

# The value of magnetic resonance imaging for the detection of the bleeding source in non-traumatic intracerebral haemorrhages: a comparison with conventional digital subtraction angiography

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Received: 17 May 2011 / Accepted: 29 August 2011 / Published online: 15 September 2011  
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## Abstract

**Introduction** Conventional digital subtraction angiography (DSA) is currently regarded as the gold standard in detecting underlying vascular pathologies in patients with intracerebral haemorrhages (ICH). However, the use of magnetic resonance imaging (MRI) in the diagnostic workup of ICHs has considerably increased in recent years. Our aim was to evaluate the diagnostic accuracy and yield of MRI for the detection of the underlying aetiology in ICH patients.

**Methods** Sixty-seven consecutive patients with an acute ICH who underwent MRI (including magnetic resonance angiography (MRA) and DSA during their diagnostic workup) were included in the study. Magnetic resonance images were retrospectively analysed by two independent neuroradiologists to determine the localisation and cause of the ICH. DSA was used as a reference standard.

**Results** In seven patients (10.4%), a DSA-positive vascular aetiology was present (one aneurysm, four arteriovenous malformations, one dural arteriovenous fistula and one vasculitis). All of these cases were correctly diagnosed by both readers on MRI. In addition, MRI revealed the following probable bleeding causes in 39 of the 60 DSA-

negative patients: cerebral amyloid angiopathy (17), cavernoma (9), arterial hypertension (8), haemorrhagic transformation of an ischaemic infarction (3) and malignant brain tumour with secondary ICH (2).

**Conclusion** Performing MRI with MRA proved to be an accurate diagnostic tool in detecting vascular malformations in patients with ICH. In addition, MRI provided valuable information regarding DSA-negative ICH causes, and thus had a high diagnostic yield in ICH patients.

**Keywords** Intracerebral haemorrhage · ICH · MR angiography · MRI · DSA

## Abbreviations

AVM	Arteriovenous malformations
dAVF	Dural arterio-venous fistula
DSA	Digital subtraction angiography
DWI	Diffusion weighted imaging
CAA	Cerebral amyloid angiopathy
CI	Confidence interval
CT	Computed tomography
CTA	Computed tomography angiography
FLAIR	Fluid-attenuated inversion recovery
ICH	Intracerebral haemorrhages
IVH	Intraventricular haemorrhage
MRA	Magnetic resonance angiography
MRI	Magnetic resonance imaging
SAH	Subarachnoid haemorrhages
SWI	Susceptibility weighted imaging
T	Tesla
TOF	Time-of-flight

**Electronic supplementary material** The online version of this article (doi:10.1007/s00234-011-0953-0) contains supplementary material, which is available to authorized users.

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## Introduction

Non-traumatic intracerebral haemorrhages (ICH) account for 10–20% of acute stroke cases [1]. Primary causes of ICHs are long-standing hypertension and cerebral amyloid angiopathy (CAA) [1, 2]. Secondary ICHs can be caused by a wide variety of aetiologies, including arteriovenous malformations (AVMs), ruptured intracranial aneurysms, cavernomas, haemorrhagic tumours, coagulopathies, sinus and venous thromboses, haemorrhagic transformation of an ischaemic infarction and vasculitis [3]. Timely and accurate identification of patients with vascular lesions as the underlying ICH cause is important because lesions such as AVMs and aneurysms require prompt treatment to prevent re-bleeding [4].

Within the last few years, the value of magnetic resonance imaging (MRI) as the initial imaging modality in both ischaemic and haemorrhagic stroke patients has considerably increased. It has been shown that MRI is just as sensitive as computed tomography (CT) in the detection of acute ICHs [5–7]. However, digital subtraction angiography (DSA) is still regarded as the gold standard for identifying vascular malformations as sources of bleeding in ICHs [8]. However, DSA is an invasive procedure with small but residual risks, including bleeding, allergy, nephrotoxicity and thromboembolism, all of which add up to a risk of 0.1–1% for permanent neurologic deficits [9–11].

