**Note:** Centers can pick the dance reference video links according to the age group from the below table.

|  |  |  |
| --- | --- | --- |
| **Age** | **Reference Links** | **Materials Needed** |
| 3 - 5 years | <https://www.youtube.com/watch?v=VtEcBIn8kRo>  <https://www.youtube.com/watch?v=j7bTu84w7Lw>  <https://www.youtube.com/watch?v=UP-ctUE4DHo>  <https://www.youtube.com/watch?v=3aUjx5WadtA>  <https://www.youtube.com/watch?v=m_B_NsHCIS0> | 1. Speakers  2. Laptop/ Desktop |
| 5 - 8 years | <https://youtu.be/tdmXDdioASs>  <https://youtu.be/rvH80EX-BhM>  <https://youtu.be/-SHEMy68WKA> | 1.Speakers  2. Laptop/ Desktop |
| 8 - 12 years | <https://www.youtube.com/watch?v=SZ41OTCb0wc>    <https://www.youtube.com/watch?v=SV-Z1RMqj2Q>    <https://www.youtube.com/watch?v=mvUpuuQs8cc>    <https://www.youtube.com/watch?v=Ivd2ZJ01Pi4> | 1.Speakers  2. Laptop/ Desktop |