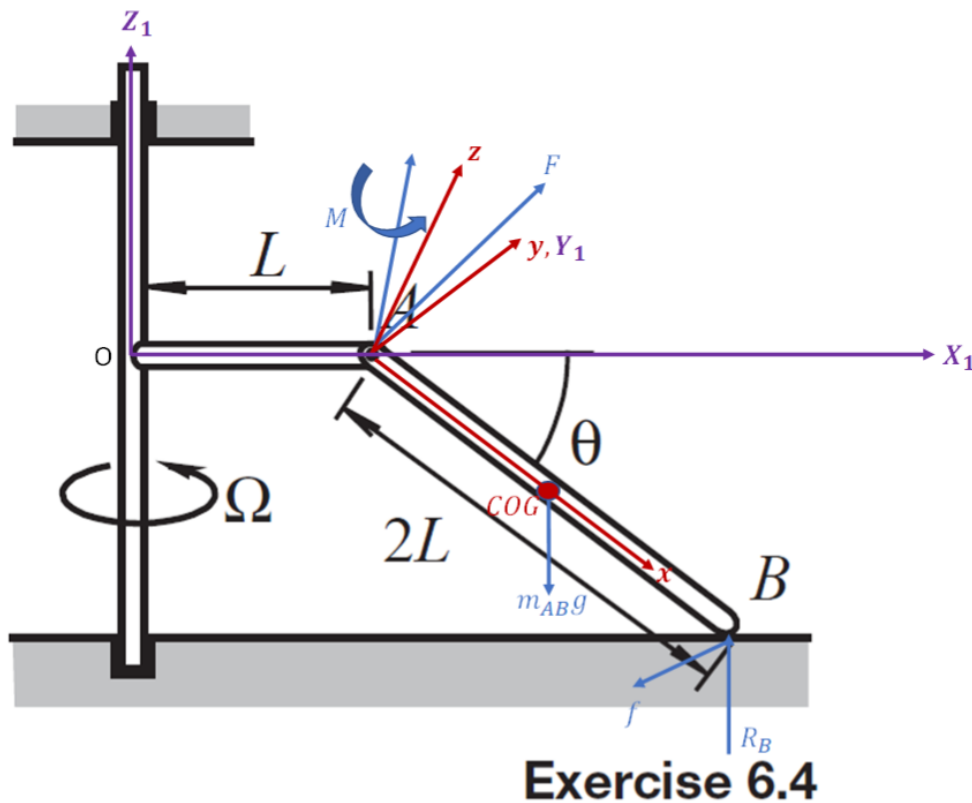


Question 1



XYZ is the moving reference frame that has an origin at point O .

xyz is the body fixed reference frame of bar AB

COG is the center of gravity, $m_{AB}g$

$X_1 Y_1 Z_1 \rightarrow R_Y(\theta) \rightarrow x y z$ (coordinate transformation is needed)

f is the friction caused by R_B (contact reaction force) is assumed that it acts perpendicular to the vertical plane depicted in the sketch which means the $-y$ direction (given by the question.)

F_A is the reaction force at point A

M_A is the reaction moment at point A (does not have a y component)

since it can move around y.

```
In[ ]:= Quit[]
```

First I will define xyz as the Global Coordinate System. Then, I will compute XYZ with inverse transformation.

$$xyz \rightarrow R_Y^T(\theta) \rightarrow X_1 Y_1 Z_1$$

```
In[ ]:= i = {1, 0, 0}; j = {0, 1, 0}; k = {0, 0, 1}; (* define xyz as the GCS *)
```

$$\{I1, J1, K1\} = \begin{pmatrix} \cos[\theta] & 0 & -\sin[\theta] \\ 0 & 1 & 0 \\ \sin[\theta] & 0 & \cos[\theta] \end{pmatrix}^T \cdot \{i, j, k\};$$

```
(* inverse rotational transformation to get I1J1K1 in unit vectors ijk *)
```

```
Print[MatrixForm[{ "I1", "J1", "K1" }], " = ", MatrixForm[{I1, J1, K1}]]
```

