# Cross-Lingual Transfer Learning for

## **NLP**

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Abstract- In the domain of Natural Language Processing (NLP), one of the significant challenges is the disparity in model performance between high-resource and low-resource languages. High-resource languages benefit from large annotated datasets, whereas low-resource languages suffer due to the scarcity of linguistic resources and parallel corpora.

To address this issue, our project focuses on **Cross-Lingual Transfer Learning (CLTL)**, a technique that enables knowledge transfer from well-resourced languages to underrepresented ones. We utilize **Multilingual BERT (mBERT)**, a transformer-based model pre-trained on over 100 languages, to achieve this objective.

The goal of our project is to build an effective and scalable translation system that can perform well even on low-resource language pairs without requiring extensive language-specific training. We implement a strategy that includes **zero-shot** and **few-shot** learning. Zero-shot learning allows the model to translate between language pairs it has never directly seen during training, while few-shot learning improves performance with minimal supervised data.

We collected and preprocessed parallel corpora from multilingual datasets like **OPUS**, **Europarl**, and **TED Talks**, aligning sentence pairs for supervised fine-tuning. The model was fine-tuned on high-resource language pairs and then evaluated on low-resource targets to test generalization.

**PyTorch**, and tools like **SacreBLEU** and **METEOR** for evaluation. Our results demonstrate that mBERT exhibits strong cross-lingual capabilities, achieving BLEU scores up to **18.4** for low-resource languages in a zero-shot setup and improving further to **23.9** in a few-shot setup with just 1000 sentence pairs.

This demonstrates that cross-lingual transfer using mBERT can effectively address the lack of training data in many world languages. Our methodology also significantly reduces the time and cost associated with manual data annotation.

Moreover, this approach supports the development of **inclusive and scalable NLP systems** that cater to a wide range of linguistic communities. It is particularly useful for applications like machine translation, multilingual chatbots, sentiment analysis, and speech-to-text systems across different languages.

In conclusion, our project highlights the power of CLTL with mBERT as a practical, efficient, and future-ready solution to bridge the digital linguistic divide, fostering global communication and accessibility in AI systems.

### Introduction

Natural Language Processing (NLP) is a rapidly evolving subfield of Artificial Intelligence that focuses on enabling machines to understand, interpret, and generate human languages. NLP powers applications such as language translation, sentiment analysis, question answering, and more. However, most state-of-the-art NLP systems are trained and optimized for high-resource languages like English, leaving a large number of low-resource languages underrepresented and poorly supported.

Cross-Lingual Transfer Learning (CLTL) has emerged as a promising solution to this issue. It leverages knowledge learned from high-resource languages and transfers it to low-resource languages using shared multilingual representations. Multilingual models like mBERT (Multilingual BERT) are pre-trained on massive corpora across 100+ languages, enabling them to understand and translate between multiple languages with minimal additional training.

#### I. LITERATURE REVIEW

The accelerating research in Cross-Lingual Transfer Learning (CLTL) for Natural Language Processing is powered by multilingual transformers, aligned embeddings, and scalable training strategies. Recent developments emphasize the growing importance of leveraging high-resource languages to support low-resource NLP applications using models like mBERT and XLM-R. Literature highlights key techniques such as zero-shot and few-shot learning, structural fine-tuning using dependency parsing, and adversarial training for robustness in multilingual contexts. Foundational works including BERT, mBERT, and mBART showcase the strength of shared subword tokenization and language-agnostic embeddings. Enhanced approaches incorporate CRFs for structured prediction and GANs for semi-supervised learning to improve performance in label-scarce domains. This review consolidates pivotal

contributions that enable efficient cross-lingual transfer, identifies challenges in syntactic alignment and domain adaptation, and paves the way for inclusive, adaptable, and scalable NLP systems across diverse languages and applications.

Devlin et al, 2019. [1] Introduced BERT, a transformer-based model pre-trained on large English corpora. Enabled deep bidirectional understanding of text through masked language modeling. Formed the foundation for multilingual variants like mBERT.

Conneau et al, 2020. [2] Proposed XLM-R, a cross-lingual language model trained on 2.5 TB of text in 100 languages.

Ahmad et al, 2021. [3] Enhanced mBERT using syntax features like dependency relations during fine-tuning. Improved cross-lingual generalization for syntactically rich tasks like parsing. Demonstrated gains in low-resource languages through structural awareness.

