Cauchy-Schwarz inequality

The Cauchy–Schwarz inequality states that for all vectors x and y of an inner product space it is true that $\langle x,y\rangle^2 \leq \langle x,x\rangle\langle y,y\rangle$ where $\langle x,y\rangle$ is an inner product.

Define:
$$z = x - \frac{\langle y, x \rangle}{\langle y, y \rangle} y$$
; $\langle z, y \rangle = \left\langle x - \frac{\langle y, x \rangle}{\langle y, y \rangle} y, y \right\rangle = \left\langle x, y \right\rangle - \frac{\langle y, x \rangle}{\langle y, y \rangle} \langle y, y \rangle = 0$.

Therefore z y are orthogonal vectors.

$$x = z + \frac{\langle y, x \rangle}{\langle y, y \rangle} y$$

$$\langle x, x \rangle = \left\langle z + \frac{\langle y, x \rangle}{\langle y, y \rangle} y, z + \frac{\langle y, x \rangle}{\langle y, y \rangle} y \right\rangle = \left\langle z, z \right\rangle + \left(\frac{\langle y, x \rangle}{\langle y, y \rangle} \right)^{2} \left\langle y, y \right\rangle = \left\langle z, z \right\rangle + \frac{\left\langle y, x \right\rangle^{2}}{\left\langle y, y \right\rangle} \ge \frac{\left\langle y, x \right\rangle^{2}}{\left\langle y, y \right\rangle}$$

$$\langle x, x \rangle \langle y, y \rangle \ge \langle y, x \rangle^2$$

Define:
$$\langle x, y \rangle = \int_{-\infty}^{\infty} x(t) \overline{y}(t) dt$$

Assume
$$y(t) = x(t+\tau)$$

$$\left(\int_{-\infty}^{\infty} x(\tau)x(\tau)d\tau\right)^{2} = \langle x, x \rangle^{2} = \langle x, x \rangle \langle y, y \rangle \ge \langle y, x \rangle^{2} = \left(\int_{-\infty}^{\infty} x(t+\tau)x(\tau)d\tau\right)^{2}$$