

- 1) What are the basic desires of every human being for which they are working.
(a) Physical facilities (b) Realization and understanding
(c) Happiness and prosperity (d) **Continuous happiness and prosperity**
- 2) Identify the solution which helps human being to transform from animal consciousness to human consciousness.
(a) **Right understanding** (b) Realization
(c) Value education (d) Physical facilities.
- 3) To maintain harmony we have to work at four levels of living .Identify second level of living.
(a) Self (b) **Family**
(c) Nature (d) Society
- 4)What is the third level of living?
a)Society (b) Individual (c) Family (d) Nature
- 5) What are the outcomes of realization and understanding?
A. Work **B. Values** C. Happiness D. Health
- 6) What is necessary but not complete for human beings.
a)Happiness **b) Physical facility** c) Prosperity d) Relationship
- 7) Program and desire are the contents of
a)Self evolution b. Self investigation
c.Self exploration d. Happiness
- 8)Each Human being is co-existence of
a)Spirit and Sanyam b. Health and prosperity

c. Self and Body d. Mind and Soul

9) Physical facilities are required in what quantity?

A. Abundant **B. Limited** C. Large D. Profuse

10) What is the state of liking and a holistic and all encompassing state of the mind that creates inner harmony?

a) Prosperity **(b) Happiness** (c) Innateness (d) Self-organized

11) Five basic guidelines for value education are Universal, Natural and verifiable, all encompassing, leading to harmony and

a) Self exploration (b) Education (c) Right utilization **(d) Rational**

12)What is the significance of nurturing positive relationships in holistic development?

- a) It promotes academic excellence.
- b) It fosters emotional support and well-being.
- c) It enhances critical thinking skills.
- d) It develops professional competence.

Answer: b) It fosters emotional support and well-being.

13) How does education contribute to creating supportive physical environments?

- a) By promoting competition and individualism.
- b) By providing access to safe and well-maintained spaces.
- c) By emphasizing hierarchy and authority.
- d) By discouraging collaboration and cooperation.

Answer: b) By providing access to safe and well-maintained spaces.

14) The process of self-exploration help to improving

- a. Right Understanding
- b. Happiness
- c. Relationship

d. All the above

15) How does education address the importance of emotional and physical well-being?

- a) By neglecting the role of emotions in relationships.
- b) By promoting stress and burnout.
- c) By providing knowledge and skills for physical health management.
- d) By disregarding the connection between emotions and holistic development.

Answer: c) By providing knowledge and skills for physical health management.

16) What are the basic requirements for fulfillment of human aspirations?

- a. Right understanding
- b. Good relationship
- c. Physical facilities

d. All the above

17) Which aspect of understanding value education involves recognizing the role of values in shaping our character and guiding our behavior?

- A. Definition and Importance
- B. Core Values
- C. Application of Values

D. Moral Development

Answer: A. Definition and Importance

18) What is the focus of understanding value education in relation to core values?

- A. Identifying and understanding core values
- B. Recognizing ethical dilemmas
- C. Applying values in practical situations
- D. Cultivating values in one's character

Answer: A. Identifying and understanding core values

19) Which aspect of understanding value education involves analyzing moral implications and making choices aligned with one's values?

- A. Definition and Importance
- B. Core Values
- C. Application of Values
- D. Cultivation of Values

Answer: C. Application of Values

20) What does understanding value education encompass in terms of moral development?

- A. Identifying and understanding core values
- B. Recognizing ethical dilemmas
- C. Comprehending different ethical theories
- D. Engaging in reflection and empathy-building exercises

Answer: C. Comprehending different ethical theories

21) What is the goal of understanding value education in relation to cultivation of values?

- A. Identifying and understanding core values
- B. Recognizing ethical dilemmas
- C. Applying values in practical situations
- D. Cultivating values in one's character

Answer: D. Cultivating values in one's character

22) Self-exploration as a process for value education primarily focuses on which aspect?

- a) Developing self-awareness
- b) Acquiring new knowledge
- c) Improving physical fitness
- d) Enhancing technical skills

Answer: a) Developing self-awareness

23) What is one of the key benefits of self-exploration in value education?

- a) Identifying personal values
- b) Memorizing facts and figures
- c) Enhancing physical strength
- d) Perfecting technical skills

Answer: a) Identifying personal values

24)How does self-exploration contribute to personal growth in value education?

- a) By avoiding reflection on past experiences
- b) By ignoring personal values and beliefs
- c) By recognizing strengths and areas for improvement
- d) By focusing solely on acquiring new knowledge

Answer: c) By recognizing strengths and areas for improvement

25)What is the ultimate goal of aligning values and actions through selfexploration?