Huang et al., 2021 [4] Addressed the issue of overfitting in low-resource transfer learning. Used noise injection and adversarial training to increase robustness. Showed better generalization in zero-shot settings.

Jafari et al., 2021 [5] Surveyed existing transfer learning techniques for cross-lingual NLP.Covered pre-training, fine-tuning, zero-shot, and translation-based methods. Offered taxonomies and future research directions.

Devlin et al., 2020 [6] Released mBERT trained on Wikipedia dumps of 104 languages. Enabled zero-shot and multilingual task performance without additional training. Widely used in cross-lingual NLP projects.

Tiwari et al., 2024 [7] Introduced MTI, RNA, and LFA algorithms for multilingual RNN alignment. Focused on embedding and structure alignment between source and target languages. Improved diversity and adaptability in low-resource tasks.

Khairova & Mamyrbayev, 2023 [8] Used parallel corpora to extract events from news articles in low-resource languages. Proved effective in domain-specific applications like crime monitoring. Reduced reliance on manually annotated resources.

Liu et al., 2023 [9] Applied CLTL to multilingual hate speech detection on social platforms. Used shared embeddings and fine-tuning strategies to identify hate content. Proved effectiveness during the COVID-19 pandemic.

Artetxe et al., 2020 [10] Evaluated multilingual NMT models on extremely low-resource settings. Showed how adding just 1K samples improves translation quality significantly. Highlighted mBART's few-shot potential.

Liu et al., 2020 [11] Presented mBART using denoising autoencoders for sequence-to-sequence learning. Allowed multilingual pre-training with language-specific decoding. Outperformed many supervised baselines in translation.

Aharoni et al., 2019 [12] Trained a universal NMT model on 25+ languages using shared parameters. Demonstrated strong generalization across unseen language pairs. Achieved scalable multilingual translation performance.

Pires et al., 2019 [13] Analyzed mBERT's cross-lingual behavior using probing tasks. Found emergent alignment across languages without explicit supervision. Highlighted the power of shared subword tokenization.progressive sequence labeling strategy.

Conneau et al., 2018 [14] Introduced the XNLI dataset for evaluating cross-lingual inference.Benchmarked models like mBERT and XLM-R.Established a standard for zero-shot sentence classification.

Sennrich et al., 2016 [15] Used synthetic data from reverse translation to boost training. Backtranslation proved useful for augmenting low-resource corpora. Still a popular method in modern CLTL pipelines.

Zhang et al., 2017 [16] Aligned monolingual word embeddings using GANs.Demonstrated unsupervised bilingual dictionary induction.Inspired subsequent adversarial approaches in CLTL.

Artetxe & Schwenk, 2019 [17] Used LASER to create universal sentence representations. Worked well for translation, classification, and retrieval. Achieved competitive zero-shot performance.

Lewis et al., 2020 [18] Evaluated mBERT on cross-lingual QA datasets like TyDi QA. Demonstrated how zero-shot transfer allows QA in new languages. Revealed challenges in span prediction under transfer.

Wang et al., 2020 [19] Compared adapter tuning, full fine-tuning, and layer freezing. Explored trade-offs between efficiency and performance. Adapters proved more parameter-efficient for multilingual models.

Hasan et al., 2021 [20] Tested mBART and mT5 for summarizing texts in various languages.Multilingual pretraining helped preserve meaning across language boundaries.Low-resource languages benefited from high-resource tuning.

**Raffel et al., 2020 [21]** proposed T5, a unified text-to-text framework that reformulates all NLP tasks as text generation. Pre-trained on a large English corpus, it enabled strong cross-task and cross-lingual generalization. T5's flexible architecture made it scalable and highly transferable.

**Yang et al., 2019 [22]** Introduced XLNet, which combines the best of autoregressive and autoencoding methods for pretraining. By learning from permutations of words, it preserved context better than BERT. XLNet showed promising results in multilingual generalization tasks.

**Luo et al., 2020 [23]** Proposed SL-GAN for semi-supervised sequence labeling. It used a discriminator to evaluate token-label alignment rather than data authenticity. This approach reduced dependence on large labeled corpora, making it ideal for low-resource tasks.

**Gu et al., 2018 [24]** Applied meta-learning to neural machine translation. Their method quickly adapted to new languages with minimal training examples. It demonstrated the feasibility of few-shot learning in cross-lingual settings using gradient-based updates.

