

## Tutorial: Forms and JS

In this Tutorial the focus is on learning how to implement JavaScript data from data entered in a Form.

In the first step we create a form that gets the user name, weight and height in kg, and cm and calculates his/her Body Mass Index (BMI) and create a nice report.

BMI formula is:

$$\text{BMI} = \text{weight (kg)} / [\text{height (m)}]^2$$

### First Form

In this form, we get the data from a form and create a Message Box that report the result.

Step 1: Start a html, css, and JS files and link them

Step 2: Create a form that receives the user name, and has two input boxes and a submit button.

Step 3: Add CSS to style your page and form

Step 4: write the JavaScript to perform the BMI calculation and create alert.

Tips:

- To convert text to number you can use: **Number(text)**, e.g., **Number("10")**
- To write to a new line in alert box, use **"\n"**. e.g., **("Hello" + "\nNew Line")**
- To have limited decimal numbers, use **.toFixed(n)**, e.g., **( 10.0201.toFixed(1))**
- Pay attention: when you submit form, after submit the form clears. If you want to stop clearing form after submit you can use **onsubmit="return false"** in the form element. See the code:

**<form onsubmit="return false">**

A typical Form looks like:

First Name

Weight

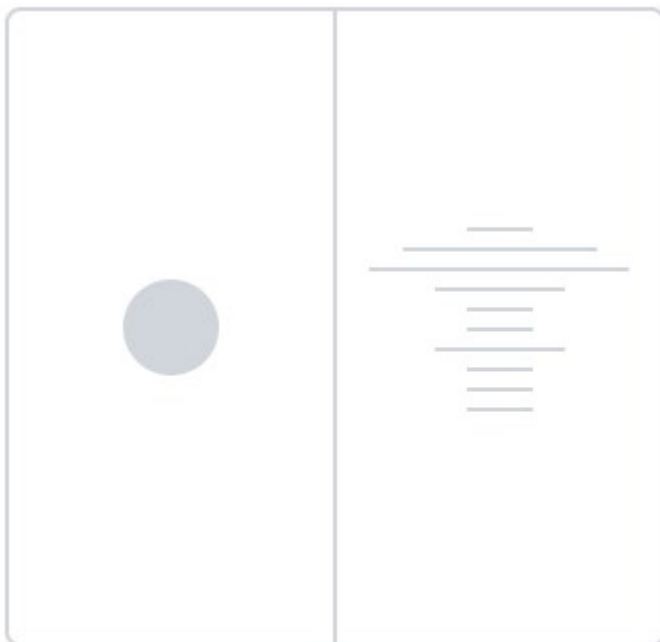
Height

Submit

A typical alert box will look like:

The image shows a web form with three input fields: 'First Name' (containing 'John'), 'Weight' (containing '88'), and 'Height' (containing '177'). Below these fields is a green 'Submit' button. An alert box is overlaid on the form, displaying the text: 'This page says Hello John your weight is 88 kg, and your height is 1.77 cm for this data, your BMI is 28.09'. The alert box has a blue 'OK' button.

Now, a similar form will be created but this time instead of reporting in alert box, we report on the browser. As an example we do it on a split screen layout. Form on the left and report on the right.



## Split screen

To start you can write your code from scratch or use some available templates.

There are many resources, you can use a template. For example, you can find some good templates in the following link:

<https://csslayout.io/>

Complete this section, by yourself during the class:

To help, in the following, I have provided you with the code to target your output to a specific area of your DOM.

Html

```
:  
:  
<input type="submit" value="Submit" onclick="reportBMI(this.form)">  
</form>  
  
<!-- Right content -->  
  <div class="split-screen__half">  
    <div id="rightsplrit">  
      <div id="report"></div>  
    </div>  
  
</div>
```

Js

```
document.getElementById("report").innerText= content
```