



**Note:** Centers can pick any activity from the component given below, one activity per day. On each day children must be given a 30 min break in between the curriculum. Centers can plan the schedule accordingly. Refer to sample schedule given under Summer Camp Guidelines.









	Activity	Description	Materials Needed
	Basketball	<ol> <li>This sport shall be played outdoor or indoor.</li> <li>The teacher shall demonstrate what the basketball looks like and how to dribble it.</li> <li>Each one shall play basketball.</li> <li>The students shall be asked to throw the ball to one another as they stand in a circle.</li> <li>Teacher shall show them first how to do that.</li> </ol>	Basketball
•	Swimming pool safety	<ul> <li>Swimming Pool Rules.</li> <li>Discuss the following rules with the students: <ul> <li>Students should take bath before entering the pool.</li> <li>Should wear swimming suit and swim diapers.</li> <li>Wear life jacket before entering into the water.</li> <li>Instructor should be there with the student.</li> <li>There must be a Life Guard to supervise the swimming pool.</li> </ul> </li> </ul>	<ol> <li>Sensory table</li> <li>Blue glass         paper</li> <li>Water</li> <li>Plastic doll-         which shall be         soaked in         water</li> </ol>













of		<ul> <li>Activity: <ul> <li>Cover the sensory table with blue glass paper.</li> <li>Add water halfway up.</li> </ul> </li> <li>Each student shall take turn in playing with doll and explain the swimming rules to be followed.</li> </ul>		
1/2		<ol> <li>Outdoor - Chasing the Shadow</li> <li>Students shall observe their shadow outside.</li> <li>Give turn for each student to observe their</li> </ol>		W
		shadow and touch it.  3. Explain it to them if they find it difficult. Teacher must point to their shadow so students understand.		35
XE	Chasing the shadow	Discussion – Explain how they shall see their shadow only during the daylight and when the sun is out.	Hula Hoop	Q
		Hula -Hoop: Outdoor / Indoor		_
		1. Show the Hula –Hoop to each student.		
		<ol> <li>Encourage them to Jump in and jump out.</li> <li>Place the Hula- Hoop on the ground.</li> <li>Each student should get a turn to jump in and jump out.</li> </ol>		
	0.41	Encourage students to use the outdoor beach     toys and shells to experience beach	4.5	<b>5</b>
	Outdoor Beach Toys and Shells	<ul><li>environment.</li><li>2. Teachers shall explain each beach toy and show how to use it.</li></ul>	1.Beach toys 2.Shells	
		3. Have students play amongst themselves.		4



of	Outdoor - Ball play	<ol> <li>Students shall be taken outdoor to play.</li> <li>Provide one or two colorful big balls.</li> <li>Students shall play with it by standing in a circle and throwing it to each other.</li> <li>Teacher shall also provide time for free play with the ball.</li> </ol>	Colorful Big Balls	
XX	Simon Says Game	<ul> <li>Have the students stand in a group.</li> <li>Teachers shall give instructions like</li> <li>Students have to follow the instructions of the teacher and do the action.</li> <li>Simon says touch your nose,</li> <li>Simon says move your belly,</li> <li>Simon says shake your hip,</li> <li>Simon says wink your eyes,</li> <li>Simon says jump up and down etc.</li> </ul>	-	
	Hula - Hoop	<ul> <li>Hula -Hoop</li> <li>Take the students outdoor.</li> <li>Show the Hula –Hoop to each student.</li> <li>Encourage them to Jump in and jump out.</li> <li>Place the Hula- Hoop on the ground.</li> <li>Each student should get a turn to jump in and jump out.</li> </ul>	Hula Hoop	
	Balloon game	<ol> <li>Teachers shall inflate balloons before students come for class and hang it in the class.</li> <li>Provide small sponge balls for the students.</li> <li>Students shall take turns in hitting the balloon with the ball.</li> </ol>	Balloons     Sponge Balls	



Popping Bubbles	Teachers should take the students outdoor.  The students shall engage in free play:  Bubbles  Teacher shall have the students stand in a circle.  The teacher shall blow the bubbles for the middle of the circle and students shall try to run and pop the bubbles.  Then guide each student as they stand in the middle and blow the bubbles around.  Be careful and ensure that students always have the teacher's assistance when blowing bubbles.	Bubbles	
Super Bowl Game	<ol> <li>This is an indoor game.</li> <li>Make sure each student gets the opportunity to play this game.</li> <li>Ask the student to roll the ball and hit the ball on the row of plastic pails.</li> <li>Every time a student hits a pin/pail and the pail falls, encourage</li> <li>the rest of the team to cheer up the student by giving a big hand of applause.         This game shall be played similar to Snow Bowling.     </li> </ol>	Snow Bowling Set	



