



Microwave baked potato

Baked potatoes make a great snack or addition to any meal. This is a fast, easy way to cook potatoes in the microwave.



Time to prepare: 2 minutes



Time to cook: 4 minutes



Serves 2



Suitable for vegetarians

Ingredients

- 2 large potatoes

Method

1. Scrub potatoes well and pierce the skin with a fork a few times.
2. Microwave whole, unpeeled potatoes in the microwave until soft - about four minutes per potato (depending on the size).
3. Let potatoes stand for two minutes, then cut open and serve with your choice of toppings. Some of our favourites are lite sour cream, grated cheese, ground black pepper, baked beans, chopped ham, chopped spring onion or canned tuna.

Notes

You might also like...



Oven baked potato cakes

These potato cakes are a healthy and tasty alternative to fried hash browns for a weekend brunch treat. The kids will love them too.

[\(/eat/recipes/oven-baked-potato-cakes\)](/eat/recipes/oven-baked-potato-cakes)



Vegetables that stay fresh for longer

Vegetables that will stay fresh for longer in your fridge are:

[\(/eat/articles/vegetables-stay-fresh-longer\)](/eat/articles/vegetables-stay-fresh-longer)



Filled potato skins

A tasty after-school snack or lunch. Use any combination of your favourite fillings. We have shared our favourites, but get creative and invent your own!

[\(/eat/recipes/filled-potato-skins\)](/eat/recipes/filled-potato-skins)

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