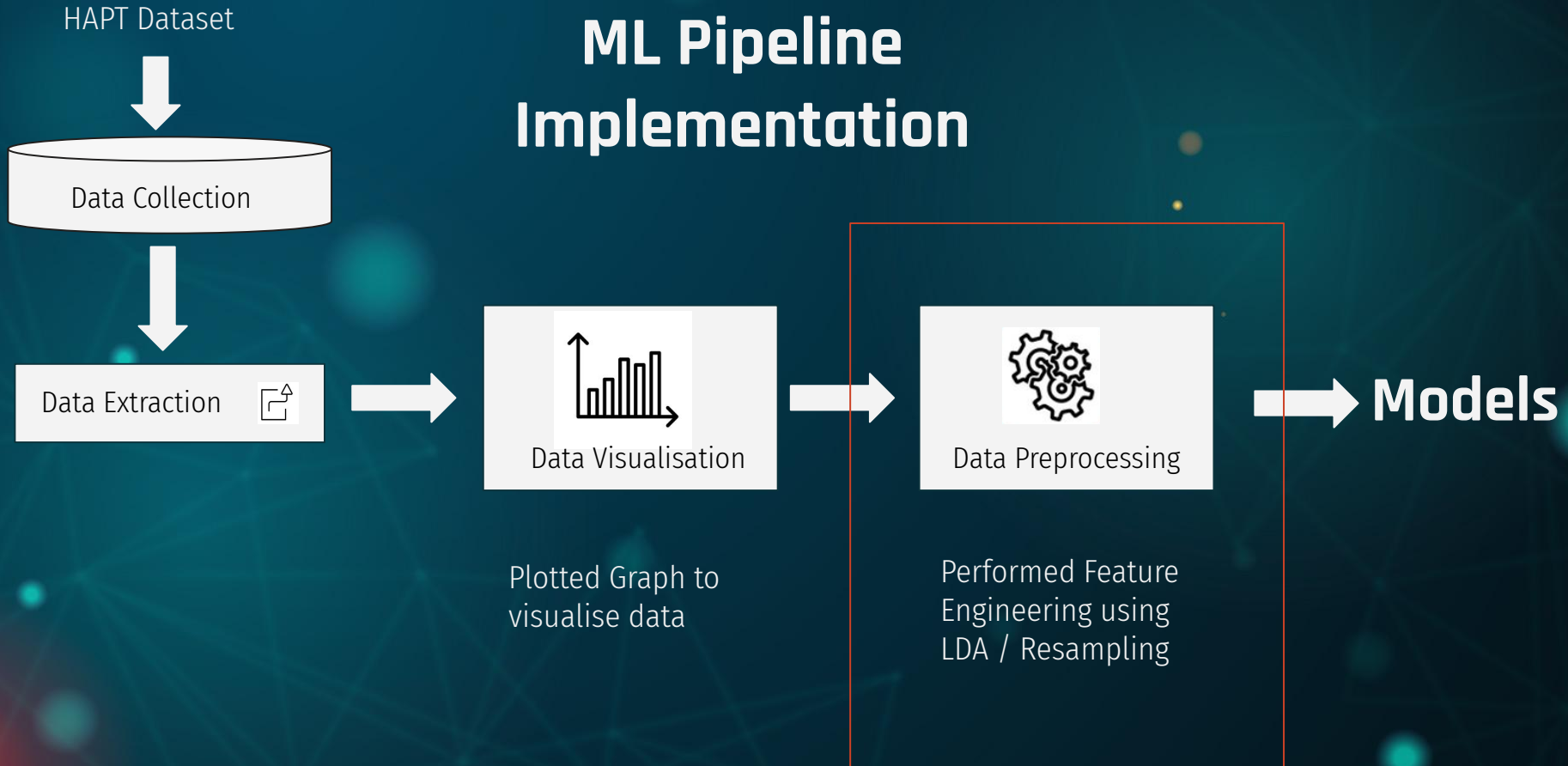


Implementation of ML Pipeline

ML Pipeline Implementation



ML Pipeline Implementation



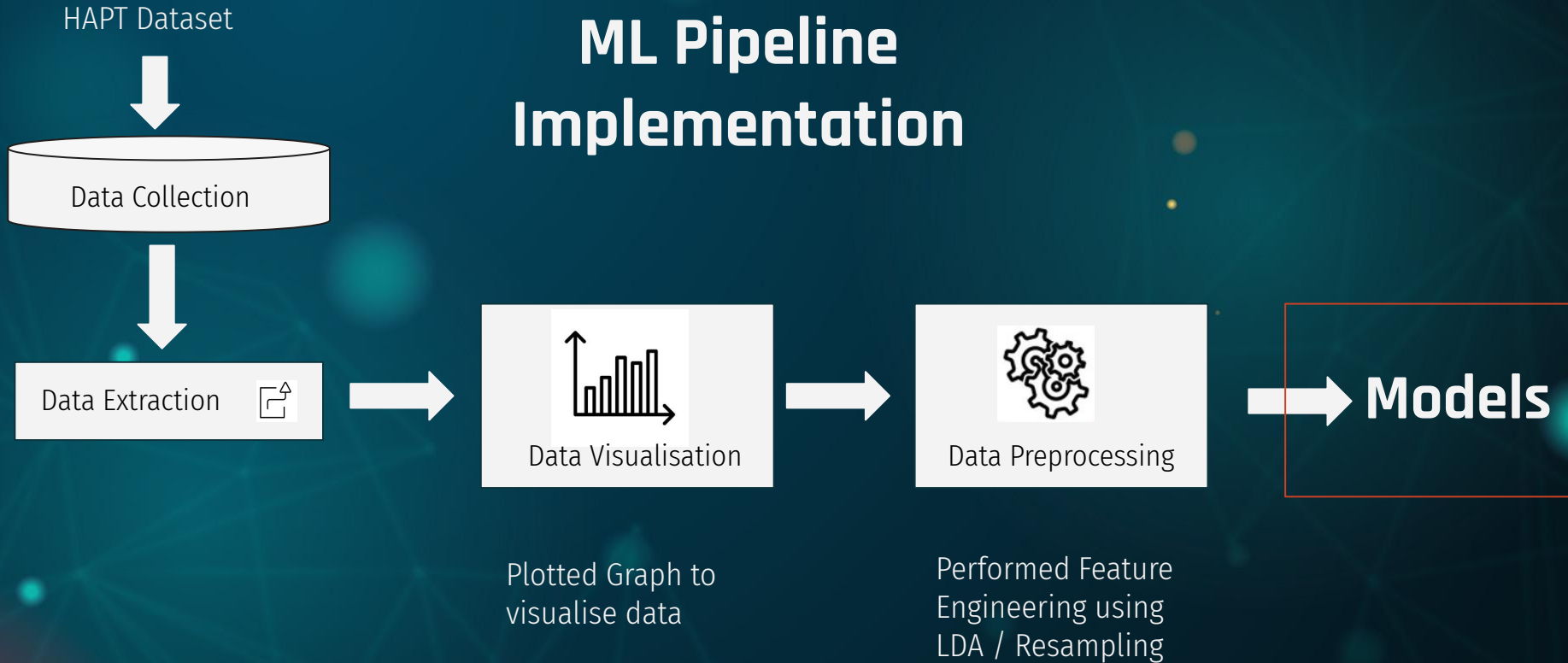
Curse of Dimensionality


561 features obtained by calculating variables from time and frequency domain.

Applied LDA

- More interested in separability of classes
- 11 features obtained

ML Pipeline Implementation



- 
- SVM
 - MLP
 - KNN
 - K - Means Clustering
 - Ensemble

Models

Support Vector Machine



Kernels Provided by Scikit

- **Linear Function (Selected)**
- Polynomial Function
- **Radial Basis Function (Selected)**
- Sigmoid Function

- Polynomial/Sigmoid function
- Computationally expensive
- Suited for NLP problems



SVM using Linear Kernel

