

Pre-Course Work – Mandatory for Certification

To ensure you are fully prepared, completing the assigned pre-course reading is essential. These books lay the foundation for your learning and are mandatory for certification. Please dedicate time to go through them carefully before the live training begins, as this preparation will deepen your understanding and enhance your practical application of NLP techniques.



Recommended NLP Books (Pre-Course Reading List)

As part of your Global NLP Practitioner Training, it is essential to begin your preparation before the live sessions.

Please select a minimum of 2 books from the list below, read them, and submit a short write-up (1–2 paragraphs) on the key learnings, insights, or personal reflections you gained.

👉 These books are widely available online or through major bookstores.

1. “Introducing NLP” – Joseph O’Connor & John Seymour
A foundational text that explains NLP concepts in an accessible way.
2. “The Magic of NLP Demystified: Second Edition” – Byron Lewis
A practical guide that simplifies NLP concepts and techniques for everyday use.
3. “Frogs into Princes” – Richard Bandler & John Grinder
An introduction to core NLP techniques and their practical applications.
4. “Trance-formations: Neuro-Linguistic Programming and the Structure of Hypnosis” – Richard Bandler & John Grinder
Explores the connection between NLP and hypnosis.
5. “The Structure of Magic I: A Book About Language and Therapy” – Richard Bandler & John Grinder (1975)
Breaks down language patterns used in therapy and how they influence change.
6. “The Structure of Magic II” – Richard Bandler & John Grinder
Expands on Volume I with more advanced applications of language in NLP.