$$\begin{pmatrix} I1 \\ J1 \\ K1 \end{pmatrix} = \begin{pmatrix} \cos[\theta] & 0 & \sin[\theta] \\ 0 & 1 & 0 \\ -\sin[\theta] & 0 & \cos[\theta] \end{pmatrix}$$

```
In[ ]:= FCOG = -mab g K1; (* weight *)
```

```
F = Fx i + Fy j + Fz k; (* reaction force at point A*)
```

```
M = Mx i + Mz k; (* couple at point A*)
```

```
RB1 = RB K1; (* ground reaction force *)
```

```
f = -μ RB j; (*friction. -y direction is given by the question *)
```

```
Print[MatrixForm["FCOG"], " = ", MatrixForm[FCOG]]
```

```
Print[MatrixForm["F"], " = ", MatrixForm[F]]
```

```
Print[MatrixForm["RB1"], " = ", MatrixForm[RB1]]
```

```
Print[MatrixForm["f"], " = ", MatrixForm[f]]
```

$$FCOG = \begin{pmatrix} g mab \sin[\theta] \\ 0 \\ -g mab \cos[\theta] \end{pmatrix}$$

$$F = \begin{pmatrix} Fx \\ Fy \\ Fz \end{pmatrix}$$

$$RB1 = \begin{pmatrix} -RB \sin[\theta] \\ 0 \\ RB \cos[\theta] \end{pmatrix}$$

$$f = \begin{pmatrix} 0 \\ -RB \mu \\ 0 \end{pmatrix}$$

Angular velocity and accelerations is given as;

```
In[ ]:= Ω' = 0; θ' = 0; θ'' = 0;
```

```
Ω1 = Ω K1;
```

```
Print[MatrixForm["Ω1"], " = ", MatrixForm[Ω1]]
```

$$\Omega 1 = \begin{pmatrix} -\Omega \sin[\theta] \\ 0 \\ \Omega \cos[\theta] \end{pmatrix}$$

Kinematics calculation

In[]:=

```

ω = Ω K1 + θ' j; (* overall ω *)
α = Ω' K1 + Ω1 × (Ω K1) + θ'' j + ω × (θ' j);

```

```

Print[MatrixForm["ω"], " = ", MatrixForm[ω]]
Print[MatrixForm["α"], " = ", MatrixForm[α]]

```

(*Velocity and Acceleration of center of mass*)

$$\omega = \begin{pmatrix} -\Omega \sin[\theta] \\ 0 \\ \Omega \cos[\theta] \end{pmatrix}$$

$$\alpha = \begin{pmatrix} 0 \\ 0 \\ 0 \end{pmatrix}$$

In[]:=

```

rOG = L I1 + L i;
VGrel = 0;
V0 = 0;
a0 = 0;
vOG = V0 + VGrel + ω × rOG;
aOG = a0 + α × rOG + ω × (ω × rOG);

```

```

Print[MatrixForm["rOG"], " = ", MatrixForm[rOG]]
Print[MatrixForm["vOG"], " = ", MatrixForm[vOG]]

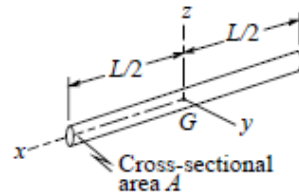
```

$$rOG = \begin{pmatrix} L + L \cos[\theta] \\ 0 \\ L \sin[\theta] \end{pmatrix}$$

$$vOG = \begin{pmatrix} 0 \\ 0 + L \Omega \cos[\theta] + L \Omega \cos^2[\theta] + L \Omega \sin^2[\theta] \\ 0 \end{pmatrix}$$

In[]:=

(* Inertia matrix of bar AB according to appendix (SLENDER BAR) *)

CENTROIDAL INERTIA PROPERTIES***Slender bar**

$$m = \rho A L,$$

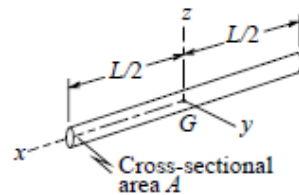
$$I_{xx} \approx 0, \quad I_{yy} = I_{zz} = \frac{1}{12} m L^2.$$

$$I_{AB} = \begin{pmatrix} 0 & 0 & 0 \\ 0 & \frac{1}{12} m L^2 & 0 \\ 0 & 0 & \frac{1}{12} m L^2 \end{pmatrix};$$

(*xyz is attached to the body. Then, the moment equation can be given as;*)

HCOG = IAB.ω;

Print[MatrixForm["HCOG"], " = ", MatrixForm[HCOG]]

CENTROIDAL INERTIA PROPERTIES***Slender bar**

$$m = \rho A L,$$

$$I_{xx} \approx 0, \quad I_{yy} = I_{zz} = \frac{1}{12} m L^2.$$

$$HCOG = \begin{pmatrix} 0 \\ 0 \\ \frac{1}{3} L^2 m \Omega \cos[\theta] \end{pmatrix}$$

