Take
$$u(x,t)=Ae^{mx+i\omega t}$$
 $\rightarrow \frac{\partial^4}{\partial x^4}Ae^{mx+i\omega t}=m^4Ae^{mx+i\omega t}$ and $\frac{\partial^2}{\partial t^2}Ae^{mx+i\omega t}=(i\omega)^2Ae^{mx+i\omega t}$
Substitute into $a^4\frac{\partial^4 u}{\partial x^4}+\frac{\partial^2 u}{\partial t^2}=0 \rightarrow a^4m^4Ae^{mx+i\omega t}+(i\omega)^2Ae^{mx+i\omega t}=[a^4m^4+(i\omega)^2]Ae^{mx+i\omega t}=0$
Therefore $a^4m^4+(i\omega)^2=0$ or $m^4=-\frac{(i\omega)^2}{a^4}=\frac{\omega^2}{a^4}\rightarrow$ (we expect 4 roots) $m=\pm\frac{\sqrt{\omega}}{a}$, $\pm\frac{i\sqrt{\omega}}{a}$
Now take $\lambda=\frac{\sqrt{\omega}}{a}$ then $m=\pm\lambda$, $\pm i\lambda$

a and we write the solution as a superposition $u(x,t) = [\tilde{A}e^{i\lambda x} + \tilde{B}e^{-i\lambda x} + \tilde{C}e^{\lambda x} + \tilde{D}e^{-\lambda x}]e^{i\omega t} =$ $= [\tilde{A}e^{i\frac{\sqrt{\omega}}{a}x} + \tilde{B}e^{-i\frac{\sqrt{\omega}}{a}x} + \tilde{C}e^{i\frac{\sqrt{\omega}}{a}x} + \tilde{D}e^{-i\frac{\sqrt{\omega}}{a}x} + \tilde{D}e^{-i\frac{\sqrt{\omega}}{a}$

Now using our Euler identity and definition for hyperbolic functions we have

$$X(x) = A\sin\frac{\sqrt{\omega}}{a}x + B\cos\frac{\sqrt{\omega}}{a}x + C\sinh\frac{\sqrt{\omega}}{a}x + D\cosh\frac{\sqrt{\omega}}{a}x$$

At the clamped end u(0,t) = 0 and $\frac{\partial u}{\partial x}\Big|_{x=0} = 0$ and at free end $\frac{\partial^2 u}{\partial x^2}\Big|_{x=1} = \frac{\partial^3 u}{\partial x^3}\Big|_{x=1} = 0$

as usual leads to X(0) = 0 and
$$\frac{dX}{dx}\Big|_{x=0} = 0$$
 and $\frac{d^2X}{dx^2}\Big|_{x=L} = \frac{d^3X}{dx^3}\Big|_{x=L} = 0$

Let's apply them

$$X(0) = A\sin\frac{\sqrt{\omega}}{a}0 + B\cos\frac{\sqrt{\omega}}{a}0 + C\sinh\frac{\sqrt{\omega}}{a}0 + D\cosh\frac{\sqrt{\omega}}{a}0 = B + D = 0 \rightarrow D = -B$$

$$\frac{\partial X}{\partial x} = A\frac{\sqrt{\omega}}{a}\cos\frac{\sqrt{\omega}}{a}x - B\frac{\sqrt{\omega}}{a}\sin\frac{\sqrt{\omega}}{a}x + C\frac{\sqrt{\omega}}{a}\cosh\frac{\sqrt{\omega}}{a}x + D\frac{\sqrt{\omega}}{a}\sinh\frac{\sqrt{\omega}}{a}x$$

$$Then \frac{\partial X}{\partial x}\Big|_{x=0} = A\frac{\sqrt{\omega}}{a}\cos\frac{\sqrt{\omega}}{a}0 - B\frac{\sqrt{\omega}}{a}\sin\frac{\sqrt{\omega}}{a}0 + C\frac{\sqrt{\omega}}{a}\cosh\frac{\sqrt{\omega}}{a}0 + D\frac{\sqrt{\omega}}{a}\sinh\frac{\sqrt{\omega}}{a}0 = A\frac{\sqrt{\omega}}{a} + C\frac{\sqrt{\omega}}{a} = 0 \rightarrow C = -A$$

