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	Swimming pool safety	 Swimming Pool Rules. Discuss the following rules with the students: Students should take bath before entering the pool. Should wear swimming suit and swim diapers. Wear life jacket before entering into the water. Instructor should be there with the student. There must be a Life Guard to supervise the swimming pool. Activity: Cover the sensory table with blue glass paper. Add water halfway up. Each student shall take turn in playing with doll and explain the swimming rules to be followed. 	 Sensory table Blue glass paper Water Plastic doll- which shall be soaked in water 	
	Chasing the shadow	 Outdoor - Chasing the Shadow Students shall observe their shadow outside. Give turn for each student to observe their shadow and touch it. Explain it to them if they find it difficult. Teacher must point to their shadow so students understand. Discussion – Explain how they shall see their shadow only during the daylight and when the sun is out. Hula -Hoop: Outdoor / Indoor 	Hula Hoop	
40		1. Show the Hula –Hoop to each student.		



of		 Encourage them to Jump in and jump out. Place the Hula- Hoop on the ground. Each student should get a turn to jump in and jump out. 		X
	Outdoor Beach Toys and Shells	 Encourage students to use the outdoor beach toys and shells to experience beach environment. Teachers shall explain each beach toy and show how to use it. Have students play amongst themselves. 	1.Beach toys 2.Shells	
XX	Outdoor - Ball play	 Students shall be taken outdoor to play. Provide one or two colorful big balls. Students shall play with it by standing in a circle and throwing it to each other. Teacher shall also provide time for free play with the ball. 	Colorful Big Balls	Q
	Simon Says	 Have the students stand in a group. Teachers shall give instructions like Students have to follow the instructions of the teacher and do the action. 		
	Game	 Simon says touch your nose, Simon says move your belly, Simon says shake your hip, Simon says wink your eyes, Simon says jump up and down etc. 	-	
*	Hula - Hoop	Hula -HoopTake the students outdoor.	Hula Hoop	16



of		 Show the Hula –Hoop to each student. Encourage them to Jump in and jump out. Place the Hula- Hoop on the ground. Each student should get a turn to jump in and jump out. 		
	Balloon game	 Teachers shall inflate balloons before students come for class and hang it in the class. Provide small sponge balls for the students. Students shall take turns in hitting the balloon with the ball. 	 Balloons Sponge Balls 	
	Popping Bubbles	Teachers should take the students outdoor. The students shall engage in free play: Bubbles Teacher shall have the students stand in a circle. The teacher shall blow the bubbles for the middle of the circle and students shall try to run and pop the bubbles. Then guide each student as they stand in the middle and blow the bubbles around. Be careful and ensure that students always have the teacher's assistance when blowing bubbles.	Bubbles	
	Super Bowl Game	 This is an indoor game. Make sure each student gets the opportunity to play this game. 	Snow Bowling Set	4





- 3. Ask the student to roll the ball and hit the ball on the row of plastic pails.
- 4. Every time a student hits a pin/pail and the pail falls, encourage
- 5. the rest of the team to cheer up the student by giving a big hand of applause. This game shall be played similar to Snow Bowling.



























