

# Choosing the Right Animation Technique

This lesson covers some simple steps to choosing the right animation technique.

Now, decision time. How should you choose between `setInterval()`, `requestAnimationFrame()`, or CSS to animate your page? The answer depends on how complex your animation is. In theory, CSS animations are more efficient performance-wise, but you can't do everything with them.

Here's how you might want to approach your decision:

- Use `setInterval()` if the animation isn't in real-time and should just happen at regular intervals.
- Favor CSS if the animation happens in real-time and can be managed with it.
- Use `requestAnimationFrame()` for any other case.