Therefore $X(x) = A\sin\frac{\sqrt{\omega}}{a}x + B\cos\frac{\sqrt{\omega}}{a}x - A\sinh\frac{\sqrt{\omega}}{a}x - B\cosh\frac{\sqrt{\omega}}{a}x$

as usual leads to X(0) = 0 and
$$\frac{dX}{dx}\Big|_{x=0} = 0$$
 and $\frac{d^2X}{dx^2}\Big|_{x=1} = \frac{d^3X}{dx^3}\Big|_{x=1} = 0$

Let's apply the free end boundary conditions

Start with derivatives

$$\begin{split} X^{(2)}(x) &= -A\frac{\omega}{a^2} sin \frac{\sqrt{\omega}}{a} x - B\frac{\omega}{a^2} cos \frac{\sqrt{\omega}}{a} x - A\frac{\omega}{a^2} sinh \frac{\sqrt{\omega}}{a} x - B\frac{\omega}{a^2} cosh \frac{\sqrt{\omega}}{a} x \\ X^{(3)}(x) &= -A\left(\frac{\sqrt{\omega}}{a}\right)^3 cos \frac{\sqrt{\omega}}{a} x - B\left(\frac{\sqrt{\omega}}{a}\right)^3 cos \frac{\sqrt{\omega}}{a} x - A\left(\frac{\sqrt{\omega}}{a}\right)^3 cosh \frac{\sqrt{\omega}}{a} x - B\left(\frac{\sqrt{\omega}}{a}\right)^3 sinh \frac{\sqrt{\omega}}{a} x \\ Then \left. \frac{\partial^2 X}{\partial x^2} \right|_{x=L} &= -A\frac{\omega}{a^2} sin \frac{\sqrt{\omega}}{a} L - B\frac{\omega}{a^2} cos \frac{\sqrt{\omega}}{a} L - A\frac{\omega}{a^2} sinh \frac{\sqrt{\omega}}{a} L - B\frac{\omega}{a^2} cosh \frac{\sqrt{\omega}}{a} L = 0 \\ \frac{d^3 X}{dx^3} \right|_{x=L} &= -A\left(\frac{\sqrt{\omega}}{a}\right)^3 cos \frac{\sqrt{\omega}}{a} L + B\left(\frac{\sqrt{\omega}}{a}\right)^3 sin \frac{\sqrt{\omega}}{a} L - A\left(\frac{\sqrt{\omega}}{a}\right)^3 cosh \frac{\sqrt{\omega}}{a} L - B\left(\frac{\sqrt{\omega}}{a}\right)^3 sinh \frac{\sqrt{\omega}}{a} L = 0 \end{split}$$

Which gives for the second order A
$$\left[\frac{\omega}{a^2}\sin\frac{\sqrt{\omega}}{a}L + \frac{\omega}{a^2}\sinh\frac{\sqrt{\omega}}{a}L\right] = -B\left[\frac{\omega}{a^2}\cos\frac{\sqrt{\omega}}{a}L + \frac{\omega}{a^2}\cosh\frac{\sqrt{\omega}}{a}L\right] \rightarrow A\left[\sin\frac{\sqrt{\omega}}{a}L + \sinh\frac{\sqrt{\omega}}{a}L\right] = -B\left[\cos\frac{\sqrt{\omega}}{a}L + \cosh\frac{\sqrt{\omega}}{a}L\right]$$
 factoring out common term $\frac{\omega}{a^2}$

and for the third order
$$-A\left[\left(\frac{\sqrt{\omega}}{a}\right)^3\cos\frac{\sqrt{\omega}}{a}L + \left(\frac{\sqrt{\omega}}{a}\right)^3\cosh\frac{\sqrt{\omega}}{a}L\right] = -B\left[\left(\frac{\sqrt{\omega}}{a}\right)^3\sin\frac{\sqrt{\omega}}{a}L - \left(\frac{\sqrt{\omega}}{a}\right)^3\sinh\frac{\sqrt{\omega}}{a}L\right] \to -A\left[\cos\frac{\sqrt{\omega}}{a}L + \cosh\frac{\sqrt{\omega}}{a}L\right] = -B\left[\sin\frac{\sqrt{\omega}}{a}L - \sinh\frac{\sqrt{\omega}}{a}L\right] = -B\left[\cos\frac{\sqrt{\omega}}{a}L - \sinh\frac{\sqrt{\omega}}{a}L\right] = -B\left[\sin\frac{\sqrt{\omega}}{a}L - \sinh\frac{\sqrt{\omega}}{a}L\right] = -B\left[\sin\frac{\omega}{a}L - \sinh\frac{\omega}{a}L\right] = -B\left[\sin\frac{\omega}{a}L - \sinh\frac{\omega}L\right] = -B\left[\sin\frac{\omega}{a}L\right] = -B\left[\sin\frac{\omega}{a}L\right] = -B\left[\sin\frac{\omega}{a}L\right] = -B\left$$

