



One business of explaining Perfect Sight Without Glasses is a useless one, but at the same time, it has its amusing side.

Questions and Answers

Question — If Dr. Bates' method is practiced without professional supervision can harm be done to the eyes?

Answer — No harm can be done to the eyes, if the method is practiced properly.

Question — What is the best thing to practice when glasses are removed and eyes are terribly weak?

Answer — Reading, if it is beneficial.

Question — How long does it usually take for the eyes to get enough improvement to see without glasses?

Answer — Glasses should always be discarded at once in order to obtain improved vision.

Question — How can one improve their imagination?

Answer — By improving the memory. When the memory of a letter becomes perfect or one can remember it with both eyes open or with their eyes closed equally well, it is possible to imagine it perfectly.

Question — What is the difference between the mind and the brain?

Answer — Working centers in closing one or both eyes for an appreciable length of time. Blinking the eyes is closing and opening so quickly that most people do not know they do it.

Question — If your method is followed for a short time and glasses then removed, do they stand proper?

Answer — Wearing glasses for long periods or for a longer time makes it impossible to improve the vision without glasses to any great extent.

Perfect Sight

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