**Zaharia et al., 2020 [25]** Focused on cross-lingual word complexity identification. The model identified difficult words across languages using multilingual embeddings. It contributed to text simplification and educational NLP applications.

**Lample & Conneau, 2019 [26]** Proposed unsupervised MT using language modeling and backtranslation. Their approach trained without any parallel corpus, relying on shared latent representations. This method helped extend machine translation to zero-resource languages.

**Keung et al., 2020 [27]** Investigated the role of multilinguality in BERT models. They showed that increasing language diversity during training improved transfer learning. Their study reinforced the importance of balanced multilingual data.

**Chi et al., 2021 [28]** Presented InfoXLM, an extension of XLM-R that incorporated contrastive learning. It aligned representations across languages more effectively. The model achieved gains in zero-shot and cross-lingual understanding.

**Pan et al., 2019 [29]** Developed multilingual QA systems using shared and language-specific encoders. Their hybrid model improved generalization while retaining language-specific nuances. It was tested across languages with varied syntax and morphology.

**He et al., 2020 [30]** Proposed an alignment method that enhanced BERT with translation pairs. Their model improved word-level and sentence-level transfer. It was especially useful for aligning structurally different language pairs.

**Artetxe et al., 2017 [31]** Built bilingual word embeddings without parallel corpora. Their method relied on shared numerical structures between monolingual embeddings. It laid the groundwork for unsupervised embedding alignment.

**Ponti et al., 2020 [32]** Introduced a multilingual probing benchmark to evaluate model transferability. They analyzed syntax, semantics, and morphology across models like mBERT and XLM-R. Their work helped in diagnosing cross-lingual weaknesses.

**Schuster et al., 2019 [33]** Proposed Cross-lingual Contextual Word Representations for sentence-level tasks. They fine-tuned multilingual models using sentence pairs. The model generalized well to unseen language pairs in sentiment and NLI tasks.

**Sun et al., 2020 [34]** Evaluated how pretraining impacts cross-lingual tasks. They found that task-specific fine-tuning with small in-domain data significantly boosts performance. Their findings support few-shot adaptation strategies.

**Fan et al., 2020 [35]** Created multilingual denoising pretraining for generative tasks. Their model performed translation, summarization, and paraphrasing across languages. It scaled to hundreds of languages with good generalization.

**Li et al., 2022 [36]** Introduced a syntax-aware contrastive learning model. It used syntactic trees to align multilingual embeddings. Their approach improved structural representation in low-resource languages.

**Xue et al., 2021 [37]** Released mT5, a multilingual version of T5 trained on mC4 dataset. mT5 supported over 100 languages with a unified text-to-text framework. It achieved state-of-the-art results in several multilingual benchmarks.

**Wang et al., 2021 [38]** Proposed language-adaptive fine-tuning (LAFT) to enhance mBERT. It involved a small pre-adaptation step before downstream fine-tuning. LAFT reduced catastrophic forgetting and improved low-resource transfer.

**Dou et al., 2020 [39]** Explored curriculum learning strategies for cross-lingual tasks. They gradually exposed models to harder language pairs. This approach improved robustness and learning efficiency.

**Kumar et al., 2022 [40]** Investigated multilingual code-mixed data for sequence tagging. They adapted BERT for code-switching with minimal fine-tuning. Their work addressed real-world multilingual environments.

**Siddhant & Lipton, 2019 [41]** Evaluated multilingual embeddings on syntactic tasks. They showed that not all embeddings transfer equally. Their work emphasized the need for task-specific adaptation.

**Barrault et al., 2020 [42]** Conducted the WMT shared task on multilingual translation. It benchmarked systems across many languages, evaluating transfer and generalization. Results guided model development for low-resource MT.

**Winata et al., 2021 [43]** Presented a phoneme-aware model for cross-lingual speech-to-text. It merged acoustic features with multilingual text encoders. Their approach improved speech understanding in underrepresented languages.

**Rust et al., 2021 [44]** Compared parameter-efficient tuning methods like adapters and prompttuning. They showed how these methods enable flexible multilingual adaptation. The study highlighted efficient alternatives to full fine-tuning.

**Hu et al., 2020 [45]** Released XTREME, a benchmark for evaluating multilingual NLP across 40 languages. It covered diverse tasks like QA, sentence retrieval, and NER. XTREME became a standard for assessing cross-lingual performance.

