

MANRESA SCHOOL

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Senior High School Department





This notepad is intended to guide you in logging your reflections on particular topics of this course.

It is divided into five (5) sections, such as:

- (1) My Key Take-aways
- (2) Grateful Points
- (3) Pain Points
- (4) Anticipated Hurdles
- (5) Possible Actions

You may draft your thoughts in bullets, then **finalize them in concise paragraphs**.

Shade the box of "How Well I Did in this Topic" to indicate your assessment of your achievement of the intended learning outcome for the session.

Color legend: BLUE - excellent; GREEN - very good; YELLOW - good; RED - fair

Reflection Log #	4	Topic	Audio Information and Media		
Student's Name:	Mariella Kassandra M. Bala			How Well I Did in this Unit	

My Insights

How does learning about audio information and media help you as a student of your strand?

As a HUMSS student, grasping audio information and media is crucial for retrieving diverse forms of knowledge. In the social sciences, audio covers a wide range of content, so it's important to know how to find reliable sources. Understanding the role of audio in society is key. It's not just about sharing information; it also shapes opinions, cultures, and preserves history. Whether it's podcasts, radio, or interviews, audio helps tell stories and spark discussions. We need to learn how to analyze audio critically. This means checking sources, understanding the context, and thinking about ethical issues. Technology keeps changing, so we should stay updated on new ways audio is used and produced. Let's approach audio information with curiosity, thinking skills, and a commitment to learning. By doing this, we can use audio to its fullest potential for education and engagement.

Grateful Points

What qualities or gifts do you have that would be helpful to deepen your new learning of this lesson?

Being literate in audio information and media is essential for me as a student and member of society, enabling me to adapt and thrive in our digitally evolving world. Understanding various forms of audio content equips me to engage with diverse perspectives and stay informed about current events. Keeping pace with technological advancements ensures I can utilize audio media effectively. Moreover, critical thinking skills honed through analyzing audio content enable me to navigate information landscapes confidently, distinguishing fact from fiction. This literacy not only enhances my communication abilities but also empowers me to contribute meaningfully to discussions and advocate for important issues through audio platforms. Overall, being literate in audio information equips me with the tools to navigate, communicate, and contribute responsibly in our digital society.

Pain Points

What difficulties did you experience that may have prevented you from efficiently learning this lesson?

The only factor that hindered my efficient learning of the lesson was my mind being preoccupied with the tests I was going to make up for, as it was after the discussion of the lesson.

Anticipated Hurdles

If you were to apply what you have discovered in this week's lesson, what challenges would you likely encounter?

When using audio information and media, challenges include technical issues, ensuring accuracy and credibility, navigating copyright, addressing accessibility, and adapting to evolving technologies and trends.

Mitigating Hurdles

What action can you do to prevent or address your anticipated challenges?

To prevent or address challenges when using audio information and media, ensure regular equipment maintenance, conduct thorough research for accuracy, obtain necessary permissions for content use, provide accessibility features like captions, and stay updated through ongoing learning opportunities.