Thus, our aim was to evaluate the diagnostic accuracy and yield of MRI for the detection of vascular malformations and other bleeding sources in ICH patients compared to DSA.

## Methods

This study was approved by our Institutional Review Board.

### Patient selection

At our institution, all patients presenting with ICH are initially investigated using CT including computed tomography angiography (CTA). If CTA reveals a vascular malformation that requires immediate treatment (e.g. cerebral aneurysm) but also in cases of CTA-negative subarachnoid haemorrhage (SAH), DSA is performed promptly after CTA. All other patients with spontaneous

ICH undergo MRI with magnetic resonance angiography (MRA) during their further diagnostic workup.

We used our electronic in-hospital database of clinical records to search for the key words ‘intracerebral haemorrhage’, ‘ICH’ and ‘DSA’ to identify all consecutive patients with an ICH who were admitted to our institution between 2003 and 2009 and had a DSA performed.

Patients had to meet the following additional inclusion criteria:

1. MRI with MRA performed within the first 20 days after symptom onset and before surgical haematoma evacuation or surgical or neurointerventional treatment of the bleeding source
2. An image quality of both DSA and MRI that was sufficient for evaluation
3. Cases with traumatic ICHs were excluded.

### Image acquisition

MRI was either performed on a 1.5-Tesla (T) Scanner (Magnetom Symphony, Siemens Medical Solutions, Erlangen, Germany) or on a 3-T Scanner (Signa HDxt, GE Healthcare, Milwaukee, WI, USA). Due to the retrospective character of this study, the MRIs were not performed according to a standardised protocol. Available sequences and parameters are indicated in Table 1.

DSA was performed on a biplanar DSA unit with an image matrix of 1,024×1,024 (Neurostar; Siemens Medical Solutions) using a saline-flushed guide catheter under systemic heparinisation. Diagnostic series included selective catheterisations of both internal and external carotid arteries and the dominant vertebral artery, as well as late venous phases.

### Image analysis

First, the MRI data sets were reviewed independently by two neuroradiologists who were blinded to all patient information, clinical data and other imaging modalities (including CT/CTA and DSA). Readers assessed the following details: (1) ICH localisation (left or right side; basal ganglia, thalamus, frontal, temporal, parietal, or occipital lobe or infratentorial), (2) presence of associated intraventricular or SAH, (3) evidence of an underlying

**Table 1** MRI sequences available in ICH patients

Sequences available	MRA 1.5/3T	T1 1.5/3T	T1ce 1.5/3T	T2 1.5/3T	PD 1.5/3T	FLAIR 1.5/3T	T2* 1.5/3T	DWI 1.5/3T
Number of patients	53/14	43/11	34/6	49/11	44/6	24/11	36/13	39/13

*MRI* magnetic resonance imaging, *MRA* time-of-flight magnetic resonance angiography, *T1* non-enhanced T1-weighted images, *T1ce* contrast-enhanced T1-weighted images, *T2* T2-weighted images, *PD* proton-density-weighted images, *FLAIR* fluid-attenuated inversion recovery-weighted imaging, *T2\** T2\*-weighted gradient echo images, *DWI* diffusion-weighted images, *T* Tesla

vascular malformation (aneurysm, AVM or dural arteriovenous fistula (dAVF)), (4) signs of other angiographically positive ICH aetiologies (e.g. vasculitis or sinus or venous thrombosis) and (5) signs indicative of an angiographically negative ICH aetiology (e.g. CAA or cavernomas). If an underlying vascular pathology was suspected, readers also noted the exact localisation and the affected vessels. In cases of a disagreement concerning a non-vascular cause, MRI and MRA were re-evaluated by both readers to reach a consensus on a final MRI diagnosis. If no consensus could be reached for a given case, it was classified as ‘unknown cause’.

After the evaluation of all MRI data sets, the DSA series was analysed together with all patient information and clinical data by the same two neuroradiologists to determine the reference standard concerning the presence of a DSA-positive vascular aetiology.