Out[]:=

```
In[ ]:= rACOG = -L i; rBCOG = L i;
```

```
Ftotal = F + FCOG + RB1 + f == mab aOG // Simplify
```

```
Mtotal = M + rACOG x F + rBCOG x (RB1 + f) == IAB.alpha + omega x HCOG // Simplify
```

```
Out[ ]:= {Fx + 2 L mab Omega^2 Cos[theta/2]^2 Cos[theta] + (g mab - RB) Sin[theta], Fy - RB mu,
          Fz + (-g mab + RB) Cos[theta] + L mab Omega^2 (1 + Cos[theta]) Sin[theta]} == {0, 0, 0}
```

```
Out[ ]:= {Mx, L (Fz - RB Cos[theta]), -Fy L + Mz - L RB mu} == {0, 1/3 L^2 mab Omega^2 Cos[theta] Sin[theta], 0}
```

```
In[ ]:= {Mx, L (Fz - RB Cos[theta]), -Fy L + Mz - L RB mu} == {0, 1/3 L^2 mab Omega^2 Cos[theta] Sin[theta], 0}
(* 6 equations 6 unknowns *)
```

```
Out[ ]:= {Mx, L (Fz - RB Cos[theta]), -Fy L + Mz - L RB mu} == {0, 1/3 L^2 mab Omega^2 Cos[theta] Sin[theta], 0}
```

```
In[ ]:= solvefor = Solve[{Ftotal, Mtotal}, {Fx, Fy, Fz, RB, Mx, Mz}] // FullSimplify // Flatten
```

```
Out[ ]:= {Fx -> -1/6 mab (3 L Omega^2 Cos[theta] + L Omega^2 (5 + Cos[2 theta] + 3 Sec[theta]) + 3 g Sin[theta]),
          Fy -> 1/6 mab mu (3 g - L Omega^2 (3 + 4 Cos[theta]) Tan[theta]),
          Fz -> 1/6 (3 g mab Cos[theta] - L mab Omega^2 (3 Sin[theta] + Sin[2 theta])),
          RB -> 1/6 mab (3 g - L Omega^2 (3 + 4 Cos[theta]) Tan[theta]), Mx -> 0,
          Mz -> -1/3 L mab mu (-3 g + L Omega^2 (3 + 4 Cos[theta]) Tan[theta])}
```

```
In[ ]:= Print["Force at pin A:\n F = ", MatrixForm[F] /. solvefor]
Print["Moment at pin A:\n M = ", MatrixForm[M] /. solvefor]
Print["Ground reaction force:\n R = ", RB /. solvefor]
```

Force at pin A:

$$F = \begin{pmatrix} -\frac{1}{6} mab (3 L \Omega^2 \cos[\theta] + L \Omega^2 (5 + \cos[2\theta] + 3 \sec[\theta]) + 3 g \sin[\theta]) \\ \frac{1}{6} mab \mu (3 g - L \Omega^2 (3 + 4 \cos[\theta]) \tan[\theta]) \\ \frac{1}{6} (3 g mab \cos[\theta] - L mab \Omega^2 (3 \sin[\theta] + \sin[2\theta])) \end{pmatrix}$$

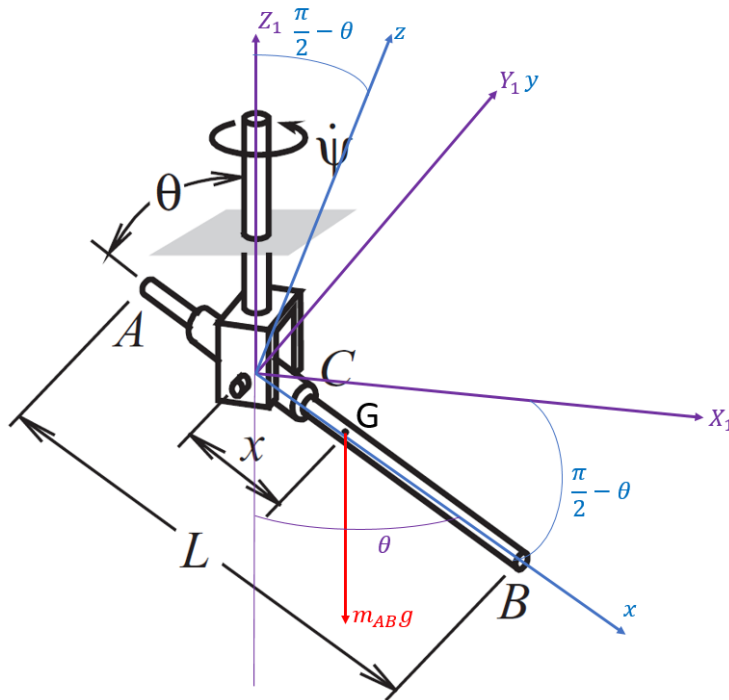
Moment at pin A:

