



Samtse Hospital

Patient's EMR Summary					
Patient Name	SAN BDR GURUNG	UHID	50B767CBC6	CID	11309002464
Age/Sex	43Y/M	Contact No.	17666064	Visit Date	11/02/2025 11:39
Visit No.	1201PVOP0000075551	Facility Department	DEPARTMENT OF ORTHOPAEDICS	Consulting Doctor	Dr. Rigden Tenzin Chophel (MM SP 274)
Visit Type	OPD	Details Given By	Self		

Provisional Diagnosis			
ICD 11 Code	Type	Descriptions	Remarks
ME84.20	Primary	LUMBAGO WITH SCIATICA	

Final Diagnosis			
ICD 11 Code	Type	Descriptions	Remarks
ME84.20	Primary	LUMBAGO WITH SCIATICA	

Chief Complaints
LOW BACK ACHE FOR 2 YEARS RADIATION BILATERAL NOT RESPONSIVE TO ANALGESICS OR PHYSIO

Past Medications							
Drug Name	Drug Strength & Unit	Route Type - RoA	Frequency	Dose	Duration (No. of Days)	Start Date	End Date
Amlodipine Tablet 5mg	5 mg	Oral - Tablet	OD	(1)Tab	30	29/01/2025	27/02/2025
Losartan Tablet 25mg	25 mg	Oral - Tablet	BD	(1-1)Tab	30	29/01/2025	27/02/2025
Calcium carbonate Tablet 500mg	500 mg	Oral - Tablet	OD	(1)Tab	14	03/02/2025	16/02/2025
Gabapentin Capsule 300mg	300 mg	Oral - Capsule	BD	(1-1)Cap	14	03/02/2025	16/02/2025

General Examination
NAD

Local Examination
NAD  NO NEUROOO DEFICIT



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Prescriptions									
Drug Name	Route Type - ROA	Frequency (Details)		No. of Days	Quantity	Instructions	Special Instructions	Prescribed DateTime/Start DateTime	Prescribed By
		Dose	DoA						
Aluminium hydroxide + Magnesium hydroxide Tablet 250,400mg,mg	Oral - Tablet	TID (1-1-1) Tab		10	30			11/02/2025 - 11:44 / 11/02/2025 - 20/02/2025	Dr. Rigden Tenzin Chophel (MM SP 274)
Gabapentin Capsule 300mg	Oral - Capsule	HS (1) Cap		14	14			11/02/2025 - 11:44 / 11/02/2025 - 24/02/2025	Dr. Rigden Tenzin Chophel (MM SP 274)
Indomethacin Capsule 25mg	Oral - Capsule	TID (1-1-1) Cap		10	30			11/02/2025 - 11:44 / 11/02/2025 - 20/02/2025	Dr. Rigden Tenzin Chophel (MM SP 274)

Follow up Date		Follow up Remarks	
Advice	REVIEW IN ORTHOPEDIC OPD JDWNRH FOR MRI SPINE		

DR. RIGDEN TENZIN CHOPHEL (MM SP 274) (Orthopaedic Surgeon)

BMHC Number: MM SP 274

Ordered at: 11/02/2025