

LIFE VALUES OF A TRUE LEADER

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Module Overview

This module provides learners with an understanding of values and ethics and their importance in achieve One Health goals.

Module Competencies

Competencies#1	Learning Objectives to Develop Competencies
Demonstrate awareness of value, ethics, and professionalism in planning and implementing One Health interventions	a) 1)Articulating and understanding personal values b) 2) Identifying ethical issues that contradict with personal values that occur in One Health interventions and discuss appropriate professional responses

A. PERSONAL VALUES AND PROFESSIONALISM

Clarifying your personal values is a critical step toward understanding your own definition of success, finding new career options, evaluating specific organizations to work in, and understanding how to change your current work situation to make it more meaningful and fulfilling. The process gives you a deeper sense of what makes your life meaningful and helps you see how certain career decisions affect your life. Knowing your values makes you resilient. Just like that storm-lashed tree with deep roots, a person with strong core values doesn't bend every which way the workplace wind blows.

Values Clarification: A Self-Assessment by A. Bronwyn Llewellyn with Robin Holt, M.A. is designed to help you identify your core values. Values are highly individual; therefore, there are purposely no definitions given for the words following. Each word means something different to different people.

VALUES			
Accomplishment	Creativity	Influence	Respect
Adventure	Curiosity	Integrity	Responsibility
Affiliation	Diversity	Justice	Risk-Taking
Authority	Duty	Knowledge	Self-Discipline
Autonomy	Family	Leadership	Self-Restraint
Balance	Friendship	Love	Spirituality
Beauty	Fun	Loyalty	Stability
Challenge	Harmony	Meaning	Structure
Community	Health	Moderation	Status
Competence	Helpfulness	Nature	Teamwork
Competition	High Earnings	Obligation	Time Freedom
Contribution	Honesty	Pleasure	Trust
Control	Humility	Predictability	Variety
Cooperation	Independence	Recognition	Wisdom

Please read the meaning of each value below before you select the top ten values.

Accomplishment	Something that is successful, or that is achieved after a lot of work or effort.
Adventure	An unusual, the excitement produced by such an activity.
Affiliation	A connection with a political party or religion, or with a larger organization.
Authority	The moral or legal right or ability to control.
Autonomy	The ability to make your own decisions without being controlled by anyone else.
Balance	The condition of someone or something in which different elements are equally divided so that it can stay in one position or be under control while moving.
Beauty	An attractive quality that gives pleasure to those who experience it or think about it.
Challenge	Something needing great mental or physical effort in order to be done successfully, or the situation of facing this kind of effort.
Community	The people living in one particular area or people who are considered as a unit because of their common interests, social group, or nationality.
Competence	The ability to do something well.
Competition	A situation in which someone is trying to win something or be more successful than someone else.
Contribution	Something that you contribute or do to help produce or achieve something together with other people, or to help make something successful.
Control	The ability or power to decide or strongly influence the particular way in which something will happen or someone will behave.
Cooperation	The act of working together with someone or doing what they ask you.
Creativity	The ability to produce original and unusual ideas, or to make something new or imaginative.
Curiosity	An eager desire to know or learn about something.
Diversity	The fact that there are many different ideas or opinions about something.
Duty	Something that you have to do because it is part of your job, or something that you feel is the right thing to do.
Family	Values held to be traditionally learned or reinforced within a family, such as those of high moral standards and discipline.
Friendship	A combination of affection, loyalty, love, respect, and trust.
Fun	Pleasure, enjoyment, or entertainment.
Harmony	Agreement of ideas, feelings, or actions, or a pleasing combination of different parts.
Health	The condition of the body or mind and the degree to which it is free from illness, or the state of being well.
Helpfulness	Cooperation, kindness, support, assistance, sympathy, friendliness, rallying round, neighbourliness, good neighbourliness.
High Earnings	Containing a large quantity of money or other payment earned.
Honesty	The quality of being honest.
Humility	The quality of not being proud because you are aware of your bad qualities.
Independence	The ability to live your life without being helped or influenced by other people.

