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--fitbit sql analysis.sql
-- run as postgres superuser
CREATE DATABASE fitbit;
CREATE USER fitbit user WITH PASSWORD 'YourStrongPassword';
GRANT ALL PRIVILEGES ON DATABASE fitbit TO fitbit user;
-- 1) create a raw table
CREATE TABLE raw daily activity (
  id TEXT,
  activitydate TEXT,
  totalsteps TEXT,
  totaldistance TEXT,
 calories TEXT,
 veryactiveminutes TEXT,
 fairlyactiveminutes TEXT,
 lightlyactiveminutes TEXT,
 sedentaryminutes TEXT
);
-- 2) from psql terminal use \copy (local file path)
-- 3) Quick inspection (sanity checks)
-- total rows
SELECT COUNT(*) FROM raw daily activity;
-- first 5 rows
SELECT * FROM raw daily activity LIMIT 5;
-- check how many NULL/empty in important columns
SELECT
 COUNT(*) AS total rows,
  COUNT(NULLIF(TRIM(totalsteps), '')) AS present totalsteps,
  COUNT(NULLIF(TRIM(calories), '')) AS present calories
FROM raw_daily_activity;
-- trim whitespace (optional)
UPDATE raw_daily_activity
SET totalsteps = TRIM(totalsteps),
    calories = TRIM(calories),
    activitydate = TRIM(activitydate),
    totaldistance = TRIM(totaldistance);
-- 5) Basic cleaning (trim whitespace, turn empty strings to NULL)
-- replace empty strings with NULL for columns used
UPDATE raw_daily_activity
SET totalsteps = NULLIF(totalsteps, ''),
    calories = NULLIF(calories, ''),
    totaldistance = NULLIF(totaldistance, ''),
    activitydate = NULLIF(activitydate, '');
-- 6) Create a typed cleaned table (convert strings → proper types)
CREATE TABLE cleaned daily activity AS
SELECT
 id,
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-- if activitydate like 4/12/2016 use 'MM/DD/YYYY', else use
activitydate::date if 'YYYY-MM-DD'
  CASE
    WHEN activitydate \sim '^[0-9]\{1,2\}/[0-9]\{1,2\}/[0-9]\{4\}$' THEN
TO_DATE(activitydate, 'MM/DD/YYYY')
   ELSE NULLIF(activitydate, '')::DATE
  END AS activity date,
  NULLIF (total steps, ''):: INTEGER AS total steps,
 NULLIF (totaldistance, ''):: NUMERIC AS total distance,
 NULLIF (calories, '')::INTEGER AS calories,
 NULLIF(veryactiveminutes, '')::INTEGER AS very active minutes,
 NULLIF(fairlyactiveminutes, '')::INTEGER AS fairly_active_minutes,
  NULLIF(lightlyactiveminutes, '')::INTEGER AS lightly_active_minutes,
  NULLIF(sedentaryminutes, '')::INTEGER AS sedentary minutes
FROM raw daily activity;
-- Check cleaned daily activity:
SELECT COUNT(*) FROM cleaned daily activity;
SELECT * FROM cleaned daily activity LIMIT 5;
-- 7) Remove duplicates (if same Id + date repeats)
CREATE TABLE deduped daily activity AS
SELECT id, activity date, total steps, total distance, calories,
       very active minutes, fairly active minutes,
lightly active minutes, sedentary minutes
FROM (
 SELECT *,
         ROW NUMBER() OVER (PARTITION BY id, activity date ORDER BY
total steps DESC NULLS LAST) AS rn
 FROM cleaned daily activity
) t
WHERE rn = 1;
--Verify:
SELECT COUNT(*) FROM deduped daily activity;
SELECT COUNT(*) FROM (
 SELECT id, activity date, COUNT(*) FROM deduped daily activity GROUP
BY id, activity date HAVING COUNT(*) > 1
) x;
--8) Add indexes for faster queries (recommended)
CREATE INDEX idx dedup id ON deduped daily activity (id);
CREATE INDEX idx dedup date ON deduped daily activity (activity date);
--9) Useful analysis queries to run & save (these go into your SQL
deliverable)
-- A. Basic stats
SELECT COUNT(DISTINCT id) AS total users, COUNT(*) AS total records
FROM deduped daily activity;
-- B. Average steps per day (overall)
SELECT ROUND(AVG(total steps)::numeric,2) AS avg steps overall FROM
deduped daily activity;
-- C. Average steps per user (top 20)
