Take even extension for $f(t) = \cosh(t-1)$, Period = 2

$$a_{r} = \frac{2}{2} \int_{-1}^{1} \cosh(t-1) t \cos \frac{2\pi rt}{2} dt$$

Since even
$$a_r = \frac{2 \cdot 2}{2} \int_0^1 \cosh(t-1) t \cos \frac{2\pi rt}{2} dt$$
, $b_r = 0$

Use
$$2\cosh(t-1) = e^{t-1} + e^{-(t-1)} = e^{-1}e^{t} + e^{1}e^{-t}$$

$$a_r = \int_0^1 2\cosh(t-1)t\cos\pi rt dt = \int_0^1 [e^{-1}e^t + e^1e^{-t}]\cos\pi rt dt =$$

$$\int_0^1 [e^{-1}e^t + e^1e^{-t}] \cos \pi r t \, dt = e^{-1} \int_0^1 e^t \cos \pi r t \, dt + e \int_0^1 e^{-t} \cos \pi r t \, dt = e^{-t} \int_0^1$$

...(use table for integrals) =
$$\frac{-e^{-1}}{1+(\pi r)^2} + \frac{e^1}{1+(\pi r)^2} = \frac{2\sinh 1}{1+(\pi r)^2}$$
; Note for r=0 $a_0 = \sinh 1$

Therefore
$$\cosh(t-1) = \sinh 1 + 2\sinh 1 \sum_{r=1}^{\infty} \frac{\cos \pi rt}{1 + (\pi r)^2}$$

or
$$\sum_{r=1}^{\infty} \frac{\cos \pi rt}{1 + (\pi r)^2} = \frac{\cosh(t-1) - \sinh 1}{2 \sinh 1}$$

Next use t = 0 then cos(0) = 1

we get
$$\sum_{r=1}^{\infty} \frac{\cos \pi rt}{1 + (\pi r)^2} \to \sum_{r=1}^{\infty} \frac{1}{1 + (\pi r)^2}$$

and
$$\frac{\cosh(t-1)-\sinh 1}{2\sinh 1} \rightarrow \frac{\cosh(-1)-\sinh 1}{2\sinh 1} = \frac{1}{e^2-1}$$

using identities
$$\cosh(-1) = \frac{e^{-1} + e^{1}}{2} \sinh(1) = \frac{e^{1} - e^{-1}}{2}$$

Therefore
$$\sum_{r=1}^{\infty} \frac{1}{1 + (\pi r)^2} = \frac{1}{e^2 - 1}$$

Now use
$$t = 1$$
we get $\sum_{r=1}^{\infty} \frac{(-1)^r}{1 + (\pi r)^2} = \frac{1}{e^1 - e^{-1}} - \frac{1}{2} = \frac{e}{e^2 - 1} - \frac{1}{2}$

Add together
$$\sum_{r=1}^{\infty} \frac{1}{1 + (\pi r)^2} + \sum_{r=1}^{\infty} \frac{(-1)^r}{1 + (\pi r)^2} = \frac{1}{e^2 - 1} + \frac{e}{e^2 - 1} - \frac{1}{2}$$

or
$$\sum_{r=1}^{\infty} \frac{1 + (-1)^r}{1 + (\pi r)^2} = \frac{3 - e}{2(e - 1)} \rightarrow \sum_{r=1, even}^{\infty} \frac{2}{1 + (\pi r)^2} = \frac{3 - e}{2(e - 1)}$$
 or $\sum_{r=1, even}^{\infty} \frac{1}{1 + (\pi r)^2} = \frac{3 - e}{4(e - 1)}$

Finally using two results above

$$\sum_{r=1,\text{odd}}^{\infty} \frac{1}{1+(\pi r)^2} = \sum_{r=1}^{\infty} \frac{1}{1+(\pi r)^2} - \sum_{r=1,\text{even}}^{\infty} \frac{1}{1+(\pi r)^2} = \frac{1}{e^2-1} - \frac{3-e}{4(e-1)} = \frac{e-1}{4(e+1)}$$

Even

$$a_{r} = \frac{2 \cdot 2}{2\pi} \int_{0}^{\pi} \sin\theta \cos r\theta \, d\theta$$

For
$$r = 1$$
 doing integral gives $a_1 = \frac{2 \cdot 2}{2\pi} \int_0^{\pi} \sin\theta \cos\theta d\theta = 0$

