## Into to IOT 2017 – Demonstration 4

# **Designing a step counter:**

Your task is to build a step counter using Arduino Uno board and send the number of steps to the cell phone using NRF, whenever it changed.

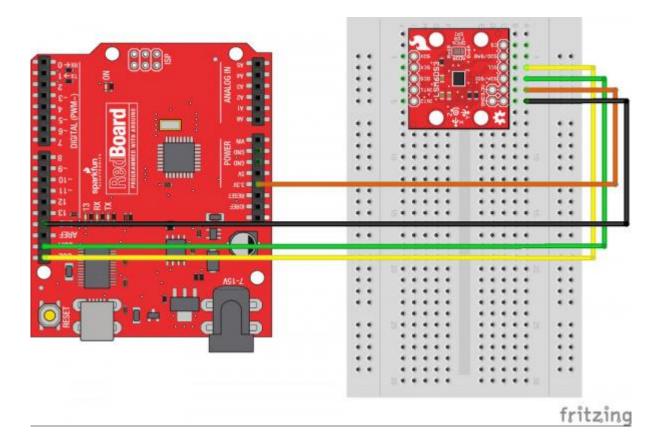
### A) Connecting the accelerometer to Arduino

The LSM6DS3 is an accelerometer and gyroscope sensor with an 8 Kbyte buffer and embedded processing interrupt functions. You can use either SPI or i2c to get data from this board.

CAUTION: this breakout works only with 3.3 v. more voltage will cause permanent damage to this board.

You can find more information here: https://learn.sparkfun.com/tutorials/lsm6ds3-breakout-hookupguide

Since in this session, you will use two 3.3v breakouts, you might use breadboard to connect them to the 3.3v pin of Arduino. Check the figure.



#### B) Connecting NrfnRF24L01+ to Arduino:

Connect your nRF24L01+ to the Arduino. (The voltage range of this device is 3.3 - 7, but it is a practice to get familiar with breadboard.)

 $3.3V \rightarrow VCC$  (breadboard)  $GND \rightarrow GND$  (breadboard)  $D8 \rightarrow IRQ$   $D9 \rightarrow CE$   $D10 \rightarrow CSN$   $D11 \rightarrow MOSI$   $D12 \rightarrow MISO$   $D13 \rightarrow SCK$ 

Download the library from <a href="https://cdn.sparkfun.com/assets/learn\_tutorials/2/9/0/RF24.zip">https://cdn.sparkfun.com/assets/learn\_tutorials/2/9/0/RF24.zip</a> and install it in your Arduino IDE.

You can find more information here:

https://learn.sparkfun.com/tutorials/nrf24l01-transceiver-hookup-guide

#### C) Sending BLE packet with nRF24L01+

You need to install NRF Master Control Panel (BLE) on your cell phone. This application is available for both Android and iOS.

Download the BTLE package from <a href="https://github.com/floe/BTLE">https://github.com/floe/BTLE</a>, and run the "send" example from this package. In send example, change the "foobar" to a random name. You should see the data on your phone with this name.

Note that you cannot bind your device to NRF because the NRF is broadcasting data. Therefore, until your NRF application is scanning, you can see the data. You can change the scanning time in device->setting-> scanner.

#### D) Develop a very simple step counter:

- 1- You need to calibrate the sensor at first. (Remember how you calibrate a sensor and mapped it).
- 2- In the loop, continuously read the data from analog pin (for example each 20 ms). You can just read the data from one of the axis, or read both x and y, and calculate their root mean square. The later method is more accurate.
- 3- To count the number of steps, you need to set a threshold. To do so, use Arduino IDE serial plotter (cntl+sht+L) to plot the result from step 2. Move the accelerometer to mimic walking. In the plotter, find a proper threshold that can be used as step detector.
- 4- Count the number of steps using this threshold. Note that for each step, there might be more than one value over threshold. You might use proper delaying to solve this problem.
- 5- Send the number of taken steps to the cell phone using the NrfnRF24L01.
- 6- Explain what is the security issue for sending data using the described method.
- 7- Search about how cell phone can detect if a person is running or walking.