Influence	To cause someone to change a behavior, belief, or opinion, or to cause something to be changed.
Integrity	Trustworthiness, honesty and uprightness of character.
Justice	The condition of being morally correct or fair.
Knowledge	Awareness, understanding, or information that has been obtained by experience or study.
Leadership	The quality or ability that makes a person a leader, or the position of being a leader.
Love	To have a strong affection for someone or something.
Loyalty	A commitment and faithfulness to a person or cause.
Meaning	The inner, symbolic, or true interpretation, value, or message.
Moderation	The state or an instance of being mildness or balance.
Nature	The fundamental qualities of a person or thing; identity or essential character.
Obligation	An act or course of action to which a person is morally or legally bound; a duty or commitment.
Pleasure	A feeling of enjoyment or satisfaction, or something that produces this feeling.
Predictability	Acting or happening in a way that is expected.
Recognition	The fact of knowing who a person is or what a thing is because of having seen or experienced that person or thing before.
Respect	Honoring the worth and dignity of all people.
Responsibility	Those who accept responsibility are reliable, dependable and willing to take accountability for who they are and what they do.
Risk-Taking	The practice of taking action which might have undesirable consequences.
Self-Discipline	The act of disciplining or power to discipline one's own feelings, desires, etc, esp with the intention of improving oneself.
Self-Restraint	Restraint of one's emotions, desires, or inclinations; self-control.
Spirituality	The quality of being concerned with the human spirit or soul as opposed to material or physical things.
Stability	A situation in which something is not likely to move or change.
Structure	To arrange or organize something.
Status	An accepted or official position, especially in a social group.
Teamwork	The ability of a group of people to work well together.
Time Freedom	The freedom to decide what you want to do with your time.
Trust	To have a confidence in something, or to believe in someone
Variety	The characteristic of frequently changing, or of including many different types of things.
Wisdom	The ability to make good judgments, knowledge and understanding based on what you have learned from your experience.

EXERCISE#1

Reflection

- Select ten values from the list above that represent yourself.
- Start with the first in the list. Then order the selected values by asking: “Which one is more important to me if I had could only have one and had to compromise the second?” Remove the winner and write it on top of a new list and then continue with the remaining nine on the old list and so on.
- Do this until you have an ordered list of your top ten values.
- Discuss with team and select the most important values for your team

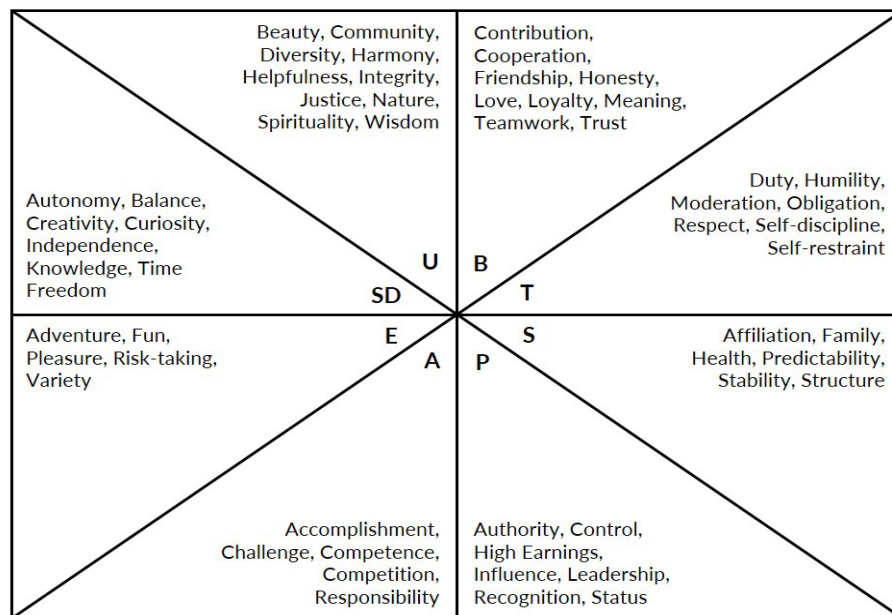
Notes:

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B. VALUESEARCH™ MAP

In the following ValueSearch™ Map, there are eight value categories defined and connected to a cluster of values. Read the definitions for each category.

Values, as you now realize, strongly influence your behavior, decisions, and actions. This process of defining and mapping your values can help you better understand how your values can influence and motivate your career decisions. A simpler way to understand your values is to see the Map as being composed of four value types (see the following). Write the word for the value type that most closely resembles you on the chart.



Most people can categorize their specific values as indicated on the Map. However, your personal experience or value definitions may reflect a different category than those shown here. Balance, spirituality, and family are examples of values people often move to different categories. Highlight or circle each of your top ten values in the suggested categories only if the category represents your personal definition of the value. If another category feels like a better fit, simply write the value word in that category.