Cross multiplying these two equations gives, that is LHS equation 1 x RHS equation 2, etc.

$$A\left[\sin\frac{\sqrt{\omega}}{a}L + \sinh\frac{\sqrt{\omega}}{a}L\right] \left\{ -B\left[\sin\frac{\sqrt{\omega}}{a}L - \sinh\frac{\sqrt{\omega}}{a}L\right] \right\} =$$

$$-B\left[\cos\frac{\sqrt{\omega}}{a}L + \cosh\frac{\sqrt{\omega}}{a}L\right] \left\{ -A\left[\cos\frac{\sqrt{\omega}}{a}L + \cosh\frac{\sqrt{\omega}}{a}L\right] \right\}$$

Cross multiplying these two equations gives, that is LHS equation 1 x RHS equation 2, etc.

$$A \left[\sin \frac{\sqrt{\omega}}{a} L + \sinh \frac{\sqrt{\omega}}{a} L \right] \left\{ -B \left[\sin \frac{\sqrt{\omega}}{a} L - \sinh \frac{\sqrt{\omega}}{a} L \right] \right\} =$$

$$-B \left[\cos \frac{\sqrt{\omega}}{a} L + \cosh \frac{\sqrt{\omega}}{a} L \right] \left\{ -A \left[\cos \frac{\sqrt{\omega}}{a} L + \cosh \frac{\sqrt{\omega}}{a} L \right] \right\}$$

OR

$$-AB\left[\sin^2\frac{\sqrt{\omega}}{a}L - \sinh^2\frac{\sqrt{\omega}}{a}L\right] = AB\left[\cos^2\frac{\sqrt{\omega}}{a}L + 2\cos\frac{\sqrt{\omega}}{a}L\cosh\frac{\sqrt{\omega}}{a}L + \cosh^2\frac{\sqrt{\omega}}{a}L\right]$$

Factoring out AB and distribute negative in LHS gives

$$-\sin^{2}\frac{\sqrt{\omega}}{a}L + \sinh^{2}\frac{\sqrt{\omega}}{a}L = \cos^{2}\frac{\sqrt{\omega}}{a}L + 2\cos\frac{\sqrt{\omega}}{a}L \cosh\frac{\sqrt{\omega}}{a}L + \cosh^{2}\frac{\sqrt{\omega}}{a}L$$

$$\sinh^{2}\frac{\sqrt{\omega}}{a}L - \cosh^{2}\frac{\sqrt{\omega}}{a}L = \sin^{2}\frac{\sqrt{\omega}}{a}L + \cos^{2}\frac{\sqrt{\omega}}{a}L + 2\cos\frac{\sqrt{\omega}}{a}L \cosh\frac{\sqrt{\omega}}{a}L$$
Use identities
$$\sinh^{2}\frac{\sqrt{\omega}}{a}L - \cosh^{2}\frac{\sqrt{\omega}}{a}L = -1, \sin^{2}\frac{\sqrt{\omega}}{a}L + \cos^{2}\frac{\sqrt{\omega}}{a}L = 1$$

$$-1 = 1 + 2\cos\frac{\sqrt{\omega}}{a}L \cosh\frac{\sqrt{\omega}}{a}L \rightarrow -2 = 2\cos\frac{\sqrt{\omega}}{a}L \cosh\frac{\sqrt{\omega}}{a}L \rightarrow -1 = \cos\frac{\sqrt{\omega}}{a}L \cosh\frac{\sqrt{\omega}}{a}L$$
Finally
$$\frac{-1}{\cos\frac{\sqrt{\omega}}{a}L} = \cosh\frac{\sqrt{\omega}}{a}L \rightarrow -\sec\frac{\sqrt{\omega}}{a}L = \cosh\frac{\sqrt{\omega}}{a}L$$