$$M = \begin{pmatrix} 0 \\ 0 \\ -\frac{1}{3} L mab \mu (-3 g + L \Omega^2 (3 + 4 \cos[\theta]) \tan[\theta]) \end{pmatrix}$$

Ground reaction force:

$$R = \frac{1}{6} mab (3 g - L \Omega^2 (3 + 4 \cos[\theta]) \tan[\theta])$$

Question 2



XYZ is the moving reference frame (moving with $\dot{\psi}$ with the vertical shaft)

Y is aligned with the pin.

To get xyz, we rotate XYZ about Y by angle $\frac{\pi}{2} - \theta$

$X_1 Y_1 Z_1 \rightarrow R_Y(\theta) \rightarrow x y z$ (coordinate transformation is needed)

First I will define xyz as the Global Coordinate System. Then, I will compute XYZ with inverse transformation.

$xyz \rightarrow R_Y^T(\theta) \rightarrow X_1 Y_1 Z_1$

I did not show F and M reactions in the figure but of course, they will be calculated.

```
In[ ]:= Quit[]
```

```
In[ ]:= i = {1, 0, 0}; j = {0, 1, 0}; k = {0, 0, 1};
```

$$\{I1, J1, K1\} = \begin{pmatrix} \cos\left[\frac{\pi}{2} - \theta\right] & 0 & -\sin\left[\frac{\pi}{2} - \theta\right] \\ 0 & 1 & 0 \\ \sin\left[\frac{\pi}{2} - \theta\right] & 0 & \cos\left[\frac{\pi}{2} - \theta\right] \end{pmatrix}^T \cdot \{i, j, k\};$$

```
Print[MatrixForm[{"I1", "J1", "K1"}], " = ", MatrixForm[{I1, J1, K1}]]
```

$$\begin{pmatrix} I1 \\ J1 \\ K1 \end{pmatrix} = \begin{pmatrix} \sin[\theta] & 0 & \cos[\theta] \\ 0 & 1 & 0 \\ -\cos[\theta] & 0 & \sin[\theta] \end{pmatrix}$$

Question says bar AB can slide in the collar. So reaction force at pin C (F) does not have an X component.

Couple has no Y component since it is aligned with the axis of the pin.

I put an X component to couple since the question says "it may be assumed that bar does not spin about its own axis."

```
In[ ]:=
```

```
WCOG = -mAB g K1;
```

```
F = Fy j + Fz k;
```

```
M = Mz k + Mx i;
```

```
 $\psi'' = 0;$ 
```

```
 $\Omega = \psi' K1;$ 
```

```
 $\omega = \psi' K1 - \theta' j;$ 
```

```
 $\alpha = \psi'' k1 + \Omega \times (\psi' K1) - \theta'' j - \omega \times (\theta' j);$ 
```

```
(* Position, velocity and acceleration of  
center of gravity (G) relative to xyz coordinate system *)
```

```
RGCrel = x i;
```

```
VGCrel = x' i;
```

```
AGCrel = x'' i;
```

```
AC = 0;
```

```
VC = 0;
```

```
(* Point C does not move.  $a_C=0$  and  $v_C=0$ . *)
```

```
VG = VC + VGCrel +  $\omega \times$  (RGCrel);
```

```
AG = AC + AGCrel +  $\alpha \times$  RGCrel + 2  $\omega \times$  VGCrel +  $\omega \times$  ( $\omega \times$  RGCrel);
```

```
Print[MatrixForm[" $\Omega$ "], " = ", MatrixForm[ $\Omega$ ]]
```

```
Print[MatrixForm[" $\omega$ "], " = ", MatrixForm[ $\omega$ ]]
```

```
Print[MatrixForm[" $\alpha$ "], " = ", MatrixForm[ $\alpha$ ]]
```

```
Print[MatrixForm["VG"], " = ", MatrixForm[VG]]
```

```
Print[MatrixForm["AG"], " = ", MatrixForm[AG]]
```

$$\Omega = \begin{pmatrix} -\cos[\theta] \psi' \\ 0 \\ \sin[\theta] \psi' \end{pmatrix}$$

$$\omega = \begin{pmatrix} -\cos[\theta] \psi' \\ -\theta' \\ \sin[\theta] \psi' \end{pmatrix}$$

$$\alpha = \begin{pmatrix} \sin[\theta] \theta' \psi' \\ -\theta'' \\ \cos[\theta] \theta' \psi' \end{pmatrix}$$