Now see if your values cluster in one or more categories. If they do not cluster, go back to the value word list and select your next ten most important values. Categorize those values on the Map.

ValueSearch™ Map		
Universality	U	Understanding, appreciation, tolerance, and protection for the welfare of people and nature.
Benevolence	B	Concern for the protection and enhancement of the welfare of people with whom one is in frequent contact.
Tradition	T	Respect, commitment, and acceptance of the customs and ideas that one's culture or religion expects of individuals.
Security	S	Desire for safety, harmony, and stability of society, relationships, and self.
Power	P	Attainment of social status, prestige, influence, authority, or leadership of people and resources.
Excitement	E	Seeks pleasure or sensuous gratification. Enjoys unpredictability and variety in life.
Achievement	A	Desire for personal success or accomplishments; need to demonstrate competence in everyday life.
Self-Direction	SD	Pursues independent thought or action. Enjoys the ability to choose, create, and explore.

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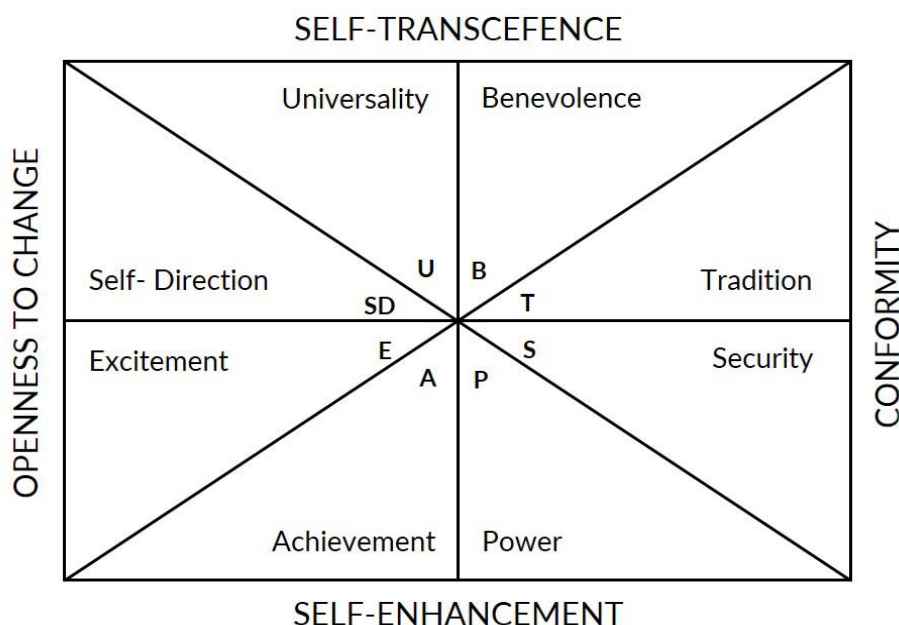
Outer Layer Definitions:

Self-Transcendence: Combines values of universality and benevolence, which motivate people to transcend selfish concerns in order to promote the welfare of others and nature. Working on a well-functioning project team or for a company or department with a compatible organizational culture may satisfy these values.

Openness to Change: Combines values of self-direction and excitement, indicating a desire by individuals to follow their own intellectual and emotional interests in unpredictable and uncertain directions. Many creative people fall within this category, as well as those who value intellectual challenge and stimulation. Flexibility may be an important factor for your satisfaction at work. You may find it appealing to have some degree of variety or unpredictability in your life.

Conformity: Combines values of tradition and security, leading to a desire to preserve the status quo and the predictability this provides in relationships with other people, institutions, and traditions. If your values cluster in this area, stability may be quite important to you. You also may need to have a clear sense of your job's required tasks and responsibilities.

Self-Enhancement: Combines values of achievement and power by indicating a desire of individuals to enhance their own personal interests. If your values fall into this category, you may need to perform a job that is quite challenging or work where you can feel as if you are accomplishing something. Also, your job satisfaction may be dependent on the opportunity for increasing levels of responsibility and/or power.



EXERCISE#2

Reflection

- ✓ Categorize the selected values on the Map.

Notes:

[illegible]

Discussion

- Notes:

[illegible]

Discussion

- Notes:

[illegible]

Discussion

- Notes:

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