

Summer Camp Curriculum - 2019 5 - 8 Years



Note: Centers can pick any activity from the component given below, one activity per day. On each day children must be given a 30 min break in between the curriculum. Centers can plan the schedule accordingly. Refer to sample schedule given under Summer Camp Guidelines.









Activity	Description		Materials Needed
Pop 'n' Splash	 Place children in a circle and set a timer (or music). When the timer goes off, the child holding the water balloon 'pops it' and splashes them self. As children 'pop and splash'-they are out. 	•	Balloon Water
Water Balloon Volley	You'll need a bucket full of water balloons for this game. 1. Divide kids into two teams and pair them up. 2. Each pair gets a beach towel and each child holds two corners of the towel. 3. One side begins by placing a water balloon in the center of their towel. The object is to toss the balloon from one pair of kids to another, with the opposing side catching the balloon in their towel. This can be played with a net, or simply pace off a distance between opposing teams.	•	Bucket Balloons Beach Towel Water Net (if required)
Rain drops are falling on our heads	 You need: 2 buckets per team; one filled with water. 1 unused trash baggie per team. Put a lot of pin holes in the unused trash baggies. The groups line up sitting down, one in front of the 	•	Unused trash bags Water Buckets - 2

















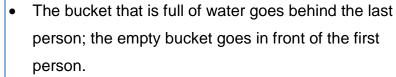
relay

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of

other, so that they are facing the back of the person in front of them.

per team (one filled and one empty)





When the race starts, the first person takes the baggie to the back bucket, fills it with water and then tried to get the water to the front bucket, but it has to be carried OVER THE HEADS OF his/ her TEAM MEMBERS.



 He/ she dumps the water that is left into the front bucket.



 The line shifts up and the first person sits in the back.



 The winner is whatever group has the most water in their bucket after the pre-determined about of time.