### Statistical analysis

For DSA-positive pathologies, sensitivity, specificity, positive predictive value and negative predictive value of MRI were calculated. Furthermore, an inter-rater reliability analysis by

Cohen’s kappa statistics was performed to determine consistency among raters for the detection of an underlying vascular aetiology of the ICH. Statistical analyses were performed using the Statistical Package for the Social Sciences version 17.0 (SPSS, Chicago, IL, USA).

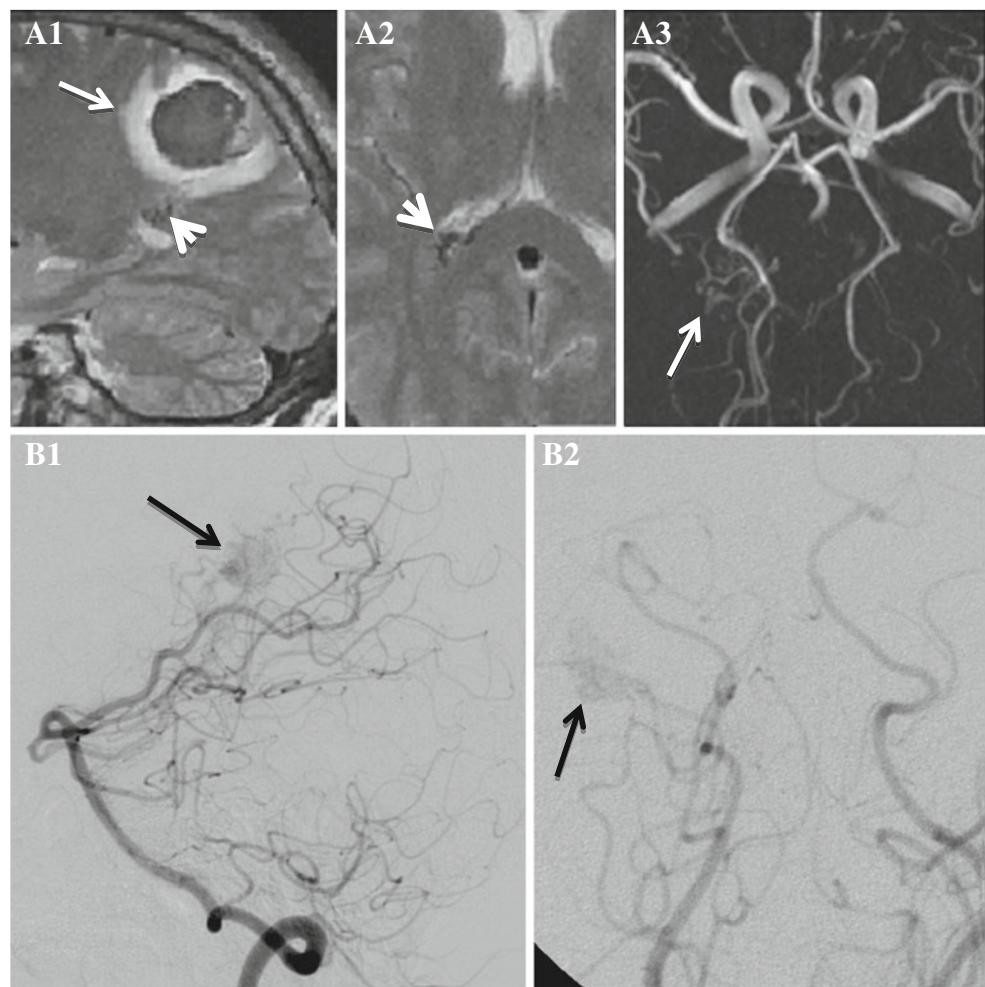
### Results

A total of 120 consecutive patients with spontaneous SAH underwent DSA during the study period. Sixty-seven of these patients met the inclusion and exclusion criteria (mean age, 53.4 years; range, 14–82 years; 44 males; 23 females).

