



# MyBeeClub

## Prerequisite and Goals

### PHONICS

- **Why Phonics?**

Inculcates the habit of reading, improved letter knowledge and phonological awareness- understands each sound of the letter and plays to make up small words. Narrative skills; describes objects and events.

- **Prerequisite**

**Level 1** - Recognition of letters. If child cannot recognize alphabets enroll in **Foundation for Phonics**

**Level 2** - Is aware of Letter Sounds, Short Vowels, Word Families

Note: Based on the assessment, enroll the student either on Level 1 or Level 2, and not beyond

- **Goals**

**Foundation** - Recognition of Alphabets

**Level 1**- Letter Sounds, Short Vowels, Word Families and Storytelling - Comprehension

**Level 2**- Word Families, Long Vowels and Storytelling - Comprehension

**Level 3**- Long Vowels, Consonant blends and Storytelling - Comprehension

**Level 4**- Special Combinations and Storytelling - Comprehension

- **Daily Activity**

| Time   | Daily Activity Schedule - Phonics |
|--------|-----------------------------------|
| 5 min  | Interaction - Warm up session     |
| 5 min  | Review                            |
| 15 min | Phonics Lesson Plan               |
| 15 min | Individual Nurturing              |
| 15 min | Activities - Games / CD           |
| 5 min  | Reward                            |



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### KIDS YOGA

- **Why Kids Yoga?**

Effective functioning of mind, enhance memory power, establish a healthier life style, positive stress free energy, stimulation of all chakras in the body.

- **Why Laughing Therapy?**

- It strengthens your immune system
- It enhances your cardiovascular flexibility
- It increases your motivation.
- It helps you think more clearly and increases your intellectual performance
- It improves your information retention (memory)
- It increases your creativity
- It develops your abdominal muscles

- **Prerequisites for all Levels**

- All students have to start from Level 1
- No health issues like breathing problem or surgery

- **Goals for all Levels**

- Warm up exercise
- Relaxation techniques
- Posture control and management
- Learn 16 postures
- Level 3&4: Includes breathing control

- **Daily Activity**

| Time   | Daily Activity Schedule – Kids Yoga |
|--------|-------------------------------------|
| 5 min  | Interaction - Warm up session       |
| 5 min  | Laughing Therapy                    |
| 10 min | Review                              |
| 15 min | Yoga Lesson Plan                    |



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|       |             |
|-------|-------------|
| 5 min | Yogic Sleep |
| 5 min | Reward      |

### DRAWING

- Why Drawing?**

Creativity and imagination, focus and fine motor development

- Prerequisite**

**Level 1** - Hold pencil/crayon/Draw simple pictures

**Level 2** - Can draw small and simple pictures and colour in a pattern

Note: Based on the assessment, enroll the student either on Level 1 or Level 2, and not beyond.

- Goals - 3.5+ years**

**Level 1**- Colouring, Tracing and Colouring, Distance Tracing and Colouring and jumpstart to free hand drawing

**Level 2**- Free hand drawing with basic shapes - Circle, square, triangle etc

**Level 3**- Free hand drawing with advance shapes - Cylinder, cube, trapezium

**Level 4**- Cartoon Faces

- Daily Activity**

| Time   | Schedule  |
|--------|---|
| 5 min  | Interaction - Warm up session   |
| 10 min | General instruction<br>(Posture control , Tripod finger and discussion on the theme) Activities / Games |
| 25 min | Drawing / Coloring  |
| 5 min  | Reward  |



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## Prerequisite and Goals

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### HANDWRITING (3.5-5 years)

- **Why Handwriting?**

Improved concentration, understanding of line concept, patterns and group of letters and fine motor development.

- **Prerequisites**

**Level 1** - Hold pencil, able to write alphabet script or cursive, recognition of letters and lines

Note: Student has to start from Level 1.

- **Goals - 3.5+ years**

**Level 1**

- Finger Control and introduction to patterns
- Line concept and introduction of cursive letters
- Cursive letters

**Level 2-** Line concept, cursive letters, 2&3 letter words

**Level 3-** Words and phrases

**Level 4-** Phrases and sentences

**Level 5-** Sentences and passage

### SPEED WRITING (6-9 years)

- **Prerequisites**

**Level 1** - Able to write simple 4 - 5 letters words in script or cursive

Note: Student has to start from Level 1.

- **Goals - 6-9 years**

**Level 1**

- Pattern and posture control
- Neat and legible writing
- Cursive writing (Simple sentences)
- Dictation - Listen and write
- Jumpstart on speed writing

**Level 2-** Sentences, speed writing, advanced sentences with speed writing, think and write



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## Prerequisite and Goals

### SPEED WRITING (10-12 years)

- **Prerequisites**

**Level 1** - Able to write simple sentences in script or cursive

Note: Student has to start from Level 1.

- **Goals - 10-12 years**

**Level 1**

- Pattern and posture control
- Neat and legible writing
- Cursive writing (Simple sentences)
- Dictation - Listen and write
- Speed writing

**Level 2**

- Near point copying with speed writing
- Far point copying with speed writing
- Dictation with speed writing
- Self instructions

- **Daily Activity**

| Time   | Schedule   |
|--------|--|
| 5 min  | Interaction - Warm up session  |
| 30 min | Practice Writing/ General instruction<br>(Posture control , Tripod finger and discussion on the theme) |
| 5 min  | Activity and Games   |
| 5 min  | Reward   |



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## Prerequisite and Goals

### SPOKEN ENGLISH

- **Why Spoken English?**

A child, who speaks English fluently, will have tremendous confidence and self-esteem.

- **Prerequisite**

**Level 1** - Recognition of words and simple sentence. Communicate in simple sentence or words. If they are not able to understand simple sentences or respond in simple words enroll them in **Spoken English Foundation** program

**Level 2** - Communicate in simple sentences with ease and has good pronunciation

Note: Student can be enrolled directly on Level 2 and not beyond based on the initial assessment.

- **Goals**

**Foundation** - Phonics - Letter Sounds/ Story Telling - Comprehending/ Conversational activity

**Level 1** - Building the foundation for speaking English / Pronunciation (accent) / Formal and informal communications / Jumpstart grammar and vocabulary

**Level 2** - Review Level 1 / Learn new vocabulary / Use of tense

**Level 3** - Review Level 2 / Build your vocabulary / Jumpstart nouns and adjectives

**Level 4** - Review Level 3 / Presentations / Vocabulary / Jumpstart grammar - singular, plural, consonant blends, syllables, subject and predicate

- **Daily Activity**

| Time   | Schedule                      |
|--------|-------------------------------|
| 15 min | Interaction - Warm up session |
| 10 min | Review                        |
| 15 min | Lesson Plan                   |
| 15 min | Activity and Games            |
| 5 min  | Reward                        |



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## Prerequisite and Goals

### YOUNG LEAD

- **Why Young Lead?**

Building self confidence, enhance communicational skills, team work and leadership skills, interpersonal skill development and effective attitude management.

- **Prerequisites**

- Good communication skills
- Note: Student has to start from Level 1

- **Goals-** Weekly goals - Example

- Memory linking techniques
- Motivate others and enhance relationship
- Putting stress in perspective
- Enthusiasm
- Energize our communication
- Unleash our full potential

- **Daily Activity**

| Time   | Schedule                      |
|--------|-------------------------------|
| 15 min | Interaction - Warm up session |
| 10 min | Review                        |
| 15 min | Lesson Plan                   |
| 15 min | Activity and Games            |
| 5 min  | Reward                        |