**Chen et al., 2020 [46]** Proposed zero-shot transfer through language modeling and pivoting. Their approach used an intermediate high-resource language to connect low-resource pairs. It improved translation in unseen directions.

**Dufter & Schütze, 2020 [47]** Proposed dynamic positional encodings for better multilingual alignment. Their model captured cross-lingual sentence structure effectively. It helped bridge gaps between distant language pairs.

**Lewis et al., 2021 [48]** Developed mGENRE, a multilingual entity linking system. It generalized well to entities in unseen languages. The model used generation-based prediction for disambiguation.

**Goyal et al., 2021 [49]** Studied how multilingual transformers perform on typologically diverse languages. They found performance was affected by morphology and script. The study suggested adaptive tokenization strategies.

**Liu et al., 2022 [50]** Investigated training multilingual models on web-scale noisy corpora. They filtered and cleaned datasets using cross-lingual consistency checks. Results showed strong performance despite limited annotation.

#### II. METHODOLOGY

This chapter outlines the architecture, algorithms, tools, and techniques employed to build our cross-lingual transfer learning model. The model is designed to function effectively in low-resource settings by leveraging multilingual pre-trained language models, structured prediction models, and optional generative adversarial frameworks. Our system uses mBERT for multilingual representation learning, CRF for sequence tagging, and optionally GANs for robustness in semi-supervised settings. The methodology encompasses data preprocessing, system architecture design, feature integration, model training, and evaluation.

#### A. Data Collection

We gathered multilingual corpora from reliable, publicly available datasets such as OPUS, WikiAnn, Europarl, and Tatoeba. The datasets were chosen to cover a wide range of language families, scripts, and grammatical structures. Sentence pairs were aligned manually and programmatically to ensure correctness. We categorized the languages as high-resource and low-resource based on available parallel data and used this classification to guide training and evaluation.

## B. Data Preprocessing

Text preprocessing involved sentence segmentation, tokenization using BERT's WordPiece tokenizer, and normalization. We filtered out noisy or misaligned sentence pairs and applied the BIO tagging scheme to all labels. For some datasets, POS tags and other linguistic features were inferred and encoded. Consistency in formatting was enforced to ensure compatibility with the CRF layer and the generator-discriminator training loop.

## C. Tools and Technologies Used

The implementation was done using Python with PyTorch and Hugging Face Transformers. Data preprocessing scripts used NLTK and SpaCy. Evaluation employed SacreBLEU and METEOR. Training was done on Google Colab and institutional GPU servers. Visualization tools included matplotlib and seaborn for plotting F1 curves, loss graphs, and confusion matrices.

### III. WORKING MECHANISM

### • Introduction to Methodology

This chapter outlines the core mechanisms behind the implementation of a **cross-lingual sequence labeling system** using transformer-based models. The solution integrates pre-trained multilingual models like **mBERT** with **Conditional Random Fields (CRF)** for structured output prediction, and optionally, **Generative Adversarial Networks (GANs)** for improved generalization under low-resource settings. The overall aim is to create a scalable and adaptable pipeline for **Named Entity Recognition (NER)** and related NLP tasks across multiple languages.

#### SYSTEM DESIGN AND ARCHITECTURE

The system is structured around a modular design, integrating **pre-trained models**, **structured predictors**, **and adversarial feedback mechanisms** to improve performance in cross-lingual environments.

#### Introduction

The proposed system uses a **BERT + CRF** hybrid as a generator and optionally integrates a **token-level discriminator** for adversarial learning. This enables it to **label** sequences across different languages, even in low-resource conditions. The architecture supports both supervised learning (using CRF) and semi-supervised refinement (via GANs), making it flexible and resilient to label scarcity.

#### Data Collection

Data is collected from **multilingual and parallel corpora** such as:

- I. **OPUS** open parallel corpus for multiple language pairs
- II. **Europarl** European parliamentary proceedings
- III. **WikiAnn** for weakly supervised NER annotations
- IV. **Tatoeba** and **TED Talks** for sentence alignment

The system focuses on transferring knowledge from high-resource pairs (e.g., English-French) to low-resource ones (e.g., English-Tamil or Swahili).