In 36 patients, a lobar ICH in one or more lobes was found (12 frontal, 15 temporal, 13 parietal and 7 occipital). The ICH was located in the basal ganglia in 13 patients, and infratentorial localisation was present in 18 patients. Associated haemorrhages included intraventricular haemorrhages (IVHs) in eight cases and SAHs in five patients.

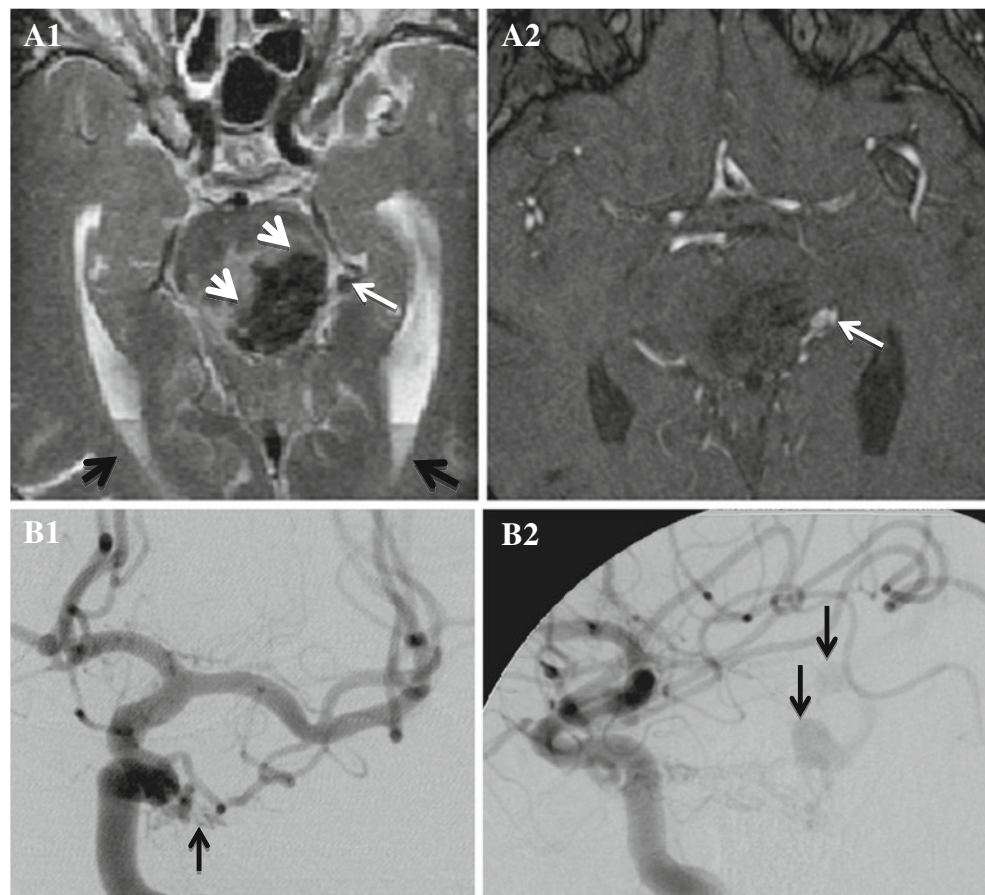
DSA as the reference standard for angiographically positive pathologies revealed an AVM in four cases (6%; Fig. 1), a dAVF in one patient (1.5%; Fig. 2), a dissecting

**Fig. 1** MRI performed at 1.5 T (A) and DSA (B) of a 36-year-old male with a parietal ICH due to an AVM originated from the right posterior cerebral artery. The sagittal T2-weighted image (A1) shows the lobar haemorrhage with perifocal oedema (normal white arrow). Adjacent to the right lateral ventricle, prominent vessels can be detected (A1, A2; short white arrows) on T2-weighted imaging (A1, A2) as well as on the TOF-MRA (A3; normal white arrow). DSA with selective catheterization of the left vertebral artery in lateral (B1) and anteroposterior view (B2) confirms the AVM (black arrows)





