

My Bee Club - EI activities

Level I

1. Cheerful- How Do I Feel About Myself?

A cheerful student needs to feel good about himself. It is important to know the various feelings an individual goes through at various situations. In the following activity, the teacher provides various situations in addition to the situations given below. The students are expected to express the emotion on their face. Each student can be given a turn. The teacher can use a mirror for this activity. The students can see their face when they express themselves and have fun.



Looking into a mirror, students can make faces showing how they feel when:

- a. you are eating an ice cream cone
- b. your friend can't come over to play
- c. you go on vacation
- d. you play with your pet
- e. you won a game
- f. you were frightened
- g. you suddenly tripped while walking
- h. you are listening to favorite song
- i. you are sleepy in the class

The teacher can add some more situations. Make this activity a fun filled one so that students are able to overcome their shyness and be cheerful

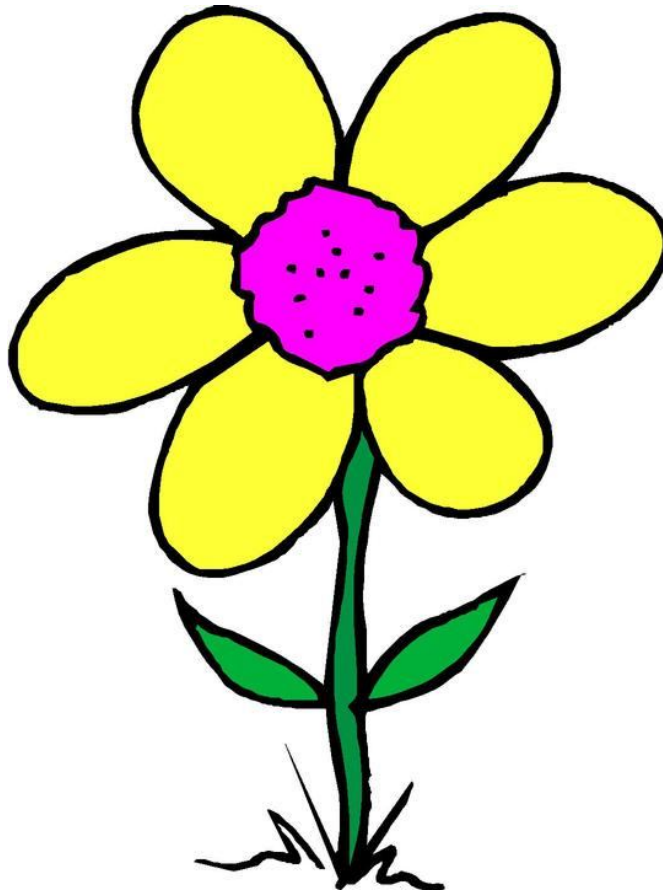
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OR

1.a. Cheerful- Bee the Best

The teacher can use this activity to enable students to write good qualities they possess on the petals of the flower. The teacher can draw the picture on the board and ask the students to replicate the same on their notebook. After writing their good qualities, the students can color the petals and share it with the class. This activity will make the students feel good and optimistic about themselves.



2. Self Discipline - Making Choices

The objective of this exercise is to help the students to identify how they feel about making choices related to disciplining themselves. Ask the student to choose one object or the other in the following page. The teacher needs to take a color print of the page below. Once they have made a decision, ask them the following questions:

1. Why did you choose the object?
2. How did you feel about giving up the thing you did not choose?

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3. If you could choose again, would you choose the same object?



*Taking
bath*

or

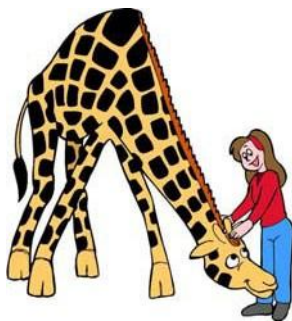
*Going
for
Ice cream*



*Go
To The
Park*

or

*Clean
your
Room*



*Go
To The
Zoo*

or

*Get
a
Haircut*



*Brush
Your*

or

*Ride
Your*

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Teeth



cycle



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OR

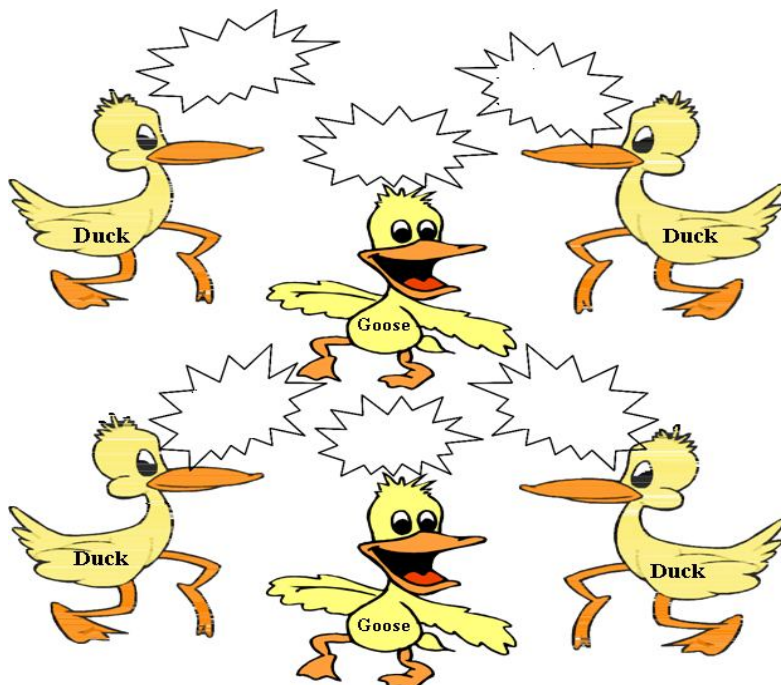
2.a. Self discipline - Duck, Duck, Goose!

