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Prescription for Nutritional Healing: The A-to-Z Guide to Supplements by Phyllis A. Balch I have read a number of nutrition books over the last few years but this book by Balch ranks at the top of the pile in my estimation. The vast amount of useful and relevant information contained within the cover is astounding.

Prescription for Nutritional Healing: A Practical A-to-Z ...

Convinced that nutrition was, in many cases, the answer to regaining and maintaining health, Ms. Balch opened a health food store called Good Things Naturally. In 1983, she published Nutritional Outline for the Professional and the Wise Man - now known as Prescription for Nutritional Healing - to share her knowledge with a broader audience.

Phyllis A. Balch, CNC - N.E.E.D.S., (Nutritional ...

Page 19 Edited by Chris Pringer, February 22, 2014 The following two inserts are from the book, "Prescription for Nutritional Healing", by James F. Balch, MD

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Prescription for Nutritional Healing, by James F. Balch, M.D. and Phyllis A. Balch, C.N.C. The Way of Chinese Herbs, by Michael Tierra, L.Ac., O.M.D. Earl Mindell's Supplement Bible, by Earl Mindell * This information is intended only as a general reference for further exploration, and is not a replacement for professional health advice.

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Convinced that nutrition was, in many cases, the answer to regaining and maintaining health, Ms. Balch opened a health food store called Good Things Naturally, testified before Congress on the efficacy of natural healing, and in 1983 she published what is now known as Prescription for Nutritional Healing.

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