

FITBIT DASHBOARD

7.64K
Avg Steps

6.99
Avg Sleep (hrs)

21.16
Avg Calories

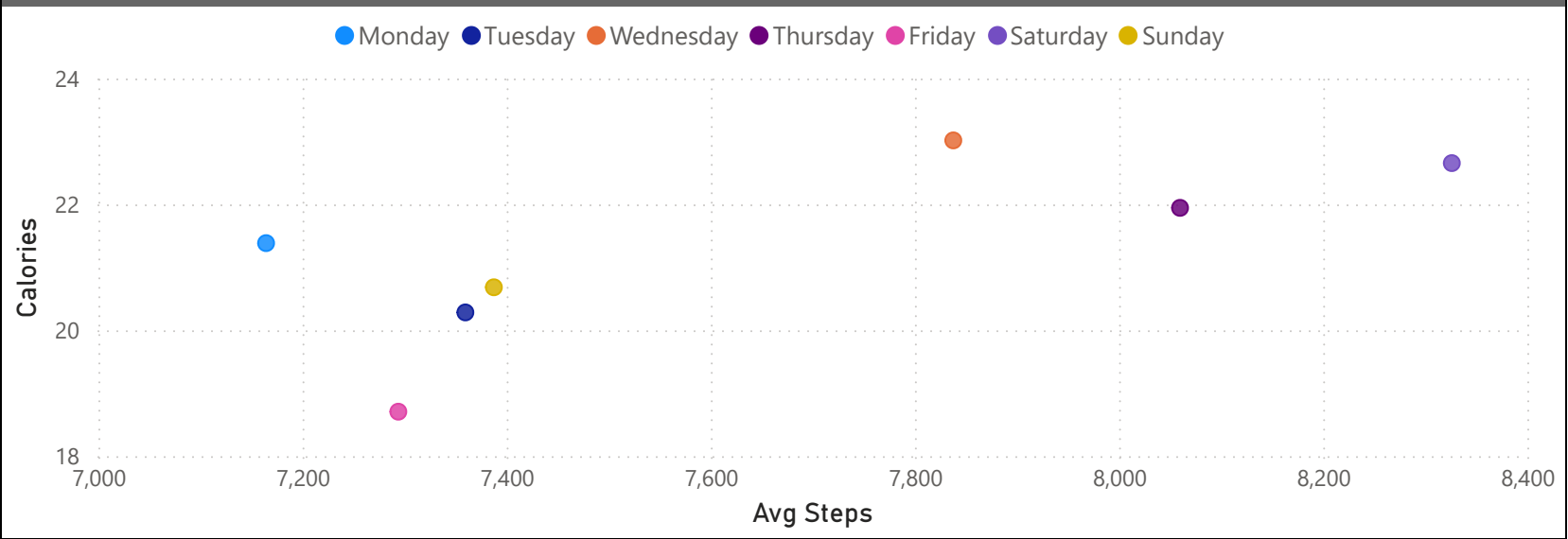
32.2%
10k+ Steps Days

id

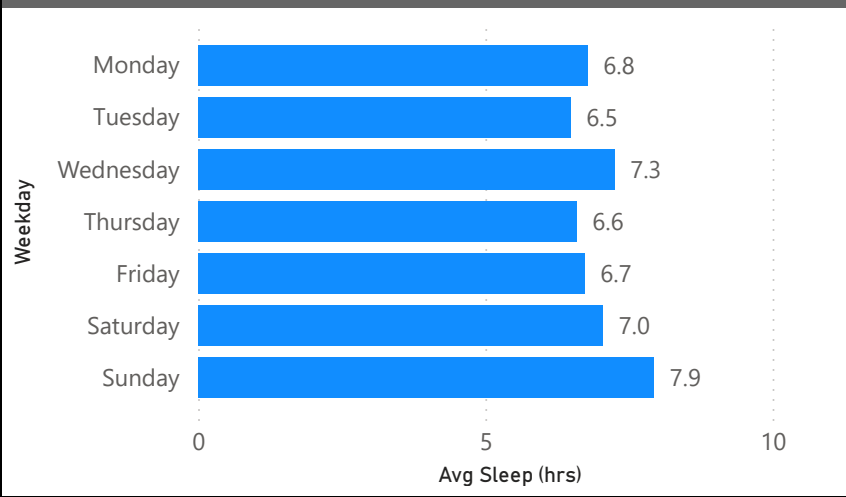
activity_date

activity_date	Sum of total_steps	Sum of total_minut
Tuesday, January 05, 2016	206870	
Friday, February 05, 2016	204434	
Saturday, March 05, 2016	248203	
Tuesday, April 05, 2016	196149	
Wednesday, April 13, 2016	237558	
Thursday, April 14, 2016	255538	
Friday, April 15, 2016	248617	
Saturday, April 16, 2016	277733	
Sunday, April 17, 2016	205096	
Monday, April 18, 2016	252703	
Tuesday, April 19, 2016	257557	
Wednesday, April 20, 2016	261215	
Thursday, April 21, 2016	263795	
Friday, April 22, 2016	238284	
Saturday, April 23, 2016	267124	
Total	7179636	

Calories vs Steps (by Weekday)



Average Sleep by Weekday



Average Steps over Time

