Creating Promises in ES6

creating promises and resolving/rejecting them using the 'resolve' and 'reject' keywords

Consider the following code:

```
let promise1 = new Promise( function( resolve, reject ) {
    // call resolve( value ) to resolve a promise
    // call reject( reason ) to reject a promise
});

// Create a resolved promise
let promise2 = Promise.resolve( 5 );
console.log(promise1)
console.log(promise2)
```

When instantiating a promise, the handler function decides whether to resolve or reject the promise. When you call resolve, the promise moves to Fulfilled state. When you call reject, the promise moves to the Rejected state.

Promise.resolve(value) creates a promise that's already resolved.

Now, let's talk about promises that have either been fulfilled or rejected.