

## *Active Iq L3 Nutrition Exam Paper*

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### **Active Iq L3 Nutrition Exam**

Mock Paper Level 3 Principles Of Nutrition To A Physical Activity Programme 40 Questions | By Chantelle1234 | Last updated: Aug 16, 2018 Please take the quiz to rate it.

### **Mock Paper Level 3 Principles Of Nutrition To A Physical ...**

Active IQ AIQ002638 For each of the following questions choose one correct answer from A to D  
Q16. Fats are the dominant fuel for: A Low intensity cardiovascular exercise B Moderate intensity resistance exercise C High intensity cardiovascular exercise D High intensity resistance exercise.  
Q17.

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Level 3 Nutrition for Physical Activity Mock Paper. A minimum of 28 marks overall (70%) is required in order to pass. In the actual theory assessment, you will be given 45 minutes to complete this assessment unless otherwise agreed by your tutor. Aim to complete this assessment in 45 minutes so make a note of your start and finish time.

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### **Active IQ Level 3 Award in Nutrition for Exercise and Health**

The following mock exam is provided as a FREE resource by HFE for students working towards the Level 3 Nutrition and Weight Management and the Level 3 Nutrition for Physical Activity qualifications. These programmes are qualifications in their own right, but also form mandatory units within the Level 3 Certificate in Personal Training and the ...

### **Level 3 Nutrition and Weight Management Mock Exam | HFE**

Applying the Principles of Nutrition to a Physical Activity Programme L/600/9054 Special Instructions This theory paper comprises questions that are indicative of the Level 3 Applying the Principles of Nutrition to a Physical Activity Programme unit. All questions are multiple-choice. Answers should be recorded as either a, b, c or d.

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### **MOCK PAPER Level 3 Applying the Principles of Nutrition to ...**

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Active IQ L3 Award in Nutrition for Physical Activity This L3 qualification provides you with the skills, knowledge and competence required for to apply the principles of nutrition to support client goals as part of an exercise and physical activity programme.

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