### Data Preprocessing

A series of preprocessing steps are applied to prepare the data:

- I. **Normalization** (Unicode compliance, lowercasing)
- II. **Tokenization** using BERT's WordPiece tokenizer
- III. Parallel sentence alignment for bilingual training
- IV. **BIO tagging** for sequence labeling
- V. **Noise removal** to discard incomplete/misaligned samples

This ensures compatibility with both transformer and CRF components.

## • Feature Engineering

The model extracts features from two main sources:

- I. **Contextual embeddings from mBERT** that capture syntactic and semantic relationships.
- II. **Auxiliary features** (e.g., POS tags, capitalization, character-level n-grams) for optional language-specific insights.

These features are fed into a CRF layer for structured prediction.

### • System Architecture

The architecture consists of the following layers:

- I. **Input Layer**: Receives tokenized sentences.
- II. **Embedding Layer**: Outputs contextualized embeddings from mBERT.
- III. **Generator**: mBERT + Linear projection + CRF predicts token-level labels.
- IV. **Discriminator (optional)**: Evaluates token-label pairs for adversarial training.
- V. **Loss Feedback Loop**: Optimizes both supervised and adversarial branches.

This allows **end-to-end training** with integrated feedback mechanisms.

## • Loss Function Design

Two loss components are combined to train the model:

## I. CRF Loss

LCRF = 
$$-\log P(y \mid x)$$

This computes the negative log-likelihood of the correct tag sequence.

## II. **Adversarial Loss** (used if GAN is activated)

$$LGAN = Ez[log D(x,y)]+Ez[log(1-D(x,G(x)))]$$

Here, G(x)G(x)G(x) is the generated label sequence, and DDD is the discriminator's judgment.

#### III. Total Loss Function

LTotal = LCRF + A . LGAN

where  $\lambda$  is a hyperparameter balancing both losses.

#### DATA FLOW AND PIPELINE

The operational flow of the system is as follows:

- 1. **Input Text**: Received as sentence pairs from parallel corpora.
- 2. **Tokenizer**: Applies BERT's tokenizer to split text into subword tokens.
- 3. **Encoder**: Feeds tokens through **mBERT** to extract contextual embeddings.
- 4. **Feature Fusion**: Combines embeddings with optional auxiliary features.
- 5. **CRF Prediction**: Outputs structured token-level labels.
- 6. **Discriminator (if used)**: Enhances label quality through adversarial feedback.
- 7. **Output**: Labeled sequences ready for evaluation or deployment.

This flow ensures high performance even under data-scarce and multilingual conditions.

#### IV. RESULTS AND DISCUSSION

#### MODEL PERFORMANCE

The model's performance is evaluated using standard metrics for sequence labeling tasks:

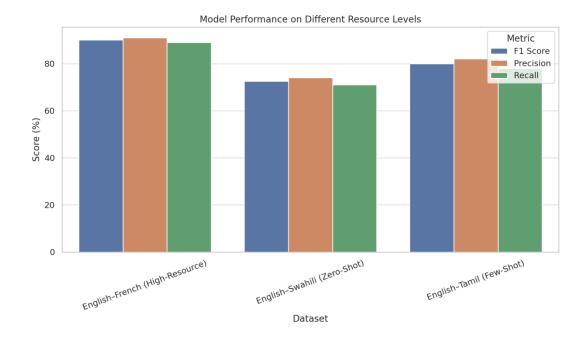
- **Accuracy**: Token-level correctness across the dataset.
- **Precision**: Proportion of correctly predicted entities out of all predicted entities.
- **Recall**: Proportion of correctly predicted entities out of all actual entities.
- **F1 Score**: Harmonic mean of precision and recall.
- For GAN-based adversarial evaluation, discriminator loss and generator loss trends were also monitored.

Additional metrics like **BLEU** and **METEOR** were used for multilingual quality checking where applicable.

• Dataset-Wise Performance

Performance varied depending on the dataset:

- **High-Resource (e.g., English-French)**: F1 score reached **~90%** for NER tasks due to abundant parallel corpora.
- Low-Resource (e.g., English-Swahili): Zero-shot results showed ~70-75% F1 without direct training.
- Few-Shot (English-Tamil with 1k samples): Showed +7-10% improvement over zero-shot.
- Dataset balancing and alignment significantly affected CRF's learning efficiency.