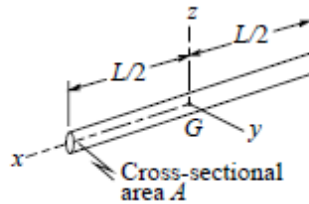
$$\mathbf{VG} = \begin{pmatrix} \mathbf{x}' \\ \mathbf{x} \sin[\theta] \psi' \\ \mathbf{x} \theta' \end{pmatrix}$$

$$\mathbf{AG} = \begin{pmatrix} -\mathbf{x} (\theta')^2 - \mathbf{x} \sin^2[\theta] (\psi')^2 + \mathbf{x}'' \\ 2 \sin[\theta] \mathbf{x}' \psi' + 2 \mathbf{x} \cos[\theta] \theta' \psi' \\ 2 \mathbf{x}' \theta' - \mathbf{x} \cos[\theta] \sin[\theta] (\psi')^2 + \mathbf{x} \theta'' \end{pmatrix}$$

(* Inertia Properties from Appendix *)

CENTROIDAL INERTIA PROPERTIES*

Slender bar



$$m = \rho A L,$$

$$I_{xx} \approx 0, \quad I_{yy} = I_{zz} = \frac{1}{12} m L^2.$$

$$\text{In[]:= } \mathbf{IAB} = \begin{pmatrix} 0 & 0 & 0 \\ 0 & \frac{1}{12} mAB L^2 & 0 \\ 0 & 0 & \frac{1}{12} mAB L^2 \end{pmatrix};$$

In[]:= (*xyz is attached to the body. Then, the moment equation can be simplified as; *)

HG = IAB.ω;

Print[MatrixForm["HG"], " = ", MatrixForm[HG]]