**Fig. 2** MRI performed at 1.5 T (A) and DSA (B) of a 72-year-old male with an infratentorial ICH due to a dural arteriovenous fistula (dAVF). T2-weighted imaging (A1) shows the pontine ICH (white arrowheads) and the associated IVH (fat black arrows). Furthermore, a venous dilatation associated with the dAVF can be depicted on T2w (A1) and TOF-MRA (A2) (thin white arrow). DSA with selective catheterization of the left internal carotid artery in anteroposterior (B1) and lateral (B2) view confirms the arteriovenous shunt with the venous dilatations (thin black arrows)



aneurysm of the vertebral and basilar artery with intraparenchymal and intraventricular ICH in one patient (1.5%) and one case of vasculitis (1.5%). A sinus or deep vein thrombosis was not detected in our population (for details, see Table 2). In the remaining 60 patients, no vessel pathology could be identified on DSA.

All seven DSA-positive pathologies were correctly identified by both readers on MRI. There was one false-positive diagnosis of an AVM. Thus, the sensitivity of MRI for the detection of DSA-positive pathologies was 100% (95% confidence interval (CI)=56.1–100%) with a specificity of 98.3% (95% CI=89.9–99.9%). The positive predictive value was 87.5% (95% CI=46.7–99.3%), and the negative predictive value was 100% (95% CI=92.4–100%; Table 3).

The inter-rater agreement for the detection of a DSA-positive vascular aetiology of the ICH was excellent ( $\kappa$ =0.93).

In the independent evaluation of the MRI by the two blinded readers, a disagreement concerning a non-vascular ICH cause was present in eight cases, but a final MRI diagnosis could be achieved in all of these cases during the consensus reading. A non-vascular ICH cause was found in 39 patients (58.2%): CAA was suspected in 17 patients (25.4%; Fig. 3), a cavernoma was present in nine cases

(13.4%), arterial hypertension was suspected in eight cases (11.9%), a haemorrhagic transformation of an ischaemic stroke was found in three cases (4.5%) and two patients had an intratumoural haemorrhage (3%).

The ICH cause was considered unknown in 21 cases (31.3%) of patients despite extensive diagnostic workup, which included additional CT angiography and extensive blood examination.

The cases for cavernomas and tumours were histologically proven. The CAA cases were not histologically proven, but diagnosis was based on the Boston criteria for probable CAA-related ICH [12]. The diagnoses of arterial hypertension, respectively, haemorrhagic transformation of an ischaemic stroke as causes of the ICH were approved by the clinical history and patient follow-up.

## Discussion

MRI with MRA proved to be an accurate diagnostic tool in detecting causative DSA-positive pathologies in patients with ICH; moreover, it revealed DSA-negative causes in a high percentage of patients.

Spontaneous ICHs account for 10–15% of all strokes. Increased age and arterial hypertension represent the most

**Table 2** Patient characteristics and findings in ICH patients with DSA-positive pathologies

<i>n</i>	Sex	Age	Bleeding	Localization	Cause	Vessel(s) affected/feeding	DSA post onset	MRI post onset	MRI sequences available						
									MRA	T2	PD	FLAIR	T1	T1ce	T2*
1	f	40	ICH	l Basal ganglia	Vasculitis	All ic vessels	12	16	+	+	+	+	+	+	+
2	m	71	ICH	r Pons	AVM	r PCA	2	3	+	+	+	+	+	+	+
3	m	65	ICH	Cerebellar vermis	AVM	r PCA	1	1	+	+	+	+	+	+	+
4	m	59	ICH + IVH	r Pons	Aneurysm	BA	0	15	+	+	+	+	+	+	+
5	m	36	ICH	r Parietal	AVM	r PCA	0	2	+	+	+	+	+	+	+
6	m	64	ICH + IVH	l Frontoparietal	AVM	l MCA	1	1	+	+	+	+	+	+	+
7	m	72	ICH + SAH	Mesencephalon, pons	dAVF	l ICA	2	2	+	+	+	+	+	+	+

