



My Bee Club – EI Activity Guideline

Value of Emotional Intelligence in Teaching and Learning:

Teachers' role in education requires many various abilities. One of such fundamental capacities in the contemporary world is Emotional Intelligence. At the first place, the teacher has to be understanding of the students' emotions to enable the students to become emotionally intelligent.

In My Bee Club, we impart various programs such as Spoken English, Phonics, Yoga, Handwriting etc., Irrespective of learning any program, the student should first feel happy about coming to class. Once he feels cheerful to be part of the class, the student needs to understand class conduct and show disciplined behavior without any force. The student has to take efforts in learning with interest and be honest about what he knows and doesn't know. Even though the student is good at learning, being bold to share his learning needs lot of courage. Being part of a class, students should know to learn and grow as a team for which the quality of kindness is also pertinent. This summarizes the six building characteristics that we have in the reward system namely: ***Cheerful, Self-discipline, Determined efforts, Honesty, Courage and Kindness***. These characteristics are not just relevant in a classroom and school for success in learning a skill or success in academics but highly relevant at home, with family, friends, relatives, the outside world and society at large. An emotionally intelligent student attains holistic and overall development in his life.

If a student can build these six characteristics, the student's emotional well being goes up and vice versa. It is highly significant to impart learning in a child through his ***choice*** and not by ***force*** for which EI plays a vital role. When the student has a choice, he has the freedom to learn through his interest, learning style and his own pace whereas if the student is forced, he suffers and stumbles in the learning process. The table below sums up the importance of Integration of EI activities in a classroom.

APPROACH	TEACHING	METHOD	LEARNING
Teacher centered	Conventional teaching	FORCE	Learns by compulsion
Student centered	Emotional Intelligence based teaching	CHOICE	Learns by interest



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Framework of Emotional Intelligence based Activities

- The Emotional Intelligence (EI) Activities during the course of the program are designed for five levels namely: **Foundation level, Level I, Level II, Level III, Level IV**
- The activities revolve around six characteristics namely: **Cheerful, Self-discipline, Determined efforts, Honesty, Courage, Kindness**
- During the following days mentioned below, two activities will be rolled out

8 th day class	16 th day class	24 th day class
Activity in CHEERFUL	Activity in DETERMINED EFFORTS	Activity in COURAGE
Activity in SELF-DISCIPLINE	Activity in HONESTY	Activity in KINDNESS

- Each activity is timed for 15 minutes. Therefore on the 8th/16th/24th day class, 30 minutes is timed for two EQ activities together corresponding to two different characteristics.

PLEASE NOTE:

- A class may have mixed age group students; therefore the activities should be rolled out based on the comprehension level of the students. It is highly essential for the teacher to go to the student level during the activities*
- For a given activity, based on the caliber of the students and number of students in a class, the teacher may tweak the presentation by students into an Oral/Written/Role Play/ Skit/ Chart presentation.*

Instructions to teachers

- Teacher should be an active participant in all activities
- The activities need not focus on language skills or correcting English mistakes as it may disrupt the students' thought process.
- The focus of each activity is to provide children with an opportunity to explore and express the different characteristics.
- Teachers should get the necessary materials like color print out before the class and other such materials mentioned
- Teachers should be well versed with the activities before the class



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- Teachers to use black board/white board whenever needed
- Teachers should ensure that they are being sensitive to students' needs during the activity as some students may take more time to respond
- Teachers to ensure that every student is involved and given equal importance
- Teachers should ensure that all three learning styles are involved in executing the activity namely: Visual, Kinesthetic and Auditory
- As a class may consist of different age students, teachers should use simple vocabulary to explain the activity
- Teachers can be creative in executing the roll out plan given for each activity