- a) Ensuring complete perfection in all aspects of life
- b) Promoting physical fitness and well-being
- c) Achieving harmony between personal values and behavior
- d) Mastering technical skills for professional competence

Answer: c) Achieving harmony between personal values and behavior

26) The human goal at the level of nature is

A. Prosperity B. Fearlessness C. Co-existence D. Right understanding **ANS: C**

27) Which feelings are naturally acceptable- a) Struggle for Existence b) Survival of the Fittest

c) Be the Best d) Relationship, Harmony, and Co-existence **ANS: D**

28) To live in co-existence (relationship) with human-beings –family to world family – a) Knowledge b) Resolution c) Undivided Human Society d) Universal Human Order **ANS: C**

29) The participation of the human being in ensuring the role of physical facility in nurture, protection and providing means for the body is called its _____. a. Utility value b. Artistic value c. Both a and b d. None of the above ANS: A

30) Human-human interaction is called A. Work B. Behaviour C. System D. None ANS: B

31) The Self(I) is the seer_____ A. Doer B. Enjoyer C. Doer & Enjoyer D. None ANS: C

32) TRUTH deals with A. Realization in the self B. Fulfillment in relationship. Ensuring more than required physical facility D. None ANS: A

33) PROSPERITY deals with A. Right understanding in the self B. Fulfillment in relationship C. Ensuring more than required physical facility D. None ANS: C

34) The human goal at the level of family is A. Prosperity B. Fearlessness C. Co-existence D. Right understanding ANS: A

35) The human goal at the level of society is A. Prosperity B. Fearlessness C. Co-existence D. Right understanding ANS: B

36) The human goal at the level of nature is A. Prosperity B. Fearlessness C. Co-existence D. Right understanding ANS: C

37) Right feeling & right thought deals with A. Self B. Body C. Self and body both D. Physical Facility ANS: A

38) The fulfillment and evaluation of feelings lead to mutual _____ in relationship. A. Prosperity B. Enrichment C. Happiness D. None Ans: C

39) Right feeling within myself (I) is A. Definite B. Continuous C. Unconditional D. All ANS: D

40) How does recognizing the co-existence of the self and the body impact engineering ethics?

a) It promotes the exclusion of ethical considerations in design

- b) It encourages responsible engineering practices
- c) It neglects the impact of designs on human well-being
- d) It prioritizes technical aspects over ethical perspectives

Answer: b) It encourages responsible engineering practices

41) Which dimension of human needs does the distinction between the needs of the self and the body encompass?

- a) Physical and emotional aspects
- b) Psychological and social factors
- c) Cognitive and functional requirements
- d) Personal growth and self-fulfillment

Answer: b) Psychological and social factors

42) Seer means the one that

- a. **Understand**
- b. Experience happiness / unhappiness
- c. Does something
- d. All the above

43) What is one benefit of harmony between the self and the body for engineers?

- A) Increased physical fitness
- B) Improved problem-solving abilities
- C) Enhanced social skills

D) Higher financial earnings

Answer: B) Improved problem-solving abilities

44) Which aspect is promoted by harmony of the self with the body in engineering professions?

A) Emotional well-being

B) Financial success

C) Political influence

D) Physical appearance

Answer: A) Emotional well-being

45) How does harmony of the self with the body contribute to effective collaboration?

A) Enhances physical strength

B) Develops technical skills

C) Improves problem-solving abilities

D) Promotes positive relationships

Answer: D) Promotes positive relationships

46) Doer means the one that

a. Understanding

b. Experience happiness / unhappiness

c. **Does something**

d. All the above

47) What does understanding harmony in the self involve in terms of managing stress?

- a) Aligning Values and Purpose
- b) Balancing Work and Personal Life
- c) Managing Stress and Building Resilience
- d) Integration of Mind, Body, and Emotions

Answer: c) Managing Stress and Building Resilience

48) Which aspect of understanding harmony in the self emphasizes the need to align personal values with professional goals?

- a) Managing Stress and Building Resilience
- b) Cultivating Positive Relationships
- c) Integration of Mind, Body, and Emotions
- d) Aligning Values and Purpose

Answer: d) Aligning Values and Purpose

49) What does understanding harmony in the self involve in terms of nurturing all aspects of oneself?

- a) Cultivating Positive Relationships
- b) Managing Stress and Building Resilience
- c) Integration of Mind, Body, and Emotions
- d) Balancing Work and Personal Life

Answer: c) Integration of Mind, Body, and Emotions

50) Enjoyer means the one that

- a. Understanding
- b. **Experience happiness / unhappiness**
- c. Does something
- d. All the above

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