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Figure 12-7 Skeletal muscle is a voluntary muscle controlled by the central nervous system, with efferent signals (i.e., action potentials) passing through an α motor neuron to muscle fibers. Each motor neuron may innervate many muscle fibers within a muscle, although each muscle fiber is innervated by only one motor neuron (A). B, Scanning electron micrograph showing innervation of several muscle fibers by a single motor neuron. (B, From Bloom W, Fawcett DW: A Textbook of Physiology, 12th ed. New York, Chapman & Hall, 1994.)

## TABLE 9-2 Sequence of Events Between a Motor Neuron Action Potential and Skeletal Muscle Fiber Contraction

1. Action potential is initiated and propagates to motor neuron axon terminals.

VSL[10]

- 2. Calcium enters axon terminals through voltage-gated calcium channels.
- 3. Calcium entry triggers release of ACh from axon terminals.
- 4. ACh diffuses from axon terminals to motor end plate in muscle fiber.
- 5. ACh binds to nicotinic receptors on motor end plate, increasing their permeability to Na+ and K+.
- More Na<sup>+</sup> moves into the fiber at the motor end plate than K<sup>+</sup> moves out, depolarizing the membrane and producing the end plate potential (EPP).
- 7. Local currents depolarize the adjacent muscle cell plasma membrane to its threshold potential, generating an action potential that propagates over the muscle fiber surface and into the fiber along the T-tubules.
- Action potential in T-tubules induces DHP receptors to pull open ryanodine receptor channels, allowing release of Ca<sup>2+</sup> from lateral sacs of sarcoplasmic reticulum.
- Ca<sup>2+</sup> binds to troponin on the thin filaments, causing tropomyosin to move away from its blocking position, thereby uncovering cross-bridge binding sites on actin.
- 10. Energized myosin cross-bridges on the thick filaments bind to actin:

$$A + M \cdot ADP \cdot P_i \rightarrow A \cdot M \cdot ADP \cdot P_i$$

11. Cross-bridge binding triggers release of ATP hydrolysis products from myosin, producing an angular movement of each cross-bridge:

$$A \cdot M \cdot ADP \cdot P_i \rightarrow A \cdot M + ADP + P_i$$

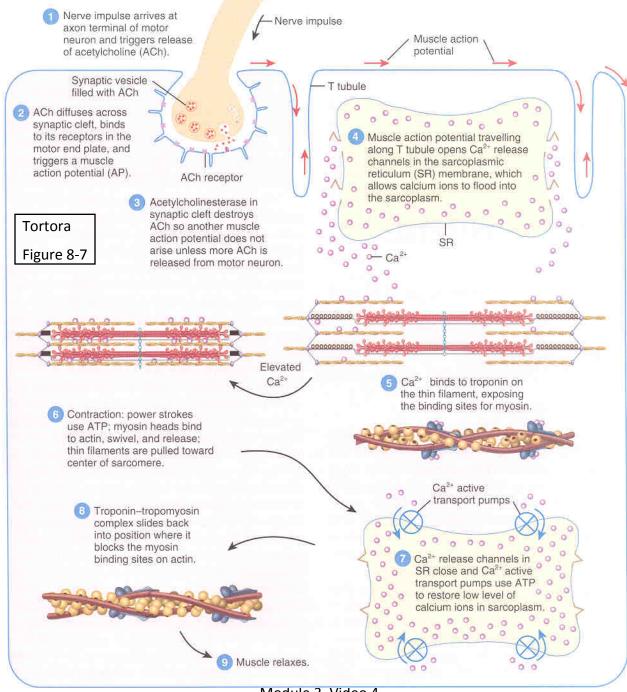
12. ATP binds to myosin, breaking linkage between actin and myosin and thereby allowing cross-bridges to dissociate from actin:

$$A \cdot M + ATP \rightarrow A + M \cdot ATP$$

13. ATP bound to myosin is split, energizing the myosin cross-bridge:

$$M \cdot ATP \rightarrow M \cdot ADP \cdot P_i$$

- 14. Cross-bridges repeat steps 10 to 13, producing movement (sliding) of thin filaments past thick filaments. Cycles of cross-bridge movement continue as long as Ca<sup>2+</sup> remains bound to troponin.
- 15. Cytosolic Ca<sup>2+</sup> concentration decreases as Ca<sup>2+</sup>-ATPase actively transports Ca<sup>2+</sup> into sarcoplasmic reticulum.
- Removal of Ca<sup>2+</sup> from troponin restores blocking action of tropomyosin, the cross-bridge cycle ceases, and the muscle fiber relaxes.



## **END**

Video 6, Module 3