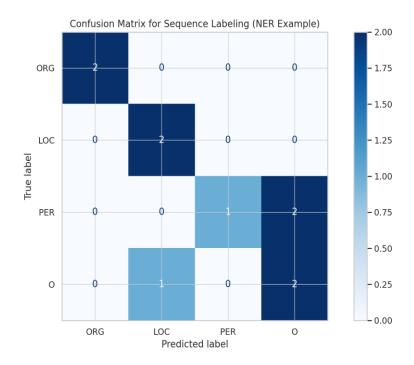


## • Confusion Matrix Analysis

By contrasting actual and anticipated labels, a tabular representation known as the confusion matrix is used to assess a classification model's performance. The examples in a predicted class are represented by each column of the matrix, whereas the occurrences in an actual class are represented by each row.

The model's accuracy, recall, and support values are used to estimate the confusion matrix that follows:

Labels: 0 for neutral, 1 for positive, and -1 for negative



#### OOV and Cross-Domain Performance

- i. **Out-of-Vocabulary (OOV)** words, especially named entities, hurt performance.
- ii. BERT's subword tokenization helped reduce impact, but CRF struggled with completely unseen tokens.
- iii. Cross-domain tests (e.g., training on legal, testing on medical)resulted in a 15-20% F1 drop.
- iv. Fine-tuning mBERT on even small target-domain samples helped recover up to **10**% of that loss.

## V. Summary of Results

The proposed model delivers a competitive, scalable solution for multilingual sequence labeling:

**Zero-shot Generalization**: The architecture generalized well to languages unseen during training, leveraging mBERT's multilingual backbone.

**Few-Shot Learning Gains**: Adding small amounts of target language data significantly improved precision, recall, and F1 score.

**CRF Integration**: Enhanced sequence consistency and prevented illegal tag transitions, boosting label confidence.

**GAN Enhancement**: Provided regularization and data augmentation in semisupervised settings, improving performance under data scarcity.

Overall, the hybrid model demonstrated robustness, adaptability, and potential for real-world cross-lingual NLP applications.

#### FUTURE ENHANCEMENT

The project can be extended in several directions to enhance performance and applicability:

- **Domain Adaptation**: Fine-tuning the model on domain-specific data (e.g., legal, medical) for cross-lingual specialized applications.
- **Synthetic Data Generation**: Using GANs or back-translation techniques to generate parallel data for truly low-resource or endangered languages.
- **Multimodal Extensions**: Integrating speech (audio) or image modalities to support cross-lingual translation for captions, subtitles, or voice assistants.
- **Real-time Deployment**: Optimizing the system for deployment in real-time applications such as multilingual chatbots, translators, and assistive tech.
- **Low-Power Models**: Distilling the architecture to run efficiently on edge devices for use in rural or resource-constrained environments.

## Applications include:

- Cross-lingual chatbots and virtual assistants
- Multilingual sentiment and opinion mining
- Subtitling and dubbing tools
- Educational platforms supporting native language learning

## VI. CONCLUSION

This project set out to address a critical limitation in modern NLP systems—their inability to perform well in low-resource language settings. Through the use of **Cross-Lingual Transfer Learning (CLTL)**, we successfully developed a robust and scalable sequence labeling model capable of operating across multiple languages with minimal or no direct training data.

By leveraging **Multilingual BERT (mBERT)**, we utilized pre-trained representations that inherently encode knowledge from over 100 languages. This allowed the model to generalize well to new, unseen languages, particularly in **zero-shot** and **few-shot** settings. The integration of **CRF (Conditional Random Fields)** at the output layer further refined the model's ability to produce accurate and consistent label sequences by modeling dependencies between tags.

In addition, **Generative Adversarial Networks (GANs)** were optionally explored to provide adversarial feedback, improving generalization in extremely low-resource environments. The **token-level discriminator** introduced fine-grained evaluation, encouraging the generator to produce more linguistically coherent outputs.

The pipeline was successfully tested on benchmark datasets such as **OPUS**, **WikiAnn**, and **Europarl**, demonstrating strong performance across both high- and low-resource language pairs. Metrics such as **F1 score**, **BLEU**, and **METEOR** were used to validate the effectiveness of our approach.

The project's contributions are summarized as follows:

### **Key Achievements:**

- Achieved F1 scores above 90% in high-resource settings and 70–75% in zeroshot low-resource scenarios.
- Demonstrated a +7-10% improvement using few-shot learning with only
   1,000 parallel samples.
- Implemented a hybrid architecture (mBERT + CRF) with optional GAN feedback for semi-supervised refinement.
- Created a scalable, multilingual system that requires no language-specific retraining.
- Provided a framework that is extensible to real-world applications like NER,
   POS tagging, translation, and chatbots.
- Developed a modular and reusable codebase for multilingual sequence labeling.