- Knowledge of linearly separable data

Initial accuracy = 94.5%
Accuracy after LDA = 97.2%

Hyperparameters

- C - error margin
- Gamma - how much curvature we want in our decision boundary



SVM using RBF

- No prior knowledge of dataset
- More computationally expensive

Initial accuracy = 94.8%
Accuracy after LDA = 97.2%

Multi Layer Perceptron (MLP)

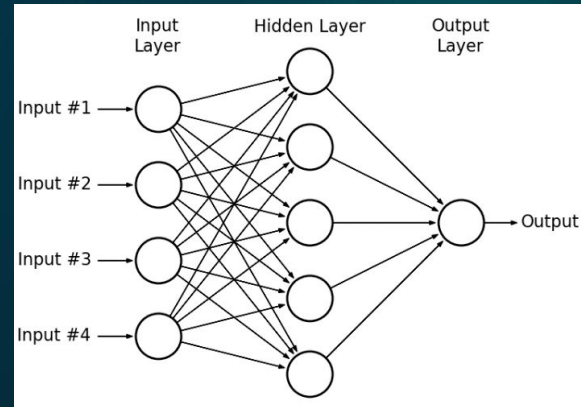
Activation Function: Relu

Optimizer: Adam's optimizer

Loss function: Softmax

Hyperparameters tuned:

- Dropout
- Learning rate
- Epochs
- Batch size



Src:

https://www.researchgate.net/figure/A-hypothetical-example-of-Multilayer-Perceptron-Network_fig4_303875065

K-Nearest Neighbours



if the sensor readings of each action are sufficiently different, knn will perform well