$$\mathbf{HG} = \begin{pmatrix} 0 \\ -\frac{1}{12} L^2 mAB \theta' \\ \frac{1}{12} L^2 mAB \sin[\theta] \psi' \end{pmatrix}$$


```

In[ ]:= rCG = -x i;
Ftotal = F + WCOG == mAB AG;
Mtotal = M + rCG x F == IAB.alpha + omega x HG;

Print[MatrixForm["Ftotal"], " = ", MatrixForm[Ftotal]]
Print[MatrixForm["Mtotal"], " = ", MatrixForm[Mtotal]]

Ftotal = {g mAB Cos[theta], Fy, Fz - g mAB Sin[theta]} == {mAB (-x (theta')^2 - x Sin[theta]^2 (psi')^2 + x''),
  mAB (2 Sin[theta] x' psi' + 2 x Cos[theta] theta' psi'), mAB (2 x' theta' - x Cos[theta] Sin[theta] (psi')^2 + x theta'')}

Mtotal = {Mx, Fz x, Mz - Fy x} == {0, 1/12 L^2 mAB Cos[theta] Sin[theta] (psi')^2 - 1/12 L^2 mAB theta'', 1/6 L^2 mAB Cos[theta] theta' psi'}

(* 6 equations 6 unknowns *)
solvefor2 = Solve[{Ftotal, Mtotal}, {Fy, Fz, Mx, Mz, x'', theta''}] // Flatten // FullSimplify

Out[ ]:= {Fy -> 2 mAB (Sin[theta] x' + x Cos[theta] theta') psi', Fz -> (L^2 mAB (g Sin[theta] + 2 x' theta')) / (L^2 + 12 x^2),
  Mx -> 0, Mz -> 1/6 mAB (12 x Sin[theta] x' + (L^2 + 12 x^2) Cos[theta] theta') psi',
  x'' -> g Cos[theta] + x (theta')^2 + x Sin[theta]^2 (psi')^2, theta'' -> - (12 x (g Sin[theta] + 2 x' theta')) / (L^2 + 12 x^2) + Cos[theta] Sin[theta] (psi')^2}

In[ ]:= Print["x'' and theta'' : \n
  x'' = ", x'' /. solvefor2, "\n theta'' = ", theta'' /. solvefor2]
Print["Force Reaction at pin C: F = ", MatrixForm[F /. solvefor2]]
Print["Couple Reaction at pin C: M = ", MatrixForm[M /. solvefor2]]
x'' and theta'' :

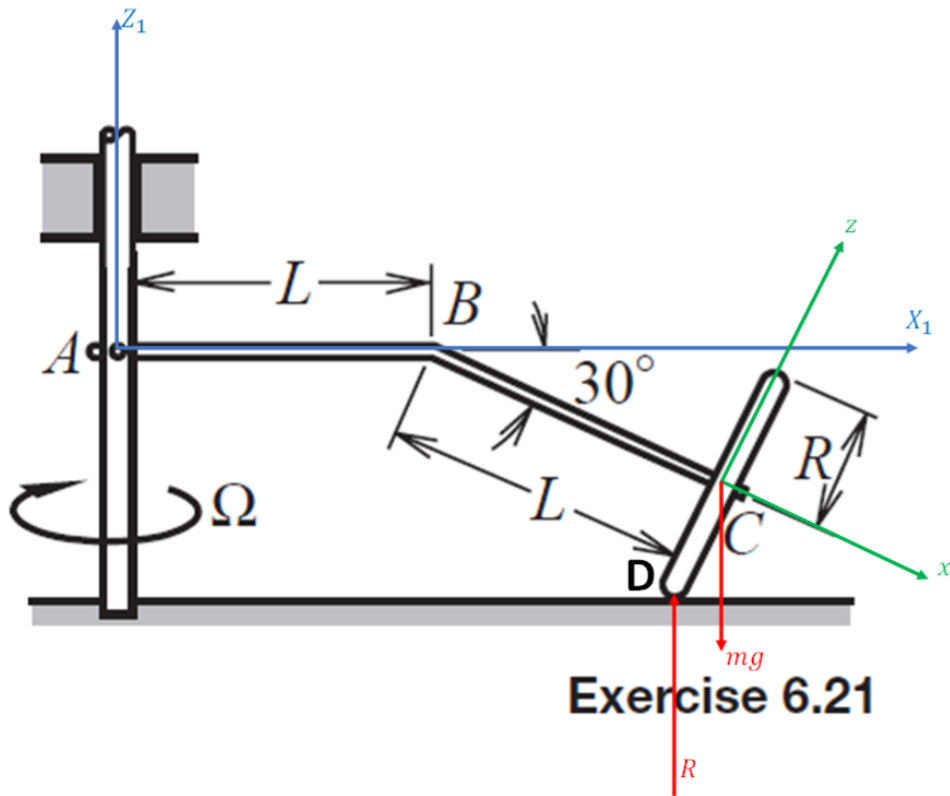
x'' = g Cos[theta] + x (theta')^2 + x Sin[theta]^2 (psi')^2
theta'' = - (12 x (g Sin[theta] + 2 x' theta')) / (L^2 + 12 x^2) + Cos[theta] Sin[theta] (psi')^2

Force Reaction at pin C: F = (
  0
  2 mAB (Sin[theta] x' + x Cos[theta] theta') psi'
  (L^2 mAB (g Sin[theta] + 2 x' theta')) / (L^2 + 12 x^2)
)

Couple Reaction at pin C: M = (
  0
  0
  1/6 mAB (12 x Sin[theta] x' + (L^2 + 12 x^2) Cos[theta] theta') psi'
)

```

Question 3



$X_1 Y_1 Z_1$ is moving reference frame has origin at Point A and xyz is the body fixed coordinate system. $X_1 Y_1 Z_1 \rightarrow R_Y(\theta) \rightarrow x y z$
 xyz will be selected as GCS and $xyz \rightarrow R_Y^T(\theta) \rightarrow X_1 Y_1 Z_1$
 $\theta = 30^\circ$

X_1 axis is aligned with horizontal axis.

I did not show F and M reactions in the figure but of course, they will be calculated.

In[]:= Quit[]

```
i = {1, 0, 0}; j = {0, 1, 0}; k = {0, 0, 1}; (* define xyz as the GCS *)
```

```
{I1, J1, K1} =  $\begin{pmatrix} \cos[\theta] & 0 & -\sin[\theta] \\ 0 & 1 & 0 \\ \sin[\theta] & 0 & \cos[\theta] \end{pmatrix}^T \cdot \{i, j, k\};$ 
```

```
(*inverse rotation to get I1J1K1 in terms of GCS *)
```

```
Print[MatrixForm[{"I1", "J1", "K1"}], " = ", MatrixForm[{I1, J1, K1}]]
```

$$\begin{pmatrix} I1 \\ J1 \\ K1 \end{pmatrix} = \begin{pmatrix} \cos[\theta] & 0 & \sin[\theta] \\ 0 & 1 & 0 \\ -\sin[\theta] & 0 & \cos[\theta] \end{pmatrix}$$

Force and couple reactions at pin A should be written.

