



Pita bread pizzas

Quick, easy and tasty either hot or cold. Made the night before, these are perfect for the lunchbox.



Time to prepare: 10 minutes



Time to cook: 5 minutes



Serves 4



Suitable for vegetarians

Ingredients

- 4 wholemeal pita bread pockets
- 4 tablespoons tomato sauce, or tomato relish
- 1 cup grated cheese
- 1 cup of your favorite vegetables, sliced

Method

1. Place pita pockets on baking tray.
2. Spread with the tomato sauce or relish.
3. Sprinkle with the grated cheese and your favorite vegetables.
4. Grill in a hot oven until cheese is melted and golden.

Notes

Try tomato, capsicum, onion, mushroom or leftover potato or kumara on your pizza. Make the night before so they are ready to go in the lunchbox the next day.

You might also like...



Mini meat loaves

These mini meat loaves are great for the lunch box. Easy to eat on their own or put inside a bread roll - a nice change from sandwiches.

[\(/eat/recipes/mini-meat-loaves\)](/eat/recipes/mini-meat-loaves)



Fast n easy pizza

Instead of spending 20 minutes waiting for a store-bought takeaway pizza, why not try making your own delicious pizza? A much healthier alternative too.

[\(/eat/recipes/fast-n-easy-pizza\)](/eat/recipes/fast-n-easy-pizza)

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