number of instances

number of features

> 5 then knn can be used

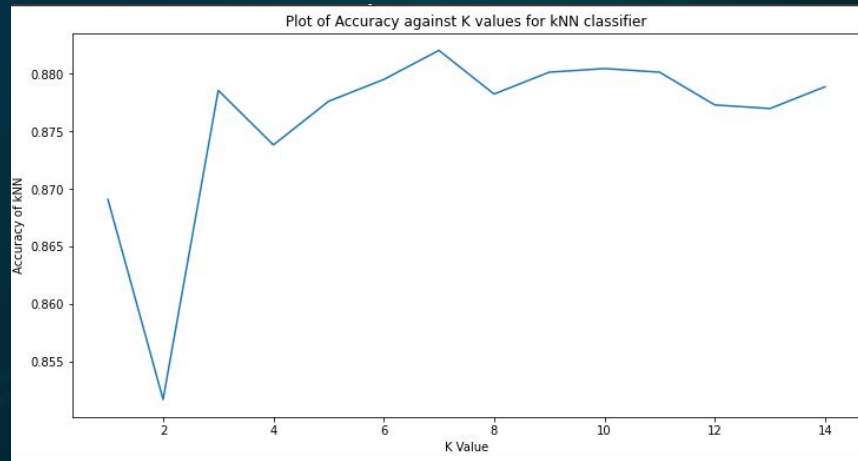
$$7767 / 561 = 13.8 > 5$$

Elbow method gives $k = 7$

Distance metric: Euclidean

Initial accuracy = 88.2%

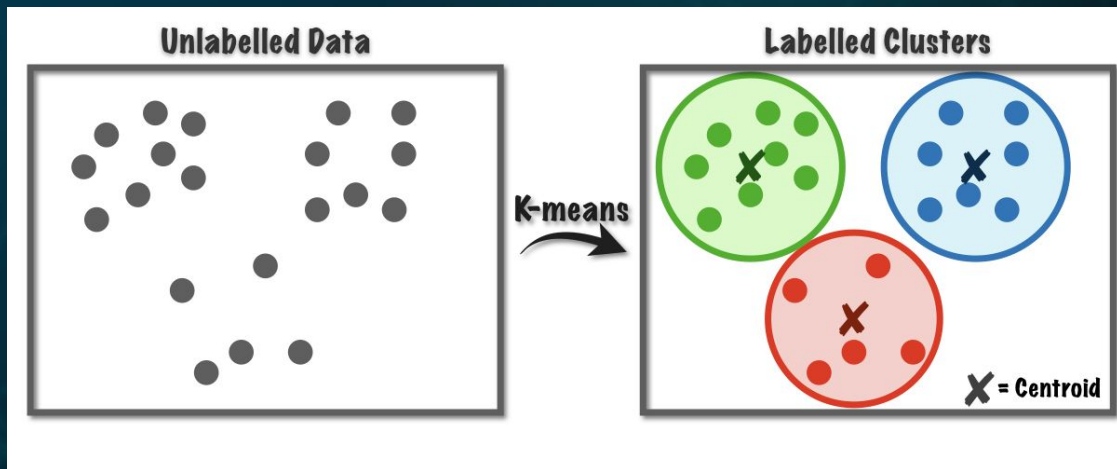
Accuracy after LDA = 97.3%



K-Means Clustering

- Unsupervised learning algorithm for classification?
- Added as a part of Feature engineering and then given to a Supervised Classification Algorithm
- Used Euclidean distance and Logistic Regression as classifier

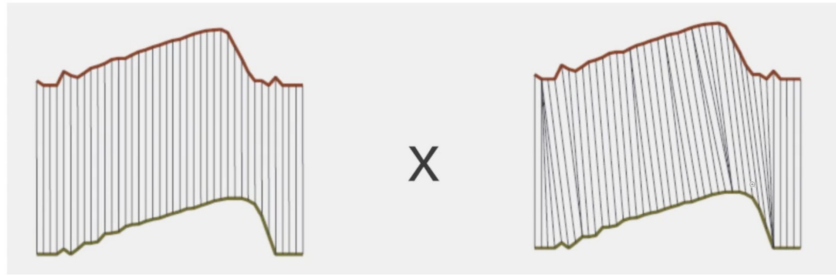
Can we do better than Euclidean distance?



Initial accuracy = 93.3%

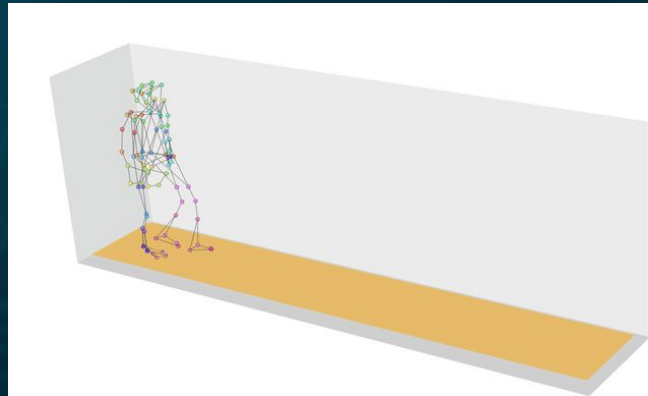
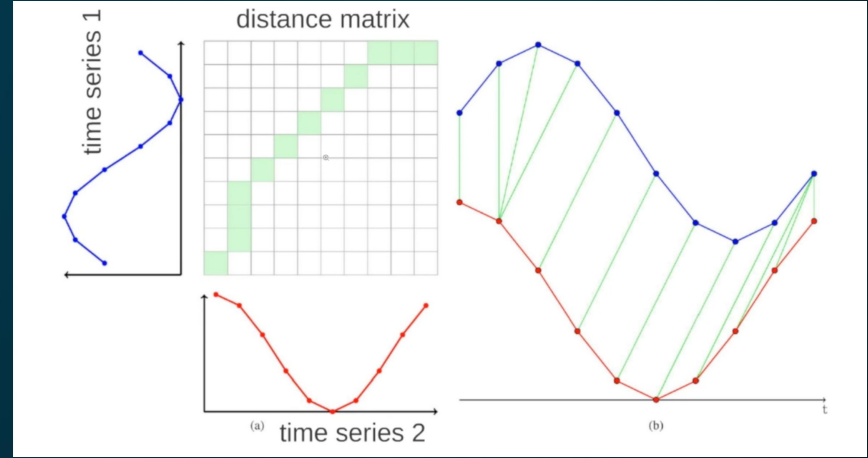
Accuracy after DTW = 95.7%

Dynamic Time Warping (Distance Metric)