Couple has no J1 component since it is aligned with the pin axis.

Ground reaction force R should only have a K1 component (perpendicular to the ground)

Mass of the shafts are assumed to be zero.

```
WC = -m g K1;
```

```
F = Fx I1 + Fy J1 + Fz K1;
```

```
M = Mx I1 + Mz K1;
```

```
R1 = R K1;
```

```
 $\Omega' = 0;$ 
```

Angular velocity of disk (ωc) is not known. We should apply no slip condition. $VD=0$ $VC1=VC2$

```
In[ ]:=  $\Omega 1 = -\Omega K1;$ 
```

```
 $\omega = \Omega 1 + \omega c i;$ 
```

```
 $\omega c' = 0;$ 
```

```
 $\alpha = -\Omega' K1 - \Omega 1 \times (\Omega K1) + \omega c' i + \omega \times (\omega c i);$ 
```

```
rCA = L I1 + L i;
```

```
rAC = -rCA;
```

```
(* Point A is not moving *)
```

```
vC1 =  $\Omega 1 \times rCA$  // Simplify;
```

```
aC =  $\Omega 1 \times (\Omega 1 \times rCA)$  // Simplify;
```

```
Print[MatrixForm[" $\omega$ "], " = ", MatrixForm[ $\omega$ ]]
```

```
Print[MatrixForm[" $\alpha$ "], " = ", MatrixForm[ $\alpha$ ]]
```

```
Print[MatrixForm["vC1"], " = ", MatrixForm[vC1]]
```

```
Print[MatrixForm["aC"], " = ", MatrixForm[aC]]
```

$$\omega = \begin{pmatrix} \omega_C + \Omega \sin[\theta] \\ 0 \\ -\Omega \cos[\theta] \end{pmatrix}$$

$$\alpha = \begin{pmatrix} 0 \\ -\Omega \omega_C \cos[\theta] \\ 0 \end{pmatrix}$$

$$\mathbf{vC1} = \begin{pmatrix} 0 \\ -L \Omega (1 + \cos[\theta]) \\ 0 \end{pmatrix}$$

$$\mathbf{aC} = \begin{pmatrix} -2 L \Omega^2 \cos\left[\frac{\theta}{2}\right]^2 \cos[\theta] \\ 0 \\ -L \Omega^2 (1 + \cos[\theta]) \sin[\theta] \end{pmatrix}$$

```
In[ ]:= vD = 0;
rCD = r k (* r is the radius of the disk *)
rDC = -rCD;
vC2 = vD + ω × rCD;
Print[MatrixForm["vC2"], " = ", MatrixForm[vC2]]
```

```
Out[ ]:= {0, 0, r}
```

$$\mathbf{vC2} = \begin{pmatrix} 0 \\ -r \omega_C - r \Omega \sin[\theta] \\ 0 \end{pmatrix}$$

```
In[ ]:= solvefor = Solve[vC1 == vC2, ωC]
```

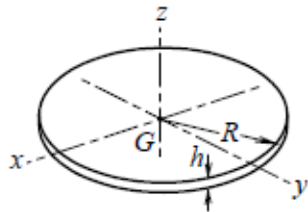
```
Print["ωdisk = ",
ωdisk = ω /. solvefor // FullSimplify // Flatten]
Print["αdisk = ",
αdisk = α /. solvefor // FullSimplify // Flatten]
```

```
Out[ ]:= {{ωC → \frac{L \Omega + L \Omega \cos[\theta] - r \Omega \sin[\theta]}{r}}}
```

$$\omega_{\text{disk}} = \left\{ \frac{L \Omega (1 + \cos[\theta])}{r}, 0, -\Omega \cos[\theta] \right\}$$

$$\alpha_{\text{disk}} = \left\{ 0, -\frac{\Omega^2 \cos[\theta] (L + L \cos[\theta] - r \sin[\theta])}{r}, 0 \right\}$$