All MRI investigations were performed on a 1.5-T scanner

*n* number of patient, *DSA* digital subtraction angiography, *f* female, *m* male, *MRI* magnetic resonance imaging, *MRA* time-of-flight magnetic resonance angiography, *T1* non-enhanced T1-weighted images, *T1ce* contrast-enhanced T1-weighted images, *T2* T2-weighted images, *PD* proton-density-weighted images, *FLAIR* fluid-attenuated inversion recovery-weighted imaging, *T2\** T2\*-weighted gradient echo images, *DWI* diffusion-weighted images, *ICH* intracerebral haemorrhage, *IVH* intraventricular haemorrhage, *SAH* subarachnoid haemorrhage, *AVM* arteriovenous malformation, *dAVF* dural arteriovenous fistula, *ic* intracranial, *r* right, *l* left, *PCA* posterior cerebral artery, *BA* basilar artery, *MCA* middle cerebral artery, *ICA* internal cerebral artery, + sequence was available, – sequence was not available

**Table 3** Diagnostic accuracy of MRI in the detection of DSA-positive pathologies in ICHs (*n*=67) evaluated by two readers (*n*=134)

	DSA confirmed related vascular lesion Reader 1/Reader 2	DSA confirmed no related vascular lesion Reader 1/Reader 2	Total
Positive MRI res. MRA for related vascular lesion	7/7	0/1	7/8
Negative MRI res. MRA for related vascular lesion	0/0	60/59	60/59
Total	7/7	60/60	67

*DSA* digital subtraction angiography, *MRI* magnetic resonance imaging, *MRA* magnetic resonance angiography, *res.* respectively

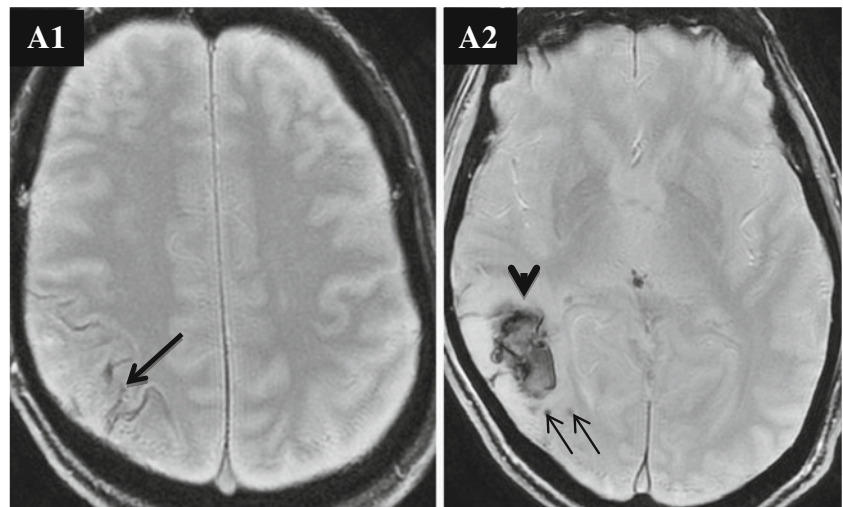
important risk factors for ICH. Further independent risk factors include alcohol abuse, male sex and anticoagulant treatment [13–15]. In the elderly, arterial hypertension constitutes by far the most important modifiable risk factor for non-traumatic ICHs [13, 15, 16]. In patients between 40 and 70 years of age, arterial hypertension accounts for the underlying cause of an ICH in over 50% of cases [17, 18]. In young adults, intracranial vascular malformations, including AVMs, dAVFs and cavernous malformations, represent the most common causes of ICH [19].

#### DSA-positive pathologies

AVMs are defined as vascular malformations with arteriovenous shunting in the absence of an intervening capillary bed. Angiographically, AVMs show a so-called ‘nidus’, a conglomeration of numerous small arteriovenous shunts, typically including enlarged feeding arteries and draining veins, which are also significantly enlarged and can show associated varixes, stenoses and aneurysms. Dural arteriovenous fistulas are defined as arteriovenous shunts that are located within the dura mater and most commonly involve the transverse sinus, followed by the cavernous sinus. Typically, a thrombotic occlusion of the involved dural venous sinus is found [20].