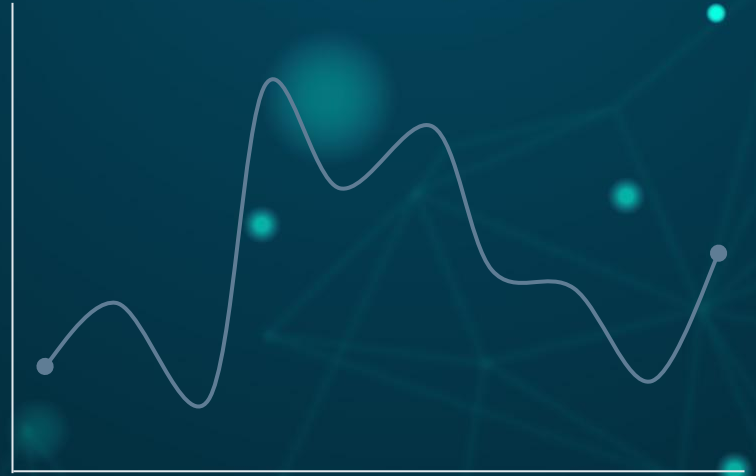


Euclidean
distance

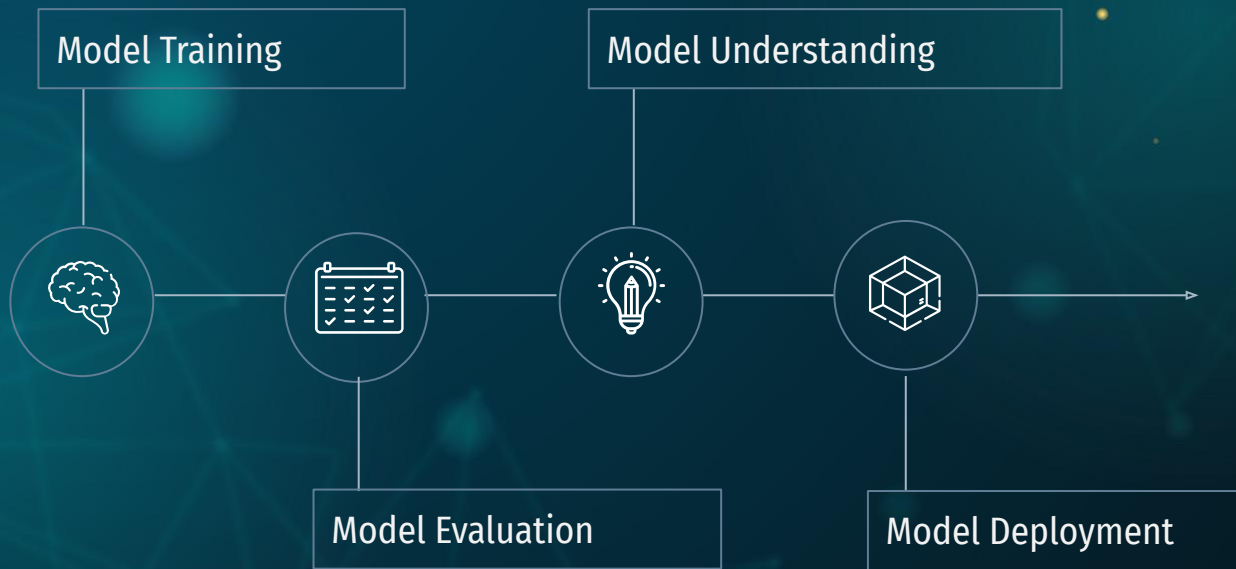
DTW



Evaluation (Dian Hao)



ML Pipeline Implementation

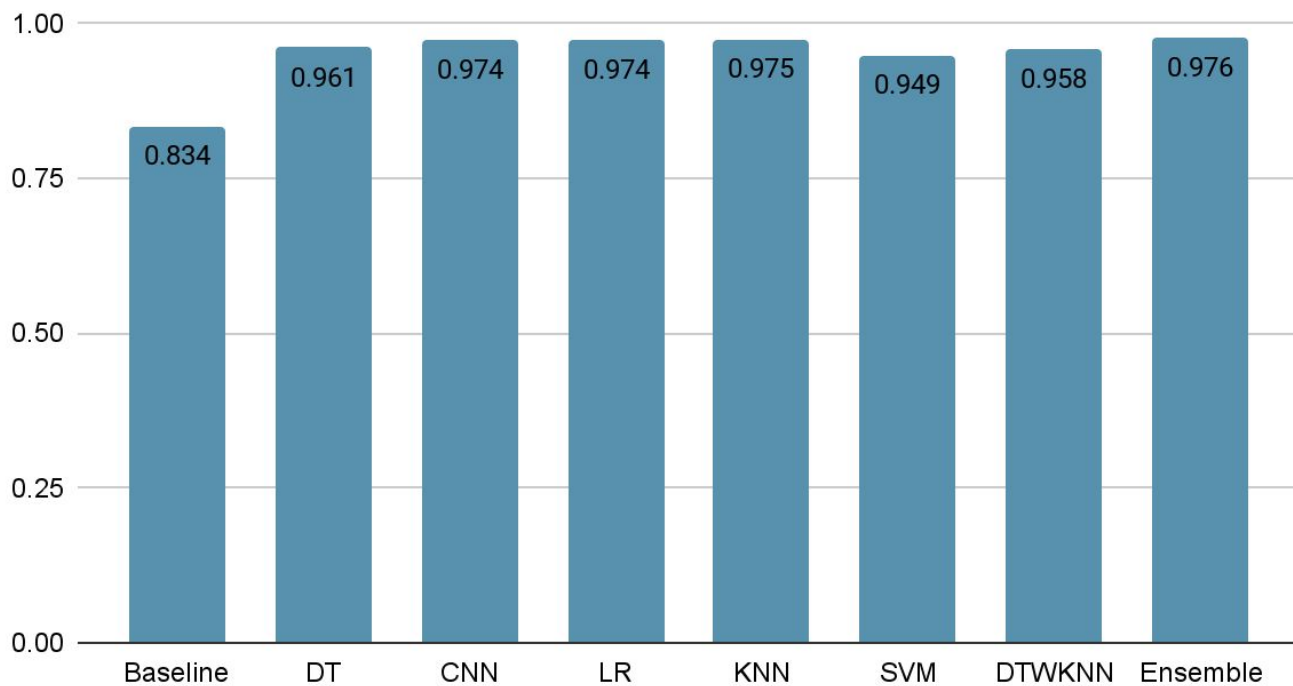


Model Evaluation Metrics

- Accuracy
- F1 macro
- F1 micro
- F1 weighted
- Precision macro
- Precision micro
- Precision weighted
- Recall macro
- Recall micro
- Recall weighted

