

YCP First-Year Experience, Fall 2016

Academic and Community Engagement Events for FYS Students

ENGAGED AND RESPONSIBLE LEARNING: Priority Events For FYS Students

Weinstock Lecture Hall in
the Willman Business Ctr.

9/12: 10:00 and 11:00 am
9/13: 8:00, 9:30, 11:00 am,
12:30, and 2:00 pm

Being an Engaged Learner (45 min.)

Assess your level of focus and engagement and develop strategies for more effective study time to keep up with college work. Presented by the Center for Professional Excellence. Some FYS sections will be clustered during class time for these meetings. Other FYS faculty can have their students attend one outside of class.

Weinstock Lecture Hall in
the Willman Business Ctr.

10/10: 10:00 and 11:00 am
10/11: 8:00, 9:30, and
11:00 am
10/13: 12:30 and 2:00 pm

What Do You Know?

Asking Strategic Questions about Majors and Careers (45 min.)

Learn about tools to assess your interests and strengths, and help you map out an exciting and satisfying academic and professional path. Presented by the Career Development Center. Some FYS sections will be clustered during class time for these meetings. Other FYS faculty can have their students attend one outside of class.

Your class time and
location

11/7-11/11

Ready, Set, Registration!

Preparing for Your Academic Advising Meeting (45 min.)

Advice on how to select courses that fit your academic plan and help you reach your academic, career, and personal goals. Prepare for a productive meeting with your academic advisor prior to spring registration, and initiate a successful advising relationship. Presented by Academic Advising. This session will be scheduled in all FYS classes. Faculty should contact Renee Figge (rfigge@ycp.edu) with questions about their scheduled session.

Your class time and
location

Sept 12-16: Center for
Teaching and Learning

Early Oct: Library

Mid Oct: Writing Center

5-5-5 (5 min.)

Drop-in, five-minute presentations in most FYS classes to introduce three critical campus resources for first-year students at timely moments during the semester. Faculty should contact Renee Figge (rfigge@ycp.edu) with questions about their scheduled sessions.

COFFEE HOUSE SERIES: Residence Hall Learning Events for FYS Students

Manor North Lounge

9/22: 7:00-8:00 pm

Build Your Wealth from Day One:

Learn to Control Your Money Before it Controls You

Learn about credit cards and scores, student loans, identity theft, and personal budgeting from a wealth management expert. Enjoy snacks and enter drawings for prizes.

Manor North Lounge

Date TBA

Business Sense: Life Lessons from an Entrepreneur

Meet a local entrepreneur and learn the secrets to their success. Look for more information to come from FYS Fellows and portal announcements.

Manor North Lounge

11/10: 7:00-8:00 pm

The SPCA and rescued
pet fostering programs

11/16: 7:00-8:00 pm

Forgotten Friend reptile
rescue organization

To the Rescue: Saving Abandoned Pets (Live animals!)

Learn about the work of local pet rescue organizations. Enjoy hands-on encounters with rescued and rehabilitated animals. On November 10, meet the director of the York Society for the Prevention of Cruelty to Animals and dogs rescued by YCP faculty members. On November 16, meet live reptiles presented by a professional handler and rescue organization director.

WELLNESS SERIES:

How Sleep, Nutrition, and Exercise Contribute to College Success

Sparts Den Lounge

9/19: 7:00-8:00 pm

Achieving Nutritional Balance in a College Environment

Meet YCP nutrition instructor Michelle Wood and learn strategies for maintaining healthy eating habits while navigating an unstructured and sometimes unpredictable campus schedule and dining plan.

Sparts Den Lounge

9/27: 7:00-8:00 pm

Snooze Your Way to Better Grades

Learn about the neuroscience of sleep, learning, and memory. Talk to healthcare experts about how to plan for and achieve the right amount of sleep—whether in a residence hall or at home—for your optimal academic performance.

Sparts Den Lounge

10/5: 7:00-8:00 pm

Exercise Your Body and Your Brain

Enjoy a workshop by YCP fitness instructor Tammy Talarico on how to fit a manageable exercise plan into a busy college schedule. Learn how focusing on fitness can help your brain learn and perform more efficiently.

POP CULTURE AND PHILOSOPHY SERIES:

Star Wars vs. *Star Trek* – What Outer Space Fantasies Tell Us About Our Culture and Ourselves

DeMeester Lecture Hall

10/13: 12:30-2:00 pm

Faith in the Force: Religious Metaphors in *Star Wars*

Join philosophers and pop culture authors Dr. Kevin Decker of Washington University and Dr. Jason Eberl of Marian University for a discussion of the mystical and religious themes in this fantasy franchise. The lecture will be followed by a book signing and a chance to meet the authors.

HUM 218

10/20: 3:30-4:30 pm

To Boldly Go Where No Lecture Has Gone Before: *Star Trek* and Philosophy

Join YCP professors Dr. Dennis Weiss and Dr. Victor Taylor for an interactive discussion on the significant, real-life implications of characters and themes in this popular television and film series.

