

Acsm Certification Study Guide

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Acsm Certification Study Guide

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ACSM Certification - Study Guide Zone

Earn your ACSM-CPT certification: read the ACSM Exam Secrets study guide, evaluate your knowledge, skills, and abilities with the ACSM Exam Flashcards and Practice Test, and pass the ACSM-CPT exam on your first attempt. The sooner you pass the ACSM-CPT exam, the sooner you become an ACSM Certified Personal Trainer.

ACSM Personal Trainer Test Review and Practice Questions

ACSM Certified Personal Trainers ® are motivated fitness leaders, backed by knowledge and abilities that set the standard for the industry. Want to learn how the ACSM Certified Personal Trainers ® stack up to other personal trainer certifications? View the personal trainer certification comparison chart.

Personal Trainer | ACSM Certification

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The American College of Sports Medicine offers the following certifications: ACSM Certified Personal Trainer: The examination consists of 150 multiple choice questions of which 120 are scored while 30 are pre test items. The time allotted to complete the examination is 2.5 hours.

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With ACSM's Certification Review as your guide, you can be ready to successfully pass the exam to become a Certified Personal Trainer (CPT), Certified Exercise Physiologist (EP-C), or Certified Clinical Exercise Physiologist (CEP). As a review tool, this text will help you identify your strengths and weaknesses and then eliminate those areas of weakness with further study.

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