In recent years, several studies have demonstrated that, compared with DSA and intraoperative findings, multi-detector CTA is highly accurate for the detection of vascular malformations in patients with ICH, with reported sensitivities ranging from 89% to 96% and specificities from 92% to 100% [21–24]. Furthermore, MRI with MRA emerged as an effective diagnostic modality to identify vascular causes of ICHs [25–27]. Thus, despite the considerable recent advances in CTA and MRA techniques, DSA is still commonly considered the gold standard in ruling out an underlying vascular malformation in ICH patients [8].

**Fig. 3** T2\*-weighted images of a 63-year-old male with a parietotemporal ICH (*arrowhead*). Because of the presence of additional microbleeds (*thin arrows*) and superficial siderosis (*fat arrow*) as well as a negative DSA, CAA was suspected as the probable underlying cause of the ICH



With regard to AVMs, a conventional time-of-flight (TOF)-MRA allows the gross depiction of AVMs but does not provide sufficient information on their angioarchitecture [28]. Regarding dAVFs, TOF-MRA can be negative, especially in small or slow flow shunts [29]. However, new high-resolution, contrast-enhanced and time-resolved MRA techniques have strongly improved the value of MRA in the evaluation of AVMs [25–27] and the detection of dAVFs [30]. Furthermore, conventional MRI sequences (T1, T2 and fluid-attenuated inversion recovery (FLAIR)) can be very helpful in the detection of AVMs or dAVFs. The AVM's vessels present as prominent hypointense flow voids resembling a 'bag of black worms' with little or no mass effect on T2-weighted images, and the FLAIR sequence might show a high signal in some of the adjacent brain parenchyma, indicating gliotic tissue. In dAVFs, T2, T1 and FLAIR sequences demonstrate the thrombosed dural sinus and eventually an adjacent oedema if a venous congestion is present. In rare cases, a diffuse dural enhancement is observed on contrast-enhanced T1-weighted images. Previous studies on MRA in AVMs and dAVFs did not evaluate the diagnostic yield of MRI in the detection of a bleeding cause in ICHs but focused on the appearance of already diagnosed AVM or dAVF using MRI [25–37].

In our patient population, vascular malformations were identified in 10.5% of patients, with a sensitivity of 100% and a specificity of 98.3% compared to DSA. In one case, the second reader made one false-positive diagnosis of a cerebral arteriovenous malformation based on MRI images, which turned out not to be a vascular lesion on DSA. There was no instance in which the DSA could detect a causative vascular pathology that was not seen on MRI.

Compared to reports of previous CT and DSA studies, which found vascular pathologies as the cause of ICH in 27.5% to 52.5%, the number of vascular causes in our population was quite low (10.4%) [31–33]. This discrep-

ancy is due to the following reasons, which result in a biased patient selection in this retrospective study. In our institution, CT is still the emergency imaging modality of choice in patients with acute onset of neurological deficits and, thus, in the detection of ICHs. For the evaluation of a vascular pathology as the cause of an ICH, a CTA or DSA is initially performed. Causative vascular lesions are often immediately treated; only in unclear cases or in cases in which immediate treatment is not necessary is MRI performed. That is why not all patients who presented in our emergency department with an ICH in the given time period could be included in this study.

#### DSA-negative pathologies

The most important DSA-negative bleeding causes include arterial hypertension and CAA, which account for approximately 80% of cases [1, 2, 13]. Other important DSA-negative bleeding causes are cavernous malformations, haemorrhagic ischaemic stroke and intracranial neoplasms. In the majority of cases, these pathologies present with the following typical MR imaging findings: Hypertensive ICHs are typically located within the basal ganglia and/or thalami. This location is so pathognomonic that angiographical techniques (MRA, CTA and DSA) are rarely necessary in establishing this diagnosis in older patients with longstanding arterial hypertension [34]. CAA represents the second most important non-vascular cause of ICH in elderly patients. In contrast to hypertensive ICHs, ICHs due to CAA are located more superficially in the cerebral lobes in the majority of cases. However, the diagnosis of CAA as the underlying aetiology of an ICH cannot be made based on localisation alone. The definite diagnosis of CAA still requires histopathologic demonstration of vascular amyloid. However, the Boston diagnostic criteria can be used to determine the probability of CAA as the bleeding source [12,



35]. The sensitivity of these criteria can be enhanced to about 95% by including microbleeds and superficial siderosis as typical imaging findings of CAA [34, 36].

