

























**Note:** Centers can pick any activity from the component given below, one activity per day. On each day children must be given a 30 min break in between the curriculum. Centers can plan the schedule accordingly. Refer to sample schedule given under Summer Camp Guidelines.

### GET WET:

Activity	Description	Materials Needed
Water Gun splash	Provide the children with water guns and let the students enjoy the splash of water in the heat of the sun.	Water Gun
Pass the cup over	<ol style="list-style-type: none"> <li>1. Put one full bucket of water on the ground and have one player sit right behind the bucket.</li> <li>2. Have the rest of the team sit in a straight line right behind the first player.</li> <li>3. Have the last person in the line turn and face the other way so the last two players are back to back instead of one after another.</li> <li>4. Put another either smaller bucket or a bucket with a marked halfway line in front of the last player.</li> <li>5. Give the first player an empty cup.</li> <li>6. They must dip the cup in the full bucket of water and pass it backwards over their head to the next kid.</li> <li>7. The second kid must then pass it over to the third</li> </ol>	<ol style="list-style-type: none"> <li>1. Water buckets - 2 for each team</li> <li>2. Water</li> <li>3. Cup 1 for each team</li> </ol>

  		<p>and so on until the final kid on the team dumps the water in the cup into the empty bucket.</p> <p>8. Then pass the empty cup of water back up to the front. The first team to fill their bucket wins.</p> 		    
      	<p>Sponge Toss</p>	<ol style="list-style-type: none"> <li>1. Place a bucket full of water on one side of the yard and place an empty bucket on the other.</li> <li>2. Have teams line up their players anywhere between the two buckets but once they're lined up – they are frozen in place and cannot change their placement.</li> <li>3. One player on each team should be next to the full bucket and one next to the empty bucket.</li> <li>4. The first player must dunk the sponge in the full bucket of water trying to soak up as much water as possible.</li> <li>5. The player must toss the sponge to their next teammate who tosses it to the next and so on until it reaches the final player by the empty bucket.</li> <li>6. That player wrings out the sponge and passes the empty sponge back down the line.</li> <li>7. First team to fill up their bucket to the marked line wins.</li> </ol>	<ol style="list-style-type: none"> <li>1. Buckets - 2 for each team</li> <li>2. Large sponge - 1 for each team</li> </ol>	      

  				    
      	<p>Sponge Run</p>	<ol style="list-style-type: none"> <li>1. Place a bucket full of water (or a kiddie pool) on one side of the yard and place an empty bucket on the other.</li> <li>2. Give a sponge to each player and have them stand by the full bucket or water (or kiddie pool).</li> <li>3. Players must dunk the sponge in the water trying to soak up as much water as possible.</li> <li>4. They then have to put the sponge on their head and hold it their while they run to the empty bucket, hoping to keep as much water as possible in the sponge.</li> <li>5. Wring out the sponge into the empty bucket and run back, continuing until someone reaches the mark on the empty bucket.</li> <li>6. First person to fill up their bucket to the marked line wins.</li> </ol>	<ol style="list-style-type: none"> <li>1. Two buckets</li> <li>2. Large sponges</li> </ol>	