## 1- The Urgent Important matrix

	urgent	not urgent
Important	<ul><li>Income tax</li><li>Some calls</li><li>Deadline</li></ul>	<ul><li>Workout</li><li>Vacation</li><li>Financial planning</li></ul>
Not important	<ul><li>Weekly calls</li><li>interruptions</li></ul>	<ul><li>time waste</li><li>irrelevant email</li></ul>

## 2- goal within one year:

My goal within one year is Earn a new degree. A professional degree and Get a job

## sub-goals:

\* be more creative

\*learn more

\*wake up early