

Summer Camp Curriculum - 2019 8 - 12 Years















Note: Centers can pick any activity from the component given below, one activity per day. On each day children must be given a 30 min break in between the curriculum. Centers can plan the schedule accordingly. Refer to sample schedule given under Summer Camp Guidelines.





FUN 'n' SUN:



Activity	Description	Materials Needed
	Balloon Volleyball:	
	Divide the class into two teams	
	2. Draw a middle line on the floor. Students	
Balloon	shall stand on the either side of the line.	
Volleyball	3. Teams shall take turns and hitting the	Shuttlecock
	balloon with their fist towards the opposite	
	team.	
	4. The team who doesn't drop the balloon on	
	the floor is the gets one point.	









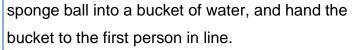
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	Newspaper Race	 Teacher shall give two newspapers for each student. Each player must race towards the end point, stepping only on his/her newspaper. They step on one, lay the other in front and steps on it. Later they have to move the first paper forward and steps on it and continue till the end point. 	Two newspapers	
XX	The Best Game	 Arrange students into groups of 4 or 5. Everyone has to participate in at least one round. Teacher shall explain the rules: Teacher will be announcing a contest category for the group (for example, "The Tallest"). Each group needs to select one person who they think will win the category. The group which suits the category wins a point. 	-	
		Reveal the specific action or measurement the selected people have to do to win the contest (example: Whoever has the "The Tallest" thumb). The person with the best action or measurement wins a point for their team. The team with the most points wins the game.		
8	Over and Under	Split everyone into two equal teams. Have both teams line up in parallel lines. Drop a	 Sponge ball Bucket of 	

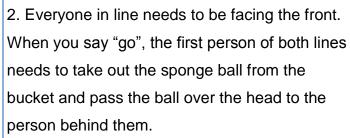


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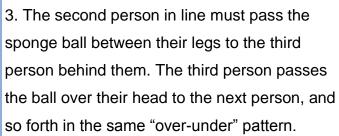




water









4. At the very end of the line, the last person has to pass it forward in the same pattern as before. The first team that passes the ball back to the first person wins the game.

















