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FUN 'n' SUN:

Activity	Description	Materials Needed
Pop corn drop	<ol style="list-style-type: none"> 1. Divide the children into teams. Make holes on the sides of the paper cup and insert a twine long enough to tie the paper cup to the students' shoes. 2. Fill the paper cups with pop corn/ colored pom poms/paper balls. 2. Attach cups of pop corn / colored pom poms/paper balls to both the shoes of the students. 3. Students must try tossing the pop corns/pom poms into the empty cardboard boxes. 4. The team that finishes first without dropping more popcorn/pom poms down will be the winner. <p>Note: Teachers can also use paper balls which can be made out of old news paper and dipped in yellow paint and let dry to look like pop corn.</p>	<ol style="list-style-type: none"> 1. Pop corn/ Coloured pom poms/paper balls from old newspaper 2. Yellow paint (if required) 3. Card board boxes 4. Fevicol/Glue 5. Construction paper (if required to cover the cardboard box) 6. Scissors 7. Paper cups 8. Twine

     				      
On Target	<p>1. Teachers can fill old socks or old t shirt cut in cone shapes with sand and secure it with a twine or coloured ribbon.</p> <p>2. Teachers can then place small rings or small hoola hoops at a distance.</p> <p>3. Students can stand at the start line and try to throw the sand sac into the hoop/ring using one hand.</p> <p>4. All students can be given a chance.</p>		<p>1. Old socks/T shirt</p> <p>2. Sand</p> <p>3. Hoola hoops/Rings</p> <p>4. Coloured ribbon/Twine</p>	
Water Balloon Spoon	<p>1. Use small balloons blow them and fill them with water. Make sure that the size is small enough to be placed on a spoon.</p> <p>2. Children can stretch both the arms and balance the</p>	<p>1. Small balloons.</p> <p>2. Spoons</p> <p>3. Water</p>		

     	<p>water filled balloons on spoons.</p> <p>3. Teachers can make a start and finish line and the children can run with outstretched arms with the balloons balanced on the spoons from the start to the finish without dropping the balloon.</p> <p>4. Teachers must ensure that there is enough spacing between the children while they run together.</p> <p>5. Teachers can also conduct this race by dividing the children into small groups based on the space availability.</p> 	<p>4. Twine (to tie balloons)</p>	      
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