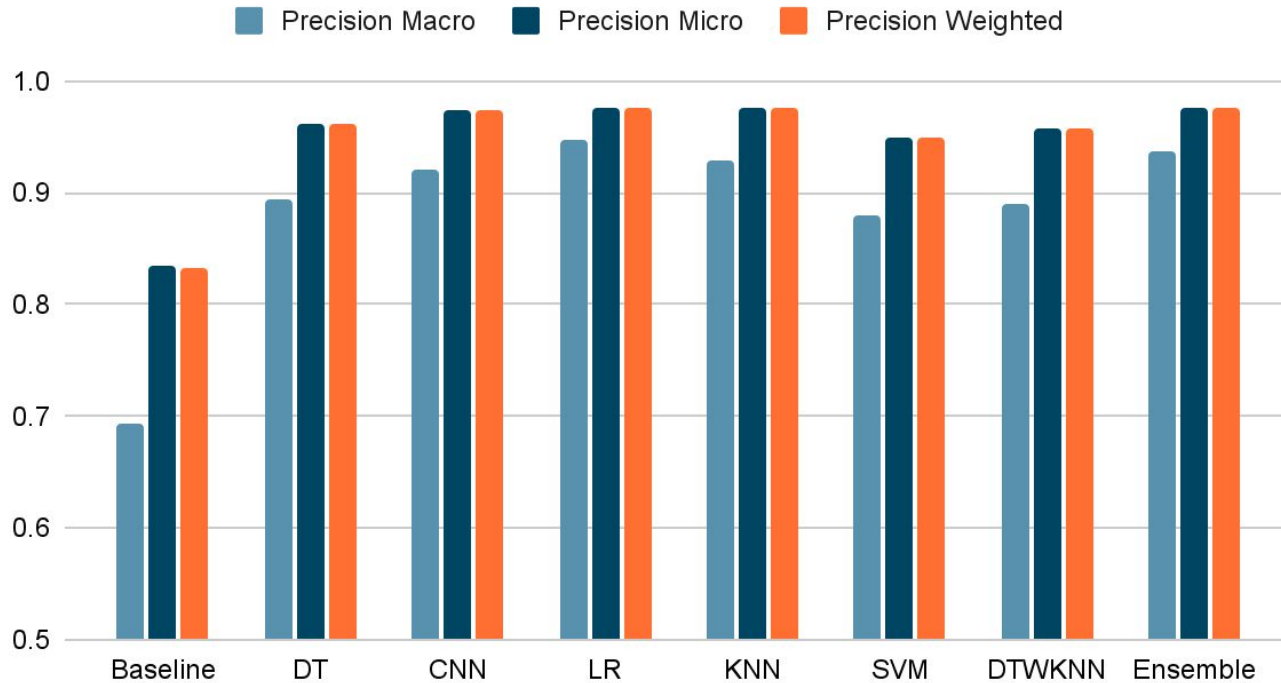
Accuracy

Accuracy Results



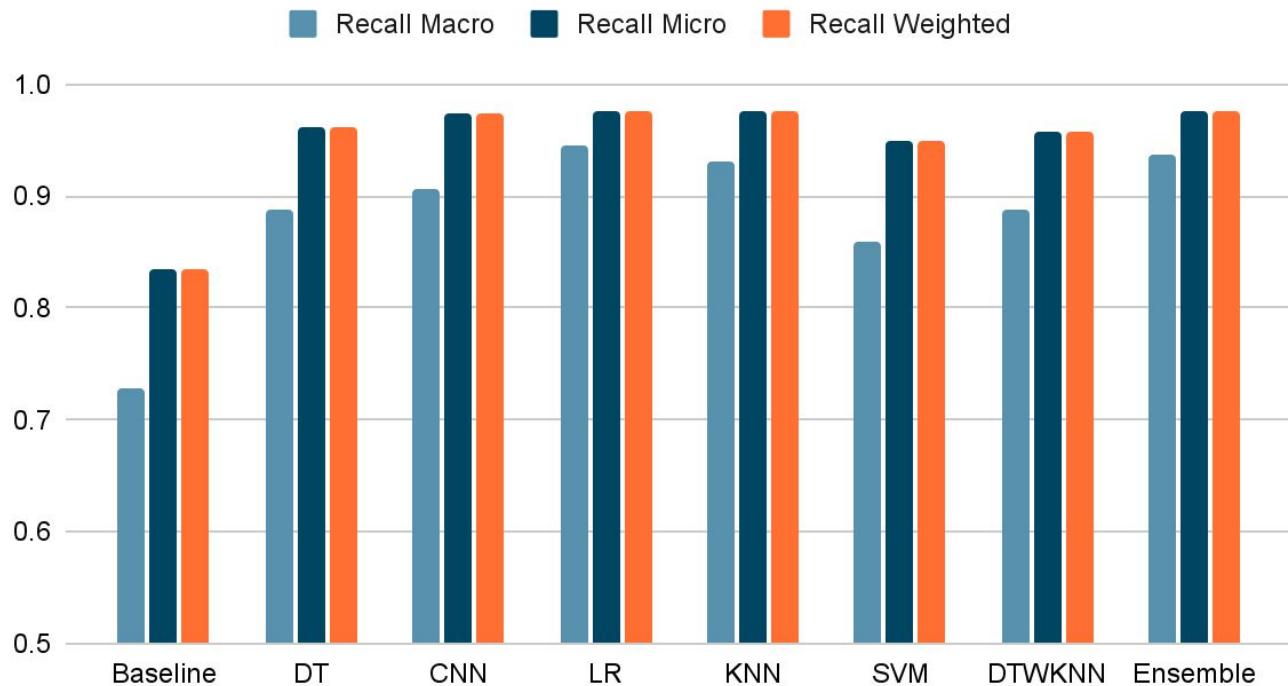
Precision

Precision Results



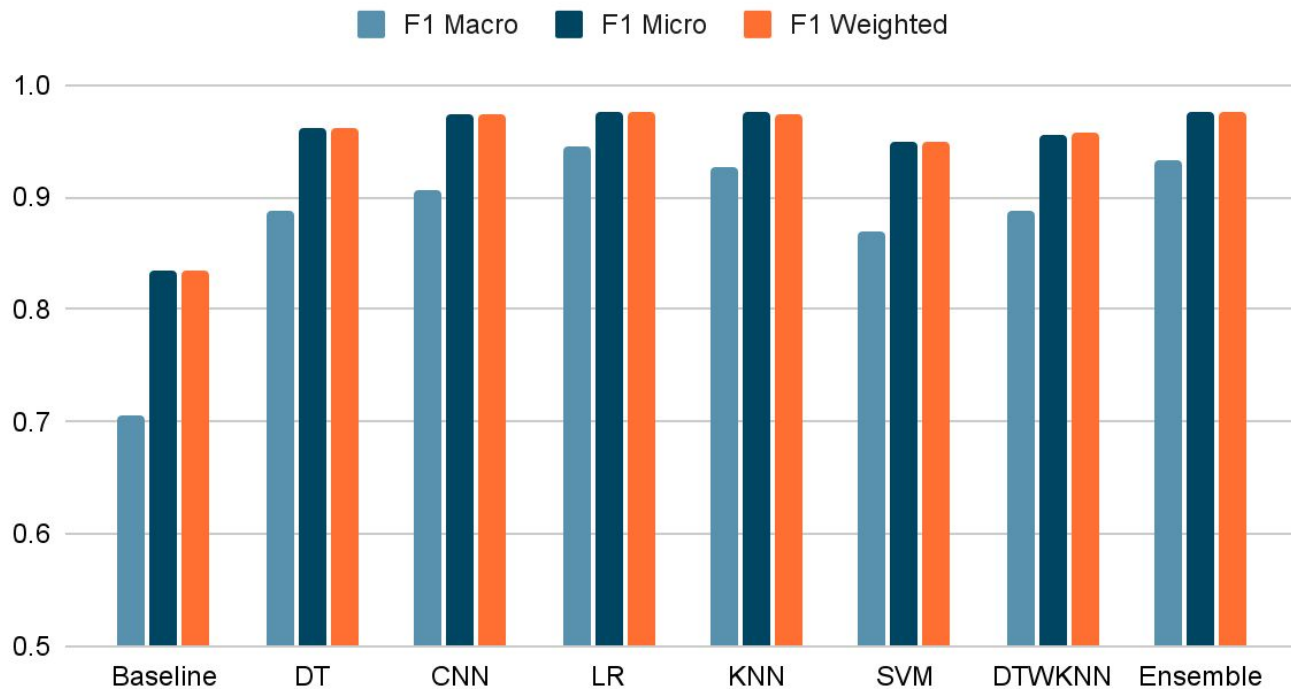
Recall

Recall Results



F1 Score

F1 Results



Evaluation: Observations

- A baseline model before feature extraction and hyperparameter tuning is suboptimal.
- Metrics with macro-average tend to have lower scores than micro-average counterparts.
- Several models have the same accuracy, F1 micro, precision micro, and recall micro.
- Ensemble model has the best performance out of all models.
- All the models showed good performance and improvements after hyperparameter tuning.