HUM 218

11/7: 4:30-5:30 pm

The Ultimate Battle: *Star Wars* vs. *Star Trek*

Prepare to defend your side as scholars and fans debate the merits of each series. Featuring YCP professors Dr. Dennis Weiss and Dr. Victor Taylor, and University of Baltimore professor Dr. Steve Scalet.

MEET YOUR FUTURE SELF:

Freshmen Networking with Young YCP Alumni

Alumni Hall Dinner

9/13: 6:30-8:00 pm

Revs Stadium tour and
game (free lunch)

9/18: 11:30 am

CH232 Workshops

9/20: 6:30-7:30 pm

9/21: 4:00-5:00 pm

Everything I Know I Learned in My First College Year

Meet recent Spartan grads who are now professionals in the York area. Join them for a casual dinner and conversation on September 13 in Alumni Hall. Doors open at 6:00. (Limited seating. First-year students with tickets get priority.) Travel to Revs Stadium on September 18 for a behind-the-scenes tour with alumni, followed by a game and free lunch voucher. Wrap up the series with two workshops on September 20 and 21 led by the Career Development Center, "Who Am I and How Does That Impact My Career?" Students may attend any or all events.

Alumni Hall Dinner

10/26: 6:30-8:00 pm

Strand Capital tour
Date TBA

CH232 Workshops

11/2: 6:30-7:30 pm

11/3: 4:00-5:00 pm

Being Engaged: How Campus Involvement Shaped My Professional Path

Meet recent Spartan grads who are now professionals in the York area. Join them for a casual dinner and conversation on October 26 in Alumni Hall. Doors open at 6:00. (Limited seating. First-year students with tickets get priority.) Travel to the Strand Capital (date TBA) for a backstage tour with alumni. Wrap up the series with two workshops on November 2 and 3 led by the Center for Professional Excellence, "My College Bucket List." Students may attend any or all events.

PROFESSIONAL EXCELLENCE CAMPUS EVENT: It's Just a Homework Assignment (How We Trivialize our Cheating Ways)

WPAC

10/11: 4:00-5:00 pm

Dr. Tricia Bertram Gallant, Univ. of California, San Diego

Join us for a dynamic and humorous presentation that uses stories of cheating as a way to invite students to see how their behaviors are perceived by others, and examine how actions—not promises—define their characters and create their futures.

CAMPUS MEET-UPS

Fun with your FYS Peers and Mentors

Main Campus near the
tennis courts

9/1: 7:00-8:00 pm

Fire Up your Freshman Year with Your FYS Fellows

Enjoy s'mores around a bonfire with FYS students and peer mentors.
Drawings for door prizes.

Sparts Den Lounge

9/7: 4:00-5:30 pm

Ice Cream Social: Meet 'n Greet Over Treats with FYS Students, Faculty, and Peer Mentors

Come to the Sparts Den Lounge for free ice cream to celebrate the start of your First-Year Experience.

Manor North Lounge

9/9: 7:00-8:00 pm

Pinterest Party

Get together with other FYS students to create some DIY dorm essentials.
Supplies provided. Drawings for door prizes.

Student Union Lobby

9/14: 6:00-7:00 pm

Scavenger Hunt

Race around campus, following the clues. Rewards for the winning team!
Finish with a cookout over a bonfire. Drawings for door prizes.

Manor North Lounge

9/20: 7:00-8:00 pm

Resin Party

Learn to create jewelry, paperweights, and trinkets by preserving decorative items in resin. Supplies provided. You may also bring your own small items to preserve. Drawings for door prizes.

Sparts Den Lounge

9/21: 7:00-8:00 pm

Trivia Night

Compete against other FYS students to test your knowledge of York College!
Get ready to text in your answers with your team, or play as an individual.
Drawings for door prizes.

Grumbacher Field House 9/28: 6:00-7:00 pm	Dodge Ball Relax and let loose with a fast-paced game of dodgeball, led by your FYS Fellows. Rewards for the winning team! Drawings for door prizes.
Manor North Lounge 10/3: 3:00-4:00 pm	Mason Jar Piggy Bank Struggle with saving money? Get a crafty start with this fun-to-make bank. It's an incentive to stash some cash and a great dorm room decoration. Supplies provided. Drawings for door prizes.
Sparts Den Lounge 10/10: 7:00-8:00 pm	Minute to Win It Compete in the same kinds of exciting contests you see on the popular television show, <i>Minute to Win It!</i> Fun, excitement, and prizes with your FYS Fellows and peers.
Yorkview Hall in the Willman Business Ctr. 10/28: 7:00-8:00 pm	Masquerade Ball Enjoy a pre-Halloween celebration with great music, disguises, party games, and a photo booth. Prizes for best original costumes.
Manor North Lounge 10/31: 7:00-8:00 pm	"Poison" Apple Party Learn to make colored candy apples just in time for Halloween! Choose your own candy color and toppings. Supplies provided. Drawings for door prizes.
