

Ways To Improve



Writing 2101
Andrew Chater
2022

1. Use Western Libraries

<https://www.pewresearch.org> › ... › Platforms & Services

Psychological Stress and Social Media Use - Pew Research ... ✓

Jan 15, 2015 — For men, there is no relationship between psychological **stress** and frequent use of **social media**, mobile phones, or the internet more broadly.

<https://www.everydayhealth.com> › united-states-of-stress

Is Social Media Busting or Boosting Your Stress? - Everyday ... ✓

Jan 6, 2022 — “**Social media** may increase **stress** if individuals receive undesirable feedback,” Ohannessian says, “such as receiving negative comments from a ...

<https://www.chestercountyhospital.org> › news › march

The Facebook Effect: How Is Social Media Impacting Your ... ✓

Mar 12, 2020 — The potential causes of **social media**-induced **stress** range from misinformation about current news to the “fear of missing out” (FOMO) on group ...

<https://www.mcleanhospital.org> › essential › it-or-not-s...

Here's How Social Media Affects Your Mental Health - McLean ... ✓

Jan 21, 2022 — Using **social media** can directly impact emotional wellness, physical, and mental health. Here are the signs that you are affected.

1



ARTICLE

Response to “Comments on ‘The **Stress** Factor of **Social Media**’”

Nahai, Foad

Aesthetic surgery journal, 2018-09-14, Vol.38 (10), p.153-153

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ARTICLE

Narcissistic adolescents' attention-seeking following **social** rejection: Links with **social media** disclosure, problematic **social media** use, and smartphone **stress**

Hawk, Skyler T ; van den Eijnden, Regina J.J.M ; van Lissa, Caspar J ; ter Bogt, Tom F.M

Computers in human behavior, 2019-03, Vol.92, p.65-75

“ ... perspective to examine longitudinal associations from adolescent narcissism to youth's **social media** d problematic **social media** use... ”

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ARTICLE

COVID-19 **Stress** and Addictive **Social Media** Use (SMU): Mediating Role of Active Use and **Social Media** Flow

Zhao, Nan ; Zhou, Guangyu

Frontiers in psychiatry, 2021, Vol.12, p.635546-635546

“ The present study aimed to understand the relationship between COVID-19 **stress** and addictive SMU b mediating role of active use and **social media** flow (i.e... ”

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2. Make Sure Citations Are Consistent

Aalbers, G., McNally, R. J., Heeren, A., de Wit, S., & Fried, E. I. (2019). Social Media and Depression Symptoms: A Network Perspective. *Journal of Experimental Psychology. General*, 148(8), 1454–1462. <https://doi.org/10.1037/xge0000528>

Radovic, A., Gmelin, T., Stein, B. D., & Miller, E. (2017). Depressed adolescents' positive and negative use of social media. *Journal of Adolescence (London, England.)*, 55(1), 5–15. <https://doi.org/10.1016/j.adolescence.2016.12.002>

3. Include Sample Sizes

- Radovic et al.
 - The authors study the usage of social media by adolescents suffering from depression and argue adolescents can use it positive or negatively. The subjects use social media to alleviate depression in some cases, such as watching entertaining content that distracts from depression or communicating with friends or family for support. More negatively, teens post about potentially dangerous behavior they engage in, compare themselves negatively to others, engage in cyberbullying or receive cyberbullying. The authors interviewed adolescents across the United States from 2014-2015 to examine the topic.

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4. Give The Facts, Rather Than List

- Radovic et al.
 - The authors study the usage of social media by adolescents suffering from depression and argue adolescents can use it positive or negatively. The authors list ways that adolescents use social media positively. They then list ways that teens use social media negatively. They use data and facts to make their argument.
 - The authors study the usage of social media by adolescents suffering from depression and argue adolescents can use it positive or negatively. The subjects use social media to alleviate depression in some cases, such as watching entertaining content that distracts from depression or communicating with friends or family for support. More negatively, teens post about potentially dangerous behavior they engage in, compare themselves negatively to others, engage in cyberbullying or receive cyberbullying. The authors interviewed 23 adolescents across the United States from 2014-2015 to examine the topic.

5. Paraphrase Properly

- Original Text: Adolescents described both positive and negative use of social media. Positive use included searching for positive content (i.e. for entertainment, humor, content creation) or for social connection. Negative use included sharing risky behaviors, cyberbullying, and for making self-denigrating comparisons with others.
- Less-Than-Ideal Paraphrasing: Teens talked about both positive and negative use of social media. Using it positively included the search for positive content or finding social connection. Negatively using it can include risky behavior, cyberbullying and self-denigrating comparisons.

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- Better Paraphrasing: The subjects use social media to alleviate depression in some cases, such as watching entertaining content that distracts from depression or communicating with friends or family for support. More negatively, teens post about potentially dangerous behavior they engage in, compare themselves negatively to others, engage in cyberbullying or receive cyberbullying.

Grammar

- Sentence fragment
 - Social media has negative use. Social comparison, cyberbullying and risky behavior.
- Passive voice
 - It was found that social media has negative use.
- Capitalization
 - Social Media has negative uses.
- The Use of this
 - This is a good article.

Ways To Improve

- Office hours
- Brescia writing centre

Average on first assignment = 7.91/10

Average on second assignment = 6.47/10

Average on third assignment = 6.76/10