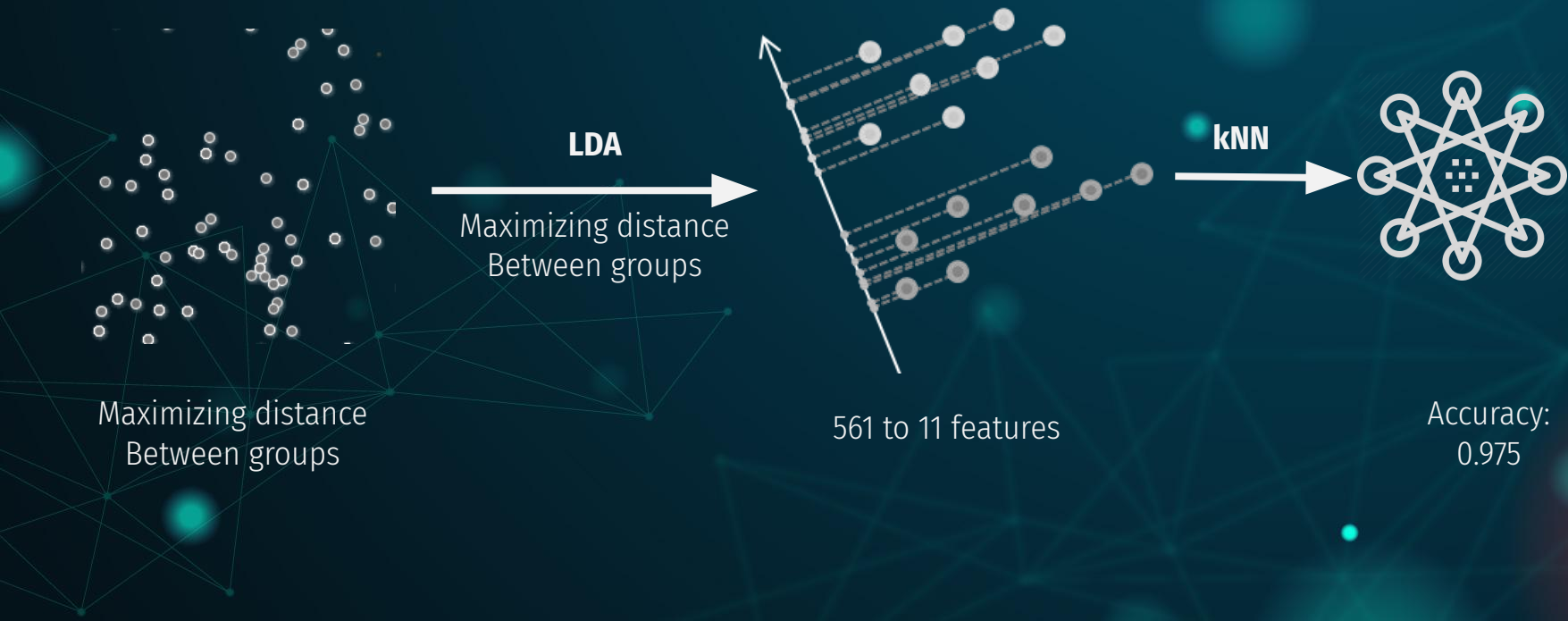
General Analysis

- Macro average does not perform as well as micro average due to imbalanced dataset.
- LDA maps the dataset to be more linearly separable, causing identical accuracies in different models.
- Further analysis from different models' classification reports shows that the class "SIT_TO_LIE", "LIE_TO_STAND" is the most challenging in predicting.

