# Design Thinking for Women's Health and Wellbeing

Thursday, November 21

# Today's agenda

Thursday, November 14

10:00-10:30 AM

**Downloading** 

10:30-10:40 AM

**Frameworks Lecture** 

10:40-11:00 AM

Themes + Sketching Frameworks

11:00-11:50 AM

**Shareout** 

NAME (Person intruenced)

thish level into

- Age - Where they are from they were introduced

Team Observation or theme!

Finding from

quotes

# Semester Schedule

Week 8   10/17	Introduction to course, design thinking, women's health
Week 9   10/24	observations and collect secondary research
Week 10   10/31	Create teams based on project topics
Week 11   11/7	Present observations + initial research plans, Guest Lecture
Week 12   11/14	Present initial insights, determine additional user research, identify analogous research, + start creation of frameworks > HMWs
Week 13   11/21	Synthesis activity
Week 14	Thanksgiving Break
Week 15   12/5	Guest Lecture + Feedback/Critique - Present refined insights, frameworks, and HMWs, Present opportunity areas, concept generation, and initial feedback
Week 16   TBD	Guest Lecture + Final Presentations - Date + Time TBD

# **Project timeline**

Thurs 10/17

Intro Project Brainstorm

Thurs 10/25

Topic Research work session

### Thurs 10/31

Bring in topics Assign or select teams

#### **Thurs 11/7**

Present 3 key insights from Homework 1

Each team will have 7 mins to present

#### Homework 1

Teams conduct observations

#### **Homework 2**

Teams conduct user research

#### **Thurs 11/14**

Present key insights from Homework 2

Fach team will have 10 mins to present

#### **Homework 3**

Teams conduct immersive research and user interviews

#### **Thurs 11/21**

Bring all research to class.

Teams will work on Synthesis in the classroom

#### **Homework 4**

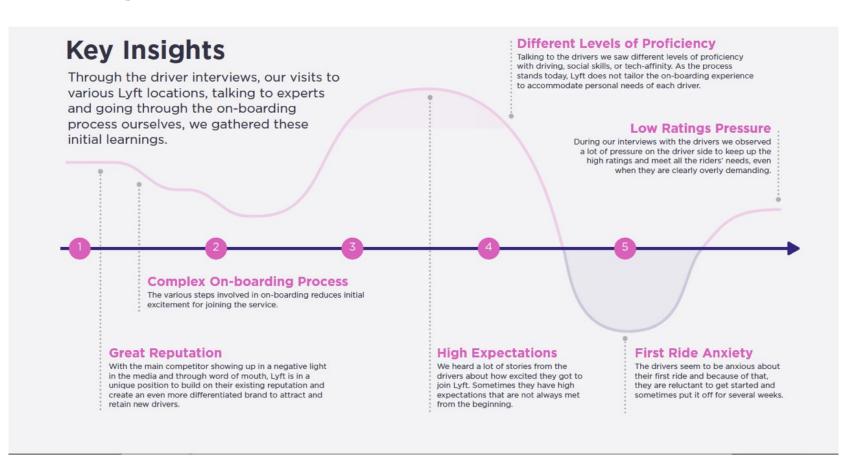
Teams synthesize to identify opportunity areas + Concept Generation

Create frameworks to best communicate findings

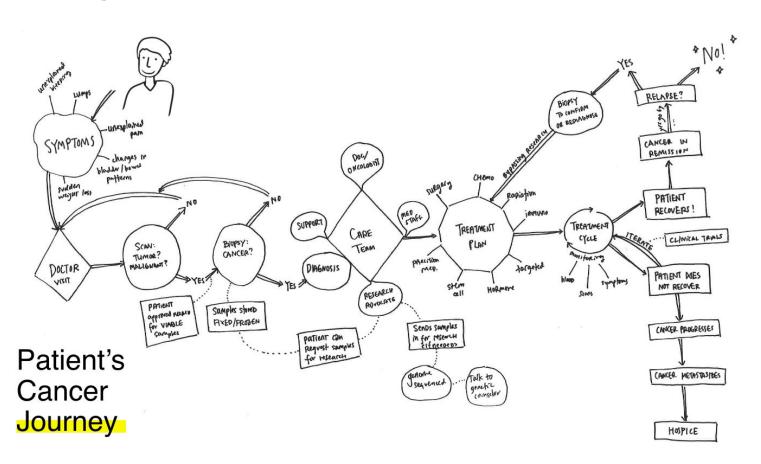
# Four Key Activities for Synthesis:

