

Summer Camp Curriculum - 2019 8 - 12 Years



Note: On each day children must be given a 30 min break in between the curriculum. Centers can plan the schedule accordingly. Refer to sample schedule given under Summer Camp Guidelines.



ICE BREAKER:

Activity	Description	Materials Needed
	Teacher and students shall sit on the floor in a big	
	circle.	
	2. Teacher shall encourage students to introduce their	
	names.	
	3. Teach the students the main pattern, "Lap, Lap,	
	Clap, Snap". This is done by patting one's legs with	
	both hands twice in a row, clapping in front of you, and	
	then snapping with both hands. Do it several times	
	until everyone in the circle is comfortable with the	
	rhythm.	
	4. Then the game begins. The leader starts the	
Ice	action: "Lap, Lap, Clap, Snap." But instead of saying	
breaker	"Snap", the leader then calls out the name of a person	-
	in the "snap"	
	5. That person must then continue the pattern, calling	
	out a different name in the place of the "snap".	
	For example:	
	LEADER: Lap, Lap, Clap Sasha!	
	SASHA: Lap, Lap, Clap, John!	
	JOHN: Lap, Lap, Clap, Linda!	
	etc.	
	6. The trick is to never break the rhythm. This will	
	probably take some practice at first. Practice until	
	everyone gets comfortable with the pattern.	











