

Congregation T'shuvat Yisrael – [www.Yeshuati.com](http://www.Yeshuati.com)

Rabbi Bob Benbow

For those who do not know, the Portion name comes from the first word or words of the portion in Torah. This week Yitro is translated as Jethro.

Torah: – Ex. 18:1 – 20:23 (KJV 20:26)  
Haftarah: – Isa. 6:1 – 7:6; 9:5, 6 (KJV 9:6, 7)  
Brit Chadashah: – Matt. 5:17 – 33; Heb. 12:18 – 24  
Psalm: – Ps. 17, 71, 119 (Yod)  
Extra Reading: – Matt 13 – 15

#### The Torah Commentary:

*In the third month, when the Children of Israel were gone forth out of the land of Egypt, the same day came they the wilderness of Sinai. For they were departed from Rephidim, and were come the desert of Sinai, and had pitched in the wilderness; and there Israel camped before the mount. And Moses went up unto God, and YHVH called unto him out of the mountain, saying, Thus shall you say to the house of Jacob, and tell the Children of Israel; You have seen what I did unto the Egyptians, and I bare you on eagles' wings, and brought you unto Myself. Now therefore, if you will obey My voice indeed, and keep My covenant, they you shall be a peculiar treasure unto Me above all people: for all the earth Mine: and you shall be unto Me a kingdom of priests, and a holy nation. These the words which you shall speak to the Children of Israel. And Moses came and called for the elders of the people, and laid before their faces all these words which YHVH commanded him. And all the people answered together, and said, All that YHVH has spoken we will do. And Moses returned the words of the people to YHVH. And YHVH said to Moses, Lo, I come to you in a thick cloud, that the people may hear when I speak with you, and believe you forever. And Moses told the words of the people to YHVH. (Ex. 19:1-9) And God spoke all these words, saying, I YHVH your God, which have brought you out of the land of Egypt, out of the house of bondage. You shall have no other gods before Me. You shall not make to you any graven image, or any likeness that in heaven above, or that in the earth beneath, or that in the water under the earth: You shall not bow down yourself to them, nor serve them: for I YHVH your God a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth of them that hate Me; and showing mercy to thousands of them that love Me, and keep My commandments. You shall not take the Name of YHVH your God in vain; for YHVH will not hold him guiltless that takes His Name in vain. Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work: but the seventh day the Sabbath of YHVH your God: you shall not do*

any work, you, nor your son, nor your daughter, your manservant, nor your maidservant, nor your cattle, nor your stranger that within your gates. For six days YHVH made heaven and earth, the sea, and all that in them, and rested the seventh day: wherefore YHVH blessed the Sabbath day, and hallowed it. Honor your father and your mother: that your days may be long upon the land which YHVH your God gives you. You shall not kill. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house, you shall not covet your neighbor's wife, nor his manservant, nor his maidservant, nor his ox, nor his donkey, nor anything that your neighbor's. And all the people saw the thunderings and the lightnings and the noise of the trumpet, and the mountain smoking: and when the people saw, they removed, and stood afar off, And they said to Moses, Speak you with us, and we will hear: but let not God speak with us, lest we die. And Moses said to the people, Fear not: for God is come to prove you, and that His fear may be before your faces, that you sin not. And the people stood afar off, and Moses drew near to the thick darkness where God was. (Ex.20:1-21)

He was in the world, and the world was made by Him, and the world knew Him not. He came to His own, and His own received Him not. But as many as received Him, to them gave He power to become the sons of God, to them that believe on His Name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. And the Word was made flesh, and dwelt among us, (and we beheld His glory, the glory as of the only begotten of the Father,) full of grace and truth. John bare witness of Him, and cried, saying, This was He of whom I spoke, He that comes after me is preferred before me, for He was before me. And of His fullness have all we received, and grace for grace. For the law was given by Moses, grace and truth came by Yeshua Messiah. No man has seen God at any time; the only begotten Son, which is in the bosom of the Father, He has declared. (Jn.1:10-18)

And Yeshua went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people. And His fame went throughout all Syria: and they brought to Him all sick people that were taken with divers diseases and torments, and those which were possessed with devils, and those which were lunatic, and those that had the palsy; and He healed them. And there followed Him great multitudes of people from Galilee, and Decapolis, and Jerusalem, and Judea, and beyond Jordan. And seeing the multitudes, He went up into a mountain: and when He was set, His disciples came unto Him: and He opened His mouth, and taught them saying, Blessed the poor in spirit: for theirs is the kingdom of heaven. Blessed they that mourn; for they shall be comforted. Blessed the meek; for they shall inherit the earth. Blessed they which do hunger and thirst after righteousness; for they shall be filled. Blessed the merciful; for they shall obtain mercy. Blessed the pure in heart; for they shall see God. Blessed the peacemakers; for they shall be called the Children of God. Blessed they which are persecuted for righteousness' sake; for theirs is the kingdom of heaven. Blessed are you, when men shall revile you, and persecute, and shall say all manner of evil against you falsely, for My sake. Rejoice, and be exceeding glad: for great your reward in heaven; for so persecuted they the

*prophets which were before you. (Matt. 4:23-5:12) Therefore the Jews sought the more to kill Him, because He not only had broken the Sabbath, but said also that God was His Father, making Himself equal with God. Then answered Yeshua and said to them, Verily, verily, I say to you, The Son can do nothing of Himself, but what He sees the Father do: for what things soever He does, these also do the Son likewise. For the Father loves the Son, and shows Him all things that Himself does; and He will show Him greater works than these, that you may marvel. For as the Father raises up the dead, and quickens, even so the Son quickens whom He will. For the Father judges no man, but has committed all judgment to the Son: that all should honor the Son, even as they honor the Father. He that honors not the Son honors not the Father which has sent Him. (Jn. 5:18-23) No man can come to Me, except the Father which has sent Me draw him; and I will raise him up at the last day. It is written in the prophets, And they shall be all taught of God. Every man therefore that has heard, and has learned of the Father, comes to Me. It is the spirit that quickens; the flesh profits nothing: the words that I speak to you, are spirit, and are life. (Jn. 6:44,45,63) Shema. Hear Life.*