May 2025

Chapter 2: Statistical Learning – Full Notes

1. What Is Statistical Learning?

Statistical learning refers to a set of tools for modeling and understanding complex datasets. It provides methods to estimate the relationship between a set of input variables)X = (X1, X2, ..., Xp) and an output variable Y.

This relationship is typically modeled as:

$$Y = f(X) + \varepsilon$$

Where:

- f is an **unknown function** that relates the inputs to the output.
- ε is a **random error term** that accounts for **unexplained variation** in Y, even if we knew the true function f.

2. Why Estimate f?

There are two main reasons to estimate f:

1. Prediction:

- Use $\hat{f}(X)$ to predict future values of Y based on observed values of X.
- The accuracy of prediction depends on the error:

$$Y - \hat{f}(X) = f(X) + \varepsilon - \hat{f}(X)$$

This has two components:

- o **Reducible error**: due to the difference between f(X) and $\hat{f}(X)$. Can be reduced by improving $\hat{f}(X)$.
- o Irreducible error: due to ε , which captures noise and unmeasured variables. Cannot be reduced.

2. Inference:

- Understand the relationship between X and Y
- For example, which variables are important? How do they affect the output? What happens to Y if we change X_i ?

3. How Do We Estimate f?

Two main approaches:

A. Parametric Methods:

• Simplify the problem by assuming a specific form for f(X), such as a linear model:

$$f(X) = \beta_0 + \beta_1 X_1 + \dots + \beta_p X_p$$

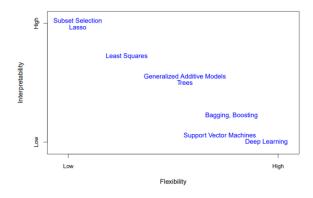
- Estimate the parameters β using methods like least squares.
- Advantages: Simple, interpretable.
- **Disadvantages**: Risk of model misspecification (high bias).

B. Non-Parametric Methods:

- Do not assume a fixed functional form. They try to estimate f more flexibly.
- Examples: K-Nearest Neighbors (KNN), decision trees.
- Advantages: Capture complex relationships.
- **Disadvantages**: Require more data, can overfit (high variance).

4. The Trade-Off Between Prediction Accuracy and Model Interpretability

- **Flexible models** (e.g. KNN) can fit training data closely, but may overfit and be hard to interpret.
- Less flexible models (e.g. linear regression) are more interpretable but may underfit the data.
- The goal is to find a **balance** that minimizes prediction error.



5. Supervised vs. Unsupervised Learning

Supervised Learning:

• Output variable Y is observed.

Goal: Predict or estimate Y from X.

• Examples: Regression, classification.

Unsupervised Learning:

- No observed output Y.
- Goal: Discover structure in the data.
- Examples: Clustering, Principal Component Analysis (PCA).

6. Regression vs. Classification

- **Regression**: Predict a **quantitative** output (e.g., income, temperature).
- Classification: Predict a qualitative output (e.g., spam vs. not spam, disease vs. no disease).

7. Assessing Model Accuracy

For Regression:

Use Mean Squared Error (MSE):

MSE =
$$\frac{1}{n} \sum_{i=1}^{n} (y_i - \hat{f}(x_i))^2$$

Lower MSE indicates better predictive accuracy.

For Classification:

Use Classification Error Rate:

Error Rate =
$$\frac{1}{n} \sum_{i=1}^{n} I(y_i \neq \hat{y}_i)$$

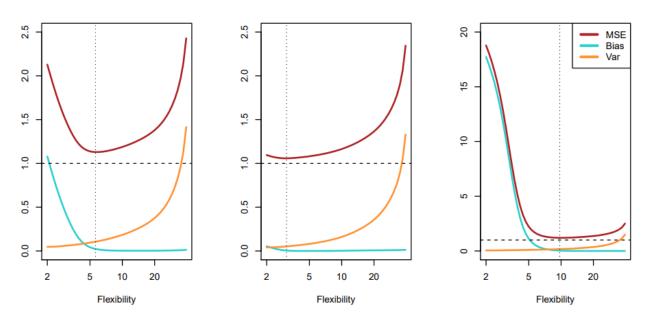
Where $I(\)$ is the indicator function (1 if the condition is true, 0 otherwise).

8. The Bias-Variance Trade-Off

Test MSE can be decomposed into:

$$E\left[\left(Y - \hat{f}(X)\right)^{2}\right] = Bias^{2}\left(\hat{f}(X)\right) + Var\left(\hat{f}(X)\right) + Var(\varepsilon)$$

- Bias: Error due to oversimplified assumptions.
- Variance: Error due to model's sensitivity to training data.
- Irreducible Error: Variance of ε , cannot be eliminated.



9. The Classification Setting

The Bayes Classifier:

- Theoretical ideal classifier.
- Assigns observation xxx to the class with the highest conditional probability:

$$\hat{y} = \arg \max_{k} P(Y = k \mid X = x)$$

K-Nearest Neighbors (KNN):

- For a new input x_0 , find the k closest points in training data.
- Predict the most common class among those neighbors.

Advantages:

• Non-parametric, simple.

Disadvantages:

An Introduction to Statistical Learning with Applications in Python Notes: Ioannis Mastoras May 2025

• Sensitive to choice of k, suffers in high dimensions (curse of dimensionality).