SELECT id, ROUND(AVG(total steps)::numeric,2) AS avg steps
FROM deduped daily activity
GROUP BY id
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ORDER BY avg steps DESC
LIMIT 20;
-- D. Correlation between steps and calories (Postgres has corr)
SELECT corr(total_steps::double precision, calories::double precision)
AS steps calories corr
FROM deduped daily activity;
-- E. Avg active minutes breakdown
SELECT
  ROUND (AVG (very active minutes)::numeric, 2) AS avg very,
  ROUND(AVG(fairly active minutes)::numeric,2) AS avg fairly,
  ROUND(AVG(lightly active minutes)::numeric, 2) AS avg light,
  ROUND(AVG(sedentary minutes)::numeric, 2) AS avg sedentary
FROM deduped daily activity;
-- F. Steps by day of week
SELECT EXTRACT (DOW FROM activity date) AS dow,
       ROUND(AVG(total steps)::numeric,2) AS avg_steps
FROM deduped daily activity
GROUP BY dow
ORDER BY dow;
-- create sleep table 1st {Raw Sleep CSV import karo}
CREATE TABLE raw sleep day (
 id TEXT,
 sleepdate TEXT,
 totalminutesasleep TEXT,
 totaltimeinbed TEXT
);
-- import csv file directly
--Clean table banao (datatype convert)
CREATE TABLE cleaned sleep day AS
SELECT
  id,
  TO DATE(sleepdate, 'MM/DD/YYYY') AS sleep date,
  NULLIF (totalminutesasleep, '')::INTEGER AS total minutes asleep,
 NULLIF(totaltimeinbed,'')::INTEGER AS total time in bed
FROM raw sleep day;
--Deduplicate (agar ek user+date multiple rows hai)
CREATE TABLE deduped sleep day AS
SELECT id, sleep date, total minutes asleep, total time in bed
FROM (
  SELECT *,
         ROW NUMBER() OVER (PARTITION BY id, sleep date ORDER BY
total minutes asleep DESC NULLS LAST) AS rn
 FROM cleaned sleep day
WHERE rn = 1;
--Check data
SELECT COUNT(*) FROM deduped sleep day;
SELECT * FROM deduped sleep day LIMIT 10;
-- G. Join with sleep table (if you have sleep csv)
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-- assume you loaded/cleaned 'deduped_sleep_day' with column sleep_date
(date) and total minutes asleep
SELECT d.id, d.activity date, d.total steps, s.total minutes asleep
FROM deduped daily activity d
LEFT JOIN deduped_sleep_day s
 ON d.id = s.id AND d.activity date = s.sleep date
LIMIT 50;
-- 10) Create views to make reporting easier
CREATE VIEW v user daily summary AS
SELECT id, activity_date,
       total_steps, total_distance, calories,
       very_active_minutes, lightly_active_minutes, sedentary_minutes
FROM deduped_daily_activity;
-- now we can see by running query
SELECT * FROM v user daily summary WHERE id='1503960366';
-- 11) Export query results for PDF/report
--save it directly from data (save as excel or pdf)
-- 1) Raw sleep table (if not exists)
CREATE TABLE IF NOT EXISTS raw sleep day (
 id TEXT,
 sleepday TEXT,
 totalsleeprecords TEXT,
 totalminutesasleep TEXT,
  totaltimeinbed TEXT
);
-- 2) Cleaned table: parse datetime to date
CREATE TABLE IF NOT EXISTS cleaned sleep day AS
SELECT
  TO TIMESTAMP(sleepdate, 'MM/DD/YYYY hh12:mi:ssAM')::date AS
sleep date,
 NULLIF (totalminutesasleep, '')::int AS total minutes asleep,
 NULLIF(totaltimeinbed,'')::int AS total time in bed
FROM raw sleep day;
-- 3) Deduped table (keep max sleep minutes per Id+date)
CREATE TABLE IF NOT EXISTS deduped sleep day AS
SELECT id, sleep date, total minutes asleep, total time in bed
FROM (
  SELECT *,
         ROW NUMBER() OVER (PARTITION BY id, sleep date ORDER BY
total minutes asleep DESC NULLS LAST) AS rn
 FROM cleaned sleep day
WHERE rn = 1;
--validation
SELECT COUNT(*) FROM deduped sleep day;
SELECT * FROM deduped sleep day LIMIT 10;
SELECT id, sleep date, total minutes asleep
FROM deduped_sleep_day
ORDER BY sleep date DESC
```