



































Note: Centers can pick any activity from the component given below, one activity per day. On each day children must be given a 30 min break in between the curriculum. Centers can plan the schedule accordingly. Refer to sample schedule given under Summer Camp Guidelines.

FUN 'n' SUN:

| Activity | Description | Materials Needed |
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| Pop corn drop | <ol style="list-style-type: none"> 1. Divide the children into teams. Make holes on the sides of the paper cup and insert a twine long enough to tie the paper cup to the students' shoes. 2. Fill the paper cups with pop corn/ colored pom poms/paper balls. | <ol style="list-style-type: none"> 1. Pop corn/ Coloured pom poms/paper balls from old newspaper 2. Yellow paint (if required) |

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|       | | <p>2. Attach cups of pop corn / colored pom poms/paper balls to both the shoes of the students.</p> <p>3. Students must try tossing the pop corns/pom poms into the empty cardboard boxes.</p> <p>4. The team that finishes first without dropping more popcorn/pom poms down will be the winner.</p> <p>Note: Teachers can also use paper balls which can be made out of old news paper and dipped in yellow paint and let dry to look like pop corn.</p>  | <p>3. Card board boxes</p> <p>4. Fevicol/Glue</p> <p>5. Construction paper (if required to cover the cardboard box)</p> <p>6. Scissors</p> <p>7. Paper cups</p> <p>8. Twine</p> |        |
| <p>On Target</p> | | <p>1. Teachers can fill old socks or old t shirt cut in cone shapes with sand and secure it with a twine or coloured ribbon.</p> <p>2. Teachers can then place small rings or small hoola hoops at a distance.</p> <p>3. Students can stand at the start line and try to throw the sand sac into the hoop/ring using one hand.</p> <p>4. All students can be given a chance.</p> | <p>1. Old socks/T shirt</p> <p>2. Sand</p> <p>3. Hoola hoops/Rings</p> <p>4. Coloured ribbon/Twine</p> | |

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|     | <p>Water Balloon Spoon</p> | <ol style="list-style-type: none"> 1. Use small balloons blow them and fill them with water. Make sure that the size is small enough to be placed on a spoon. 2. Children can stretch both the arms and balance the water filled balloons on spoons. 3. Teachers can make a start and finish line and the children can run with outstretched arms with the balloons balanced on the spoons from the start to the finish without dropping the balloon. 4. Teachers must ensure that there is enough spacing between the children while they run together. 5. Teachers can also conduct this race by dividing the children into small groups based on the space availability. | <ol style="list-style-type: none"> 1. Small balloons. 2. Spoons 3. Water 4. Twine (to tie balloons) |      |

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