- 4. Storytelling + Frameworks
  - Find the best way to express your insights
  - Find the right framework for your story

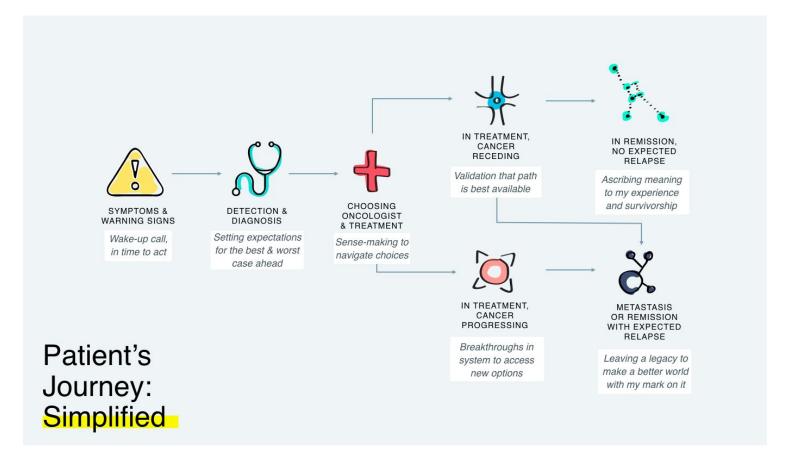
# **Journeys**



# **Journeys**



# **Journeys**



#### 05

# Caretakers are a critical part of treatment, but often lose their support system.

Caretakers play an extraordinarily important role in cancer journeys, especially for the old and the young. Supporters are often those who keep records, translate information and seek out the best possible treatment for those that they love. That said, as a patient it can also be challenging to build support when you're down both physically and mentally.



#### SUPPORTIVE QUOTES

\_

"I'm ready to finish my bucket list. I want to travel, but my husband just wants to rest."

Stacey

"It's been 6-7 months and now all this [bottled up emotional experience] is coming out. He felt like it was all about me."

Stacey

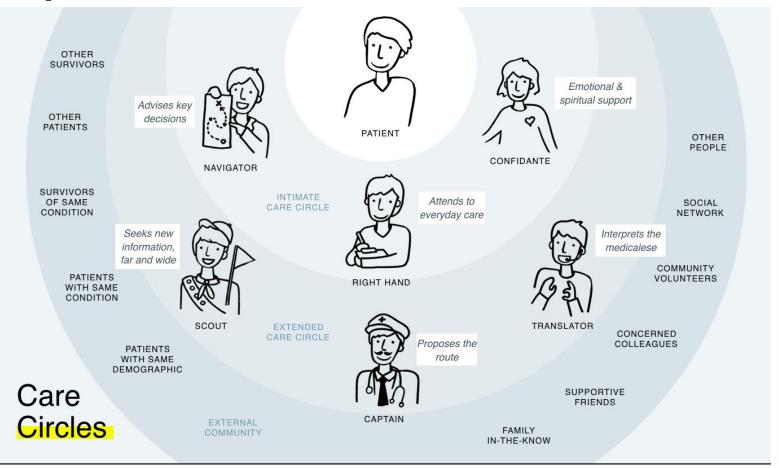
"For my second surgery I told my mom she couldn't come because she was so worried and anxious that it put more stress on me." — Beth

"My mom would use a chatbot. Clearly she needs someone to talk to." — Beth

"I felt like I was going to pass out. I was crying non-stop. I didn't want to cry in front of him." — Natasha



# Maps



# Two by Twos

02. Levels of Engagement Create Not only how, when, and Curate "Taste-Make" where we watch TV has changed (content + context), but also how we might Social potentially engage with it, socially and/or creatively. Connect Watch

Consume

# **Behavioral Segmentation**

# "Hold my hand through the process."

Offer the opportunity to learn more about, and be coached through the retirement process using straightforward language. Allow them to pause the process and take time to consult others when questions arise.

#### "Let me see all the possibilities in front of me."

Give them the opportunity to experiment with different retirement scenarios.

Offer unbiased information to expand their understanding of retirement.

#### "Show me the process from beginning to end."

Show what the whole process will look like so they can plan in advance. Visualize multiple income sources all in one place.

#### "Get me to the finish line as quickly as possible."

Provide the convenience of completing the application without visiting an office. Offer instant feedback to let them know that the process has been successful.









PASSENGERS

**EXPLORERS** 

**PATHFINDERS** 

BY-PASSERS

# Questions?

## Expectations for Presentation after Thanksgiving Break

- All past research
- Insights
- Frameworks
- Concept Ideation