

	<p>This notepad is intended to guide you in logging your reflections on particular topics of this course. It is divided into five (5) sections, such as:</p> <ol style="list-style-type: none">(1) My Key Take-aways(2) Grateful Points(3) Pain Points(4) Anticipated Hurdles(5) Possible Actions <p>You may draft your thoughts in bullets, then finalize them in concise paragraphs.</p> <p>Shade the box of "How Well I Did in this Topic" to indicate your assessment of your achievement of the intended learning outcome for the session.</p> <p><i>Color legend:</i> BLUE - excellent; GREEN - very good; YELLOW - good; RED - fair</p>		
Reflection Log #	2	Topic	The Evolution of Media
Student's Name:	Bala, Mariella Kassandra M.	How Well I Did in this Class	
<p>My Informed Perspective</p> <p>Do you agree with McLuhan's theory: technological determinism? What do you think should the relationship between media and the individual be?</p> <p>McLuhan's theory of technological determinism is intriguing, suggesting that changes in technology drive big changes in society. It makes sense when you think about how things like smartphones and social media have transformed how we live and communicate. But I'm not entirely sold on the idea that technology is the only thing calling the shots. It seems like people also play a big role in shaping technology, with our choices and needs influencing what gets developed and how it's used.</p> <p>As for the relationship between media and individuals, I think it's more of a give-and-take. Sure, media can shape our views and behaviors, but we also have the power to choose how we interact with it. Being smart about what we consume and questioning what we see and hear is important. And media creators need to think about how their work affects different people and make sure it's fair and inclusive. Overall, it's a complex relationship that involves both technology and human agency.</p>			
<p>Grateful Points</p> <p>What qualities or gifts do you have that would be helpful to deepen your new learning of this lesson?</p>		<p>Pain Points</p> <p>What difficulties did you experience that may have prevented you from efficiently learning this lesson?</p>	
Being media literate greatly aids in comprehending the evolution of media and theory McLuhan's technological determinism by fostering critical thinking and analysis of media content and its societal impacts. With media literacy skills, individuals can discern patterns in the development of communication technologies and understand how these technologies have influenced cultural norms, social structures, and individual behaviors over time. By questioning assumptions, biases, and power dynamics embedded in media representations, media-literate individuals can better grasp the nuances of theories like technological determinism, recognizing the complex interplay between technology, culture, and human agency. Moreover, media literacy allows for a more nuanced examination of how different media forms shape the dissemination of information and the construction of reality, providing valuable insights into the broader socio-cultural context in which media theories operate.		During the discussion, I found it challenging to concentrate because my mind was filled with other thoughts, and I was also feeling sleepy. On top of that, my seatmate fell asleep, which made it even more distracting. With all these things going on, focusing on the discussion became really tough.	
<p>Anticipated Hurdles</p> <p>If you were to apply what you have discovered in this week's lesson, what challenges would you likely encounter?</p>		<p>Mitigating Hurdles</p> <p>What action can you do to prevent or address your anticipated challenges?</p>	
Applying what I learned this week might be tough because there's so much to remember from different subjects. With all these topics swirling around, it's easy to feel mixed up or forget things. Staying organized and finding good ways to study can help, but even then, it's normal to feel a bit confused sometimes. Breaking down the info		To prevent feeling overwhelmed by studying many subjects, I find it helpful to plan my time wisely. Breaking my study sessions into smaller parts and giving each subject its own time slot works well. I use helpful study methods like summarizing and using pictures. If I'm confused, I don't	

into smaller chunks and asking for help when needed can make it easier to keep track of everything. Despite the challenges, staying patient and sticking with it can lead to a better understanding of the material in the end.	hesitate to ask for help from teachers or friends. By sticking to these steps, studying different subjects feels less stressful and more manageable.
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