

## 9. ORAL GLUCOSE

# a) Indications

- (1) Altered mental status with known diabetic history
- (2) Unconscious for an unknown reason

#### b) Adverse Effects

Not clinically significant

# c) Precautions

Patient without gag reflex may aspirate.

# d) Contraindications

Not clinically significant

# e) Preparations

10-15 grams of glucose (contained in 24, 30, or 37.5 gram tube)

## f) Dosage

- (1) Adult: Administer 10–15 grams of glucose paste between the gum and cheek. Consider single additional dose of glucose paste if not improved after 10 minutes.
- (2) Pediatric: Administer 10–15 grams of glucose paste between the gum and cheek; this may be accomplished through several small administrations. Consider single additional dose of glucose paste if not improved after 10 minutes.