Cavernous malformations are DSA-negative vascular malformations. They have a very characteristic MRI appearance with a central core of mixed signal intensity and a peripheral hypointense rim on T2-weighted images and are detected best on gradient-echo T2\*-weighted sequences [37–39].

Intratumoural haemorrhage must be suspected in cases of pronounced perilesional oedema adjacent to an ICH immediately after the onset of the clinical symptoms and in cases of significant contrast enhancement of parts of the lesion on contrast-enhanced T1-weighted imaging early in the clinical course.

In our study population, we found the above-mentioned typical MRI signs of these different DSA-negative ICH causes in 58.2% of cases. Our results are in accordance with previous reports that the large majority of spontaneous ICHs are ‘primary’, i.e. caused either by longstanding hypertension, CAA or both [1, 2, 40]. The high prevalence of CAA (25.4%) compared to arterial hypertension (11.9%) arises from the fact that, in ‘typical’ cases of an acute basal ganglia or thalamic haemorrhage in an elderly, hypertensive patient, DSA is usually not accomplished because it is not necessary to establish the diagnosis. Thus, the majority of these cases did not meet the inclusion criteria of our study.

Due to the characteristic MRI findings of DSA-negative lesions and based on our and others’ results, we recommend that in addition to the obligatory MRA, an MRI protocol should include at least the following sequences to identify these ICH causes: a T2-weighted sequence (for cavernomas), a FLAIR sequence (for accompanying SAH or IVH), a T2\*-weighted gradient echo sequence (for CAA and cavernomas), diffusion weighted imaging (DWI; for haemorrhagic transformation of ischaemic stroke), and T1-weighted sequences before and after application of contrast agent (intratumoural haemorrhage) [41, 42].

Overall, the results of our study suggest that the routine use of MRI is beneficial in ICH patients because the unique parenchymal information provided by this technique reveals ICH causes that cannot be identified on vessel-only imaging studies such as DSA or CTA in a considerably high percentage.

In 31.3% of the patients investigated in this study, the ICH cause was considered unknown despite extensive diagnostic workup. This percentage is slightly higher than in former studies (11–16%), most likely because of the biased patient selection in this study [24, 40].

### Limitations

Because of the retrospective study design, only routine data sets without a standardised MRI protocol were available in

the patients, and most data sets were performed on a 1.5-T scanner. The use of an optimised sequence protocol with more advanced MRI sequences and higher field strength (e.g. contrast-enhanced and time-resolved MRA and susceptibility weighted imaging at 3-T) would most likely enhance the usefulness of MRI in ICH patients. Furthermore, prospective studies with a standard MRI protocol should be performed to further address this issue. Another limitation is the wide time frame of the MRI examination. However, whether MRI can be performed routinely in the majority of acute ICH patients remains uncertain.

Furthermore, in this investigation, MRIs were evaluated concerning the presence or absence of an underlying vascular aetiology in ICH patients. However, other important features related to AVMs/AVFs, such as the number and origin of arterial feeders, presence of intranidal and/or feeding artery aneurysms, and the presence of draining vein stenoses and deep versus superficial venous drainage, were not measured.

### Conclusions

MRI with MRA proved to be an accurate diagnostic tool in detecting causative vascular lesions in patients with ICHs, and it has the potential to replace DSA, the current gold standard. In addition, MRI has the ability to provide valuable additional information with regard to DSA-negative ICH causes; thus, MRI has a high diagnostic yield in the detection of the bleeding source in patients with ICHs and should be more routinely obtained in ICH patients in the future.

**Conflict of interest** We declare that we have no conflict of interest.

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