Inertia Properties can be written from Appendix



$$m = \pi \rho R^2 h,$$

$$I_{xx} = I_{yy} = \frac{1}{4} m R^2, \quad I_{zz} = \frac{1}{2} m R^2.$$

z axis is x axis for our selected unit vectors. $R=r$. Thus;

$$In[]:= II = \begin{pmatrix} \frac{1}{2} m r^2 & 0 & 0 \\ 0 & \frac{1}{4} m r^2 & 0 \\ 0 & 0 & \frac{1}{4} m r^2 \end{pmatrix};$$

$HC = II.\omega_{disk};$

$Print[MatrixForm["HC"], " = ", MatrixForm[HC]]$

$(*HC=II.\omega_{d};$ since xyz is attached to the body. $*)$

$$HC = \begin{pmatrix} \frac{1}{2} L m r \Omega (1 + \cos[\theta]) \\ 0 \\ -\frac{1}{4} m r^2 \Omega \cos[\theta] \end{pmatrix}$$

$In[]:= Print["Force Equation is: "]$

$MatrixForm[F_{total} = F + W_C + R_1 == m a_C // FullSimplify]$

$Print["Moment Equation is:"]$

$MatrixForm[M_{total} = M + r_{DC} \times R_1 + r_{AC} \times F == II.\alpha_{disk} + \omega_{disk} \times HC // FullSimplify]$

Force Equation is:

$Out[]:= MatrixForm=$

$$\left\{ \cos[\theta] (F_x + L m \Omega^2 + L m \Omega^2 \cos[\theta]) - (F_z - g m + R) \sin[\theta], F_y, \right. \\ \left. (F_z - g m + R) \cos[\theta] + F_x \sin[\theta] + L m \Omega^2 (1 + \cos[\theta]) \sin[\theta] \right\} == \{0, 0, 0\}$$

Moment Equation is:

$$\left\{ M_x \cos[\theta] + (F_y L - M_z) \sin[\theta], F_z L (1 + \cos[\theta]) + (F_x L + r R) \sin[\theta], \right. \\ \left. -F_y L + (-F_y L + M_z) \cos[\theta] + M_x \sin[\theta] \right\} == \left\{ 0, \frac{1}{4} m r \Omega^2 \cos[\theta] (-2 L (1 + \cos[\theta]) + r \sin[\theta]), 0 \right\}$$

$(* 6$ equations 6 unknowns $*)$

$In[]:= solvefor2 = Solve[{F_{total}, M_{total}}, {F_x, F_y, F_z, R, M_x, M_z}] // Flatten // FullSimplify$

$$Out[]:= \left\{ F_x \rightarrow -L m \Omega^2 (1 + \cos[\theta]), F_y \rightarrow 0, \right. \\ F_z \rightarrow \frac{-2 L m r \Omega^2 \cos[\theta] (1 + \cos[\theta]) + m (-4 g r + 4 L^2 \Omega^2 + (4 L^2 + r^2) \Omega^2 \cos[\theta]) \sin[\theta]}{4 (L + L \cos[\theta] - r \sin[\theta])}, \\ \left. R \rightarrow \frac{2 L m (1 + \cos[\theta]) (2 g + r \Omega^2 \cos[\theta]) - m \Omega^2 (4 L^2 + (4 L^2 + r^2) \cos[\theta]) \sin[\theta]}{4 (L + L \cos[\theta] - r \sin[\theta])}, M_x \rightarrow 0, M_z \rightarrow 0 \right\}$$

$Print["Ground reaction force:R = ", R /. solvefor2 // FullSimplify]$

$(* \theta$ was givben as equal to $\frac{\pi}{6}:*)$

$Print["Solve for $\theta = \frac{\pi}{6}$: R1 =", R /. solvefor2 /. $\theta \rightarrow \pi / 6 // FullSimplify]$$

$$\text{Ground reaction force: } R = \frac{2 L m (1 + \cos[\theta]) (2 g + r \Omega^2 \cos[\theta]) - m \Omega^2 (4 L^2 + (4 L^2 + r^2) \cos[\theta]) \sin[\theta]}{4 (L + L \cos[\theta] - r \sin[\theta])}$$

$$\text{Solve for } \theta = \frac{\pi}{6}: R1 = \frac{m (8 (2 + \sqrt{3}) g L - (4 (2 + \sqrt{3}) L^2 - 2 (3 + 2 \sqrt{3}) L r + \sqrt{3} r^2) \Omega^2)}{8 (2 + \sqrt{3}) L - 8 r}$$