This activity is designed to teach the students how to make choices when doing their chores. The ducks represent chores that aren't the most exciting things to do. The geese represent fun things to do as an alternative to the chores. The teacher calls out each of the following action and points at a student. The student has to say DUCK or GOOSE respectively. The teacher can play it as a game and add more actions to the list given below. After the activity, explain to the students that in order to do the fun things, they need to complete their chores first.

Teacher's instructions: Let's play a game of duck, duck, goose. Of the items below, what are you going to choose? Are you going to be a duck or a goose?

- Put Away Dirty Clothes
- Watch TV
- Clean The Table
- Put Away Your Toys
- Go Outside and Play
- Clean Your Room

The teacher can add other choices





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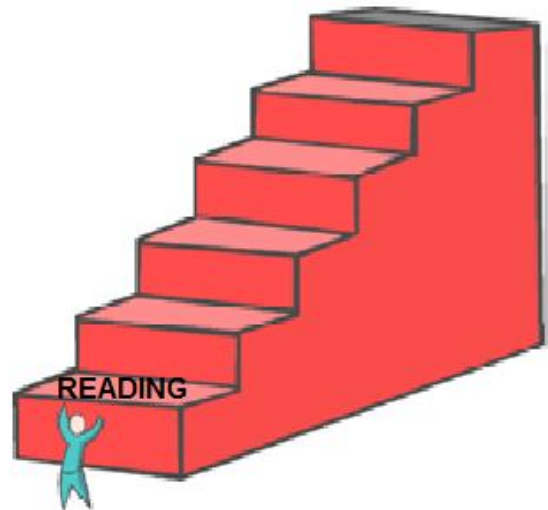
3.a. Determined efforts – Your favorite

The students should sit in a circle and have a balloon passed from one to another in the circle while the teacher plays music. When the teacher stops the music, the student who has the balloon in hand will have to come to the centre and stand. The student in the middle should be asked to share about his/ her favorites. The teacher can ask any of their favorites like favorite toy, game, food, friend, actor, etc., After the student shares, the teacher can give a chocolate or a pencil as a prize and make everybody clap for the student. The student who has finished the task will step out of the circle. The activity ends after every student has got a chance. This activity helps the students to take effort to come out of their comfort zone and they also feel appreciated at the end of it.

OR

3.b. Determined efforts - Always learning and growing

Through this activity the students will understand that as they grow, they can always learn new things that are interesting and meaningful. The teacher will draw the staircase on the board that is given below and may also use a color print of the picture. The students should be encouraged to list down new things or skills that they are going to learn. They can share it with the class and appreciate each other. This activity helps them to understand what efforts they need to take in order to learn new skills.



Teacher's instructions: What are some things that interest you that you would like to do better? Start at the bottom of the steps and write a skill you would like to develop. The first one is done for you.



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4. Honesty – Making decisions

This activity emphasizes that making decisions on our own is an important part of growing up. In order to make a decision, one needs to be honest about themselves. The teacher should help the students to honestly answer YES or NO to the following things and then encourage them to make the right decision. The teacher has to explain the following one by one with example and make students write or say of hands up and down for YES or NO.

Teacher's instructions: Here is a list of things for you to choose to do. Decide if you would or would not do each thing.

S.No	Mark an X in the box you choose.	WOULD	WOULD NOT
1	Insult someone		
2	Send Grandma a birthday card		
3	Blame someone else for something you did		
4	Ask a friend to lie about something		
5	Tell someone you don't like them		
6	Say "Thank you" when given a gift		
7	Take the biggest piece of cake		
8	Do your chores without being asked		

The teacher can add more such situations. The teacher should explain why being honest is important and how it can help them to change for the better.

5. Courage – STOP!



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This activity will help the students to build up their courage to say NO to the wrong things they may come across. The teacher should tell them it's OK to say NO to undesirable things with boldness without any hesitation. The teacher may first discuss common undesirable things they experience and ask students to share the experiences they had already gone through. Ask the students to come up with a list of things they should say NO to or have courage to overcome their fear.

Suggestions for teacher:

- a. When somebody does a wrong touch
- b. Stealing
- c. Being bullied or teased
- d. When strangers give something to eat
- e. When you are followed by somebody
- f. When your friend asks to copy in the exam
- g. When you have made a mistake and want to hide it
- h. When you are scared to go for exam

6. Kindness - How Others Feel

This activity helps students to understand how others feel.

Teacher's instructions: Before doing something to someone else, we should think about how it would make us feel if someone did the same thing to us. Circle YES or NO for each question below.



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S.no	Would you like it if someone...	YES	NO
1	teased you?		
2	called you a name?		
3	pushed you out of line?		
4	broke your favorite plaything?		
5	laughed when you made a mistake?		
6	blamed you for something you didn't do?		
7	took your share of something?		

The teacher can add some more situations to the above list. At the end of the activity, the students should have understood how others feel the same way as they do. The teacher can ask students to do a role play with some of the above situations.