

SPARDHA-2026

Futsal TOURNAMENT RULE BOOK

7-a-Side Men's & 5-a-Side Women's Matches



7 vs 7 Men's Futsal

- Ground Length: **60 – 70 meters**
- Ground Width: **50 – 60 meters**
- Goal Size: **2.5– 3 meters (width) × 2.4 meters (height)**
- Penalty Area: **8 meters from goal line**

5 vs 5 Women's Futsal

- Ground Length: **40 – 50 meters**
- Ground Width: **30 – 40 meters**
- Goal Size: **2.5– 3 meters (width) × 2.4 meters (height)**
- Penalty Area: **6 meters from goal line**

ELIGIBILITY & REGISTRATION

- Only college students with valid college ID cards are allowed.
- Each player can represent only one team.
- Final team list must be submitted before tournament starts. No changes later.
- Wrong player or fake ID will result in immediate team disqualification.

MATCH FORMAT & POINTS SYSTEM

- Tournament will be conducted in Group Stage followed by Knockout Stage.
- Points System: Win – 3 Points, Draw – 1 Point, Loss – 0 Points.
- Group ranking tiebreakers: Goal Difference, Goals Scored, Head-to-Head, then Penalty Shootout if required.

7 vs 7 MEN'S Futsal RULES

Maximum 10 players are allowed in a team

- Playing players: 7 (including goalkeeper). Substitutes: up to 3. Rolling substitutions are allowed.
- Match duration: Group Stage – 10 min × 2 halves; Knockout – 15 min × 2 halves; Half-time – 2 min.
- No offside rule.
- Goalkeepers can use hands only inside the box and must release ball within 6 seconds.
- All free kicks are direct. Penalty for fouls inside the box.

5 vs 5 WOMEN'S Futsal RULES

Maximum 8 Players are allowed in a team

- Playing players: 5 (including goalkeeper). Substitutes: up to 3. Rolling substitutions are allowed.
- Match duration: Group Stage – 8 min × 2 halves; Knockout – 12 min × 2 halves; Half-time – 2 min.
- No offside rule.
- Kick-in may be allowed instead of throw-in as per referee's decision.
- The goalkeeper must release the ball within 6 seconds.

DRAW & TIE-BREAK RULES

- Group matches may end in a draw.
- Knockout matches will be decided by Penalty Shootout (3 kicks each).
- If still tied, sudden death penalties will be taken.

DISCIPLINE POLICY (CARRY-FORWARD CARD SYSTEM)

- Yellow cards will be carried forward throughout the tournament.
(If a player already has 1 yellow card from an earlier match and gets another yellow card in the current match The player will not be removed from the current match, But the player will be banned for the NEXT match)

- Direct red card results in immediate send-off and automatic suspension for the next match.
- Severe misconduct may lead to extended suspension or team disqualification by organizing committees.
- Playing a suspended player will result in team disqualification.

DISCIPLINE & CONDUCT

- Fighting, abusing officials or opponents will lead to immediate disqualification.
- Teams must respect referees, volunteers, and organizing committees.
- Damage to college property will result in strict disciplinary action.
- Referee and Organizing Committee decisions are final and binding.

REPORTING

- Teams must report 1hr before scheduled match time.

ORGANIZING COMMITTEE RIGHTS

- The Organizing Committee reserves the right to modify rules or schedule if required.
- In case of disputes, the decision of the Tournament Director will be final.