Equation Sheet for Final

$$H(q,p) = \sum_{i} p_{i} \dot{q}_{i} - L$$

$$T = \sum_{i,j} m_{ij} \left(\frac{S_{i,j}^{2} + S_{i,2}^{2}}{S_{i,x}^{2} + S_{i,2}^{2}} \right)$$

$$= \sum_{i,j} m_{ij} \left(\frac{S_{i,j}^{2} + S_{i,2}^{2}}{S_{i,x}^{2} + S_{i,j}^{2}} \right)$$

using principal axes

$$N_1 = T_1 \omega_1 - \omega_2 \omega_3 \left(T_2 - T_3 \right)$$

$$N_2 = T_2 \omega_2 - \omega_3 \omega_1 (T_3 - T_1)$$