Results interpretation



LDA works well on our dataset

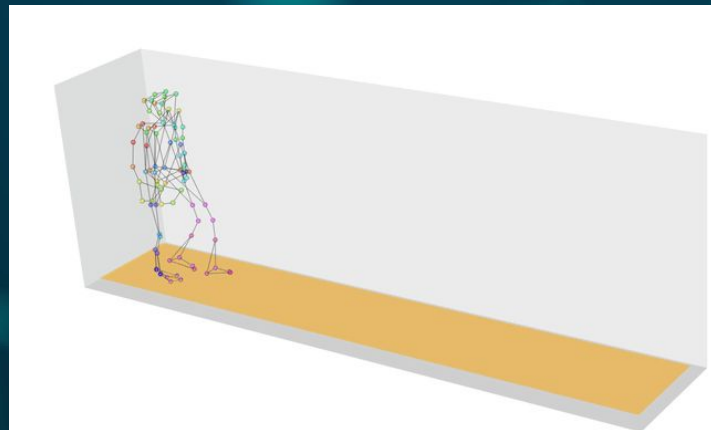


Dynamic Time Warping doesn't work well with LDA

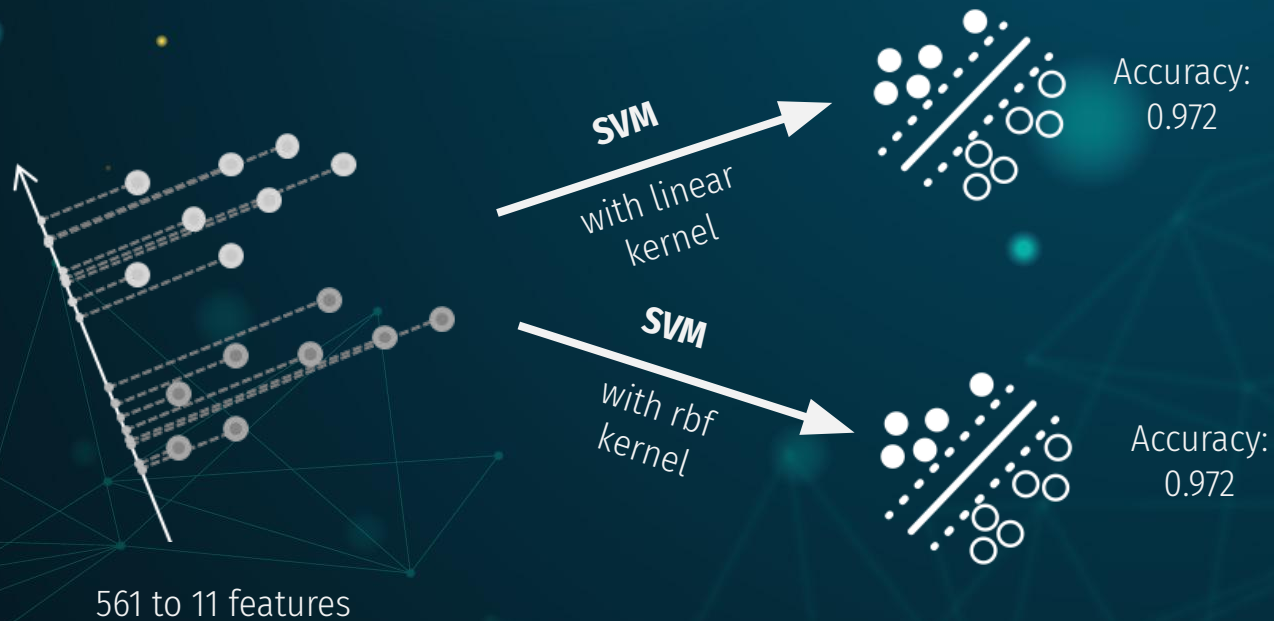


LDA reduces from
561 to 11 features

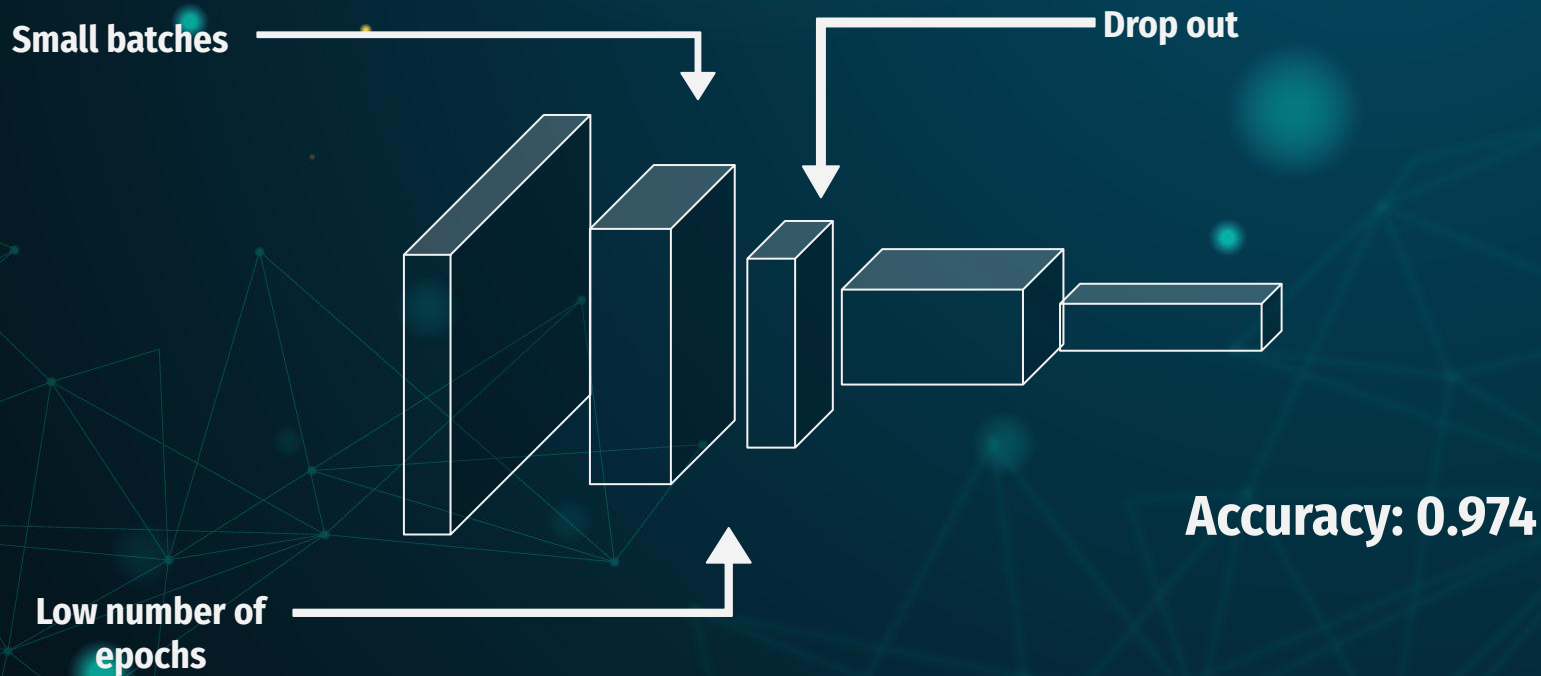
Accuracy:
0.958



LDA vastly improved linear separability



CNN shows generalization works better



L1 reduces overfitting for Logistic Regression



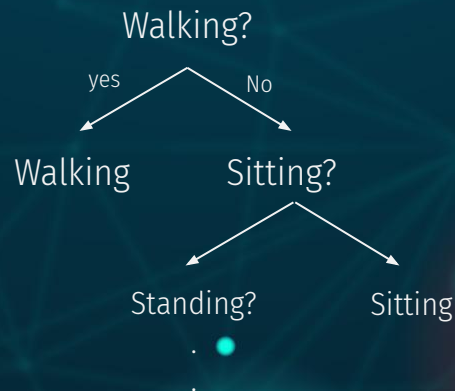
L1 distance metric

- L2 loss penalizes outliers heavily
- L1 loss is better as it pulls weights to 0 to reduce overfitting



Future: Multilayer Logistic Regression

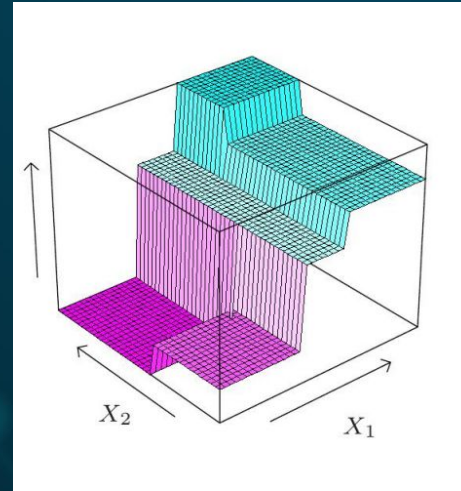
- Logistic regression is for binary classification
- Multilayer logistic regression might work better



LDA produced good decision boundaries



Decision Tree
Accuracy: 96.1%



Good axis
perpendicular
decision boundaries

Ensemble of models with Majority Voting



A diagram illustrating an ensemble model. On the left, a white circle is connected by a bracket to four teal rectangular boxes stacked vertically. Each box contains the name of a machine learning model. Below these boxes, the text 'Ensemble Accuracy: 97.6%' is displayed. The background features a dark teal color with a network of white lines and dots, and some blurred light spots.

Logistic Regression

kNN

SVM

Random Forest

Ensemble
Accuracy: 97.6%

Some issues

- Ensemble accuracy is **not much** better than composite models
- Most models are predicting the **same** instances wrongly
- Shows **high correlation** among predictions
- LR and kNN have same accuracies which imply that they could possibly contribute to **double voting**
- Future improvements: correlation could be studied further and removed

Never stop improving

- Explore ways to speed up Dynamic Time Warping with kNN
- Explore multilayer logistic regression approach
- Explore other models such as LSTM which is good for time series data
- Improve ensemble model by including other models and removing correlations
- SMOTE/oversampling could be explored to handle imbalance dataset
- Additional dataset/data collection could be done to improve and validate our model

Remote Physiotherapy may be possible





THANKS!