

Admission – Duarehab House

 duarehabhouse.com/admission/

Make the Call

At Duarehabhouse, we can help you stage an intervention to get the help your loved one so desperately needs. According to statistics, 92 percent of those who go through an intervention proceed to treatment.

Speak Confidentially with a Journey Advisor at (021) 34825888-9

Remember, most people who are addicted to alcohol or other drugs cannot heal on their own. Without treatment, the disease of addiction only gets worse, leaving a great deal of damage in its wake.

Neither you nor your loved ones need to go through this alone. We are here to help you each step of the way. If you are concerned about a loved one's drug problem and want help staging an intervention and beginning the healing process for the whole family, give us a call.

Contact Us Today to Begin Your Healing Process

Your HOPE is our Experience, [click here](#) or call +92 21 34825888-9 to get started.

Simple and straight

Are you sick and tired of being sick and tired?

Do you want a life that you can call your own once again?

Do you want to wake up each morning and eagerly look forward to the discoveries you'll make, the new friends you'll meet, the action you can take to do something positive with your life?

The first step is deciding that you do. The second is making the call. Let us help you on your recovery journey. Life is a precious gift. Take advantage of this opportunity to reclaim it.

Please contact us using the details below and we will be happy to answer any queries regarding our service. You can rest assured every aspect of your inquiry will be treated with complete confidentiality. If you prefer, you can submit an inquiry form below and one of our team will be in touch.

If you would like to discuss your inquiry in more detail and in total confidence with our Referrals Manager and qualified therapist Peter, please feel free to call him directly on:

Crisis Intervention

For family members/friends of the addicted, a crisis intervention is a means of bringing about an immediate but highly controlled crisis for the affected in a family setting. Together, our clinical intervention team will go through the entire process from pre-intervention assessment and instruction, through the intervention itself and secured transportation to the Duarehabhouse.

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What to bring

Many of our clients come to us in a time of crisis. The last thing you want to be worrying about is if you have packed the right things to bring with you. Below is a suggested list of items you may want to pack, as well as a list of things that will not be permitted.

Please bring with you:

Toiletries – Items such as shampoo, comb, Bath soap /shower gel, toothbrush, toothpaste, deodorant (non-aerosol), mouth wash (non-alcohol).

Nightwear – Slippers, pyjamas and dressing gown

Comfortable loose clothing for day and evening – Items such as jeans, loose trousers, t-shirts, jumpers, etc.

Medication – Please bring all medication with you that you are taking as well as your doctor's prescription or recent lab reports, if available.

Please note that there will be laundry facilities to wash and dry your clothing.

Items not permitted

- Illicit drugs or alcohol
- Mouth wash containing alcohol
- Aerosols and perfumes
- Medication that is not prescribed
- Sharp objects such as scissors, knives, needles, and razor blades
- Anything that can be used as, or presents as, a weapon
- Mobile phones
- Lap top

*Books, magazines, newspapers and other reading material.

We understand, for many, reading is one of life's joys. However, as clients have a limited time with us and their focus and efforts should be directed towards the program and their recovery, we discourage clients from bringing their own reading materials of any kind. The program is packed and any personal time clients have should be spent on their recovery and personal development, as we want all clients to get as much out of their Duarehabhouse experience and the start of their recovery journey as they can. We have an array of recovery-oriented reading resources that clients are encouraged to use during their time with us, and also to continue reading on discharge.

If you are unsure of any items that you wish to bring, please check with our staff who will be happy to advise.

Our Elements of Success

1TRUST

We honor the trust that has been granted to us of restoring hope and health to our clients and their families.

2EDUCATION

We use a holistic approach built upon a solid foundation of 12 step philosophy and tradition.

3HOLISTIC

We use a holistic approach built upon a solid foundation of 12 step philosophy and tradition.

4EMPOWERMENT

We empower our clients to take responsibility for their ongoing recovery.

5RESPECT

Every client is a unique and dignified individual worthy of respect and understanding.

6HOPE

Addiction is a treatable disease and the cycle can be broken at every stage of addiction.

OUR EXPERIENCE IS YOUR HOPE

[Contact Now](#)