For
$$r \neq 1$$
 we have $a_r = \frac{2 \cdot 2}{2\pi} \int_0^{\pi} \sin\theta \cos \theta d\theta =$

$$a_{r} = \frac{2}{\pi} \left[\frac{-\cos(1-r)\theta}{2(1-r)} - \frac{\cos(1+r)\theta}{2(1+r)} \right]_{0}^{\pi} = \frac{1}{\pi} \left\{ \left[\frac{-\cos(1-r)\pi}{(1-r)} - \frac{\cos(1+r)\pi}{(1+r)} \right] - \left[\frac{-\cos0}{(1-r)} - \frac{\cos0}{(1+r)} \right] \right\} = \frac{-1}{\pi} \left\{ \left[\frac{\cos(1-r)\pi}{(1-r)} + \frac{\cos(1+r)\pi}{(1+r)} \right] - \left[\frac{\cos0}{(1-r)} + \frac{\cos0}{(1+r)} \right] \right\} = \frac{-1}{\pi} \left\{ \left[\frac{(-1)^{r-1}}{r-1} + \frac{(-1)^{r-1}}{r-1} \right] + \left[\frac{1}{r+1} - \frac{1}{r+1} \right] \right\} = \dots = \frac{-4}{\pi(r^{2}-1)}, r - \text{even}; = 0 \text{ r-odd}$$

$$f(\theta) = \left| \sin \theta \right| = \frac{2}{\pi} - \frac{4}{\pi} \sum_{\text{even}} \frac{1}{r^2 - 1} \cos r\theta \rightarrow (r = 2m) \rightarrow \left| \sin \theta \right| = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1} \cos 2m\theta$$

Use $\theta = 0$ then $\sin \theta = 0$, $\cos \theta = 1$

$$\left|\sin 0\right| = 0 = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1} \cos 2m \cdot 0 \to 0 = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1}$$

or
$$\sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1} = \frac{1}{2}$$

Next use
$$\theta = \frac{\pi}{2}$$

leads to
$$\sum_{m=0}^{\infty} \frac{(-1)^m}{(2m)^2 - 1} = \frac{1}{2} - \frac{\pi}{4}$$

Add two sums together and re-index m = 2n leads to result

$$\sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1} = \frac{1}{2}$$

$$f(\theta) = \left| \sin \theta \right| = \frac{2}{\pi} - \frac{4}{\pi} \sum_{\text{even}} \frac{1}{r^2 - 1} \cos r\theta \rightarrow (r = 2m) \rightarrow \left| \sin \theta \right| = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1} \cos 2m\theta$$

Use $\theta = 0$ then $\sin \theta = 0$, $\cos \theta = 1$

$$\left|\sin 0\right| = 0 = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1} \cos 2m \cdot 0 \rightarrow 0 \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1}$$

or
$$\sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1} = \sum_{m=0}^{\infty} \frac{1}{4m^2 - 1} = \frac{1}{2}$$
 (sum 1)

Next use $\theta = \frac{\pi}{2}$

$$\left| \sin \frac{\pi}{2} \right| = 1 = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1} \cos 2m \cdot \frac{\pi}{2} \rightarrow 1 = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{(-1)^m}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty} \frac{\cos m\pi}{(2m)^2 - 1} = \frac{2}{\pi} - \frac{4}{\pi} \sum_{m=0}^{\infty$$

Therefore

$$-\frac{4}{\pi} \sum_{m=0}^{\infty} \frac{(-1)^m}{(2m)^2 - 1} = 1 - \frac{2}{\pi} \to \sum_{m=0}^{\infty} \frac{(-1)^m}{(2m)^2 - 1} = -\frac{\pi}{4} + \frac{1}{2} \text{ (sum 2)}$$

Add sums 1 and 2 together

$$\sum_{m=0}^{\infty} \frac{1}{(2m)^2 - 1} + \sum_{m=0}^{\infty} \frac{(-1)^m}{(2m)^2 - 1} = \sum_{m=0}^{\infty} \frac{1 + (-1)^m}{(2m)^2 - 1} = \frac{1}{2} + \left(-\frac{\pi}{4} + \frac{1}{2}\right) = 1 - \frac{\pi}{4}$$

$$1 + (-1)^m = \begin{cases} 0 & \text{m odd} \\ 2 & \text{m even} \end{cases}$$

Therefore

$$\sum_{m=0}^{\infty} \frac{1 + (-1)^m}{(2m)^2 - 1} = \sum_{m=0 \text{ even}}^{\infty} \frac{2}{4m^2 - 1} = 1 - \frac{\pi}{4}$$

Let m = 2n then sum is reindexed $\sum_{n=0}^{\infty} \frac{2}{4(2n)^2 - 1} = 1 - \frac{\pi}{4} \rightarrow \sum_{n=0}^{\infty} \frac{1}{16n^2 - 1} = \frac{1}{2} - \frac{\pi}{8}$