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SELF HELP - Manners & Beyond:

Activity	Description	Materials Needed
Self Help	<p>During this session, the teacher must focus on teaching the young students about different manners and how they must follow them every day.</p> <p>Introduction:</p> <ul style="list-style-type: none"> Teacher shall talk to the students about Clean-Up and why it is important. Teacher shall ask questions like- Do you place back your toys or books after you use it? Teacher shall teach students the following song: <p>https://www.youtube.com/watch?v=gPq7wzGEiqE</p> <p>Refer to the link for the Clean Up song</p> <p>Activity:</p> <ul style="list-style-type: none"> Teacher shall scatter few toys and other objects in the class and encourage students to clean up the room while singing this song. Teacher shall also scatter bits of paper and educate students to put them in the trash bin. 	<p>1. Toys</p> <p>2. Paper bits</p>

  		<ul style="list-style-type: none"> Teacher shall ask lot of prompting questions like: <ol style="list-style-type: none"> Do you place back your belongings after using? Do you help mummy in keeping the house clean? Do you keep your books back on the rack after using? Where do you keep crayons after coloring? Do you all know what is clean up? When all will you clean-up? Will you all clean-up your toys/books at home? <p>Teacher shall further encourage students to follow the clean up procedure at home.</p>		   
  	<p>Self-Help Role Play</p>	<p>Review of clean up:</p> <p>Activity:</p> <p>Students can sing the song taught to them. Teacher shall emphasize on how they have to clean up at home. Students shall enact doing clean-up at home with few materials in the classroom.</p> <p>Teacher shall give scenarios to students and ask what they would do in each situation. Teacher shall use the same materials used during the clean-up session. Teacher shall encourage students to enact the scenarios like Dramatic play. Teacher shall suggest few more scenarios based on the student's age.</p>	-	  

 		<p>Scenario:</p> <ol style="list-style-type: none"> 1. You have come back from school and you started doing your home work. What would you do after completing your homework? 2 .Your friends have come home and you are playing with them, What would you do after they leave? 		 
   	<p>Self-Help Role Play</p>	<ul style="list-style-type: none"> • Teacher shall cut a Long strip of chart and name it as My Daily Routine chart and punch two holes at the top a day before. • Teacher shall use stick notes and write the below mentioned routines on the same. • Teacher shall discuss about the routines and students shall stick the morning routines on side of the chart and evening routines on another. • Students shall decorate the chart with star stickers/ Smiley faces. • Students shall tie yarn or Satin ribbon in the holes. • Teacher shall encourage students to hang it in their house and ensure that they follow these routines every day. • Refer sample picture <p><u>Morning routine:</u></p> <ol style="list-style-type: none"> 1. Waking up early 2. Pray to god 3. Brush and Exercise 4. Getting ready to School 	<ol style="list-style-type: none"> 1. Chart 2. Marker 3. Stick Notes 4. Yarn/Satin Ribbon 5. Star Stickers/Smiley Faces 	    

  		<p>5. Eating Healthy Break Fast</p> <p><u>Evening routine:</u></p> <ol style="list-style-type: none"> 1. Unpacking Backpack(bag) 2. Play Time 3. Study Time 4. Brush and pray 5. Sleep on time 		   
  	<p>Self-Help Role Play</p>	<p>Dress Up To School Race:</p> <p>This is a race where students have to compete against each other to complete all the activities to get ready for school.</p> <ul style="list-style-type: none"> • Teacher shall keep a bag, a cap, an id-card, and a few books on the table. • Place two sets on two tables. • Divide the class into two teams and have one student come from each team to have the race. • Conduct a race asking students to get ready for the school. • The student must put on the bag, wear the cap, 	<ul style="list-style-type: none"> • Bag • Id Card • Cap • Books 	  

		<p>the id card and carry the books in hand.</p> <p>The student who finishes first is the winner.</p> <p>Give a turn for every student to participate.</p>		
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