

## **Summer Camp Curriculum - 2019** 5 - 8 Years

















Note: Centers can pick any activity from the component given below, one activity per day. On each day children must be given a 30 min break in between the curriculum. Centers can plan the schedule accordingly. Refer to sample schedule given under Summer Camp Guidelines.



## **GET WET:**



Activity	Description	Materials Needed
Pop 'n' Splash	<ul> <li>Place children in a circle and set a timer (or music).</li> <li>When the timer goes off, the child holding the water balloon 'pops it' and splashes them self.</li> <li>As children 'pop and splash'—they are out.</li> </ul>	<ul><li>Balloon</li><li>Water</li></ul>









Water

Balloon

Volley

Rain

drops are

falling on

our heads

relay

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game.

**1.** Divide kids into two teams and pair them up.

You'll need a bucket full of water balloons for this

- 2. Each pair gets a beach towel and each child holds two corners of the towel.
- 3. One side begins by placing a water balloon in the center of their towel. The object is to toss the balloon from one pair of kids to another, with the opposing side catching the balloon in their towel.

This can be played with a net, or simply pace off a distance between opposing teams.

You need: 2 buckets per team; one filled with

other, so that they are facing the back of the

Put a lot of pin holes in the unused trash baggies.

The groups line up sitting down, one in front of the

water. 1 unused trash baggie per team.

person in front of them.

- Bucket
- **Balloons**
- **Beach Towel**
- Water
- Net (if required)

















- The bucket that is full of water goes behind the last person; the empty bucket goes in front of the first person.
- When the race starts, the first person takes the baggie to the back bucket, fills it with water and then tried to get the water to the front bucket, but it has to be carried OVER THE HEADS OF his/her TEAM MEMBERS.
- He/ she dumps the water that is left into the front bucket.
- The line shifts up and the first person sits in the back.
- The winner is whatever group has the most water in their bucket after the pre-determined about of

- Unused trash bags
- Water
- Buckets 2 per team (one filled and one empty)













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time.



