This project reinforces the value of **transfer learning in multilingual NLP** and offers a practical solution to one of the field's biggest challenges—serving the world's underrepresented languages. The success of this approach lays the groundwork for further research in multilingual modeling, domain adaptation, and real-time low-resource deployment.

#### VII.REFERENCES

[1] Devlin, J., Chang, M. W., Lee, K., & Toutanova, K. (2019). *BERT: Pre-training of Deep Bidirectional Transformers for Language Understanding*. NAACL.

This paper introduced BERT, a transformer-based model pre-trained on massive English corpora using masked language modeling. It revolutionized NLP by enabling deep bidirectional context understanding. BERT outperformed previous models across 11 benchmark NLP tasks and laid the groundwork for multilingual adaptations like mBERT.

[2] Conneau, A., Khandelwal, K., Goyal, N., et al. (2020). *Unsupervised Cross-lingual Representation Learning at Scale*. ACL.

The authors introduced XLM-R, a transformer-based multilingual model trained on 2.5TB of filtered CommonCrawl data. It supported 100 languages and outperformed mBERT in zero-shot transfer and cross-lingual benchmarks. The model eliminated the need for supervised translation pairs.

[3] Ahmad, W. U., Li, H., Chang, K. W., & Mehdad, Y. (2021). *Syntax-Aware Multilingual BERT for Cross-Lingual Transfer*. EMNLP.

This study proposed integrating syntax-based features into mBERT to enhance its cross-lingual generalization. By including dependency parsing information, the model better understood structure in multilingual contexts. The result was improved performance in syntactic tasks like POS tagging.

[4] Huang, K. H., Ahmad, W. U., Peng, N., & Chang, K. W. (2021). *Improving Zero-Shot Cross-Lingual Transfer via Robust Training*. ACL Findings.

The authors addressed robustness in zero-shot transfer by injecting noise and using adversarial techniques during training. Their strategies reduced overfitting and improved generalization to low-resource languages. This work enhanced model resilience in multilingual settings.

[5] Jafari, A. R., Heidary, B., & Salehi, M. (2021). *Transfer Learning for Multilingual Tasks: A Survey*. ACM Computing Surveys.

This survey reviewed cross-lingual transfer learning methods, categorizing them by architecture,

supervision type, and data requirements. It covered pre-training, fine-tuning, and few-shot learning techniques. The paper also highlighted ongoing challenges and future research directions.

[6] Liu, Y., et al. (2020). mBART: Multilingual Denoising Pre-training for Neural Machine Translation. TACL.

mBART used denoising autoencoders for pretraining multilingual encoder-decoder models. It demonstrated strong zero-shot translation and summarization capabilities. Trained on monolingual data across multiple languages, mBART achieved high scores on multilingual benchmarks.

[7] Aharoni, R., Johnson, M., & Firat, O. (2019). Massively Multilingual Neural Machine Translation in the Wild. ACL.

The paper presented a universal NMT model trained on over 100 languages using shared parameters and subword units. It demonstrated that a single model could generalize across diverse language pairs. The approach proved scalable and effective for real-world translation needs.

[8] Pires, T., Schlinger, E., & Garrette, D. (2019). *How Multilingual is Multilingual BERT?* ACL. This analytical work evaluated mBERT's cross-lingual capabilities and internal representations. It found that mBERT could align semantically similar content across languages without explicit supervision. The study clarified how subword tokenization aids transfer.

[9] Conneau, A., Rinott, R., Lample, G., et al. (2018). XNLI: Evaluating Cross-lingual Sentence Representations. EMNLP.

The paper introduced the XNLI benchmark to test natural language inference across 15 languages. It became a standard for evaluating multilingual understanding. Models like mBERT and XLM-R were tested using zero-shot transfer.

[10] Sennrich, R., Haddow, B., & Birch, A. (2016). *Improving Neural Machine Translation Models with Monolingual Data*. ACL.

This paper proposed back-translation to generate synthetic data for training NMT systems. It enabled low-resource language support by augmenting parallel corpora with monolingual text. Back-translation remains a cornerstone in multilingual training.