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Overeaters Anonymous Third Edition [Overeaters Anonymous] on Amazon.com. *FREE* shipping on qualifying offers. Book Description Publication Date: September 30, 2014 The third edition of Overeaters Anonymous, OA's Brown Book

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The Forewords to Overeaters Anonymous, Third Edition include a letter from a great friend of OA's; Dr. M. Lerner provides an updated perspective on Overeaters Anonymous as an "indispensable support" for people who suffer from the disease of compulsive eating. Please take the time to read and absorb these powerful ...

THIRD EDITION - oa.org

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Overeaters Anonymous 3rd Edition £ 15.95 OA's third edition of the beloved 'Brown Book' includes forty never before published stories by members from around the world.

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The third edition of Overeaters Anonymous, OA's Brown Book, includes forty never-before-published, personal stories by recovering OA members from around the world; the founder's story; the complete text of "Our Invitation to You; an all-new Appendix, "The Role of a Plan of Eating in Recovery from Compulsive Eating" by a dietitian specializing in addictive and compulsive eating disorders; the ...

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The Twelve Steps and Twelve Traditions of Overeaters Anonymous, Second Edition. The Twelve-Step Workbook of Overeaters Anonymous. ... The Twelve Steps and Twelve Traditions of Overeaters Anonymous, Second Edition. Sponsorship Kit. Overeaters Anonymous, Inc. Mailing Address: PO BOX 44727 Rio Rancho, NM 87174-4727 USA Street Address: 6075 Zenith ...

Overeaters Anonymous, Inc.

Overeaters Anonymous (OA) offers a program of recovery from compulsive overeating using the Twelve Steps and Twelve Traditions of OA. Worldwide meetings and other tools provide a fellowship of experience, strength and hope where members respect one another's anonymity. OA charges no dues or fees; it is self-supporting through member contributions.

New To OA? - Overeaters Anonymous Silicon Valley in California

Overeaters Anonymous. Third Edition. Softcover, 8.4 x 5.5, 211 pages ... In a spirit of fellowship and support, members of Overeaters Anonymous share their personal stories. Readers will find

acceptance and encouragement in the words and experiences of others who have struggled with compulsive overeating.

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